



HEALTH
KwaZulu-Natal

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SUMMER ISSUE

CTK MATTERS

CHRIST THE KING HOSPITAL

We do look like a Hospital.....

Our government is committed to a real deal service delivery. It is for that very reason that from time to time new service delivery improvement projects are introduced. Christ The King Hospital has been identified as one of the institutions to participate on the Make Me look Like a Hospital project.

On the 18th of December 2009 the team that was lead by Ms. N. Jenkins from Head Office was in our institution. The purpose of their visit was merely about finding out weather or not do we comply with the national Core Standards. They

took rounds, checked files and conducted interviews with clients and staff. The results of the survey confirmed that we do look like a hospital; we scored an amazing 99%.



Hard at work: Make Me Look Like a Hospital team left no stone unturned.

Sadla thina s'ngasaqali!!!

We as Christ The King Hospital, has entered an assessment on Baby Friendly Hospital Initiative status in 2009. On the 12th of May 2009 we were assessed on our level of competence and attained 91%.

That assessment qualified us for national assessment on the 17th and 18th of August 2009, on which we achieved 100%. This was a great achievement given that we were being assessed for the first time on this pro-

ject in 2009.

As an Institution we are still awaiting the award ceremony in which Provincial MEC for Health will be present.

Halala ngebele Halala!! Halala ngokuncelisa ibele Halala!! We thank all the Breastfeeding committee for their commitment, dedication and team work. We also thank all those who participated in making this a success.

By Matron K Makhathini



Mrs K Makhathini-- Assistant Manager Nursing CTK

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Special points of interest:

- Consultation of all stakeholders on what to expect from us and what is expected from them.
- Promotion of two-way communication.
- Creation of a sense of belonging to both internal and external Clients



Increasing Access



Taxi rank just outside Christ The King Hospital



Road surface before



Road surface currently

Every citizen has got a right to conveniently access the services they are entitled to. It is the responsibility for all public service facilities that care for their clients, to ensure that their service and premises are customer-friendly.

Christ The King Hospital is situated at the outskirts of Ixopo. Our clients are dependent on public transport (taxes in particular) to reach the hospital. At CTK Hospital giving quality care to our clients at all times and in every respect is the order of the day. Our quality care is not only restricted within our health care facilities.

Evident to the latter, is the recent construction of the taxi rank next to the Hospital entrance and fixing of potholes on Peter Houff drive. That was as a result of co-operative governance by our Management and the local municipality. Working together we continue to do more for the good of our people.

Just what the Doctor ordered.....



What's the next item? It was eating time at the Christmas party

The year 2009 was rough economically, not only to CTK Hospital but to the international community at large. Due to economic instabilities, fiscal adjustment plans and redirection of scarce resources had to be implemented. All had to be done without a slightest compromise to service delivery

A multidisciplinary team of Pharmacists, Nurses, Doctors, occupational Therapists, dietitians, physiotherapists all under the stewardship of the legendary medical Superintendent, Dr. Y.T Ndleleni. They, in spite of financial constraints met to celebrate their constant thriving and trumpeting against all odds for the good of their patients.

On the 10th of December there was a Christmas lunch and a farewell party for Zandile Zuma and Slindile Mchunu, the event took place at Kings Grant Dining Hall where a kings table was set. Despite Christmas spirit being in the air, professionals reaffirmed their commitment to the utilization of their knowledge and expertise to the wellbeing of the people of Ubulhebezwe.

Big ups to you guys! You made it through 2009, enjoy your festive season responsibly, since the whole world will be looking up to you for medical assistance next year, 2010. The Ixopo area is expecting a huge number of visitors who will be coming to witness its beautiful hills and valleys that were made popular by Allen Parton's Cry The Beloved Country

By Siphwe Mthembu

Editor's cough.....

When times are normal it is natural that people would take things for granted and forget to appreciate privileges that they might be entitled to. Being a public servant is merely about delivering service to the public. It should be a responsibility of every public servant to economize and refrain from extravagant activities. This is the call we all should be making given the current financial status of our Department and the economic downfall of our country and the world at large. Let us all uphold the spirit of "business unusual."

In this issue we wanted to prove to our readership that in spite of all the challenges, working together we can still discharge quality service to the masses of our people. When one looks back to where we come from as the Institution, it is crystal clear that strides have been made, and from here we can only get better. We have survived many outbreaks, from MDR TB to H1 N1 influenza and recently, Measles.

We have treated victims of disasters, latest being the one that took place at eNkwezela.

The fact that CTK as an institution manages to maneuver through such hassles, on such a limited budget and continue to scoop awards, poses a challenge to all of us as individual public servants to perform to the best of our abilities and stop making unnecessary excuses.

Without being controversial I just can't ignore the temptation of wishing good luck to Bafana-Bafana as we count down to the 2010 FIFA World Cup. Good news is, we are a step ahead of the FIFA preparedness target. Seemingly it will not be long before the National Health Insurance is up and running. If you think this is just a fairytale wait until you see the 10 Point Plan for the DOH (if you have not yet).

The Presidential Hotline was launched on the 14th of September 2009. Answering a question from MP. Andile Mda in Parliament, the President acknowledged the fact that Departments do have their own measures of handling complaints, however the Hotline is the "last resort after all means

have failed."

On behalf of the editorial committee, we would like to wish you and your families all the best for the festive season. May you have a merry Christmas and a prosperous 2010. Till we meet again next year, **ni-bahle nonke!**



"Being a public servant is merely about delivering service to the public. It should be a responsibility of every public servant to economize and refrain from extravagant activities."



".....Having a residence within the premises of the Hospital will prevent time being wasted on going to work than on service delivery....."

New Staff Residence at CTK.

The current financial status of our Department has led to many cost cutting measures having to be put in place. Expenditures that do not directly affect service delivery had to be set aside; renting private flats was one of those expenditures that had to be compromised. Christ The King Hospital has been pro-active enough to take advantage of the situation and make a long term investment, hence the construction of a new staff residence.

The new staff residence consists of 60 flats. I decided to take a trip to the about-to-be-finished staff residence. It is lovely and attractive, both in the interior and exterior. I really fell in love with what I saw.

This modernized staff residence is built within the premises of the Hospital, which will ease the process of going to and from work by the dwellers. Having a residence within the premises of the Hospital will prevent time being wasted on going to work than on service delivery.



The building is currently 96% finished, the constructor is putting finishing touches and expected to finish by March 2010.



Main picture:Another view of the about-to-be-finished staff residence. **Inset:** Lecture hall

From The CEO's Desk



Mr S.A. Cekwana—Hospital CEO

"The challenges that we faced and we are still living with have never been easy.....Some staff members have lost their loved ones, however, their devotion and dedication did not dwindle."

The time has come wherein we have to look back as to what we have seen happening and what have we done during the past twelve months. The challenges that we faced and we are still living with them have never been easy, however the commitment and dedication of all the staff members in ensuring that the community of Ubuhlebezwe are getting a better service at all times, in respect of the financial constraints and the economic recession. Some staff members have lost their loved ones, however, their devotion and dedication did not dwindle. The achievements that this institution made is amazing with the high vacancy rate in critical areas however the team effort and always remaining focused to our mission and vision plays a pivotal role in ensuring that our clients are getting a better service at all times. Lastly as this hospital is part of the "Make me look like a hospital" project, we all have to put our hands together in ensuring that all the best practices are becoming the order of the day.

"Now unto him that is able to do exceeding abundantly above all that we ask or think, according to the power that works in us," Eph 3:20

Siyabonga Kakhulu: Ukwanda Kwaliwa Unthakathi



CHRIST THE KING HOSPITAL

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MON – SUN
10H00 – 11H00
14H30 – 15H30
17H30 – 18H30

NGOMSOMBULUKO-ISONTO
10H00 – 11H00
14H30 – 15H30
17H30 – 18H30

Home Affairs Offices At CTK

“.....It is a requirement that each hospital must have a Home Affairs office.... “



Home Affairs offices near Labour ward

The year 2010 is marked as the year of action not dreams; this will be evident at Christ The King Hospital. The Home Affairs Offices will soon be opened within the Hospital.

This is as a result of the collaboration between Health and Home Affairs Departments. The idea started in 2008, preparations were not without challenges.

It is a requirement that each hospital must have a Home Affairs office for convenient birth registrations. The Department of Health requires every birth to be registered; since our hospital is at the outskirts of Ixopo where Home Affairs and most other Departments are situated, it is somewhat costly for our patients to travel to Ixopo for birth registrations. Introduction of satellite will help address the issue considering that this offices will be strategically situated next to Marternity ward.

By Sipiwe Mthembu

Post Natal Ward Upgraded!



Newly upgraded Post Natal ward

Though I am not a pediatric expert and I am in no ways claiming to be one, I do however believe that what a new-born sees on their very first glance will somehow shape their outlook to the world when they become adult.

The Post Natal ward has been upgraded at Maternity ward. The ward is looking “brand new”, it is really lovely. On my arrival to have a look at the ward that has become the talk of the town, I found new mothers sitting happily in the ward. The mothers told me that the new ward helps them to get the relaxation, which(according to them) is” extremely necessary after the excruciating labour pains.” The ward is breathtakingly beautiful that I, for one minute wished I were a woman.



‘A life spent making mistakes is much valuable than a life spent doing nothing.’ ANON

In camera.....



Mkhize, baphumeph' ukhona? Hello Nonkumbuzo and Sthe(far left).

Right: Stores team hard at work, hopefully.

Below- Mr Biyase



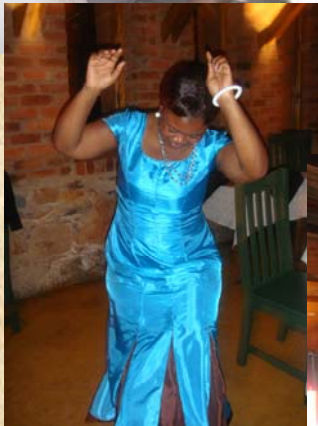
Bahle bagezile!!!

People can really danceMan!



Where can I get that outfit? Mmm..?

Right- Thuloh, Ntombi and Dr. Ntla-bathi



Jika-Majika- Dr Govender, Dr Okoli and Sr Joice (pictured clockwise)

Male ward staff on Christmas day.



Picture perfect- Drs Govender and Jali



A.T and Sr. Zondeka at Female ward 18



Getting grovey-Dr Ndleleni going all the way down



Sandile Dlamini

AT YOUR SERVICE.....

OUR VISION, MISSION AND CORE VALUES

VISION

To endorse a compassionate and Holistic patient centered health service in partnership with the Ubuhlabezwe Municipality.

MISSION

We, the members of Christ The King are committed to rendering appropriate district Hospital services in an Effective, Efficient, Safe and Professional manner within the available resources.

CORE VALUES

Honesty, Respect

Commitment, Self Determination and Diligence. Giving ones "All" to the task or Institution.

Responsibility – having a sense of duty.

Trust, Integrity and Reliability.

Transparency and open communication

Team orientation and capability to work along with others.

Services Provided

- *Out patient and Emergency Services*
- *Surgical and Medical Services*
- *Obstetrics and Gynecological Services*
- *Pediatrics services*
- *Operating Theatre Services*
- *Laboratory and Rehabilitation Services.*
- *Ophthalmology, Orthopedics*
- *Social Work Services*
- *.Voluntary Counseling and Testing*
- *Prevention of Mother to Child Transmission Program*

Please enquire with the nurses /clerks in Out Patient about the monthly visits from our Doctor's/Specialists (Referrals Only).

Things to bring when coming to hospital I-D Document

Proof of income (not for medical aid and private cases)

Medical aid card

Next of kin's contact numbers

Proof of pension and Grant holder's

Toiletries

Clinic cards

Previous Medication



Meet Your Editorial Team

Mrs Melanie Payne: **ext 139**

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Wanna be part of the winning team? You can! To join contact any of the members above.