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Editor: Dr. L. Naidoo



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#### "Thoughts to bear in mind":

- To the world you might be one person, but to one person, you might be the world
- Following the path of least resistance is what makes rivers and men crooked—*Dr. L. Naidoo*



## Quality Day—2007

On Thursday, 4 October 2007, Our very own Mrs. CBH hosted a "Quality Day" to commemorate the quality service delivery to our valued patients and community at large.

The event turned out to be a huge success, with a turnout well in excess of 800 people, despite inclement weather. Guest speaker Mrs. Linda, CEO of Nkonjeni Hospital, was pleased with the dedication and commitment of the staff of CBH. The function was attended by many dignitaries, including Inkosi Mkhathini; Mrs. Kunene from District Office (Quality Assurance); Major Ngcobo (Salvation Army) and Rev. Mbatha. The Programme Directors were Mrs Mngoma (CBH retired matron) and Mr Gumede (CBH employee).

The learners of Mehlwana School performed some dance items, and Indlamu and Ingoma. CBH choir, led by Mrs. Mpanza, also displayed

their donations and assistance which culminated in a jubilant event:

Managers and employees of Gingindlovu and Eshowe Spar; Eshowe Shoprite; Browns Cash & Carry; Waltons Stationery; Sodhexo; Renckens Spar; Standard Textile; SAPS; Mehlwana High School; Zane Khanyile and team; Mr. Gumede and Mrs. Mngoma; S'khosana and team for the music; Dr. Thandrayen; Mrs. Gcabashe; student nurses and ushers; Prenolin; Old Mutual for their gifts; Mrs. Moloj; Transport department; and all those who contributed in whatever way to make the day a booming success. **Thank you for your support!**

Prizes and certificates were also awarded to staff for their hard work and commitment towards service delivery. Hospital CEO, Mr. Vundla, presented the profile and progress of CBH which captivated the audience. The motto of the day was "Sishaya Kwasani" (approach of total onslaught).

All people attending the function were treated with scrumptious meals after a long day. Special thanks goes out to the Quality Day task team who toiled many weeks with preparations for the function: Mrs. Shembe (Quality Assurance Manager); Dr. L. Naidoo (SMO); and Mrs. Matia (PRO), amongst others. The

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*By: Dr. L. Naidoo*



*Left: The learners from Mehlwana School with their Indlamu performance at the Quality Day*

## “Interview” with Blessing...

### Who are you really?

I'm Nkosingiphile Blessing Mthethwa, the clerk working at Male Ward

### Why did you become a Ward Clerk?

After two years of working in the private sector, I felt that I owe it to the community to work in the public sector. I was prepared to do anything as long as it was gonna be within the public sector?

### Why CBH?

My parents are from this area and I was also born here, although I grew up in Mandini. So I felt that this is my home.

### What are the advantages of working here?

It's not very far from my home. That means I'm with my family every afternoon.

### And the disadvantages?

The road from Amatikulu to

CBH makes one count the days before one gets another job elsewhere.

### Which two departments do you prefer and why?

1) Stores. I work with difficulty in the ward because of Stores. If I work there, I can express the problems I experience with Stores.

2) Out Patients Department. I can work and study full time!)

### If you were to change two things at CBH, what will they be?

1) The ward size. Wards are too small and it's very difficult to move in between the patients' beds.

2) I'll move the security office closer to the gate because it's annoying to walk to the gate from where I work.

### Which two people make you love working at CBH?

My friend Dudu, the Paediatric ward clerk, and Sister Ntshangase (CPN at Male ward) and her staff.

### Two things you dislike about CBH?

1) Photocopy machine. Every time it malfunctions, my blood boils.

2) Gossip about who dates who. I feel that it's something for scholars. It's very childish and annoying.

### How did you become the Employee of the Month (April)

I'm not sure, but maybe it's because I help out everywhere, and do things that are even beyond my scope. And this also made someone up there recognize me and pre-

sent me with a certificate at the Quality Day.

### And the gay role you play? Is that your other talent?

No. That was Zane Khanyile's idea, and I saw the opportunity to increase my popularity among the staff. Maybe it can increase my chances of being the Employee of the Year:-)

### Where do you see yourself in 5 years?

In the queue to heaven waiting for God to open the gate. (joking) I only live for today; the future will take care of itself.

*By: none other than...Blessing himself! :-)*

*Below: Blessing Mthethwa, in his costume he wore for a play rendered at the Quality Day*

## Thank you, Dr. Naidoo

Every month, we all submit articles and news bits and look forward to seeing them appear at the end of the month in Umbiko...but guys, did we ever give credit to the person behind the newsletter? The person that's responsible for publishing our newsletter and distributing it by himself, making sure every staff member gets a copy...Yes, good people, I'm talking about the one and only editor of Umbiko, Dr. L. Naidoo.

I would like to thank Dr. Naidoo on behalf of everybody at Catherine Booth Hospital for keeping us well informed and entertained. Your hard work and efforts are very much appreciated and does not go unnoticed. Catherine Booth Hospital is very lucky to have such a dedicated doctor. He is loved by all his patients and staff because of his caring and warm qualities.

I know I don't represent the hospital, but if I choose to wait for all of you to say Thank You to him, he may leave CBH, and it will be late. When I first arrived here, he said to me, **“If you can master good communication, half your job would be done!”** And a highly qualified stranger giving me advice was something I was not expecting. From that day onwards, I started practising my communication skills. And even when he leaves our hospital, I'll stick to his advice.

He once helped my mother who was sick for years; and the medication he advised me on; the help he gave me regarding my allergy; the patience, the faith, the trust and on top of all, the respect he has for me... **Thank you very much. Nobody will be able to do what you did for me. May the Almighty bless you and your family.**

*From: Blessing Mthethwa*



## Diwali... Festival of Lights

Diwali is one of the few grand Indian festivals celebrated by Hindus all over the world with equal enthusiasm and zeal. Diwali is the abbreviation of the Sanskrit word "Deepavali", which means "rows of lights". One of the major Hindu festivals, it is celebrated to commemorate the returning of Rama and Sita to their kingdom, Ayodhya, after fourteen years of exile. Although Diwali is a five-day festival, we can see people preparing for Diwali weeks ahead by cleaning and decorating their households. The main festival day falls on a New-Moon, which usually occurs during late October or early November. Since the precise moment of the new moon falls on different dates depending on geographical location, the date of Diwali also depends on one's location.

Celebrated with vigor and gaiety by people of every religion, Deepavali, and its magical and radiant touch, creates an atmosphere of joy and festivity. Innumerable lamps are lit on the roofs and windowsills of the houses, thus giving an ethereal and almost divine look to the whole scenario. It is said that Lakshmi,

Goddess of wealth, roams the earth on this day and enters the house that is pure, clean and brightly illuminated. Young and old, men and women, all dress up in new clothes and buy new utensils on this day. They worship the deities, Lakshmi and Ganesha, and share sweets and gifts with their relatives and friends. However, it is the fireworks that attract the kids the most, and form the highlight of the festival.

*Deepavali symbolises the victory of righteousness and the lifting of spiritual darkness. It is the celebration of victory of good over evil - and the glory of light.*



This year, Diwali will be celebrated on the 9<sup>th</sup> November. I would like to take this opportunity to wish all our Hindu staff a happy and safe Diwali.

*By: Avisha Bajinath*



*Wishing all our Hindu readers a Happy Diwali on Friday, 9th November 2007. The Editor*



## Quality Day photos...

*Below: The marquee erected for the Quality Day celebration.*



## Employee of the Month



The month of October saw the Open Day, the preparation for which required the skills and talent of Dr. L. Naidoo ; Sr. Shembe , and Mrs. Matia. The team worked with dedication and, with their organizational skills, managed to get this difficult undertaking to perfection on the day.

So after long deliberation, management has decided that **Sr. Shembe (above)** gets the award for **EMPLOYEE OF THE MONTH** for October 2007.

*By: Dr. M. Thandrayen*

*Quality Day photos...*



- 1: Guest speaker, Mrs. Linda;
- 2: CBH Choir;
- 3: Mr. Gumede (programme director);
- 4: Dr. Thandrayen (medical manager);
- 5: Mr. Vundla, Inkosi Mkhathini and guests.

*Thank you to all those who assisted in making the function a great success.*

## Catherine Booth Hospital

Dr. L. Naidoo  
P/Bag X105  
Amatikulu  
3801

Phone: 035-4748402  
Fax: 035-4748413  
E-mail: [benzgn@webmail.co.za](mailto:benzgn@webmail.co.za)

Wishing all our Hindu readers a Happy Diwali!



## Department of Health

*All news published herein is free of discrimination and bias, and is fair and factual. If anyone has any constructive criticisms, comments, suggestions or interesting news that they feel should be published, please feel free to contact me.*

*Please submit your letters with concerns and/or grievances, and any other important information that you would like to be published.*

*We hope to keep you informed!*

Dr. L. Naidoo (Editor)



**PLEASE SUBMIT ARTICLES, NEWS BITS, JOKES, EVENTS, ETC. TO THE EDITOR BY THE 25th OF EACH MONTH IN ORDER TO BE CONSIDERED FOR PUBLICATION**

## Laughter, the best medicine



Thanks to Mikel Rice 12-15-2000

IS THIS WHERE I GO TO GIVE MY HEART TO JESUS?

*Right: Matrons Gcabashe and Mbonambi, and Blessing in a play.*

*Below: Mehlwana school girls performing a dance*



## Chinese Proverbs

- “Man who runs behind car get exhausted.”
- “Man who runs in front of car gets tired.”
- “War does not determine who is right, war determine who is left.”
- “Man who drive like hell bound to get there.”
- “Man who stand on toilet is high on pot.”

## Quality Day photos...

