



Ubuhlebezwe Health NEWS

Bringing Ubuhlebezwe Sub-District Health News To You

Q4 - March 2024

World TB Day Event at Jolivet Community Hall



Guests of honour at the World TB Day Event held at Jolivet Community Hall.

Ubuhlebezwe Sub-District hosted a World TB Day at Jolivet Community hall on the 25th of March 2024. Jolivet Community was the main target for this event since most Ubuhlebezwe reported TB cases are from this area.

World TB Day, which is observed on 24 March every year, is designed to raise public awareness regarding the epidemic of TB (tuberculosis) and efforts of eliminating the disease. In the year 2012, a total of 8.6 mil-

lion people were sick with TB; 1.3 million people died from the infectious disease, these were mostly people in the Third World. WHO (World Health Organization).

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- Jolivet Clinic Commemorates TB Awareness Month
- TB Education at Mashumi Primary School
- TB Awareness Campaign By Nokweja Clinic At Bhekukuphiwa Primary School and Nokweja Taxi Rank



Foreword From The CEO



Mrs S. W. Maseko
Chief Executive Officer

Greetings

We have come to the end of the 2023/24 financial year. We are in a season to compile Q4 and annual report to ensure monitoring and evaluation of the sub-district performance. We are looking forward to conduct service excellence awards to

ensure staff recognition and motivation.

In this financial year, we have experienced financial constraints especially under compensation of employees which resulted in most departments running daily operations with insufficient staff resulting burn out and absenteeism. Management conducted Zero budgeting and included all critical posts and submitted to head office to ensure that the needs of the institution are escalated. Resilience and commitment of the staff in service delivery never went un noticed.

As we are closing the financial year, we are pleased to announce that Christ The King Hospital was Re-Inspected by OHSC in February 2024 and achieved the status, the overall score is good. The institution has joined all Ubuhlebezwe clinics that achieved their status a year ago, and this means that the whole sub-district

is OHSC compliant and require support in terms of resources to sustain the status in preparation for NHI.

Although the hospital achieved the status, management has a mission to improve the infrastructure. Operating Theatre and X-Ray departments are under renovations by public works which is a great achievement through the support of the District Director and Provincial Infrastructure.

Renovation of ablution in male ward has been awarded the project to kick off in the beginning of the new financial year. Management has procured paint to continue to improve the infrastructure of the hospital.

Foreword From The PHC Supervisor

Dear Valued Reader,

A big hearty welcome to you, valued reader! Thanks for taking time to read our quarter four newsletter.

As the PHC Department, we are fortunate to be supported by CTK Hospital, HGHDO, Ubuhlebezwe Municipality and partnering organisations like MatCH, Life Line and Vukuzithathe. Their professional expertise and deep knowledge of PHC, helps our facilities grow each and every day.

We are happy to announce that Ixopo Clinic is now functioning 24-Hours a day, 7-days a week to continue giving the best

healthcare to Ubuhlebezwe citizens and beyond. We also welcome Mr S. Majosi as the Operational Manager Nursing at Jolivet Clinic, Mrs N. P. Dlamini as the Operational Manager Nursing for Ixopo Mobile Clinic and Ms N. Dlamini as the new Operational Manager Nursing at Gcinokuhle Clinic. I just was to say on behalf of the PHC department ***“Welcome aboard to the PHC Department! We’re over the moon to have you with us.”***

The 2023/24 financial year was not an easy one but through dedication from all our eleven facilities we managed to achieve great results. All our clinics received certificates of compliance from the Office of Health Standards Compliance



Ms K. G. Letsoalo
PHC Supervisor

(OHSC).

We are so grateful for the support we receive from you and we promise to improve on our weak points. We hope that the new financial year will also yield great results.

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KWAZULU-NATAL PROVINCE
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KwaZulu-Natal Department of Health



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World TB Day Event at Jolivet Community Hall

Ubuhlebezwe Sub-District hosted a World TB Day at Jolivet Community Hall on the 25th of March 2024. Jolivet Community was the main target for this event since most Ubuhlebezwe reported TB cases are from this area.

World TB Day, which is observed on 24 March every year, is designed to raise public awareness regarding the epidemic of TB (tuberculosis) and efforts of eliminating the disease. It is one of the eight official campaigns for global public health marked by WHO (World Health Organization).

The day celebrates the day in the year 1882 when Dr Robert Koch shocked the scientific community by making an announcement to a small scientist group that he had discovered tuberculosis cause, the TB bacillus. During the announcement by Koch in Berlin, tuberculosis was raging through the Americas and Europe. In every seven people that died, one of them had died because of TB. The discovery of Koch paved the way toward diagnosing as well as curing tuberculosis.

The national theme for the commemoration of World TB Day 2024 is **'Yes! You and I Can End TB'**. The theme aims to encourage individual action to contribute to the national effort against TB. It also emphasizes the importance of being accountable as an individual and as part of a collective. **"You and I"** is a statement of intent designed to encourage individuals to take charge of their health in line with **"Cheka Impilo"** objectives, as well as the sub-district's endeavor towards ending the missing TB clients.

This was a two-part event; part one that started from 08h00 to 10h00 was reserved for TB screening, sputum collection and other health services. The second part started at 10h00 and followed an official programme inside the hall. Mr Mkhize (Enrolled Nurse at Gateway Clinic) was the programme director. Sr Kwinana opened with prayer and then Ms Letsoalo introduced the guests. There was a TB awareness musical item by the CHWs and then Mr Majози did HAST education. Prince Nhlanguiso Zulu was invited as the keynote address, in his speech, he encouraged the attendees to priorities their health, especially males. There was a question and answer session and refreshments were served. The event was supported by HGDO, MatCH, Ubuhlebezwe Municipality, Right To Care, Vukuzithathe, Life Line, Jolivet FM and Department of Social Development.



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Picture 1 - Prince Nhlanguiso Zulu with the other guests.
 Picture 2 - Matron Letsoalo introducing the guests.
 Picture 3 - Mr Mkhize (programme director).
 Picture 4 - Community Health Workers with their TB awareness musical item.
 Picture 5 - Sr Kwinana opening with prayer.

Picture 6 - Sr Kwinana opening with prayer.
 Picture 7 - Prince Nhlanguiso Zulu delivering his keynote address.
 Picture 8 - Event view.



Ndwebu Clinic Launches Isibaya Samadoda

Ndwebu Clinic launched its very own Isibaya Samadoda on the 22nd of February 2024 at Nhlanguwini Multi-Purpose Hall. Isibaya Samadoda is a health initiative started by Prince Nhlanganiso Zulu with an aim to promote the well-being of men and alleviate the health issues they face daily – often contributing to detrimental social ills such as gender-based violence (GBV) and inequality, teenage pregnancy, substance abuse, high school dropout rates, suicide, social disintegration of the aged as well as persons with disability, and the preventable spread of HIV and other sexually transmitted infections. It is a platform where men can speak up and discuss issues related to voluntary medical male circumcision (VMMC), HIV Testing Services (HTS), Tuberculosis (TB) screening, prostate cancer and mental health issues.

This launch was supported by Prince Nhlanganiso Zulu, Ndwebu Traditional Leadership, Harry Gwala Health District Office, Ubuhlebezwe Municipality, Ixopo Correctional Services, KZN Liquor Authority, Right To Care, Ixopo Department of Social Development and SASSA. There were presentations done by different stakeholders with an aim of encouraging men to take a stand in fighting social ills.

Prince Nhlanganiso Zulu was the keynote speaker. During his speech, he encouraged men to utilize services offered at Ndwebu Clinic, and informed the clinic Operational Manager (Ms A. N. Sibisi) to prioritise men. Men's mental health was one of the heated topics of the day. It became evident that a lot of men are undergoing domestic abuse and GBV, but simply do not have an outlet.

Ndwebu Clinic has also opened a men's clinic with an aim of fast-tracking male clients when they require health services. Sir Mtshali who is the leader of this men's clinic reassured men that they are guaranteed confidentiality and privacy when they visit Ndwebu Clinic.



Picture 1 - Prince Nhlanganiso Zulu delivering his speech.
Picture 2 - Amadoda Endawo arriving
Picture 3 - Inkosi Yendawo arriving.
Picture 4 - Mr Mkhize (programme director for the day).
Picture 5 - Sir Mtshali delivering his speech.
Picture 6 - Prince Nhlanganiso Zulu addressing the men.
Picture 7 - Sir Mtshali giving his talk.
Picture 8 - Prince Nhlanganiso Zulu getting screening from Nurse Xaba.
Picture 9 - Inkosi Yendawo with vote of thanks.



CTK Hospital Takes Rehab Services Back To A Family

Christ The King Hospital donated a wheelchair to a patient from KwaNtambaba, eMazabweni in Ward 12 on the 19th of March 2024.

Patient, referred to as Ms Abrams for the purpose of this publication lives with her granddaughter who is her primary caregiver and has a newborn baby. Ms Abrams was using a donated wheelchair that is too big for her and as such she is now developing abnormal spinal curvatures (lumbar scoliosis) was seated on a 18" wheelchair and upon measurements, she requires

a 14" adult toffee wheelchair. No medical intervention was sought following her falling ill in the beginning of 2023, however, the symptoms reportedly progressed and in September 2023, she was admitted at Christ The King Hospital for five days.

CTK Hospital together with HGHDO and Head Office saw it fit to assist this family by donating a wheelchair. Mrs Maseko (CEO), Dr Ngwenya (Medical Officer), Ms Crouch (OT - Comm Serve), Mrs Biyase (CHW) and Mr Mkhize (PRO) visited the family to handover the wheelchair.



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Picture 1 - CTK Hospital team handing over the wheelchair.
 Picture 2 - Ms Crouch and Dr Ngwenya educating the family on how to use the wheelchair.
 Picture 3 - Mr Mkhize conducting the interview with the family.
 Picture 4 - Ms Crouch assisting Ms Abrams getting on her new wheelchair.

Resuscitation Drill At Casualty



Christ The King Hospital Medical and Nursing staff did a resuscitation drill on the 20th of March 2024 at casualty. The purpose of this drill was to assess the hospital's readiness in case of an emergency. The drill was led by the Matron Dlamini (Assistant Manager Nursing - OPD, Casualty and Operating Theatre), Sr Lawrence (OMN - OT), Dr Ogbeiw (Clinical Manager) Dr Mohlomu and Dr Ndzoyiya (Senior Doctors). The case that was used for this drill was of a client that collapsed while waiting for a

doctor's consultation.

The resuscitation drills are specifically designed action sequences intended to execute clinical interventions with minimal cognitive load in the setting of marked time pressure. These drills are tailored to respond to particular situations. They are carefully developed with thought, intention, and analysis of the available literature to consider the risks and benefits. In essence, the "thinking" is done in advance, so that during a true emergency the programmed cognitive and action sequence can be applied.

Picture 1 - Nurses assist the patient.
 Picture 2 - Matron Dlamini and Nurse Shinga assisting the patient after he collapsed.



Mntungwana Clinic Hosts An Open Day at Mziki Community Hall

Mntungwana Clinic hosted an open day on the 13th of March 2024 at Emziki Community Hall. The purpose of this annual event is to market the clinic services, educate the community about social ills and foster relationships between staff and clients.

The open day was also conducted to provide clients with more information about Mntungwana Clinic, and an opportunity to explore its services and meet staff members, as well as meet the clinic partners, sector departments and other key stakeholders. It is essentially an investigative information gathering exercise designed to help clients know more about the health services and interact with healthcare workers.

This open day was supported by the sub-district, Life Line, Ixopo EMS, Vukuzithathe and MatCH. Nurse Mkhulisi was the programme director for the day. He encouraged clients to utilize clinic services. Sr Fihla (Operational Manager Nursing) welcomed the guests and explained the purpose of the day. Matron Letsoalo (PHC Supervisor) encouraged clients to get TB screening as the sub-district is commemorating World TB Month. Sr Duma explained HAST services and then Sr Mashiya marketed the services offered at the clinic. The invited stakeholders each gave their presentations and then there was an entertainment provided by community support group led by Mrs Dlamini (Community Health Worker). Refreshments were served and the community visited different health stands for screening, testing and treatment.



Picture 1 - Guests of honour.
 Picture 2 - Entertainment from support group.
 Picture 3 - Nurse Mkhulisi (MC).
 Picture 4 - Sr Duma explaining HAST.
 Picture 5 - Sr Mashiya marketing clinic services.
 Picture 6 - Mr Khulu explaining pharmaceutical services.

Picture 7 - Sr Fihla explaining purpose of the day.
 Picture 8 - Matron Letsoalo giving her speech.
 Picture 9 - Open Day view.
 Picture 10 - Dental services.
 Picture 11 - Health stands.
 Picture 12 - Chronic stand.



Teenage Pregnancy Awareness By CTK Hospital Clinics

Ubuhlebezwe Sub-District uses Pregnancy Awareness Week to strengthen pregnancy education and stress important issues that promote healthy pregnancy and safe motherhood. Pregnant women should start attending antenatal care as soon as they suspect that they are pregnant and certainly within their first trimester.

The Sub-District clinics hosted teenage pregnancy awareness campaigns between 06 to 23 February 2024 as part of strengthening pregnancy education and stress important issues that promote healthy pregnancy and safe motherhood.

Gateway Clinic

Gateway Clinic visited Little Flower School on the 06th of February 2024. The targeted group for this initiative were Grade 12 learners. The campaign was supported by Ixopo South African Police Services. There were different topics covered by the healthcare workers and SAPS. Sr Nxumalo who is the leader of Gateway Clinic - Adolescent Youth Friendly Services did the purpose of the day and the importance of contraceptives. Sr Sithole explained and demonstrated different contraceptives offered by the clinic and Nurse Mkhize did an awareness on substance abuse. Ixopo SAPS also had a crime awareness talk with the learners. There was then a question and answer session where Matron Letsoalo encouraged learners to prioritize their health.

Ixopo Clinic

Ixopo Clinic hosted a teenage pregnancy awareness from 06 to 08 February 2024 at the clinic waiting area. There were different topics covered by staff members on the first day of the awareness week; Sr Ngcobo spoke about the importance of early booking, Sr Nxumalo spoke about dangers of substance abuse and using herbal medication over the counter medication during pregnancy. There was also a diet awareness during pregnancy and breastfeeding that was presented by Sr Hlongwa. On the 07th of February, Sr Mbonambi spoke about teenage pregnancy, PrEP, True signs of labour and transport arrangements during an emergency. On the last day of the awareness week, Sir Mhlongo explained the importance of fetal kick count chart during pregnancy, Sr Ngcongco explained the danger signs during pregnancy and Sr Buthelezi closed the week with a talk on family planning.

Gcinokuhle Clinic

Gcinokuhle Clinic did a teenage pregnancy awareness between (5 - 9 February 2024) at the clinic's waiting area. The increased number of unwanted pregnancies especially in scholars made them to have a dialogue with all age groups to tackle the issue. Pregnant women were encouraged to utilize condoms as there are other dangerous STI's that can cause miscarriages, disabilities and death of the unborn rather than to worry about HIV. Male

clients were encouraged to attend antenatal classes together with their partners even during delivery. They were also encouraged to have a regular HIV testing as there are discordant couples.

Nokweja Clinic

Nokweja Clinic hosted a teenage pregnancy awareness campaign on the 09th of February 2024. the clinic puts the spotlight on pregnancy and aims provide pregnant women, their partners and the community with information to ensure a safe pregnancy journey for both mother and baby. There were different topics such as Pregnancy Testing, Teenage Pregnancy, Termination of Pregnancy, Prevention of Mother to Child Transmission (PMTCT), Post-Natal (After Birth) Health Care covered by staff members.

Hlokozi Clinic

On 9 February 2024, Hlokozi Clinic visited Lusibalukhulu High School to do a teenage pregnancy awareness. The aim of this campaign was to improve education about pregnancy with the objective of promoting healthy pregnancy and safe motherhood. On the 23rd of February 2024, The outreach team led by Sr Mkhize and Nurse Shezi (Outreach Team Leader) visited Hlokozi High School as part of creating awareness on teenage pregnancy. The purpose of this visit was to strengthen the education on teenage pregnancy.

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Photo Gallery - Gateway Clinic



Ixopo Clinic (Photo Cred: Ixopo Clinic)



Photo Gallery - Gcinokuhle Clinic

(Photo Cred: Gcinokuhle Clinic)



Nokweja Clinic

(Photo Cred: Nokweja Clinic)



Photo Gallery - Hlokozi Clinic

(Photo Cred: Hlokozi Clinic)



Safety Awareness Campaign at Ndela Secondary School by Jolivet Clinic Outreach Team



Jolivet Clinic Outreach outside the school. By Team led by Sr Davids providing information and Nurse Mgilani visited resources, learners can Ndela Secondary School better understand the on the 22nd of February risks associated with their 2024 to do a safety teenage life and the awareness campaign. measures they can take This campaign was supported to stay safe.

The topics covered were; drug abuse, bullying, children's rights, teenage pregnancy, healthy life-style and TB.

The purpose of this campaign was to educate learners about the potential hazards they may face

Picture 1 - Sr Davids giving her speech.
Picture 2 - Nutritional Advisor educating learners about healthy lifestyle.
Picture 3 - Highflats SAPS, Life Line and Jolivet Clinic Outreach Team.
Picture 4 - Nurse Mgilani educating learners about health related issues.

(Photo Cred: Jolivet Clinic Outreach Team)



Getting To Know The OMN - Ms B. S. Lawrence

Ms B. S. Lawrence studied Diploma in Nursing, General (Community, Midwifery and Psychiatry) and later furthered her studies with a Diploma in Medical Surgical Nursing, (Operating Theatre Nursing Science). She has 16 years nursing experience and 15 of those are from the operating theatre.

Please Tell Us More About Your Ward

Operating Theatre is a dynamic unit in the hospital which provides surgical treatment for patients who require it, during pregnancy and childbirth, as well as surgery to treat, prevent, and diagnose diseases.

Our major operations are Caesarian sections. We also do minor surgery i.e. colposcopy, evacuation of the uterus, removal of foreign body etc. We operate 24-Hours a day, 7 days a week.

What Challenges Do You Face On A Monthly Basis?

Constant leaks in the ceiling, resulting from a damaged roof. This leads to flooding in some areas within the theatre complex when it rains. Both day and night duty teams, (both specialized and general) staff are grossly understaffed. More-so at night where teams do not meet the minimum requirements for the number of personnel who should be on duty at a given time, with the type of surgery that is being done. However, we continue to work this way for the sake of our patients.

What Plans Do You Have For The Ward In The Upcoming Financial Year?

The unit is due to be renovated, once the renovation is done, we would be able to have a functional Recovery Room (This is critical in an operating theatre.) It would improve post OP patient outcomes with regard to post OP risks. I hope to have more personnel employed. I also hope to send more personnel for training and



Ms B. S. Lawrence
Operational Manager Nursing
Operating Theatre

development and introduce a dynamic in-service training programme that will increase the personnel's level of efficiency, knowledge and experience, which will better equip us to fulfill our duties and responsibilities to our patients.

Getting To Know The OMN - Mrs B. Z. Molefe



Mrs B. Z. Molefe
Operational Manager Nursing
KwaMashumi Clinic

Mrs B. Z. Molefe studied Bachelor of Arts at the University of Durban, Westville now known as the University of KwaZulu-Natal (UKZN) and worked as a primary school Teacher after the completion of her

degree.

She then studied a Diploma in General Nursing, Community, Midwifery and Psychiatry Nursing through UNISA. She furthered her studies with a Post Basic Diploma in Primary Health Care at UKZN. She has twenty three years of working experience, and has been working as a nurse from 2002, and started as an Operational Manager Nursing (OMN) from 2016 to date.

KwaMashumi Clinic was built in 2003 started functioning in 2006. It has an OMN, 3 Clinical Nurse Practitioners, 1 Professional Nurse, 2 Enrolled Nurses, 1 Enrolled Nursing Assistant, 1 Data Capturer, 1 Admin Clerk, 1 Pharmacist Assistant, 1 Nutritional Advisor and 1 General Orderly. The clinic operates from Mondays to Fridays from 07h30 to 16h00 and is closed on weekends and public holidays. Clients who require after hours services are referred to the moth-

er hospital, Christ The King.

Her main role as an OMN is to act as an overall supervisor where she monitors all stream supervisors from Acute, Chronic and MCWH and advocate for clients. The clinic has achieved and sustained Ideal Clinic Status and also received a certificate of Compliance from OHSC under her leadership.

KwaMashumi Clinic offers various services stipulated in the service board found at the clinic's main entrance. It is located at Mashumi Location, St Faiths in Ward 13 under Ubuhlebezwe Municipality.

Being an Operational Manager is challenging and what she loves the most about it is that the position professionally grows an individual and you learn new things all the time which helps in stimulating your mind-set as well. She is very happy to manage the facility and has great plans to help it grow.



Getting To Know The OMN - Mr M. C. Ngubo

Mr M. C. Ngubo has a Diploma in Nursing R425 and a Diploma in Clinical Nursing Specialisation in Emergency Nursing Science. He worked at Murchison Hospital as a Professional Nurse Comm Serve, Professional Nurse General in the Emergency Department and as a Professional Nurse Specialty in the Emergency Department. He has also worked at Ngwelezana Tertiary Hospital as a Professional Nurse Specialty in the Intensive Care Unit. He joined Christ The King Hospital as an Operational Manager Nursing - Female Ward in September 2023.

Female Ward operates 24-hours a day, 7-days a week and offers various health services such as general medical conditions - all systems of human anatomy and other infectious conditions such as TB and HIV. It is a 47-bed adults complex unit admitting different categories of patients. The wards faces challenges like staff shortage and inadequate material

resources on a monthly basis.

His role as an Operational Manager Nursing is to ensure proper utilization of resources in the ward so that client care services rendered are at appropriate levels in line with the district level services. He also plans for day-to-day operational state of the ward to render services in an effective, efficient, safe and professional manner within the available resources. He also advocates for patients receiving care, treatment and rehabilitation in the ward which is focused on building trust on truth, integrity and reconciliation, open communication, transparency, and consultation

His plans for the ward in the upcoming financial year include procurement planning to prioritize the most critical resources needed; intensive staff development such as providing evidence based in-service trainings to the staff so to orientate them about managing different conditions of patients, that includes critically ill patients in the wards. This year



Mr M. C. Ngubo
Operational Manager Nursing
Female Ward

the wards plans to closely look at quality improvement plans and ensure that they are implemented and improvement of quality nursing care is achieved. He also wants to reduce mortality rate by 50%, from previous statistics.

Sangcwaba Clinic Outreach Visits Bhubhobho Community For Health Awareness

Sangcwaba Clinic Outreach Team visited Bhubhobho Community on the 26th of March 2024 to do health awareness. The main focus for this initiative was on TB education since the sub-district was commemorating World TB Awareness Month.

This team was led by Sr Zondi and it included T. Mkhize (Enrolled Nurse), N Sithole (Enrolled Nursing Assistant) and the Community Health Workers. The purpose of this event was to do TB Education, TB Screening, increase HCT and Immunisation stats and clinic head-count and bring back lost clients to care. Bloods, Family planning and distribution of condoms was also done.



Nurse doing health education.

(Photo Cred: Sangcwaba Clinic Outreach Team)



Ixopo Clinic Commemorates The 2024 TB Awareness Day In Style

Ixopo Clinic commemorated the 2024 TB Awareness Day on the 20th of March 2024 at Sheshe Hall, Ofafa in Ward 3. Each year the clinic commemorates World TB Day on March 24 to raise public awareness about the devastating health, social and economic impact of tuberculosis (TB) and urge acceleration of efforts to end the global TB epidemic.

Despite significant progress over the last decades, TB continues to be the top infectious killer worldwide, claiming over 1,5 million per year. Drug-resistant TB (DR-TB) poses a major health threat and could put at risk gains made in efforts to end TB. The national theme for the commemoration of World TB Day 2024 is **'Yes! You and I Can End TB'**. The theme aims to encourage individual action to contribute to the national effort against TB. It also emphasizes the importance of being accountable as an individual and as part of a collective.

The event followed a two-phase programme. Phase one was conducted inside the hall, where there were different presentations and entertainments educating Ofafa Community about TB. Mr Mhlongo was the programme director for the day, Mr Morajane did welcoming and explained the purpose of the day. Sr Dlamini, Sr Shazi and Sr Kwinana educated people about TB and then there was a role play by the Community Health Workers creating an awareness on TB.

Refreshments were then served and phase two of the programme started. There were different stands where clients were receiving health services offered at the clinic.



Picture 1 - Event view.

Picture 2 - Mr Mhlongo, programme director.

Picture 3 - Mr Morajane explaining the purpose of the day.

Picture 4 - Speakers for the day.

Picture 5 - Prize giving during Q & A session.

Picture 6 - Sr Dlamini doing TB education.

Picture 7 - Sr Shazi doing TB education.

Picture 8 - Prize giving during Q & A session.

Picture 9 - Sr Kwinana doing MRD education.



HPV 1st Dose Campaign at Ndwebu, Jolivet and Hlokozi by The School Health Team



Ndwebu, Jolivet and Hlokozi School Health Team led by Sr Qwabe visited primary schools around Ndwebu, Jolivet and Hlokozi for HPV 1st dose vaccine on 5 to 29 February 2024. The team is serious about improving the health of women. Health campaigns, free services and vaccinations such as the Human Papillomavirus (HPV) vaccination all form part of the sub-district's efforts to improve the health of all women within Ubuhlebezwe.

HPV is responsible for 99% of cervical cancer cases. For this reason, the school health teams have been visiting public and special schools across the sub-district to administer the HPV vaccinations. The campaign is mainly targeted at Grade 5 girls aged from 9 years and above, and are vaccinated with a single dose of the Cervix HPV Vaccine which is very safe and effective in preventing the HPV infection caused by type 16 and 18 HPV strains. In order to ensure that girls are and remain protected against cervical cancer later in life, it is important that they get the HPV vaccine between the ages of 9 and 15, before they are sexually active.

During this campaign, Sr Qwabe encouraged teachers to inform parents about this vaccine and to sign consent forms so that young girls can be protected against cervical cancer later in life with the Human Papillomavirus vaccine.

Picture 1 - Mbalenhle Primary School girls getting ready for the vaccine.
 Picture 2 - Nobengela Primary School girls after getting their vaccine.
 Picture 3 - Staff Nurse administering the vaccine at Skhunyana Primary School.
 Picture 4 - Sr Qwabe educating young girls at Nobengela Primary School.
 (Photo Cred: School Health Team - Ndwebu, Jolivet and Hlokozi)

Door-To-Door TB Awareness by Gateway Clinic

Gateway Clinic visited Shyamoya and NPA Informal Settlements in Ward 4 from 4 to 5 March 2024 as part of commemorating 2024 World TB Awareness Month. The team was led by Nurse Z Mkhize who is the Outreach Champion.

TB Awareness month is designed to build public awareness that tuberculosis today remains an epidemic in much of the world, causing the deaths of nearly one-and-a-half million

people each year, mostly in developing countries. The theme of World TB Day 2024 is: **Yes! We Can End TB.**

The team that visited these communities was made of Sr S Sithole (Professional Nurse), Mr V Biyase (Enrolled Nursing Assistant), Mr S Chiliza (Lay Councillor), and the Community Health Workers. They TB education, TB screening and testing, sputum collection, HIV testing and growth monitoring immunization.



Picture 1 - Nurse Mkhize consulting with the client.
 Picture 2 - Client asking questions.
 Picture 3 - Community Health Workers assisting nurses with TB education and screening at NAP Informal Settlements.



Maternity Ward Promotes Better Birth Initiative



Picture 1 and 2 - Maternity nurses with the father of the new-born baby boy who is performing kangaroo care to his son. The pictures were taken while the mother was still in operating theatre.

Operating Theatre and Maternity Ward experienced a Better Birth Initiative (BBI) case on the 26th of March 2024. A client gave birth at 13:41 to a healthy baby boy weighing 3.4kg through a cesarean section. A cesarean section is the surgical delivery of a baby through a cut (incision) made in the mother's abdomen and uterus. BBI is a focused set of standards that aim to improve the quality and humanity of obstetric care.

Companionship and skin to skin is one of the key points in order to achieve this.

As shown in the pictures, the father is performing skin to skin instead of the mother who was at the time still in operating theatre. This kind of companionship being shown by the father is encouraged to other partners. It can be performed by either a family member, relative or even a friend of the mother. When interviewed by the hospital, the mother was overjoyed by having her partner during delivery. She expressed her gratitude and joy towards her partner for being with her and for showing kangaroo care to their son. The doctors that performed the cesarean were Dr Dlungwane, Dr van Marie and were supervised by Dr Ogbevi.

Jolivet Clinic Commemorates TB Awareness Month

Jolivet Clinic Outreach Team visited Jolivet Communities from 11 to 14 March 2024 to commemorate World TB Month. Tuberculosis (TB) causes thousands of deaths every year in South Africa and the rest of the world. To help stop the spread of the disease, Jolivet Clinic started door to door community visits.

The number of people who die from TB rises worldwide every year. The team made of Sr Davids (Outreach Team Leader), enrolled nurses and community health workers had health educational talks, TB awareness, HIV testing and door-to-door GXP collection. On Monday, the 11th of March, the team was around Jolivet Community Hall, Tuesday, the 12th they visited Eggumeni Community, Wednesday, the 13th, they were at Enjane Community and on Thursday, the 14th of March 2024, they were at Egudwini and Hluthankungu Community.



Photos showing the team at different locations for door-to-door TB campaign. The teams were made of nurses, and community health workers.
Photo Cred: Jolivet Clinic

Photo Cred: Jolivet Clinic



TB Education at Mashumi Primary School

KwaMashumi Clinic visited Mashumi Primary School on 6 March 2024 for a TB Awareness Campaign. Sr Dlamini and Nurse Mkhize were responsible for this initiative. They educated teachers and their learners about TB.

Many of KwaMashumi residents are exposed to, or ill with TB. Since TB is transmitted through the air, its transmission is thought to be particularly high in enclosed and overcrowded places where people breathe the same air – places like South Africa’s notoriously overflowing classrooms.

TB as an infectious disease leaves entire households and schools exceptionally vulnerable. Infants and children are especially defenseless as their immune systems are not yet fully formed. TB screening was administered to school children and they were educated on how to care, prevent and protect themselves from TB infection.



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Picture 1 - School children queuing for TB screening.
Picture 2 - Nurse Mkhize and Sr Dlamini doing TB screening.
Picture 3 - Sr Dlamini demonstrating how learners can do sputum collection.
Picture 4 - Sr Dlamini and Nurse Mkhize doing TB education

TB Awareness Campaign By Nokweja Clinic At Bhekukuphiwa Primary School and Nokweja Taxi



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Picture 1 - Bhekukuphiwa Primary School learners with Nokweja Clinic staff.
Picture 2 - Nokweja Clinic staff doing TB screening.
Picture 3 - Learner demonstrating TB coughing technique.
Picture 4 - Sir Sihlangu giving out TB pamphlet.
Picture 5 - TB education and screening stand.
Picture 6 - Clinic staff educating the client about TB.
Picture 7 - TB screening.
Photo Cred: Nokweja Clinic

Nokweja Clinic outreach team visited Bhekukuphiwa Primary School on the 6th of March 2024 to educate learners about TB.

Tuberculosis is typically spread by the bacteria in one’s coughs and sneezes. Other TB patients suffer fever, weight loss, and night sweats. More perilously, TB can spread to your brain and your spine. This disease is more prevalent in many overcrowded living and working spaces. This means that many families, including children, are forced out of workplaces, schools, churches, and other communal gatherings for extended periods of time.

On the 13th of March 2024, the clinic visited Nokweja Taxi Rank to educate the community about TB. The main target for this outreach initiative were male clients. TB education and screening was administered by the clinic staff.



Back To School Campaign By Ndwebu Clinic School Health Team

The School Health Team led by Sr Qwabe visited Nde-la High School on the 26th of January 2024 for a back to school campaign. Back to School campaign is a joint sub-district initiative involving all stakeholders to drive efforts to improve learning outcomes. It is therefore the sub-district's collective effort to work together in order to meet the set targets and achieve the desired outcomes.

All the stakeholders had a presentation outlining their plans for the school year. Sr Qwabe emphasized the importance of healthcare for high school learners.



Picture 1 and 2 - Stakeholder addressing school children.
(Photo Cred: School Health Team - Ndwebu, Jolivet and Hlokozi)

Farewell Sr Mlangeni, Sr Funeka and Sr Majola



Ixopo Clinic hosted a farewell party for Sr Mlangeni, Sr Funeka and Sr Majola on the 8th of March 2024 at the clinic's parking lot. The purpose of this event was to bid farewell to the recently departed staff members.

The programme directors for the event were Nurse Ngcongo and Sir Ngcobo. Sr Vilakazi explained the purpose of the day and Sr Dlamini spoke on behalf of Sr Funeka. There was a traditional dance item by the mother and child stream and then Sir Nxumalo spoke on behalf of Sr Majola. Acute stream then did a dance that was led by Sr Mbhense and then Sr Gwala spoke on behalf of Sr Mlangeni. In her speech, she emphasized on how dedicated Sr Mlangeni is. Outreach team then had a musical item that left the guests entertained. Food was served and the guests of honour each had a goodbye speech. Sr Gumede spoke on behalf of clinic management and wished them all the best as they leave Ixopo Clinic.

Sr Mlangeni joined Ixopo Clinic as a Professional Nurse in 2017, she has recently transferred to St Andrews Hospital. Sr Funeka joined Ixopo Clinic in 2003 and has been working as a Clinical Nurse Practitioner, she has transferred to Jolivet Clinic. Sr Majola joined Ixopo Clinic in 2019 as a Professional Nurse, she recently got a new post at HGDO. Ixopo Clinic wishes you all the best.

From left, Sr B. R. Funeka, Sr T. M Mlangeni (middle) and Sr P. Majola (right) cutting their cake.

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Fun Day At Ixopo Clinic

Ixopo Clinic hosted a fun day for staff on the 29th of February 2024 in side the clinic. Fun at Work Day is an initiative that encourages employees to relax and enjoy themselves. Managers and employees played games, did team building activities, enjoyed entertainment and showed appreciation for each other. The goal of this day was to boost employee engagement and job satisfaction.

The clinic management saw that injecting fun into the workplace is a great way to bond with coworkers, boost team morale, gain inspiration, and even increase productivity, hence they initiated this event. It was initiated to foster happiness and humor in the clinic and bring employees together. Employees swapped their outfits, males were dressed as females, vice versa.



Photo Cred: Ixopo Clinic



New Appointments - Quarter 4

Mr T. W. Makhonza
Professional Nurse - Comm Serve
Christ The King Hospital

Ms L. Mdladla
Professional Nurse - Comm Serve
Christ The King Hospital

Dr M. Bucu
Medical Officer - Comm Serve
Christ The King Hospital

Dr N. Dlungwana
Medical Officer - Comm Serve
Christ The King Hospital

Dr H. S. M. Molefe
Medical Officer - Comm Serve
Christ The King Hospital

Dr P. P. Khuboni
Medical Officer - Comm Serve
Christ The King Hospital

Ms O. Solombela
Dentist - Comm Serve
Christ The King Hospital

Ms M. M. Mxhobo
Dietician - Comm Serve
Christ The King Hospital

Ms S. Naicker
Speech Therapist - Comm Serve
Christ The King Hospital

Ms N. T. Mazibuko
Physiotherapist - Comm Serve
Christ The King Hospital

Ms A. C. Crouch
Occupational Therapist - Comm Serve
Christ The King Hospital

Ms S. P. Mkhize
Audiologist - Comm Serve
Christ The King Hospital

Ms S. Dlalisa
Radiographer - Comm Serve
Christ The King Hospital

Ms Y. Mcokombeli
Pharmacist - Comm Serve
Christ The King Hospital

Mr Y. Khulu
Pharmacist - Comm Serve
Christ The King Hospital

Ms E. Manilall
Pharmacist - Intern
Christ The King Hospital

Mr Z. H. Sitole
Pharmacist - Intern
Christ The King Hospital

Mr S. N. Mkhize
Pharmacist
Christ The King Hospital

Ms S. Keren
Pharmacist Assistant
Christ The King Hospital

Ms N. B. Zulu
General Orderly
Christ The King Hospital

Mrs N. P. Dlamini
Operational Manager Nursing
Ixopo Mobile Clinic

Ms M. S. Ngcobo
Clinical Nurse Practitioner
Ixopo Clinic

Mrs N. G. Mbhense
Professional Nurse
Ixopo Clinic

Ms B. G. Ndlovu
Professional Nurse
Ixopo Clinic

Ms N. O. Dlangisa
Enrolled Nursing Assistant
Ixopo Clinic

Ms P. P. Keswa
Enrolled Nursing Assistant
Ixopo Clinic

Ms N. F. Ngcobo
Enrolled Nursing Assistant
Nkweletsheni Health Post

Ms N. Dlamini
Operational Manager Nursing
Gcinokuhle Clinic

Staff Exits - Quarter 4

Mr M. L. Memela
Security Officer
Christ The King Hospital

Mrs Z. D. Mqadi
Professional Nurse
Christ The King Hospital

Ms A. F. Dlamini
Professional Nurse
Christ The King Hospital

Mr S. Made
Pharmacist
Christ The King Hospital

Ms M. E. Khanyile
General Orderly
Christ The King Hospital

Ms H. N. Bekwa
Food Service Aid
Christ The King Hospital

Mr R. T. Gumbi
Linen Orderly
Christ The King Hospital

Mrs M. A. T. Mkhize
Enrolled Nurse
Christ The King Hospital

Ms T. Mgozi
Enrolled Nursing Assistant
Christ The King Hospital

Mrs N. V. Nguza
Enrolled Nursing Assistant
Ndwebu Clinic

Mrs B. R. Funeka
Clinical Nurse Practitioner
Ixopo Clinic

Ms J. F. Leow
Clinical Nurse Practitioner
Ixopo Clinic

Ms T. M. Mlangeni
Professional Nurse
Ixopo Clinic

Mrs P. Mcobothi
Professional Nurse
Ixopo Clinic



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