



HEALTH
KwaZulu-Natal

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CTK MATTERS



CHRIST THE KING HOSPITAL



WORKING TOGETHER TOWARDS AN HIV/AIDS-FREE GENERATION

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Special points of interest:

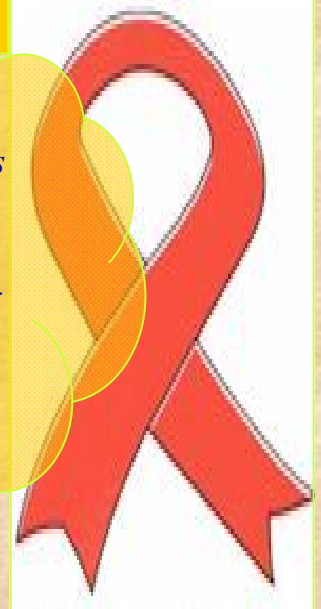
- Consultation of all stakeholders on what to expect from us and what is expected from them.
- Promotion of two-way communication.
- Creation of a sense of belonging to both internal and external Clients.



MMC CAMP AT IXOPO CLINIC.....



“Recent research has shown that circumcision has reduced the rate of HIV transmission in circumcised men by 75%....”



On the 8th of July 2011, Ubuhlebezwe Sub-district held an overwhelmingly successful Winter Holidays MMC Camp at Ixopo clinic. The camp was a success in every respect. Every young man that turned out for the camp was circumcised, which in essence means that prior arrangements were properly done and that, boys were prepared for the process well in advance. 53 young men were circumcised. We shall continue throwing our weight in response to the clarion call made by His Majesty, the King of amaZulu and our MEC Dr. Dlomo to circumcise young men as a means of minimizing the transmission of AR virus. Recent research has shown that circumcision has reduced the rate of HIV transmission in circumcised men by 75%. That hopefully serves as enough motivation to health workers that MMC is not a fruitless exercise. We thank all our staff members who participated in making the day a success that it turned out to be; their efforts could never go unnoticed. We also would like to express our gratitude to our colleagues from uMzimkhulu who came to assist us on the day, *ukwanda kwaliwa umthakathi*.

PICTURED: Dr Ngwenya, Mr Mdlala and Sr Xulu hard at work during the campaign.



MMC IN CAMERA.....



All pictures were taken during the campaign that took place at Ixopo Clinic





HR MATTERS.....

This feature is courtesy of Mr. Vusi Khumalo, Chief Human Resources Officer.

Normal sick leave

Application for leave must be on Z1 form
Employee must personal notify supervisor
Or verbal message from relative, fellow employee or friend and it is preferable if employee call supervisor on cell phone or land-line

Employee must submit an application form to supervisor within 5 working days after the first day of absence

If not submitted, supervisor must inform the employee that if he/she fails to submit within 2 days leave will be taken as annual or unpaid leave

Disciplinary action will be taken against the employee who fails to submit leave form within stipulated time

Ill health retirement

It is applied when Medical Officer and employee suggested it due to ill health of employee

Thandile send the employee to Specialist for second opinions

Give consent for medical information / records be disclosed for assessment add advantage of approval of application

And employee must report on duty, may be recommended to do light duties

Sick notes or certificate

3 or more days sick leave – certificate needed

If 'pattern' has been established – certificate must be required for less than 2 days (normal sick)

8-weeks rule = sick leave without sick note 2 days within 8 weeks

Only sick notes from Health Professional registered with HPCSA, AHPCSA or SANC

Sick note must have name and registration details of Practitioner, date of consultation and name of patient

Mission of PILAR

Prevent abuse of sick leave by managing incapacity or ill health

Implement health risk management that is consistent, fair and objective

Support health risk management that is cost effective and financial sound

Adopt a scientific approach to health risk management

Temporary incapacity leave

Once normal sick leave exhausted, additional sick leave granted conditional by Health Risk Manager / employer's discretion

If employee become sick, must submit sick note even is 1 day

Failing of employee to submit within five working days, supervisor must inform the employee that his/her to submit within 2days or sick leave deemed to leave without pay

Continued on the next page.....



HR MATTERS.....



Mr. Vusi Khumalo - Chief HR Officer

Short term incapacity

From 1 day sick leave to 29 days sick leave

If the employee expected to be operated or admitted to hospital for certain procedure and she/he knows it in advance the application made in that time.

If become sick or admitted in hospital the application will be made when he/she report back to work

No longer benefits from 8 weeks rule

Give consent for medical information / records be disclosed for assessment add advantage of approval of application

If application disapproved sick leave days deemed to be annual leave or unpaid leave

Long term incapacity leave

From 30 day sick leave

If the employee expected to be operated or admitted to hospital for certain procedure and she/he knows it in advance the application made in that time.

If become sick or admitted in hospital the application will be made when he/she report back to work

No longer benefits from 8 weeks rule

Give consent for medical information / records be disclosed for assessment add advantage of approval of application

If application disapproved sick leave days deemed to be annual leave or unpaid leave

And employee must report on duty, may be recommended to do light duties



Main Pic: Mrs Zuma with OM Zondeka and Sr Madonda.

Right: Mrs Zuma with OM. Zondeka

Oldest Patient In The History Of CTK Hospital

The Female Surgical Ward 08 of Christ the king Hospital has admitted the oldest patient ever in the history of the Hospital. Mrs Nomaxhosa Zuma from Donny brook, was born on 06 April 1906; she is now 105 years old. The old lady is not on any chronic medication; she is perfectly healthy, not diabetic, hypertensive or what so ever. She was only admitted in Hospital for an arm fracture which she claim to have sustained when she slipped and fell while driving her cattle back home.



World AIDS Day Commemoration.....



According to the Health Awareness Calendar, the 1st of December is World Aids Day. 1st of December 2010 marked the 22nd anniversary of the World aids Day. First observed in 1988, World AIDS Day was initiated by Ministers of Health from around the world, who called for a spirit of social tolerance and greater awareness of HIV/AIDS on an international scale.

Observing World AIDS Day each year helps us to honour those who have died from, those who live with, and

who care for people with AIDS, and to focus attention on the prevention and treatment of HIV and AIDS-related conditions. Almost 60 million people of the world's population are infected with HIV and 25 million have died of HIV-related causes since the beginning of the epidemic. These statistics exemplify AIDS as one of the most destructive and devastating epidemics in the recorded history.

The theme for 2010 was "Universal Access and Human Rights". Christ -

The King Hospital held its celebration at Ixopo clinic. It was a very well organized event, pregnant with outstanding *edu-taining* activities which saw those who attended being educated and entertained at the same time. The whole executive management of the Hospital was there to throw their weight behind those who have committed to make a difference and to add their voices to the call for an HIV/AIDS free generation. Staff members gave their all to pull through a successful event.

"Almost 60 million people of the world's population are infected with HIV and 25 million have died of HIV-related causes since the beginning of the epidemic....."



World AIDS Day Commemoration.....



All pictures were taken during the World AIDS Day Commemoration.....



Good Deeds in Honour of Madiba.....



Christ The King Management and staff members posing for a picture with Mrs Jili and the kids she looks after.

Mandela day was inaugurated in 2009 on Dr Mandela's birthday, 18 July. It is a clarion call to action for people all over the world to take it upon themselves a profound conviction of making the world a better place. Also in 2009 the United Nations declared the day an International Mandela Day.

The theme for 2011 is **“Take Action. Inspire Change. Make Every Day a Mandela Day”**. Christ The King Hospital collected donations and gifts from its staff members and visited a house of Mrs Jili at kwaNokweja location. Mrs Jili stays with orphans in a house that is built of corrugated iron sheets, they depend

On Child support grant to make ends meet. We then gave groceries, clothes and cash to Mrs Jili as part of our contribution to the good deeds in honour of Madiba. Following are some of staff members who contributed to make it all happen (in no specific order), to them we say *ukwanda kwaliwa ngumthakathi*.

P.T.O

“...And as we let our own light shine, we unconsciously give others permission to do the same....” Nelson Mandela



Mr TB Miya	Finance
Mrs N Gaqa	Nursing
Pro Dlamini	Transport
Mr SR Dlamini	Transport
Mrs LN Mahasela	Transport
Ms PN Mtshali	Pharmacy
Andile Shinga	Pharmacy
Fikile Ngubo	Pharmacy
Nozibele	Pharmacy
MaNgcobo	Pharmacy
Smanga Myeni	Pharmacy
Nathi Khoza	Pharmacy
Khumbu Mbhele	Pharmacy
Thabisile Mhlwathika	Sinethemba Clinic
Mrs NE Magubane	Sinethemba Clinic
Mrs T Kwinana	Sinethemba Clinic
Mrs BM Mathanzima	Sinethemba Clinic
Nomakhaya Fondini	Xray Department
Doreen Shurkey	Admin
Nondumiso Dladla	Admin
Thuloh Chiliza	Admin
Jabu Dlamini	Admin
Sisanda Mbona	Nursing
Thuli Bhengu	HR
Xoli Radebe	HR

LIST OF STAFF MEMBERS WHO MADE IT HAPPEN.....

Vuyi Madondo	HR
Mr M Ngcobo	Maintenance
Mr S Mhlongo	Maintenance
Mr SW Chiya	Maintenance
Mr SG Mkhize	Maintenance
Ms NP Ntshangase	Maintenance
Mr D Shabalala	Maintenance
Mr J Sehlabo	Security
Nondumiso Ngcobo	Facility Information
Aunt Nandi	Staff clinic
Sr Khokeletso	Staff clinic



This picture depicts the house where Mrs Jili stays with about 5 children

“Take Action. Inspire Change. Make Every Day a Mandela Day”.



International Confederation of Midwives..



Sr. Ngubo, Sr Gaqa, Sr. Gagane and Sr. Buqa were CTK staff members who attended the confederation

According to the Millennium Development Goals Numbers four, five and six namely child health, maternal health and combat HIV/AIDS respectively; require the world to have as many Midwives as it can possibly can.

The road to a baby born and grown without HIV starts with a Midwife at PHC level during an early stage of pregnancy, to a midwife at Labour ward and back to PHC. It basically revolves around Mid-

wifery. Every three years Midwives around the globe meet to collect their wisdom on how best can lives best be saved.

What was evident in this year's Confederation was an immense shortage of midwives world-wide.

That shortage makes it (if not attended to) impossible to achieve the MD Goals mentioned above.

The ratio as it stands, on average states that four mid

wives is to 1000 pregnant women. As a result the report shows that a number of women who loose their lives when giving birth is still alarmingly high.

Midwives were encouraged to be passionate when doing their work and give good maternal support to pregnant women.

The five-day Confederation was held in Durban at Inkosi Albert Luthuli.

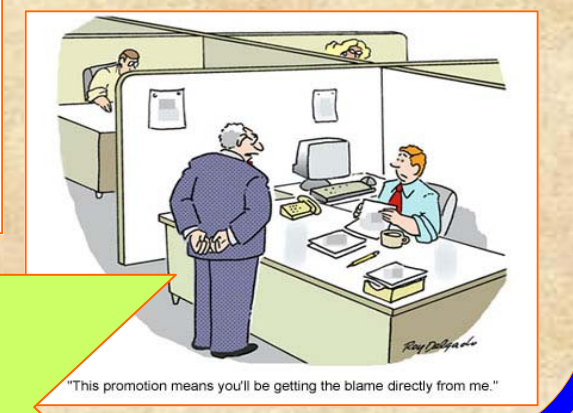
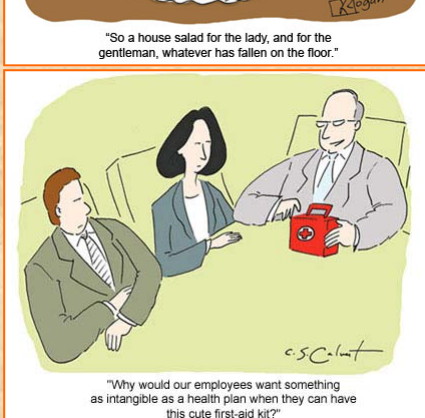
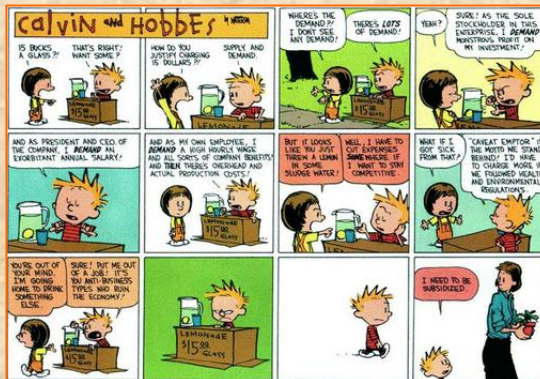
“The road to a baby born and grown without HIV starts with a Midwife at PHC level during an early stage of pregnancy, to a midwife at Labour ward and back to PHC.....”



Laughter, The Best Medicine...



Once again, her smile failed to light up the room.



Question: Why does 6 hate 7?
Answer: Because 7,8,9.



CTK Appreciates Its Staff Members...

Human Resource office of Christ The King Hospital organized and planned a world class event that took place at the Hospital Nurses residences. The event was two-fold, part one was the ABET Award Giving Ceremony. In that ceremony ABET students from various levels were given certificates. ABET Tutors had bought special presents for those students who had finished level 4. Some students had come with their partners so that they could see the importance of them attending ABET, since they need their support with their studies. Mr. Mtshali who is HRD Practitioner, gave acc-

ount of how the programme has helped staff members who could not read and write. Students themselves gave testimony that the programme has assisted them in many ways. Some were even promoted from cleaners to better paying positions due to the programme. All speakers encouraged staff members who were present to improve their studies, "because it is never too late to learn". the second part was that of employees who had finished 10 and 20 years of service with department. They were awarded certificates as a means of showing appreciation for their loyalty to the De-
P.T.O department.



PHOTO GALLERY....



All pictures were taken during the two-fold event at the Hospital nurses' residences