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BREASTFEEDING WEEK

Breastfeeding week was conducted from the first till the 8th of August 2012 at Cato Manor CHC. Mainly maternity department teaches patients from pregnancy about breastfeeding until they deliver. We also conduct breastfeeding support groups monthly for pregnancy and delivered patients in the facility.



Ms. Joyce Mbhele educating mothers about the importance of breastfeeding even if you are HIV positive

OBJECTIVES

- ◆ To promote and sustain breastfeeding in the facility and community at large.
- ◆ To ensure all staff are trained to support breastfeeding month
- ◆ To be able to refer patients to *CCG's* in the community
- ◆ To prevent problems associated with breastfeeding
- ◆ To prevent mother to child transmission of HIV



Musical item by Cato Manor staff

TARGET GROUP

- ◆ Pregnant women
- ◆ HIV positive women
- ◆ Breastfeeding women
- ◆ Community at large



Demonstration by a new mother

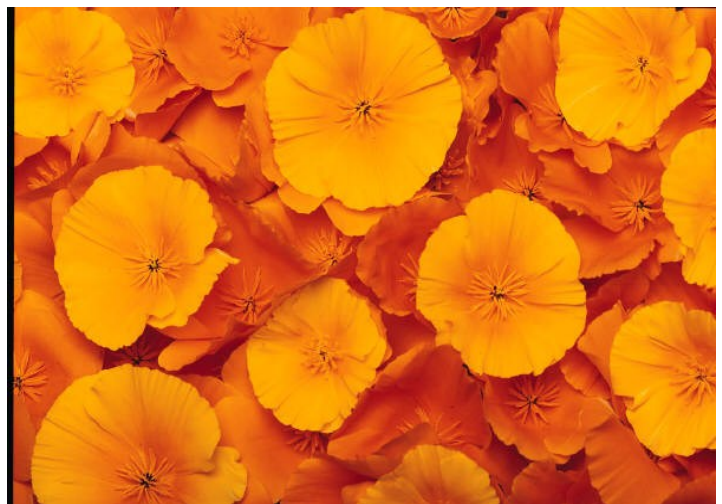


Mothers observing demonstration done by a new mother

The following topics were discussed on that day:

- Exclusive breastfeeding
- Importance and benefits of breastfeeding
- Problem encountered during breastfeeding
- Breastfeeding technique and referral to community
- Dangers of mix feeding and expressing and storage of breast milk

We would like to thank everyone that participated during the breastfeeding week and for making it to be a success



Edited by Ms. Thandeka Nyawo (Jiyana)