



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

CHRIST THE KING HOSPITAL

CTK MATTERS

NEWS

STAY INFORMED

DECEMBER 2015

MEET OUR CEO

On the 1st of July 2015 we at CTK welcomed Mrs N.P Nondabula as its newly appointed CEO. Those were good news for the service delivery, since the Hospital had been operating without a permanently appointed Chief Executive Officer for a period of about two years or thereabout. During her first week in office, Mrs Nondabula visited all clinics that are supported by CTK to get a feel of conditions under which staff members who work at those clinics operate, but most importantly so as to accustom herself with the kind of environment from which our customers come.

Mrs Nondabula also took trouble to visit all departments and sections in the Hospital for the similar purpose..



Mrs Nondabula—Christ The King Hospital CEO



HAND HYGIENE AWARENESS...
[READ MORE ON PAGE 1](#)



WOZA MOYA ANNIVERSARY...
[READ MORE ON PAGE 2](#)



67 MINUTES FOR MANDELA...
[READ MORE ON PAGE 3](#)

World's Hand hygiene Day...



Ms Z.L Getyengana conducted a thorough-going presentation on hand hygiene.

5th of May has been identified by WHO (World Health Organisation) as Global Hand Hygiene day. Various researches show that a hundreds of millions of patients get affected by cross-infections the world over. It said that lots of hospitals and health facilities across the world are guilty of subjecting patients to cross-infections due to poor infection prevention practices. These cross-infections can, however be easily prevented through proper washing of hands with soap.

IPC is one of Health Minister's 6 priority areas; it also features prominently

in the National Core Standards. CTK's Quality Team is very much at the centre of ensuring that correct IPC protocols are being upheld in all wards and departments. Apart from monitoring implementation of these IPC protocols, training and awareness are also very central in ensuring proper implementation.

Apart from the global campaign, monthly IPC awards are held in which best performing ward in a particular month is awarded with a floating trophy. The floating nature of this award means that winners must work on maintaining if not up-

ping the status quo or risk losing the trophy to another ward.

As part of the GHH activities, CTK Quality Team visited Micheal Mas Nursing campus to provided hand hygiene training to student nurses, most of whom do their practical training with CTK. Patients at outpatient department were also given training on the importance of washing hands and doing it properly. Patients were happy to receive such training.

Woza Moya Celebrates



Above: CEO Mrs Nondabula and Ms Mkhize took a picture with Woza Moya Management

Woza Moya started operating in year 2000 in Ofafa area. According to Woza Moya website the Organization was born out of “..an extremely urgent need for a response to HIV and AIDS in the area”

In its inception Woza Moya was meant to provide mainly home-based care and support, but overtime it gradually widened its scope to also include poverty alleviation programs and projects. To date their programmes include: Home-based Health Care, Child and Youth Care, Food Security, Paralegal and Advocacy, Youth and Media, Water Sanitation and Hygiene and Early Childhood Development. The Organization is said to be benefiting 1,920 people directly and about 8,000 indirectly.

As the Ubuhlebezwe Health Sub-district we also have strong working relations with Woza Moya. Our Mobile clinic team use Woza Moya centre as a mobile point for Mashakeni community. We collaborate with Woza Moya on various other health-related programmes, especially ones taking place at Ufafa area. It is for that reason that we, as the Sub-district of Ubuhlebezwe together with our district office, attended Woza Moya’s 15th year anniversary celebration. In the event, the organization gave account of their achievements and challenges that has characterized their journey since their arrival at Ufafa in 2000.

Mandela Day Commemoration



CTK Hospital Health Care Workers on the garden for their 67 minutes

Nelson Mandela International Day (or Mandela Day) is an annual international day in honour of Nelson Mandela, celebrated each 18 July (on Mandela's birthday). The day was officially declared by the United Nations in November 2009, with the first UN Mandela Day held on 18 July 2010. However, other groups began celebrating Mandela Day on 18 July 2009.

On 27 April 2009, the 46664 concerts and the Nelson Mandela Foundation invited the global community to join them in support of an official Mandela Day. Mandela Day is not meant as a public holiday, but as a day to honour the legacy of Nelson Mandela, South Africa's former President, and his values, through volunteering and community service. Mandela Day is a global call to action that celebrates the idea that each individual has the power to transform the world, the ability to make an impact.

The Mandela Day campaign message is: "Nelson Mandela has fought for social justice for 67 years. We're asking you to start with 67 minutes."

This year we held a prayer session at the Chapel. After the prayer we then went and revived a demo garden for the Hospital.

Fire Drill...



Pictured: During the practical part of the drill, staff members got a chance to test their fire extinguishing skills.

Sn accordance with disaster management protocols, any institution especially one such as a hospital must train its staff members on their role in case of fire. The hospital or any health facility must do its best to prevent or minimize loss lives during fire or any disaster. Disaster is defined in simple terms as “A serious disruption of the functioning of society, causing wide spread human, material, or environmental losses which exceed the ability of the affected society to cope with using its own resources”

Disasters normally struck when list expected. Their unpredictable nature requires institutions and organisations to be ready and aware of how to respond when disasters occur. As a result of the above, frequent training is important.

Miss Nduduzo Mtungwa, our Health and Safety officer organised a fire drill for all staff members at CTK. The training was conducted by officials from Ubuhlebezwe fire department. The training entailed both theory and practice in regard to fire combustion.



Matron Dlamini pictured leading the Trauma Management Workshop

It is said that trauma care involves the entire spectrum of care from the responder and through-out rehabilitation. The successful resuscitation of a seriously injured patient is determined by the skill levels of many Health Care Providers and their ability to function as a team. One of the ways to achieve this coherence is by training and training some more.

Matron Dlamini, who is the head of our trauma unit, organized a Trauma Management Workshop for all staff members at CTK and clinics mothered by it. This was to equip staff members of all categories with basic insight in regards to trauma care.

The first session of the training was based on the theoretical part of the entire trauma management processes. During this session there were presentations that were done by Matron Dlamini, Dr Ngcobo and a Paramedic from EMS. The second session was based on practical demonstrations which were facilitated by EMS crew members. Staff members also got a chance to test their Resuscitation skills.

M.E.C Visits Ixopo Taxi Rank...



Pictured: MEC for Health Dr Dhlomo visited Ixopo taxi rank to engage with the leadership of the Taxi Association and members of the public.

Taxi drivers, owners and vendors at taxi rank work long and usually irregular hours. As a result of that it becomes difficult if not impossible for them to visit health facilities for check-ups. They usually only seek medical help when they are already sick and for some illnesses that might be too little too late.

Taking stock from the above, MEC for Health in KZN, Dr S Dhlomo visited ixopo taxi rank to launch a mobile clinic that will be dedicated to taxi ranks and nothing else. The mobile will visit taxi ranks on rotational bases and in accordance with a schedule of visits to

be developed and sufficiently communicated to the leadership of the relevant taxi associations.

The mobile clinic is to provide a full package of services for a PHC facility, this to promote a preventative approach on illnesses. The initiative was lauded by both leadership of Ubuhlebezwe Local Municipality and that of Ixopo taxi Association as a step in the right direction towards re-engineering PHC in health care provision.

Teen Pregnancy Awareness Campaign...



Matron Ngubo pictured during Teenage Awareness Campaign

An ideal parenthood is normally one which is institutional; this because transition to parenthood is a taxing shift in any individual's life. Though times have and and continue to change in a rather steady pace, traditional sequencing to parenthood still remains an ideal one. The sequence goes as follows: education, citizenship, work and marriage/stable partnership. With the scourge of HIV/AIDS looming large, the main concern for adolescent primary parenthood health is steadily shifting away from adolescent fertility to the former.

During Teen Pregnancy Week, Matron Ngubo, Sr Gaqa and Sir Mfeka em-

barked on a campaign trail to promote awareness on teenage pregnancy. They did so by visiting some high schools around Ixopo. The message was crystal clear 'Good things come to those who wait'. The campaign was warmly received by teachers and learners. In one of the schools we were lucky to bump into a local preacher who he himself was delivering almost the same message as ours. Although the campaign was well received, it remains to be seen as to how much impact will it make in terms of reducing the rate of teen pregnancy over the years.

High Tea Party, For GIRLS Only



Pictured: CTK Staff preparing for the Tea party

Given patriarchal nature of the society we live in is inherently oppressive towards women. The above is evident in more ways than one; be it in school, workplace, church etc.

In view of the fact that women, biologically are the ones who bear children, breastfeed them, and so on; that can easily be misinterpreted to mean that they must also wash them. Change their nappies and be the ones who wake-up in the middle of the night when baby cries.

Respecting the rights of women must come naturally, instead of being an act of adherence to political correctness. No amount of awareness and education can achieve this, until women stand-up and be the future they want to see. Women need to put aside cat-fights, gossip and jealousy and begin to support each other against patriarchy; and avoid the tempta-

tion of ganging-up with insecure men to pull down potential women.

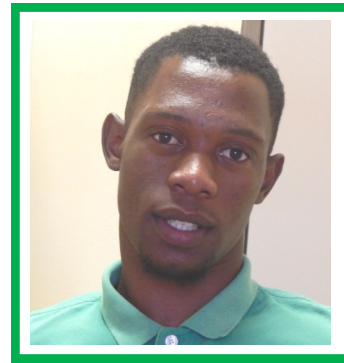
Ladies of CTK decided on a women's month to organize and hosting a girls-only high tea party during the women's month. They lined-up speakers who, I am told, addressed a number of issues pertaining to women's health, social behaviors and I guess relationships. The event was a huge success and it achieved its objective in many ways, including the fact that we guys got to appreciate that without women in our departments, it is all just a big mes

S

ACKNOWLEDGEMENTS



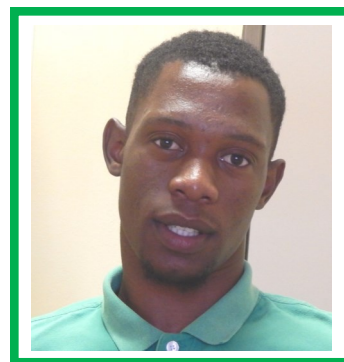
MUZI CHIYA
WRITER



NAME SURNAME
DESIGNER



MUZI CHIYA
EDITOR



NAME SURNAME
PHOTOGRAPHER



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

CONTACT DETAILS

Physical Address:
01 Peter Hauff Drive
Ixopo
3276

Postal Address:
Private Bag X542
Ixopo
3276

SWITCHBOARD:
039-834 7500

SWITCHBOARD FAX NUMBER:
039-834 2828

Web. www.kznhealth.gov.za

FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE