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Q1 - June 2025

KwaMashumi Clinic Successfully Launches Its '1.1 Million Campaign' on Their Open Day Event



Main table of the 2025 Open Day Event

KwaMashumi Clinic successfully launched its "Closing 1.1 Million HIV Treatment Gap Campaign" on 12 June 2025 at their Open Day Event. The purpose of this campaign accelerate efforts toward is to achieving the 95-95-95 HIV targets. The campaign seeks to identify and support the 1.1 million people living with HIV who know their status but are not yet on treatment, addressing a critical gap in the country's HIV response.

The campaign prioritises men, youth, and children, who are disproportionately affected by treatment initiation and/or disengagement and barriers to healthcare access. By making the clinic more accessible and integrating services for HIV, TB, diabetes, hypertension, and mental health, this will ensure comprehensive care for those who need it.

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- World Elder Abuse Awareness Day: Sangcwaba Clinic Urges The Community To Speak Up For Vulnerable Seniors
- Rehab Department Promotes Inclusion And Support For Autistic Individuals



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The campaign prioritises men, youth, and children, who are disproportionately affected by treatment initiation and/or disengagement and barriers to healthcare access. By making the clinic more accessible and integrating services for HIV, TB, diabetes, hypertension, and mental health, this will ensure comprehensive care for those who need it.

During the launch, Sr Dhlamini (Clinical Nurse Practitioner) explained that beyond increasing treatment access, the 1.1 Million individuals closing the ART gap Campaign emphasises the importance of HIV prevention. This includes ensuring that HIV-negative individuals remain negative and promoting treatment as prevention where individuals on ART achieve viral suppression and can no longer transmit the virus. The Closing 1.1 Million HIV Treatment Gap Campaign represents a renewed commitment to closing the treatment gap, reducing new infections, and ultimately ending the HIV epidemic in KwaMashumi and beyond. This launch took place when the clinic hosted its 2025 Open Day Event. An open day event is an initiative by Johannes Phumani Phungula Health Sub-District facilities to reintroduce its services, meet new clients and engage with the current ones. It allows an opportunity for clients to learn more about facility services and for them to meet staff especially the new ones.

Sr Molefe (Operational Manager Nursing) welcomed all members present and explained the purpose of the day. Sr Ngcongo introduced the invited guests and Nurse Mncibi explained the men's hour initiative. There was then presentations by health support services staff. The event was sponsored by Sanlam and supported by Match. There was entertainment provided by the clinic staff and refreshments were served.



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Photo Gallery

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Picture 1 - Ms Tshisikule explaining what Audiology Department does. **Picture 2** - Mr Ringani explaining what they do as Physiotherapists. Picture 3 - Ms Shoba explaining what the Nutrition and Dietetics Department does to support the clinic. **Picture 4** - Mr Dinangwe urging KwaMashuni community to honour nurses' instructions to fight and end the spread TB and HIV. Picture 5 - Sr Khuzwayo explain the role Match plays to support KwaMashumi Clinic Picture 6 - Ms Dlamini explaining her role as the Social Worker to bring services closer to the community. Picture 7 - Ms Letsoalo giving the words of support. Picture 8 - Sr Sosibo giving a vote of thanks speech Picture 9 and 10 - Gifts giving session by Sr Molefe.

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Youth Day Social Media Campaign

The commemoration of Youth Day this year marks the 37th anniversary of the 16 June Soweto uprising and was celebrated under the theme "Working together for youth development and a drug free South Africa". For this year's Youth Day commemoration, we decided to do things differently. We created a social media campaign where we asked some of the hospital's youngest staff (ama-**2ks**) to share what this day means to them. The purpose of this campaign was to appeal to younger audience with an aim of encouraging them to make informed decisions about their lives. Here is what the hospital's youngest Professional Nurse, Rehabilitation, Nutrition and Dietetics Comm Serves had to say about Youth Day:

er to say no. You we right to dream bi e never alone, we are h elp you with the right m, core, and supp is Youth Day, I en tand tall, ask qu

ke charge of your future se your life motters and a future is worth protecti

My name is Rendani Tshisikule, Comm Serve liologist at Christ The King Hospital. As an Audiologist, Youth Day is a meaningful reminder of our roles in the lives of young people in accessing resources and communication tools that they might need to thrive. connect and fully participate in their futures.

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Sanibonani! My name is Hlavutelo Lloyd Ringani, I am the Comm Serve -**Physiotherapist**. Youth Day to physiotherapy is all about promoting well being through exercise and physical activity so that people of the youth do not end up with chronic illnesses.



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Youth Day Social Media Campaign Cont...

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pose of this event was to raise funds for the annual cerebral palsy party that the department hosts for their clients. The fundraiser was a raffle where staff bought tickets for R50 to enter the competition. Mrs Mkhize (Chief Occupational Therapist) then randomly selected a winner from the tickets bought. The winner was Mrs T. Njokweni (Supervisory Radiographer), she won herself a treats bucket worth R1500.



On Friday, 27 June 2025, the Rehabilitation Department hosted a Youth Day themed fundraising event at the hospital's assembly point. The pur-

Nokweja Clinic Celebrates Youth Day In Style

Nokweja Clinic Adolescent and Youth Friendly Services (AYFS) team visited Nokweja High School on 18 June 2025 for a sports day in commemoration of 2025 Youth Day. South Africa's Youth Day, on June 16th, commemorates the Soweto Uprising of 1976, a pivotal event in the fight against apartheid. It honors the young people who protested the imposition of Afrikaans as a medium of instruction in schools. This day is a Public holiday and a time for reflection on the contributions of the youth in the struggle for liberation and empowerment.

The team gave health education and services to learners and their teachers then it was the main event of the day, sports. Different games such as sack race, indigenous games etc were played and the winners were rewarded. This was the clinic's strategy to promote physical activity, teamwork, and sportsmanship and to encourage learners to be active and enjoy exercise while fostering healthy habits

Picture 5 - refreshments





Picture 4 - AYFS team giving trophy to the teache

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Picture 6 - Sack race





'Alive, Loud and Proud', Ixopo Clinic Youth Day Speakers Invoke The Spirit of '76



Ixopo Clinic staff and its clients used the Youth Month to stage a protest against teenage pregnancy, substance abuse and violence on 26 June 2025. Led by the Adolescent and Youth Friendly Services (AYFS) team, around 50 staff members marched through the streets of Ixopo, many of them dressed in AYFS colors and school uniform. The purpose of this march was to create an awareness on the issues faced by youth in Ixopo. *'Alive, Loud and Proud'*, this was the theme for this march.

For Ixopo Clinic, Youth Day is more than a commemoration; it is a celebration of the vibrancy, resilience, and creativity of Ixopo's young generation. These qualities are evident in the burgeoning leaders, innovators, and change-makers who are driving progress across various sectors. Sr Shazi (AYFS) champion said that "while we honour their courage and sacrifice, Youth Day also serves as a call to action to empower today's youth, ensuring that their voices continue to shape the future of our nation." She urged Ixopo residents to commit to building a future where every young resident have the chance to fulfill their potential.

This Youth Day commemoration was categorized into two sessions, the first session was a march that started from the clinic to Ixopo Taxi Rank and back. It was supported by Ixopo SAPS, Johannes Phumani Phungula Traffic Department, Vukuzithathe, Wozamoya and Match. Captain Dlamini from Ixopo SAPS said "investing in our youth today must start early so that the foundation of good morals and discipline are cemented for a brighter and positive future for our children". He warned the youth about crime and urged them to report any criminal activities.

After the march, staff and clients gathered at the clinic's parking lot for speeches where different stakeholders shared their warnings on teenage pregnancy, crime and substance abuse. Sr Khuma-lo welcomed all members present and Sr Dlamini explained purpose of the day. In her speech, she urged youth to be Alive, Loud and Proud' and use the resources around them to fight for a better future. She encouraged the youth to do their best in every task they perform; keep chasing their dreams and make a positive change for themselves and their families.



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International Nurse's Day Social Media Content





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Children Deserve Safety: Jolivet Clinic Calls for Unity After Child Protection Week Event

Jolivet Clinic marked the beginning of National Child Protection Week with a powerful multi-stakeholder engagement event at Hluthankungu Primary School on 28 May 2025.

National Child Protection Week is commemorated in the country annually, to raise awareness of the rights of children as articulated in the Constitution of the Republic of South Africa and Children's Act (Act No. 38 of 2005). The week is an important event on the KZN Health Calendar and has been celebrated in South Africa since 1997.

The theme for this year is *"Working together in ending violence against children"* This campaign was supported by Ndwebu Clinic School Health Team, Highflats SAPS and Ixopo Department of Social Development. Sr Davids and Sr Qwabe encouraged unity amongst teachers, parents, guardians and learns in ensuring the safety of children.



Call For Year-Round Commitment To Child Protection in Nokweja



Picture 1 - Sr Memela explaining this year's theme where she encouraged parents and guardians o work together with sector department is ensuring that children are protected. **Picture 2** - Sr Qwabe explaining purpose of Child Protection Week.

Picture 3 - Health Services offered on the day. Picture 4 - Nurse Dludla administering injection to client. Nokweja Clinic has stressed that greater efforts are needed to create a safer environment for children all year round, and not only during Child Protection Month during their visit to Makhonza Primary School on 14 May 2025.

May is Child Protection Month, under the theme "Working together in ending violence against children," which culminates in Child Protection Week from May 29 to June 5. Sr Memela endorsed the theme, saying that adults need to come together and make an effort to care for children in Nokweja community and beyond. During her speech, she said that people are often reluctant to care for children who are not theirs or not related to them, which is a mindset that needs to change.

Sr Qwabe explained that May promotes the protection and wellbeing of children in Johannes Phumani Phungula Local Municipality and emphasised the importance of community involvement in ensuring their safety and upholding their rights. She added that the protection of vulnerable children must go beyond one month and must be prioritised throughout the year.



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Johannes Phumani Phungula Local Municipality Educates Learners On Child Safety During National Child Protection Week



In commemoration of National Child Protection Week, observed from May 29 to June 5, sector departments and stakeholders of Johannes Phumani Phungula Local Municipality extended their support and educational efforts to Mahehle Priamry School and Thelamuva High School learners. The initiative was led by Her Worship Mayor Elizabeth Bathobile Ngubo, of Johannes Phumani Phungula Local Municipality.

The team visited Mahehle Community Hall on 20 May 2025, where they engaged with learners from Grades 4 to 12, delivering vital information on child safety and abuse prevention. Sr Qwabe was the keynote speaker for department of health. In her speech, she stated that the purpose of the visit was to talk to the learners about child abuse and how they should protect themselves, she also stated that learners must know that they can report such cases, even if it's their uncle, father, brother, or neighbour who is touching them in a way they do not like.

The outreach impacted over 150 learners, with the team encouraging them to speak to their teachers or ask for help in contacting the police if they felt unsafe or experienced any form of abuse. The session empowered children with the knowledge that their voices matter and that help is always available. Child Protection Week is an annual campaign in Johannes Phumani Phungula Local Municipality aimed at raising awareness about the rights of children and the importance of protecting them from abuse, neglect, violence, and exploitation. It is a time to promote collective responsibility for the safety and wellbeing of every child.

Health services offered on the day include, screenings, testing and treatment, health education, family planning, condom distribution, vaccinations, immunisations, cervical cancer screening etc.







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Isibhedlela Kubantu - Themba Mnguni Community Hall

Johannes Phumani Phungula Health Sub-District visited Themba Mnguni Community Hall, Umhlabashane (Ward 10) on the 18th of June 2025 for the Isibhedlela Kubantu initiative. The main objective of this event is to bring healthcare services closer to the people's residences.

Isibhedlela Kubantu is a way of giving critical healthcare services especially to the elders who rely on social grants and struggle to reach out to the health facilities. The healthcare services that were offered on the day include health screenings and treatment, vaccinations and family planning. Outreach Teams from KwaMashumi and Ndwebu Clinics were present to bring healthcare services closer to Umhlabashane community. This event was hosted by Ixopo SASSA and was supported by sector departments and stakeholders within Johannes Phumani Phungula Local Municipality. This is a progressive movement by the municipality stakeholders for helping the society on fighting with social ills.

Sr Qwabe informed the attendees about healthcare services that were offered on the day and after the Umhlabashane community was addressed, members visited different stands to obtain relevant information and services.





PICTURE 1 - Christ The King Hospital stand front view and services offered o the day.
Picture 2 and 3 - Sr Qwabe with client giving health education, counsel-

Picture 4 - Mrs Nzimande weighting children and giving them immunisa-

tions. **Picture 5** - Nurse Dludla doing vital signs.



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Hlokozi Clinic Encourages Healthy Eating As They Commemorate 2025 World Hypertension Day



Hlokozi Clinic urged its clients to eat healthy as they hosted a World Hypertension Awareness Day on 21 May 2025.

World Hypertension Day, marked annually on 17 May, raises awareness and promotes hypertension prevention, detection and control. This year, on its 20th anniversary, it is being observed with the theme, "*Measure Your Blood Pressure Accurately, Control It, Live Longer!*"

High blood pressure, or Hypertension, is the leading preventable cause of death and disability worldwide. Often symptomless, Hypertension is a major contributor to Stroke. In fact, it is the most important modifiable risk factor for a stroke, significantly increasing the likelihood of both Ischaemic and Haemorrhagic strokes. Effective detection and treatment could prevent millions of strokes each year. Hypertension remains a leading contributor to premature mortality from heart attacks and strokes in our region.

Sr Zuma highlighted the importance of eating healthy and starting a vegetable garden. Clients were taught how to plant. There was in addition a question and answer session where those who answered correctly were rewarded with vegetable seedlings to plant.

Sangcwaba Clinic Spreads Awareness of Social IIIs

Sangcwaba Clinic and Christ The King Hospital visited Ukuthula High School on 11 June 2025 as part of their campaign to spread awareness of social ills. This campaign hosted by Siyakha Community Development Centre saw members of various organisations and sector departments working towards the objective of reducing the stigma and discrimination attached to HIV, STIs, TB, GBV, teenage pregnancy as well as substance abuse in the area.

The purpose of the day was to gather various stakeholders and community members to join them and tackle these social issues that they experience daily. Ms Letsoalo educated learners, their teachers and parents/guardians about these social ills. Sangcwaba Clinic is urging residents to be part of the campaign to end teenage pregnancy, HIV stigma and gender-based violence.

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World Elder Abuse Awareness Day: Sangcwaba Clinic Urges The Community To Speak Up For Vulnerable Seniors



Picture 1 - Role play by Sr Jili and Community Health Workers. Picture 2 - Sr Jili educating clients about abuse elder people face. Picture 3 - Ms Maphumulo giving vote of thanks.

World Elder Abuse Awareness Day today shines a spotlight on the often-hidden suffering endured by older people. Elder abuse takes many forms – physical, financial, emotional, sexual, psychological and even neglect – and is often perpetrated by those in positions of trust.

Sangcwaba Clinic hosted a World Elder Abuse Awareness Day on 25 June 2025 at the clinic's main waiting area. The purpose of this event was to encourage the community to pay greater attention to the well-being and adequate health care of older persons.

Sr Jili (Operational Manager Nursing) said the day is a powerful reminder of society's duty to defend the dignity, safety and well-being of senior citizens. Each year, a large number of older persons are abused, neglected or exploited. Most of these cases go unreported. She urged the community to get involved to help Sangcwaba elderly people enjoy their lives with dignity and respect. By fostering strong relationships and empowering residents to be active community participants, Sangcwaba Clinic creates a culture where abuse is far less likely to go unnoticed or unchallenged.

Sr Jili stated that some people bribe elders for their pension or leave them alone for hours. They may not have bad intentions but simply do not know how to support their loved one. In today's fast-paced world, elders are increasingly isolated as extended family living becomes rare. Respecting elders, starts with small, mindful actions – listening, preserving their routines and honouring their cultural preferences. There was role play by the Community Health Workers and Sr Jili addressing issues that elderly people face daily in their homes.





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Rehab Department Promotes Inclusion And Support For Autistic Individuals

The Rehabilitation Department visited Hopewell Community Hall on 14 April 2025 to attend a World Autism Awareness Day dialogue. World Autism Awareness Day is a sub-district campaign recognised annually on 2 April, encouraging all stakeholders to take measures to raise awareness about autistic individuals throughout Johannes Phumani Phungula Local Municipality.

During this dialogue, Mrs Mkhize (Chief Occupational Therapist) explained that all people, including people with autism, have the right to the enjoyment of the highest attainable standard of physical and mental health. The healthcare needs of people with autism are complex and require a range of integrated services, which include health promotion, care and rehabilitation. She emphasized that it is important that, once autism has been diagnosed, children, adolescents and adults with autism and their carers are offered relevant information, services, referrals, and practical support, in accordance with their individual and evolving needs and preferences.







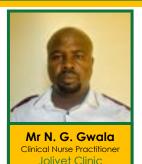
Round table discussions during the World Autism Awareness Day Dialogue held at Hopewell Community Hall.

Photo Cred: Rehab Department

New Appointments



Ms M. P. Gasa Operational Manager Nursing Christ The King Hospital



Staff Exits

Ms T. G. Shoba Enrolled Nursing Assistant Christ The King Hospital

> Mrs L. P. Langa Enrolled Nurse Nokweja Clinic

Sub-District Mourns The Passing of Mrs Langa



It is with sadness that we inform you of the passing of our Enrolled Nurse, Mrs Lungile P. Langa who passed away on the 15th of June 2025. Mrs Lungile Langa (44) joined Nokweja Clinic as an Enrolled Nurse in 2012. She has been a valued member of the sub-district and will be dearly missed. We are deeply saddened by her passing. We will miss her infectious laugh, helpful nature and dedication. She was a great team player, always willing to serve the community of Nokweja and beyond. She has made valuable contributions towards service delivery, helping to heal the lives of patients. She was laid to her final resting place on 21 June 2025 at KwaNokweja Location in Ixopo.

Our thoughts are with her family and friends during this difficult time.



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EDITORIAL TEAM



Mr S. N. Mkhize Writer, Photographer, Content Creator, and Layout Designer



Mrs N. P. Mkhize Editor



Ms M. L. N. Mthembu Editor In Chief

CONTACT DETAILS









