



Ubuhlebezwe Health NEWS

Bringing Ubuhlebezwe Sub-District Health News To You

Q1 - June 2024

Ubuhlebezwe Sub-District Celebrates African Immunisation Week



Nurse Dzanibe doing immunization education and administering vaccine.

Ubuhlebezwe Sub-District Facilities celebrated African Immunisation Week between 24 to 30 April 2024 in different outreach points.

World/African Immunisation Week, which takes place from 24 to 30 April, is an opportunity to underscore the

importance of immunisation in saving lives and to encourage families to vaccinate their children against deadly diseases.

Through their convening power, Ubuhlebezwe Sub-District facilities work with communities across the municipality to raise awareness of

the value of vaccines and immunisation.

Immunization campaigns have enabled the sub-district to eradicate smallpox, nearly defeat polio, and ensure more children survive and thrive than ever before.

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Foreword From The CEO



Mrs S. W. Maseko
Chief Executive Officer

Greetings to the readers

We started the financial year with the service excellent awards to ensure recognition of teams and individuals who went an extra mile in the provision of healthcare services in our community. It was an awesome moment, joy was written on the faces of winning teams and individuals. Staff that is recognised becomes motivated and treat clients with dignity and respect thus achieving patient satisfaction.

The organising team worked tirelessly and used personal budget to ensure that the event is becomes a success. Thank you so much to the organising team.

We started the financial year with a budget cut of R5.5 million, mainly on salaries and wages. This means the going is getting tough. Delegation to fill the clinical posts is at head office and non clinical posts at the office of the premier. This means that replacing exiting staff is a major challenge. Staff is encouraged to look for cross transfers.

Foreword From The Quality Assurance Manager

Dear Valued Reader,

It is a greatest honour to welcome you to Ubuhlebezwe Health News - Quarter 1 for the 2024/25 Financial Year. On behalf of myself and my team members, we would like to extend our warmest welcome and hope you enjoy reading this publication.

Christ The King Hospital's Quality Assurance Department was established to develop and implement Quality Assurance Programmes, guidelines, protocols, norms and standards; develop and implement Quality Assurance Operational Plan and participate in the development of Institutional Plan, coordinator and facilitate the development of the institutional Quality Improvement Programme and monitor progress on implementation; maintain and sustain norms,

standard and good governance in clinical and non-clinical areas and promote and facilitate the implementation of guidelines, standard operating procedures and polices.

The department also facilitates monitoring and timeous reporting of adverse events (Patients Safety Incidents) and ensure implementation of recommendations/action plans for the gaps identified and monitor public relation activities (waiting time surveys, patient experience of care surveys and complaints management.

With that said, as the QA Department, we



Mrs L. Z. Getyengana
Clinical Programme Coordinator
Quality Assurance

promise to be as objective as expected when providing healthcare services and continue caring for the people of Ubuhlebezwe Municipality and beyond.

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Christ The King Hospital Profile



Background

Christ The King Hospital is a district hospital with 187 beds located in the beautiful rolling hills of Harry Gwala Health District, Ixopo, the town made famous by the internationally acclaimed novel "Cry the Beloved Country" by Alan Paton. It is approximately 90kms from Pietermaritzburg and 150kms from Durban.

Ixopo is blessed with breath-taking natural beauty. One is able to drive in any direction and be sure to come across numerous outdoor activities including hiking in the Drakensberg, horse riding, fishing and mountain biking. For those who prefer a more urban setting to relax and unwind, the town boasts a 9-hole-golf course, tennis courts and both a rugby and soccer club.

The Missionary Sisters of the Precious Blood opened the hospital in 1936. It was originally registered for 32 beds. The distinctive statue of 'Christ the King' was put up in 1938. Formally run by the nuns at Sacred Heart Covent, the hospital was taken over by the KwaZulu-Natal Department of Health in 1984.

Services Offered

- In-Patients Services
- Out-Patients Services
- Laboratory Services
- Radiology Services
- Nutritional and Dietetics Services
- Rehabilitation Services
- Dental Services
- Mental Healthcare Services
- Theatre Procedures
- Information for Community Service Officers
- Social Services
- Psychology and Counselling Services
- Pharmacy Services

Operating Hours

- **Out-Patients Services** – 07h30 to 16h00 (Mondays to Fridays, closed on weekends and public holidays). Patients who require after hours services are seen at Ixopo Clinic and Emergency Department.
- **Emergency Services** – 24hours a day, 7days a week.

Visiting Hours

- **Mondays to Sundays** - 11:00 - 12:00
17:30 - 18:30

Hospital Senior Management

Manager	Rank
Mrs S. W. Maseko	Chief Executive Officer
Dr L. C. Ogbeiwu	Acting Medical Manager
Ms M. L. N. Mthembu	Deputy Manager Nursing
Mr M. Radana	Monitoring & Evaluation Manager
Ms P. N. S. Shezi	PHC Manager
Mr B. E. Nzimande	Assistant Director - Finance
Ms B. R. Mbonambi	Assistant Director - Systems
Mr Z. C. Mhlongo	Assistant Director - Human Resources Management

PHC Facilities

Name of Clinic	Operational Manager Nursing
Ixopo Clinic	Mr S. S. Morajane
Jolivet Clinic	Mr S. Majoji
CTK Gateway Clinic	Mrs N. Gaqa
Nokweja Clinic	Mr K. A. Khumalo
Ixopo Mobile Clinics	Mrs N. P. Dlamini
Hlokozi Clinic	Mrs N. E. Zuma
Gcinokuhle Clinic	Ms N. Dlamini
KwaMashumi Clinic	Mrs B. Z. Molefe
Ndwebu Clinic	Ms A. N. Sibisi
Sangcwaba Clinic	Mrs M. N. Jili
Mntungwana Clinic	Mrs G. K. Fihla
Nkweletsheni Health Post	Mrs S. N. Chiya

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**GROWING
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Introducing The Integrated Multi-Stakeholder Health Promotion Wellness Strategy (IMHPWS)

Background

A total of 106 383 registered live births occurred among adolescents 10-19 years in 2019. Among registered live births that occurred among adolescents, KwaZulu-Natal recorded a higher percentage than other provinces at 24,7%. It was the only province with registered live births above 20%. KwaZulu-Natal was followed by the Eastern Cape and Limpopo, both at 14,4%, Gauteng at 13,7% and Mpumalanga at 10,0%.

A resolution was taken during the Provincial Council on AIDS (PCA) that curbing child and teenage pregnancy in the province is critical to the HIV response and require urgent interventions.

There is a need to strengthen synergy of programmes between government, NGO's and community-based organizations.

- There is a need for scaling up capacitation on SRH services and rights for adolescents and young people, parents, the community, and the different service providers in health, human rights, law enforcement, education, social services, and other related fields and stakeholders.
- Furthermore, there is a need to strengthen community structures as they play a key role in strengthening the implementation and coordination of community-centred approaches in addressing social ills.

Multi-sectoral Stakeholders workshop was conducted in uMgungundlovu to discuss the findings. The engagements identified six strategic objectives for the multi-sectoral and integrated strategy on addressing child and teenage pregnancies and a theory of change envisioning the desired outcome

1. Create Social Awareness about Sexual and Reproductive Health amongst AGYW and ABYM.
2. Integrated Coordinated Support Services,

including Psycho-social, Biomedical, and Socio-economic Services are available to all AGYW and Teenage Mothers and ABYM .

3. Teen Mothers Protected, Supported and Empowered to be Strong Responsible Mothers
4. Capacitate Communities to Drive Social Change by Coordinating Community Interventions related to Reduction in Teen Pregnancy, GBVF and HIV Infection .
5. Adolescent Boys and Young Men and Men are Active in the Fight to Eradicate GBVF and Teenage Pregnancy .
6. Increased Conviction Rate for Perpetrators of Forced Violence and Gender Based Violence and Femicide through Better Cases Handling .

KZN DOH together with all other stakeholders developed a plan to implement the IMHPWS. The plan is talking to key focus areas of implementation in collaboration with other stakeholders which are:

- Teenage Pregnancy
- Child protection programmes: Child abuse
- Malnutrition
- Gender based Violence & Femicide
- Non communicable Diseases
- 95-95-95 Targets for HIV and TB (2nd 95 and Paediatric ART)

The facilities were given the tasks to introduce the strategy to Operation Sukuma Sakhe at the local level and develop their local plans to cover these key areas.

The following activities conducted by different facilities in collaboration with other stakeholders are part of the implementation of strategy. These includes Open days, Pregnancy awareness, gardening projects to curb poverty, outreach services, etc. (See from page 5 to 10).

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Ubuhlebezwe Sub-District Celebrates African Immunisation Week

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World Immunisation Week, which takes place from 24 to 30 April, is an opportunity to underscore the importance of immunisation in saving lives and to encourage families to vaccinate their children against deadly diseases.

Through their convening power, Ubuhlebezwe Sub-District facilities work with communities across the municipality to raise awareness of the value of vaccines and immunisation. Immunization campaigns have enabled the sub-district to eradicate smallpox, nearly defeat polio, and ensure more children survive and thrive than ever before.

African Vaccination Week is an annual event celebrated during the last week of April. The goal of the AVW is to strengthen immunization programmes in the Ubuhlebezwe Municipality by increasing awareness of the importance of every person's (particularly every child and woman) need and right to be protected from vaccine-preventable diseases.

It aims at keeping immunization high on the national and regional agendas through advocacy and partnerships. It also promotes delivery of other high impact life-saving interventions. The over-arching slogan of AVW is "Vaccinated communities, Healthy communities".

Gateway Clinic

Gateway Clinic visited Shayamoya Informal Settlements, Chocolate City on the 25th of April 2024. Total - 33, HTS - 5 tested, GXP done - 8, 18 months - 3, 12 Years - 1, Vitamin A - 9 and Deworm - 9.

Hlokozi Clinic

Hlokozi Clinic visited Bakhombise Crèche on the 25th of April 2024. the total number of clients screened was 58 (Vitamin A and Deworm - 36, Measles 1st Dose - 1, TD 1st Dose - 01 and Updated Immunisation - 22).

Ndwebu Clinic

Ndwebu Clinic visited Mphemba and Zwanani ECD Centres on the 26th of April 2024. Headcount - 61, screened for TB - 61, Vitamin A - 16, Deworm - 16 and HTS - 40.



Picture 1 - Sr Ngcongco from Ixopo Mobile Clinic 3 doing health education.
 Picture 2 - Gateway Clinic administering vaccine at Chocolate City.
 Picture 3 - Nurse Dzanibe from Gcinokuhle Clinic administering vaccine.
 Picture 4 - Ndwebu Clinic vaccine campaign.
 Picture 5 - Ixopo Mobile Clinic 3 Vaccine campaign.
 Picture 6 - Sangcwaba Clinic vaccine campaign.
 Picture 7 - Gcinokuhle Clinic day vaccine campaign.
 Picture 8 - Ndwebu Clinic at Mphemba ECD Centre.
 Photo Cred: PHC Facilities

Gcinokuhle Clinic

Gcinokuhle visited Emadungeni Crèche between 25 and 26 April 2024. (25 April Stats; Headcount - 38, Vitamin A - 30, Deworm - 33, Measles - 2, PCV - 1.) (26 April Stats - Headcount -13, Vitamin A - 6, Deworm - 6, Measles - 2).

Sangcwaba Clinic

Stats, Total Seen - 22, PCV - 6, Measles 2nd Dose - 4, TD 1st Dose - 4, TD 2nd Dose - 6, Vitamin A - 13 and Deworm - 13.



Open Day At Gcinokuhle Clinic

Gcinokuhle Clinic hosted an Open Day Event on the 16th of May 2024. This is an annual event that Ubuhlebezwe Sub-District facilities host to market their services, recruit new clients and re-assure existing ones of the healthcare services they provide. This event was hosted at the clinic premises.

The open day was also conducted to provide clients with more information about Gcinokuhle Clinic, and an opportunity to explore its services and meet staff members, as well as meet the clinic partners, sector departments and other key stakeholders. It is essentially an investigative information gathering exercise designed to help clients know more about the health services and interact with healthcare workers.

Nurse Dzanibe was tasked with being the programme director and did a stellar job, she kept the audience focused and entertained. Ms N. Dlamini (Operational Manager Nursing) welcomed all the guests and clients and explained the purpose of the day. Sr Soni, Sir Mtshali, Sr Chule and Sr Xulu marketed the clinic streams and services provided and encouraged clients to utilize these services. Amazabeko High School learners provided entertainment.

The event was sponsored by Ward 12 CLLR S. M. Chiya, Ubuhlebezwe Municipality Deputy Mayor, Mrs Z. Miya, Triangle Store, KwaMoosa Store, Mr Chemane, Mr Khumalo and was supported by Match, Right To Care, Vukuzithathe, Department of Social Development and Traditional Leadership.

There were presentations from the partnering organisations and sector departments. Health screening and education was offered during the event. Ms Shezi (PHC Manager) did a vote of thanks and congratulated the clinic for hosting such an important event. Refreshments were then served.



Picture 1 - Gcinokuhle Clinic Open Day view.
Picture 2 - Ms N. Dlamini welcoming the guests and explaining the purpose of the day..
Picture 3 - Sr Chule marketing clinic services.
Picture 4 - Sr Xulu marketing clinic services.
Picture 5 - Sir Mtshali marketing the clinic services.
Picture 6 - Sr Soni marketing the clinic services.
Picture 7 - Matron Shezi doing with her vote of thanks speech..



Photo Gallery



Open Day At Nokweja Clinic



Nokweja Clinic hosted an open day event on the 06th of June 2024. The purpose of this event was to provide clients with more information about Nokweja Clinic, and an opportunity to explore its services and meet staff members. An open day is essentially an investigative information gathering exercise designed to help clients know more about the health services and interact with healthcare workers.



Mr K. A. Khumalo (Operational Manager Nursing) did welcoming and introduced the guests of honour. Nokweja Clinic staff marketed the clinic services for each stream/section and explained in detail the services offered. This event was supported by Christ The King Hospital Rehabilitation and Social Services Departments and Life Line. The Community Health Workers did a traditional performance as part of the entertainment.



There were presentations from these departments. Health screening and education was offered during the event. Ndwebu Clinic was also present to support this prestigious event. Mrs N. P. Dlamini (Acting PHC Supervisor/Operational Manager Nursing - Ixopo Mobile Clinics) did a vote of thanks and congratulated Nokweja Clinic for a job well done. Refreshments were then served.



Teenage Pregnancy And Substance Abuse Awareness By Nokweja Clinic At Ncomane High School



Sr Shazi educating learners about teenage pregnancy.
Photo Cred: Nokweja Clinic

16th of May 2024 for a teenage pregnancy and substance awareness campaign. This campaign was supported by Ixopo Clinic Adolescent Youth Friendly Services Celebrates.

Substance use among adolescents increases the risk of unplanned pregnancies, which then increases the risk of fetal exposure to addictive, teratogenic substances. Specific interventions are necessary to target pregnancy planning and contraception among reproductive age substance users.

Teenage pregnancies can be attributed to a number of factors, such as unsafe sexual practices, peer pressure, gender-based violence, drug and substance abuse, poverty, lack of knowledge about fertility and non-consensual sex, to name a few. As part of its own health-promotion activities, the Nokweja Clinic hosts outreach programmes with the aim of creating greater awareness of teenage pregnancies.

Nokweja Clinic in visited Ncomane High School at KwaNcakubane Location on the

Teenage Pregnancy And TB Awareness At Hlokozi High School



Photo Cred: Hlokozi Clinic

Hlokozi Clinic visited Hlokozi High School on the 24th of April 2024 to do a teenage pregnancy and TB awareness. The clinic is committed to tackling adolescent pregnancy, especially among younger adolescents (aged 10-14) who are most at risk and yet often overlooked. The clinic also supports girls who have already become mothers.

Adolescent pregnancies are a global issue but most often occur in poorer and marginalised communities. Many girls face considerable pressure to marry early and become mothers while they are still children themselves. Teenage pregnancy increases when girls are denied the right to make decisions about their sexual and reproductive health and well-being. Girls must be able to make their own decisions about their bodies and futures, understand the effects of teenage pregnancy, and have access to appropriate healthcare services and comprehensive sexuality education.

Addressing teen pregnancy prevention requires broad efforts that involve families, service providers, schools, faith- and community-based organizations, recreation centers, policymakers, and youth. Pregnant teenagers face serious health, socio-economic and educational challenges.

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Health Education On Chronic Illnesses and Sexual Health At Bhobhobho Hall By Sangcwaba Clinic



Sangcwaba Clinic outreach team visited Bhobhobho Hall on 21 May 2024 to do health education on chronic conditions and sexual health. The purpose of this initiative was to raise an awareness on chronic illnesses and do health screenings.

A chronic or long-term illness means having to adjust to the demands of the illness and the therapy used to treat the condition. There may be additional stresses, since chronic illness might change the way you live, see yourself and relate to others.

Most chronic illnesses do not fix themselves and are generally not cured completely. Some can be immediately life-threatening, such as heart disease and stroke. Others linger over time and need intensive management, such as diabetes. Most chronic illnesses persist throughout a person's life, but are not always the cause of death, such as arthritis.



*Sangcwaba Clinic Outreach Team (Nursing and Community Health Workers) educating and screening clients.
(Photo Cred: Sangcwaba Clinic)*

Hlokozi Clinic CHWs and EPWs Start A Gardening Project

A busy day in the garden can be a good form of exercise. While tending a garden, you perform functional movement that mimics whole body exercise. You perform squats and lunges while weeding. Carrying bags of mulch and other supplies works large muscle groups. Digging, raking and using a push mower can be physically intense activities, hence Hlokozi Clinic Staff (Community Health Workers and Expanded Public Works Programme) started their gardening project.

This project helps both staff and clients to get fresh vegetables from their own garden. It also brings together staff with diverse backgrounds to work on a common goal. This project also helps staff to create more social connections. Social connections are important because they help lower stress, improve resilience and provide support during difficult times in life.



Hlokozi Clinic Community Health Workers and EPWs weeding their plants.

(Photo Cred: Hlokozi Clinic)

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Ixopo Clinic Celebrates International Nurses' Day In Style

Ixopo Clinic had a march on the 15th of May 2024 in Ixopo Town as part of their annual International Nurses' Day celebration.

International Nurses Day is observed on May 12 every year. This day marks the birth anniversary of Florence Nightingale who laid the foundation of modern nursing. International Nurses Day aims to highlight the importance of nurses in the healthcare sector. It also acts as an opportunity to thank nurses for their efforts and for taking care of patients around the clock.

The theme for International Nurses Day 2024 is ***Our Nurses. Our Future. The Economic Power Of Care.*** Every year, May 12 is celebrated as International Nurses Day globally. On this day, several activities are conducted to thank the nurses around the world, hence Ixopo Clinic hosted this march.

The march was led by Mr S. Morajane (Operational Manager Nursing) and the clinic's management. The march started from Tricircle Hardware to Ixopo Clinic and was supported by Ixopo RTI and Ixopo SAPS.

Ixopo Clinic nurses are educated to understand the complex nature of maintaining health and wellness, and the impact of psychosocial and socio-economic factors such as poverty, unemployment and ethnicity. They see the context for wellbeing and accordingly act in way to reach beyond the immediate presenting problems. Nurses are often the only health professionals accessible to many people in their lifetime.

After the march, the nursing staff gathered at the clinic's main entrance where they read and reminded themselves of the nurses' pledge.



Picture 1 - Nurses dancing from Tricircle to Ixopo Clinic.
Picture 2 - Nurses dancing from Tricircle to Ixopo Clinic.
Picture 3 - Ixopo Clinic Nurses reciting their nurses' pledge.
Picture 4 - Some of the nurses posing for the camera.
Picture 5 - Ixopo Clinic nurses singing and dancing during their nurses day event.
Picture 6 - Nurses dancing.
Picture 7 - Some of the nurses posing for the camera. **Photo Cred: Ixopo Clinic**



International Nurses' Day Prayer At KwaMashumi Clinic



Samsung Triple Camera

KwaMashumi Clinic nursing staff reciting their pledge.
Photo Cred: KwaMashumi Clinic

KwaMashumi Clinic hosted an International Nurses' Day Prayer for its nursing staff on the 13th of May 2024.

International Nurses Day is celebrated each year on the 12th of May, the anniversary of Flor-

ence Nightingale's birth. 204 years after the birth of the 'the Lady with the Lamp,' we recognize this 'social reformer who was the foundational philosopher of modern nursing,' by continuing to advance her cause.

The 2024 International Nurses Day is celebrated under the theme: "Our Nurses. Our Future. The economic power of care".

The clinic staff gathered at the main waiting area to celebrate with the nursing staff. Mrs B. Z. Molefe (Operational Manager Nursing) reminded the nursing staff that they are the backbone of the healthcare sector and a doctor's most trusted ally because they spend more time with the patients.

After the prayer, the nurses recited their pledge. Mrs Molefe encouraged her nursing staff to continue honoring their pledge when rendering healthcare services to the community of Mashumi and beyond.

Fire Fighting Awareness Campaign at Mntungwana Clinic

Mntungwana Clinic hosted a fire fighting awareness campaign for staff and clients on the 17th of May 2024 at the clinic's main waiting area. The purpose of this awareness was to sensitise both staff and patients on management activities undertaken to prevent fires from occurring, the controls that manage fire systems in emergencies and in the event of an uncontrolled fire, the fire safety training suppression methods used to extinguish it.

Every year, thousands of people lose their life or get seriously injured due to fire-related hazards. Many of us believe we may never be in the midst of a fire accident. That is not true. A fire can happen anywhere and at any time. The outbreak of a fire, when not handled carefully, can lead to loss of life as well as valuable assets. When dealing with a fire, it is important to remain alert at all times and follow preventive measures to avoid the chances of fire. This fire safety awareness included assessing the possible risks that can cause a fire hazard and taking appropriate steps to prevent and minimize the damage caused due to a fire. Basic fire safety plans might involve installation of fire safety equipment and marking safe exits points in the building. This training was conducted by Ubuhlebezwe



Sr Fihla (Middle) with representatives from Ubuhlebezwe Municipality Fire Department.

Photo Cred: Mntungwana Clinic

Municipality Fire Department staff.

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Fire Drill At Nokweja Clinic

Nokweja Clinic conducted a fire drill on the 08th of May 2024 at the clinic premises. The purpose of this drill was to assess the clinic's safety preparedness as it allowed the practice of emergency procedures, minimized panic, and ensured effective evacuation during fire emergencies. It also educated participants on fire safety measures and promoted compliance with regulations.

A fire drill is a structured and rehearsed exercise that aims to familiarize individuals with the necessary steps to take when a fire emergency takes place within the premises. The primary goal is to promote a quick, orderly, and safe evacuation of the individuals while avoiding the risk of injuries or casualties.

Sir Khumalo (Operational Manager Nursing) led this drill and reminded staff and clients that fire drills should be an integral part of every safety plan, whether in a workplace, school, or residential building. The process of scheduling these drills is crucial for ensuring that everyone is adequately prepared in case of a fire emergency.

Before the drill was conducted, Sir Khumalo ensured that all employees and clients receive comprehensive education about the purpose, procedures, and expectations during the drill. Awareness is the first step towards effective fire emergency response.



Picture 1 - Nokweja clinic Staff getting ready for the drill.
Picture 2 - Fire drill demonstration.
Picture 3 - Fire drill demonstration.
Picture 4 - Emergency case demonstration.

Photo Cred: Nokweja Clinic



Ixopo Clinic Commemorates 2024 World Hand Hygiene Day

Ixopo Clinic joined the global community in observing World Hand Hygiene Day to raise awareness about the importance of hand hygiene in preventing the spread of diseases. The clinic hosted an awareness campaign on the 09th of May 2024 at the clinic entrance.

World Hand Hygiene Day is observed annually on 5 May to improve hand hygiene standards at home and the workplace thereby protecting health and care workers and communities from infections and curbing the spread of harmful germs.

The 2024 theme is **“Promoting knowledge and capacity building of health and care workers through innovative and impactful training and education, on infection prevention and control, including hand hygiene”**. The clinic staff gathered at the entrance area to educate each other and their clients on proper hand washing. There was then a question and answer session where clients who gave correct answers were rewarded.



Photo Cred: Ixopo Clinic

World Hand Hygiene Awareness At KwaMashumi Clinic



Sr Sosibo demonstrating proper hand washing techniques.

(Photo Cred: KwaMashumi Clinic)

KwaMashumi Clinic had a Hand Wash education on the 07th of May 2024 as part of commemorating World Hand Hygiene Day. World Hand Hygiene Day is marked every year on 5 May, to raise awareness of the importance of hand washing to prevent the spread of infections.

The **“Save Lives: Clean Your Hands”** campaign takes place as part of a major global effort led by the World

Health Organization (WHO) to mobilise people around the world to increase adherence to hand hygiene in all healthcare settings. This protects healthcare workers and patients from healthcare-associated infections caused by various pathogens.

Healthcare-associated infections, including those resistant to antibiotics, are a growing public health problem in Ubhlebezwe Municipality. However, a large percentage of these infections are preventable by improving hand hygiene practices.

KwaMashumi Clinic supports this campaign and highlights the importance of infection prevention and control measures, especially hand hygiene, as key strategies to tackle the growing threat posed by antibiotic resistance. This awareness was led by Sr Sosibo and KwaMashumi Clinic staff.

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Global Hand Washing At Nokweja Clinic



Pictures showing staff and clients demonstrating proper hand washing techniques. Photo Cred: Nokweja Clinic

Nokweja Clinic hosted a Global Hand Washing awareness for its clients and staff on the 24th of May 2024 at the clinic's waiting area. Global Hand Washing Day is an annual global advocacy day dedicated to increasing awareness and understanding about the importance of hand washing with soap as an effective and affordable way to prevent diseases. The clinic saw an opportunity to design, test, and replicate creative

ways to encourage clients and staff to wash their hands with soap at critical times.

The staff educated themselves and clients on the importance of hand washing and later did demonstrations. Clients were then given an opportunity to also demonstrate what was discussed during the education. Marking this important day also serves as a call for all Nokweja citizens and beyond to wash hands regularly especially after using the toilet, changing baby nappies, handling waste and before preparing food.

Maternity Waiting Area Promotes Healthy Lifestyle For Pregnant Women



On the 13th of June 2024, maternity waiting area sent some of its clients for healthy lifestyle activities at the hospital's assembly point. Waiting mothers are encouraged to do passive exercises which promote better birth initiatives.

Mothers participated in passive exercises which has numerous benefits during pregnancy, labour and delivery. Exercising during pregnancy offers many emotional and physical benefits. This improves activity of the baby in utero as well. As they perform these physical activities under supervision by a health professional, this also promotes a nurse-patient relationship which is important during labour and delivery.

Picture 1 and 2 - Maternity clients doing healthy lifestyle activities under Matron Getyengana's supervision.

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Getting To Know The OMN - Mr S. Majoji

Mr Smanga Majoji was born and bred in Ematimatolo, the deep rural area of Greytown.

He obtained a Diploma in Nursing (General, Psychiatric and Community) and Accoucheur at the KwaZulu-Natal College of Nursing (KZNCN), Charles Johnson Memorial Nursing Campus. He furthered his studies with a Diploma in Clinical Nursing Science, Health, Assessment, Treatment and Care from the University of KwaZulu-Natal 2018.

He started working at Greytown Hospital, as a Professional Nurse - Community Service in 2013. He was then appointed as the Professional Nurse (TB Ward) at Church of Scotland Hospital (COSH) in 2013. In 2014, he was employed by Charles Johnson Memorial Hospital as the Professional Nurse (Mental Health Outreach). He has also worked for Mhlungwane Clinic and Kranskop Clinic as the Clinical Nurse Practitioner. On the 1st of December 2023, He joined Jolivet Clinic as the Operational Manager Nursing.

Jolivet Clinic was founded by Inkosi X. R. Mkhize who negotiated for its building in his area and donated land where it was built in 1982. Around the year 2000, it was further developed and was officially opened in 2006 by Honourable Pres J. G. Zuma who was the Deputy President at the time. The clinic offers PHC Services and operates from Mondays to Fridays at 07h30 - 16h00. It is closed on weekends and public holidays.

His role as the OMN is to provide 80% administrative duties and 20% clinical work though at times circumstances forces him to do everything but the overall responsibility is to make sure that the clinic is functional at all times and that it is assisting the community with services to meet government objectives in terms of the prevention curing of diseases.

He enjoys working with different people as Jolivet community consists of different cultural groups. He also enjoys working with staff that welcomed him and embraced changes that came with the appointment of the new OMN.



Mr S. Majoji

Operational Manager Nursing
Jolivet Clinic

Some of his plans for the clinic include increasing the number of personnel, especially clinical nurse practitioners which will greatly assist with reduction of patient waiting times whilst providing quality healthcare.

Getting To Know The OMN - Mrs B. H. Cele



Mrs B. H. Cele

Operational Manager Nursing
Maternity Ward

Edward VIII Campus in 2001. She furthered her studies with a Diploma in Midwifery and Neonatal Nursing Science at the same campus in 2007. In 2010, she completed a Degree in Nursing Administration at the Durban University Of Technology and then completed her Degree in Health Services Management and Nursing Education in 2015 from the University of South Africa.

She started working as a Professional Nurse at King Edward VIII Hospital in 2001 and was promoted as the Advanced Midwife in 2007. In 2011, she was promoted to be the Clinical Facilitator for Basic and Advanced Student Midwives at the same hospital. She has also worked for Murchison Hospital as an Advanced Midwife. She joined Christ

The King Hospital as the Operational Manager Nursing (Maternity Ward) in 2015.

Maternity Ward is one of the busiest units in the hospital as it operates 24hrs. The ward offers a lot of maternity services such as antenatal care for high risk clients, deliveries, postnatal care and baby care to mention a few. It faces a lot of challenges such as gross shortages of staff especially the midwives which has a negative impact on service delivery and has resulted in brain drainage. The ward also faces overcrowding since patients have transport problems especially on weekends and public holidays.

She hopes the ward will have enough staff in this financial year and there will be an installation of heating system in the unit, procurement of a park home for high risk clinic. She loves working with different clients and staff.

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Getting To Know The OMN - Mrs S. N. Chiya

Mrs Silindile Nokubonga Chiya, obtained a Diploma in General Nursing, Community, Psychiatric and Midwifery at KZN College of Nursing, Grey's Campus in 2015. She completed her Community Service at Christ The King Hospital (Maternity Ward) in 2015. She was then employed as the Professional Nurse at Gcillima Clinic in 2016. She furthered her studies with a Postgraduate Diploma in Clinical Nursing (PHC) at the University of Kwa-Zulu Natal in 2020. In December 2021, she was employed at Hlokozi Clinic as the Clinical Nurse Practitioner and was then transferred to Nkweletsheni Health Post in September 2022.

Nkweletsheni Health Post commonly known as Sqandulweni is located in Ward 5 under Ubuhlebezwe Sub-District. It was built in 2000 functioning as a mobile clinic that came once a month. It was then

converted into a health post that operates from Mondays to Fridays due to its demand. It is currently in a process of being converted into a fixed clinic as from 2023. The health post provides all PHC services and it opens from Mondays to Fridays from 07h30 to 15h00.

It has 1 Clinical Nurse Practitioner, 1 Professional Nurse, 2 Enrolled Nurses, 1 Enrolled Nursing Assistant, 1 Data Capturer, and 1 General Orderly.

Her role as the Clinical Nurse Practitioner in the facility is to supervise and monitor daily operations and provide healthcare services in the facility. One thing she loves the most about working at Nkweletsheni is the team spirit they have when providing quality healthcare to



Mrs S. N. Chiya
Clinical Nurse Practitioner
Nkweletsheni Health Post

patients and the community of Nkweletsheni because they show how much they appreciate the services the health post provides after all long time of lacking such services. She has gained a lot of knowledge of expertise.

Getting To Know The OMN - Mrs N. Mazinyo



Mrs N. Mazinyo
Operational Manager Nursing
Pediatrics Ward

Mrs Neziswa Mazinyo obtained a Diploma In Nursing (General, Midwifery, Psychiatric and Community Nursing Science) from St Barnabas Nursing College

in 1995. She then furthered her studies with a Diploma in Child Nursing Science from King Edward VIII Nursing College in 2006. She later studied towards a Diploma in Nursing Administration at the University of Potchefstroom in 2009.

She started working at Christ The King Hospital as a Professional Nurse in 1997 and was promoted as a Senior Professional Nurse the same year. She then got a new post at the hospital as the Chief Professional Nurse in 1999. In 2007, she was promoted at the Operational Manager Nursing for the Pediatrics Ward and has been working there to date.

The Pediatrics Ward looks after children with both acute medical and surgical conditions. These ser-

vices are offered to Neonates (0-28 days), Infants (28 days – 12 months), toddlers (1yr. - 3yrs.), Preschoolers (3-5 yrs.), school aged children (6-10 yrs.) and adolescents (11yrs.) in our community.

Mothers/caregivers are accommodated in the ward from the day the child is admitted until it is discharged. They receive health education on how to take care of the child according to age, screening of diseases e.g., TB, HIV, family planning, minor ailments and social problems.

The major challenge the ward is currently facing is staff shortage, especially nursing staff which hinders the quality of healthcare provided to its clients. Mrs Mazinyo plans on developing staff by doing in-service trainings and encourage them to attend trainings in other institutions for this new financial year.

Farewell Sr Lawrence, Sr Duze, Nurse Shezi, Sr Dladla, Nurse Ngcobo and Mr Ntuli



Picture 1 - Sr Lawrence (right) accepting one of the gifts she received from the Operating Theatre Staff.
Picture 2 - Sr Lawrence getting ready to cut her cake.
 (Photo Cred: Operating Theatre Staff)

Ms B. Lawrence joined Christ The King Hospital as an Operational Manager Nursing - Operating Theatre in June 2023. In the 11 months she spent at Christ The King Hospital, Sr Lawrence and her team have made great strides, during the recent hospital service excellence awards, the unit was recognised for its diligence and scored themselves a few accolades. She recently got a new post as an Operational Manager Nursing - Operating Theatre at Harry Gwala Regional Hospital (previously known as Edendale Hospital). On behalf of CTK Hospital, *Your energy and bright ideas made work so much more enjoyable! Thank you for being a great manager! It has been a privilege to have you on our team. Best of luck with your new role!*

Hlokozi Clinic hosted a farewell party for Sr Duze and Nurse Shezi. Sr Duze joined Ubuhlebezwe Sub-District as an Enrolled Nurse in 2001. Through the bridging programme, she was then given an opportunity to further her studies. She was working as the Clinical Nurse Practitioner at Hlokozi Clinic and has recently got a new post at Ugu Health District.



Picture 1 - Mrs N. E. Zuma (Operational Manager Nursing at Hlokozi Clinic) (Left) with Sr Duze (middle) and Nurse Shezi (Right) at their farewell party.
Picture 2 - Sr Duze and Nurse Shezi accepting their gifts they received from Hlokozi Clinic Staff.
Picture 3 - Seated - Nurse Shezi (Left) at her second party hosted by the CHWs with Nurse Phoswa (right).
Picture 4 - Nurse Shezi's cake for her second farewell party.
 (Photo Cred: Hlokozi Clinic)

Nurse Shezi joined Ubuhlebezwe Sub-District in 2022 and has been working as the Outreach Team Leader at Hlokozi Clinic. She has transferred to Christ The King Hospital where she will be working at the Linkage Officer for the TB Unit.



Picture 1 - Nurse Ngcobo (seated) accepting her gifts she received from Ixopo Clinic staff.
Picture 2 - Mr Ntuli (seated) accepting his gifts he received from Ixopo Clinic staff.

Sr S. M. Y. Dladla joined Ixopo Clinic from St Apollinaris Hospital as a Professional Nurse in July 2020 and has been working there to date. She has recently resigned from her post. Nurse B. P. Ngcobo joined Ixopo Clinic as an Enrolled Nursing Assistant in 2015 and has been serving there to date. She has recently transferred to Jolivet Clinic. Mr Ntuli joined Ixopo Clinic as an Assistant Clinical Support Officer in 2022. His contract with the clinic has sadly ended.

"Thank you for being great coworkers and teammates. Ixopo Clinic will miss working with you and wish you continued success in your careers."

New Appointments - Quarter 1

Mrs X. O. Mbambo
Clinical Nurse Practitioner
Ixopo Clinic

Ms N. N. M. Mbambo
Enrolled Nursing Assistant
Ixopo Clinic

Ms P. P. Keswa
Enrolled Nurse
Ixopo Clinic

Mr S. P. Phoswa
Enrolled Nurse
Hlokozi Clinic

Ms T. S. Ndlundla
Enrolled Nurse
Mntungwana Clinic

Mrs P. B. Ngcobo
Enrolled Nursing Assistant
Jolivet Clinic

Staff Exits - Quarter 1

Ms K. G. Letsoalo
PHC Supervisor
Christ The King Hospital

Ms B. S. Lawrence
Operational Manager Nursing
Christ The King Hospital

Dr S. W. Mthiyane
Medical Manager
Christ The King Hospital

Mrs A. N. Goge
Professional Nurse
Christ The King Hospital

Ms T. C. Mngonyama
Professional Nurse
Christ The King Hospital

Ms Z. P. Madonda
Professional Nurse
Christ The King Hospital

Mr R. T. Gumbi
Linen Orderly
Christ The King Hospital

Ms H. N. Bekwa
Food Service Aid
Christ The King Hospital

Ms A. N. Sibisi
Operational Manager Nursing
Ndwebu Clinic

Mr O. Tshatshelo
Admin Clerk
Ndwebu Clinic

Mrs B. M. Matanzima
Professional Nurse
Gateway Clinic

Ms F. P. Nxumalo
Professional Nurse
Gateway Clinic

Ms M. N. Duze
Clinical Nurse Practitioner
Hlokozi Clinic

Ms S. Mashiya
Clinical Nurse Practitioner
Mntungwana Clinic

Ms N. N. M. Mbambo
Enrolled Nursing Assistant
Jolivet Clinic

Ms S. M. Y. Dladla
Professional Nurse
Ixopo Mobile Clinic

Ms T. M. Mlangeni
Professional Nurse
Ixopo Clinic

Mrs P. B. Ngcobo
Enrolled Nursing Assistant
Ixopo Clinic

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Mrs S. W. Maseko
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