



MMC AT CTK; A HUGE SUCCESS...

The Provincial Department of Health in collaboration with Kingdom of the Zulu have embarked on a relentless campaign to circumcise young men. This is one of many attempts to relentlessly push for an HIV-free generation. Studies have shown that circumcised men have minimal chances of being infected with HIV and/ STI's compared to those who are not. On the 10th and 11th of July Christ The King Hospital was hosting a Sub-district MMC Camp. The camp was a huge success; prior to, it arrangements were made with traditional leaders (amaKhosi) to release young men so that they would be part of the



Hon Mayor Cllr N Peterson, Mr SA Cekwana, CTK's CEO and Mrs Zuma CEO of Umzimkhulu Hospital with staff members and clients who had just been circumcised.

camp. Ixopo Primary School provided us with the venue. Management and staff of CTK were at the camp all the time for a two solid days, making sure that everything was going according to plan. Of all the young men who were cir-

cumcised, not a single one of them experienced complications. The local Mayor Cllr N Peterson and the Speaker Cllr N Mkhize also came to bless the occasion. The camp was a huge success, thanks to dedication and hard work.

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Special points of interest:

- Consultation of all stakeholders on what to expect from us and what is expected from them.
- Promotion of two-way communication.
- Creation of a sense of belonging to both internal and external Clients



I am Responsible, We are Responsible....



Main Picture: Ubuhlebezwe Mayor addressing the community during the briefing session. **Insert:** Hospital Management and staff with uFafa leadership in a planning meeting.

The Department of Health is taking the fight against HIV/AIDS seriously. The theme “I am responsible, we are responsible South Africa is taking responsibility” proves to be our only road to HIV free generation. It every one-of-us’ responsibility to know our status in order to protect our partners and children.

On the 17th of June 2010 Christ The King Hospital hosted an HCT Sub-district launch at Ufafa location. The event was blessed by the presence of the Hon.

Mayor Cllr N Perterson, The local iNkosi, the ward counselor, iziNduna, Priests and Traditional Healers. Even though our focus on the day was HIV Testing and Counseling (HCT), we also provided other services.

We made it a point that almost all services that are provided at a district hospital level were available on the day. These are services that we provided during the launch, to mention but the few: cervical screening, HCT, child health, eye clinic, social services and others. The Ma-

yor of Ubuhlebezwe, our local municipality followed the President’s pattern of leading by example; she was the first to do an HIV test. There were also other provincial Departments that accompanied us to the launch.

We always make sure that we invite them when we go to the public, because we believe that serves delivery requires a holistic approach, and also to promote flagship in a true sense of the word. It was emphasized that VCT has been replaced by HCT.

“I only hear your words, but I can not see your works.....Those living in glass houses must avoid throwing stones....” Peter Tosh, Red X



IQATHA LOMQOBI....



Kuyintokozo ukuthola le lithuba lokuba siphinde sixhumane ngosiba nakulesigamu sonyaka. Kuzoqapheleka ukuba lena ngenye yezingosi engizithatha njengezibaluleke kakhulu. ngokwami akusiyona-nje inkundla yokuziqhakambisa kumhleli noma umlobi(uma kuyincadi) njen-goba ukungaqondi kungenza abanye bacabange kanjalo.

Lengosi imele yakhe ubuhlobo obudingekayo phakathi komhleli nomfundi.

Mangithathe le lithuba ukwethula lolushicilelo nengethemba ukuba uzoluthokozela. Imininingwane yokuxhumana engezansi ngiyifakele ukuba kubelula kwabafisa ukwedlulisa imibono esingenza ngcono ngayo leliphephakwazisa.

Muzi Chiya, uMhleli



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Visiting Hours / Izikhathi Zokuvakasha

MON – SUN	10H00 – 11H00
	14H30 – 15H30
	17H30 – 18H30
NGOMSOMBULUKO-ISONTO	10H00 – 11H00
	14H30 – 15H30
	17H30 – 18H30



67 Minutes of Community Work.....



Main Picture: Hospital Management, Officials from the Department of Environmental Affairs, Counselors, Taxi operators and volunteers after doing justice to Mandela day. **Top-Right, Far Left And Middle:** Everyone participated with passion and enthusiasm

Hands On: Mr S.A Cekwana CEO @ CTK

The 18th of July is a birth day for Tat'uMadiba. Madiba in his typical "Madiba character", said he would not like this day to be declared a public holiday. I agree with Tata we already have too many public holidays on our calendar, of which many people do not even understand their significance. The important days who are supposed to be national symbols have been reduced to mere leisure and social timeouts. Thanks to Mad-

iba and the South African Government the 18th of July is not a public holiday; instead a call was made to all patriotic South Africans to do voluntary work towards changing people's lives on this day. Ubuhlebezwe counselors lead by their chief whip Cllr M.E Mkhize, officials from Environmental Affairs Department, volunteers from ward 4, Taxi operators together with CT K Hospital Management and staff rai-

sed to the occasion by cleaning the taxi rank just outside CTK. The area has always been a thorn in the flash for us. The private company that does garden and grounds in the Hospital could not clean it since it is outside the premises. The work done on the day was such a breakthrough for us. Two rubbish bins were installed, a sign warning people to make use of the bins instead of dumping staff all over the show, will also be put up.



He is the African Messiah....he sacrificed his own life for the betterment of all of us, black and white....



Taking Information To The People.....



Top: Mr Cekwana addressing the public at eNjana in Jolivet. Next to him is MPL Lindiwe Mjobo and the local counselor

According to Batho Pele Principle number 1, Consultation, “Citizens should be consulted about the level and quality of the public services they receive and, wherever possible, should be given a choice about the services that are offered.”

It has become part of our culture in the Institution to reach out to the community that we serve, not only in terms of providing service, but for the purpose of providing information as well. We also value our clients’ ideas and, believe that their feedback is important in order for us to successfully plan for the future .Mr Cekwana, Hospital Manager of CTK was at iNjane in Jolivet in a meeting that was called by the ward counselor, Cllr M.E Mkhize. In that meeting, the community was in-



SIYANAKEKELA!

Bottom: Courtesy in a true sense



formed about our services and the challenges faced by the Institution. Views on how the service delivery could be improved were raised by the community. Although we are guided by Departmental policies in terms of how we provide the services, we believe that the service must be tailor-made to suite the needs of our clients.

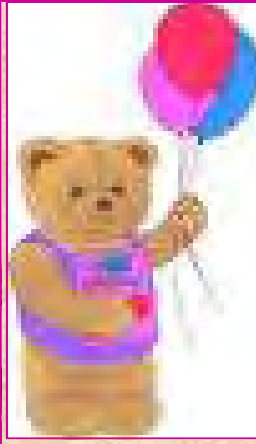
“Citizens should be consulted about the level and quality of the public services they receive.....”



Baby Competition.....



Winners of category B



Winners of category C

The first week of August is a Child Health Care week. Since it is our responsibility as a Health institution to adhere to the 10 point plan, we have taken it upon ourselves to optimally reduce child mortality rate. Our child health care does not end at labour ward, but it strides to every child within the periphery of our catchment area.

Christ The King Hospital was hosting a baby competition on the 3rd of August 2010.

The event was held at Ixopo clinic. The aim of the competition was merely to ascertain that children fulfilled all health precautions as required by health

standards. Children were competing on three different categories namely 00 to 07 months, 08 to 11 months and 12 to 18 months. Victors in each category were to go the district competition that was to be held on the 5th of the same month. Prizes that were awarded to children at our competition were donated by **Johnson &**

Johnsons, and some were bought out of courteous donations from Matrons, PHC Supervisors, Operational Managers and staff members. Children from our Sub-district proved themselves beyond expectations in the district competition. They almost claimed a clean sweep; we got number one in the first category, numbers one and two in the second category and an enormous number one in the third category.



Winner of category C



Umntwan'uphila ngebele



Kinda Busy: Hospital Management



MMC In a Bigger Picture...



Sisonke DM showing MEC and Minister around



Clockwise: Ms V Khumalo, CEO of St Appollinaris, Mr N Mkhize Council Speaker of Ubhulebeze, Mrs Hadebe Sisonke DM, Inkos' uChilizwe of AmaDunge Tribal Authority, Mrs Zuma CEO of Umzimkhulu and Mr SA Cekwana, CEO of CTK



HCT Gazebos



Doctors & Nursing staff hard at work



Doctors & Nursing staff getting ready for a procedure



Boys were kept overnight for observation



Clockwise: Mr SA Cekwana, CEO of CTK, Ms V Khumalo, CEO of St Appollinaris, Mrs Hadebe Sisonke DM, Mrs Zuma CEO of Umzimkhulu and the Hon. Mayor of Ubhulebeze, Cllr N Peterson



Mrs TMG Ngoobo & Ms ET Gumede doing a spot check



Two Doctors' Pact



It was time to go home and act like men



NgizweNkosi Mchumi



Men in waiting

Male Medical Circumcision is one of many ways one can use to minimize their chances of being infected with HIV. MMC does not substitute the A,B,C (and lately D) as per HIV/AIDS policy, it rather compliments the existing methods.



MEC Pays Us....

A Visit!!!

On the 3rd of August 2010, KZN MEC for Health Dr S Dhlomo was at Christ The King Hospital. The MEC was in the company of Dr Judy Dlamini. Dr Dlamini is a local *umakoti*, she is married to our very own Mr Sizwe Nxasane from kwaNcakubana, Ward 1 under Ubuhlebezwe Municipality. Also with them was Dr McGregor, Dir-



Main Pic: Dr S Dhlomo & Dr Dlamini with the Hospital Management after a visit to maternity ward.
Right: The MEC and Mr SA Cekwana, Hospital Manager



ector of Umthombo Youth Development Foundation. Mr SA Cekwana, our Hospital Manager did a presentation on behalf of CTK. The presentation replicated a complete SWOT analysis of the Hospital. After the presentation, the MEC reflected and commended commitment shown by the Institution and its Management to improve the lives of the people. Dr MacGregor also made a presentation on services pro-

vided by Umthombo Youth Development Foundation. The presentation by Dr MacGregor was echoed by Dr Dlamini. Our District Manager and Hospital Management applauded Umthombo for their effort and thanked Dr Dlamini and the MEC for choos-



Dr S Dhlomo reassuring the patient at maternity ward

ing Ubuhlebezwe Sub-district. After the presentations The MEC and his delegation took rounds in the Hospital; he could not hide his appreciation of what he saw in our wards.





Laughter, the best medicine.....



A blonde gets on an airplane and sits down in the first class section of the plane. The stewardess rushes over to her and tells her she must move to coach because she doesn't have a first class ticket. The blonde replies, "I'm blonde, I'm smart, I have a good job, and I'm staying in first class until we reach Jamaica."

The disgusted stewardess gets the head stewardess who asks the blonde to leave. The blonde yet again repeats "I'm blonde, I'm smart, I have a good job and I'm staying in first class until we reach Jamaica." The head stewardesses doesn't even know what to do at this point because they still have to get the rest of the passengers seated to take off; the blonde is causing a problem with boarding now, so the stewardess gets the copilot.



A Sunday school teacher asked the children just before she dismissed them to go to church, "And why is it necessary to be quiet in church?" Annie replied, "Because people are sleeping."



The copilot goes up to the blonde and whispers in her ear. She immediately gets up and goes to her seat in the coach section. The head stewardess asks the copilot in amazement what he said to get her to move to her correct seat. The copilot replies, "I told her the front half of the airplane wasn't going to Jamaica."



A guy walks into a post office one day to see a middle-aged, balding man standing at the counter methodically placing "Love" stamps on bright pink envelopes with hearts all over them. He then takes out a perfume bottle and starts spraying scent all over them. His curiosity getting the better of him, he goes up to the balding man and asks him what he is doing. The man says, "I'm sending out 1,000 I Love You cards signed, 'Guess who?'" "But why?" asks the man.

There was this Christian lady that had to do a lot of traveling for her business, so she did a lot of flying. Flying made her nervous, so she always took her Bible along with her to read and it helped relax her. One time, she was sitting next to a man. When he saw her pull out her Bible, he gave a little chuckle and went back to what he was doing. After awhile, he turned to her and asked, "You don't really believe all that stuff in there do you?" The lady replied, "Of course I do. It is the Bible." He said, "Well, what about that guy that was swallowed by that whale?" She replied, "Oh, Jonah. Yes, I believe that, it is in the Bible." He asked, "Well, how do you suppose he survived all that time inside the whale?" The lady said, "Well, I don't really know. I guess when I get to heaven, I will ask him." "What if he isn't in heaven?" the man asked sarcastically. "Then you can ask him." replied the lady.



A father had three very active boys. One summer evening, he was playing cops and robbers in the back yard after dinner. One of the boys "shot" his father and yelled, "Bang! You're dead!" He slumped to the ground and when he didn't get up right away, a neighbor ran over to see if he had been hurt in the fall. When the neighbor bent over, the overworked father opened one eye and said, "Shhh. Don't give me away. It's the only chance I've had to rest all day."



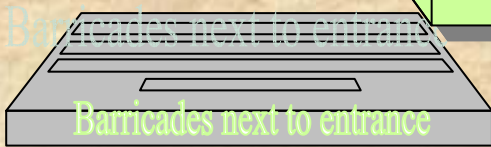
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It is our passion to ensure that our and facilities and services are available at all times. Patients and of any condition must find it easy to get to our premises. We fix it.

At your services.....

It is our passion to ensure that our Institution and services are accessible at all times. Patients and citizens of any condition must find it easy to get to our premises. It is for that same reason that the taxi rank next to the Hospital entrance was constructed. Before the taxi rank was constructed it was quite a mission to get to the hospital at times, due to mini bus taxis turning in front of the Hospital. After the meeting we held with the leadership of Ixopo Taxi Association, the decision was taken to put barricades at roadside to avoid congestion.



THINGS TO BRING WHEN COMING TO HOSPITAL

- I-D Document
- Proof of income (not for medical aid and private cases)
- Medical aid card
- Next of kin's contact numbers
- Proof of pension and Grant holder's
- Toiletries
- Clinic cards
- Previous Medication

Patients Rights Charter

- Your right to dignity
- Every patient has a right to Healthy and safe environment
- Participation in decision-making
- Access to health care
- Knowledge of one's health
- Insurance/medical aid scheme
- Choice of health services
- Treated by a named health care provider
- Confidentiality and privacy
- Informed consent
- Refusal of treatment
- A second opinion
- Continuity of care
- Complaints about health services

They Think Our Service Is.....

CHRIST THE KING HOSPITAL
IZIGULI / IMIBIKO YEZIVAKASHI

Sicela ufake uphawu lakho kulezikhala ezingezansi

IZINCOMO	IMIBONO	IZIKHALAZO
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ISIBONGO *Slamini* IGAMA LOKUQALA *Celany*

IWOZI/UMNYANGO..... DATE *23/01/10*

INOMBULO YESIGULI *17 953 66 50*

INIININGWANE YAKHO

INOMBULO YOCINGO.....

IKHELI LAKHO.....

ISIKHALAZO ESIGCWELE-UNGALIFAKA IGAMA UMA-UNGAKWAZI

Gubonga kakhulu mde indlela enqaphatheka nayo endaweni yase Crisis, usuku nabantu abakho ngiphume ngiphoteke, kuyayis kuthi noma kuthi a akubhulufu epani, kodwa nge khanselisi nye nyochwa yakho a ngiyaye ngiphume sengokhokhele

Indlela enqaphatheka nayo sengathu nanga nyazi nababonisa nabanye babonela, kuthi ukuthi abantu baphathwa kakhulu kanye.

Umkhulu ahlale enani nyabonakala ukuthi nibuswa iwi tenkosi

(Niyabonga) mina kan futhi ngi nobonema ezulwini (Nobathathu) kuyhela kubonga zenu ngikhokhwe

.....

.....

SAYINA - *Sol Dlamini*

Sicela uligole ulifake kwibhokisi eliphambikwakho.
Siyabonga
Abaphathi besibhedlela.



Towards who stab from behind are more spiteful and fatal than those who hate and attack openly.....





Sporting Spree.....



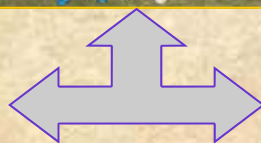
Hooray! It happened in our lifetime...!!

The Historic event of the 21st century ever to take place in our African soil will go down to the history archives of our continent and the whole world. Although we did not do well in the field of play, we showed the whole world that we are capable of big things. None of the African teams that participated managed to lift the golden trophy, but our victory was far more than that. Now myths and misconceptions that people had about Africa have all been cleared. The exaggerated crime rate, poor infrastructure, elephants and buffalos roaming the streets, all of that has been proven to be untrue beyond reasonable doubt. **Vema Afrika, umeweka sote kiburi!!**



All Work Some Play.....

In spite of the economic downturn that our country and the rest of the world suffered in the past few months, our motivated staff members still remembered the meaning of an old saying that goes "All work no play makes Jack a dull boy". They then took it upon themselves and donated money from their own pockets to sponsor a trip to Port Shepstone. they really held our flags high, both on and off the fields of play.



Team Work: CTK Netball and Football teams were captured during their trip to Port Shepstone.

