



KWAZULU-NATAL PROVINCE
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CHRIST THE KING HOSPITAL

Ubuhlebezwe Health **NEWS**

Bringing Ubuhlebezwe Sub-District Health News To You

Q4 - March 2025

Rehab Department Hosts A Valentine's Themed Annual Cerebral Palsy Party Fundraising Event



Staff in their love colours

The Rehabilitation Department hosted a Valentine's themed annual Cerebral Palsy Party fundraising event on the 14th of February 2025 at the hospital's assembly point. The purpose of this event was to raise funds for the annual cerebral palsy party that the department hosts for their clients.

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The Cerebral Palsy Party is an event held annually by the Rehabilitation Department to commend caregivers and patients who have been compliant with therapy throughout the year and to reflect on their progress and skills gained. The purpose behind the party is to encourage and reward adherence to therapy.

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Special Points of Interest:

- Ndwebu Clinic Commemorates Healthy Lifestyle Awareness Day In Style
- Nokweja Clinic Promotes Healthy Lifestyle Through A Number of Fun Day Activities At Makhonza Primary School
- Staff Farewells

The Nutrition and Dietetics Department Challenges Staff To Make Healthier Lifestyle Choices During The 2025 World Obesity Day Awareness Event



The Nutrition and Dietetics Department hosted a World Obesity Day Awareness Event for staff on 06 March 2025 at the hospital's assembly point. The purpose of this event was to create an awareness on obesity.

World Obesity Day encourages practical solutions to help people achieve and maintain a healthy weight, undertake proper treatment, and reverse the obesity crisis. Obesity rates have nearly tripled since 1975 and have increased almost five times in children and adolescents, affecting people of all ages from all social groups in both developed and developing countries. Obesity is a major risk factor for various non-communicable diseases (NCDs), such as type 2 diabetes, cardiovascular disease, hypertension and stroke, and various forms of cancer.

This year's event was commemorated under the theme **"Let's Continue Working Together To Support A Healthier Future For Everyone"**. Mr Bele (Nutritionist), Ms Madlala (Dietician) and Ms Shoba (CSO - Dietician) encouraged staff to make healthier choices. The department challenged staff to join their "Biggest Loser" competition which will run for a period of three months. The competition will help monitor their weight loss journey, encourage them to eat clean and healthy while raising funds for departmental events. There is a lot we can do, including restricting eating food and drinks high in fats, sugar and salt; taxing sugary drinks, and providing better access to affordable, healthy food.



Picture 1 - Christ The King Hospital World Obesity Day Poster.
Picture 2 - Ms Madlala educating Mrs Mkhize about a healthy diet.

Picture 3 - Ms Shoba taking Ms Nene's measurements.
Picture 4 - Ms Shoba taking Mrs Sharkey's weight measurements for the Biggest Loser competition.



Rehab Department Hosts A Valentine's Themed Annual Cerebral Palsy Party Fundraising Event

The Rehabilitation Department hosted a Valentine's themed annual Cerebral Palsy Party fundraising event on the 14th of February 2025 at the hospital's assembly point. The purpose of this event was to raise funds for the annual cerebral palsy party that the department hosts for their clients.

Cerebral Palsy (CP) is a group of disorders that affect a person's ability to move and maintain balance and posture. CP is the most common motor disability in childhood. Cerebral means having to do with the brain. Palsy means weakness or problems with using the muscles. CP is caused by abnormal brain development or damage to the developing brain that affects a person's ability to control his or her muscles.

The Cerebral Palsy Party is an event held annually by the Rehabilitation Department to commend caregivers and patients who have been compliant with therapy throughout the year and to reflect on their progress and skills gained. The purpose behind the party is to encourage and reward adherence to therapy. The party also helps create a positive lens for the patients to view therapy through, which should assist with further adherence.

The fundraiser was categorised into two; the first category was a raffle when staff bought tickets to enter the competition. Mrs Mkhize (Chief Occupational Therapist) then randomly selected a winner from the tickets bought. The winner was Mrs K. Mbhele (Pharmacist Assistant), she won herself a treats bucket worth R1000. The second category was sales, where staff gathered in the assembly points to buy treats, stationery, teddy bears, cups and a lot of Valentine's goodies.



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KwaMashumi Clinic Staff Celebrate Valentine's Day In Style

KwaMashumi Clinic hosted a Valentine's Day Luncheon for staff on the 14th of February 2025. This was part of the clinic's initiative to encourage team building and establish relations between staff, especially the new staff members. This was also the perfect occasion for the clinic to show some of that love and appreciation to employees.

A **"dress-in-red day"** themed luncheon was a great initiative that worked to get everyone in the "loving" spirit. A strong culture of continuous employee recognition can only be produced with integrated, visible moments of acknowledgment. The secret to building that positive environment for KwaMashumi Clinic starts with a simple **"thank you."** An easy and highly effective way by staff to share their thanks is by sending moments of peer-to-peer recognition.

Few things bring people together like food, this was the clinic's easy way to boost employee engagement on Valentine's Day by hosting a staff lunch. Oftentimes, employees eat at their workstations and "work through" lunch, but Sr Molefe (Operational Manager Nursing) and management saw it fit to organise this luncheon to show how much the staff is appreciated. This special luncheon also gave staff the chance to bond and open up about their work. Giving them this opportunity to express themselves helped to further boost staff engagement.



Picture 1 - KwaMashumi Clinic staff posing for the camera.

Picture 2 - Nurse Mncibi posing for the camera.

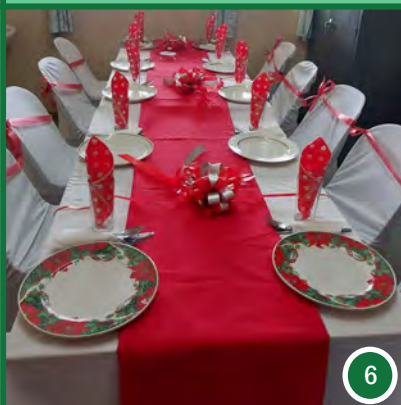
Picture 3 - Sr Shange posing for the camera.

Picture 4 - Valentines themed cupcakes for staff.

Picture 5 - Sr Sosibo and Sr Dhlamini waiting to be seated.

Picture 6 - Valentine's decor.

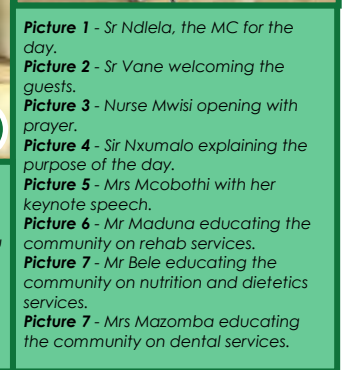
Photo Cred: KwaMashumi Clinic



Isibhedlela Kubantu - Mahehle Community Hall

Ubuhlebezwe Health Sub-District visited Mahehle Community Hall in Ward 1 on the 07th of March 2025 for the Isibhedlela Kubantu initiative aimed at children under five years, Expanded Programme on Immunization (EPI). EPI is a program in Kwa-Zulu-Natal that offers immunization services and disease surveillance. This programme, which is now commonly referred to as the Essential Programme on Immunization, seeks to safeguard individuals of all ages through comprehensive immunization efforts.

The main objective of this event was to bring hospital health care services closer to the people's residences. Isibhedlela Kubantu is a way of giving critical health care services especially to the children who rely on social grants who struggle to reach out to the hospital facilities. The healthcare services that were offered on the day include dental services, rehabilitation services, nutrition and dietetics, health screenings and treatment, doctor's consultation and vaccinations. Different Outreach Teams from some of the Ubuhlebezwe Health Sub-District Facilities were present to bring health services closer to Mahehle residents. The event was also supported by Harry Gwala Health District Office and Ixopo SASSA. This is a progressive movement by Ubuhlebezwe Health Sub-District for helping the society on fighting social ills.



KwaMashumi Clinic Works Together For Better Health With KwaThathani Community



KwaMashumi Clinic visited KwaThathani Community Hall on 6 March 2025 for a TB awareness as the clinic commemorates the 2025 TB Awareness Month. Tuberculosis (TB) Awareness Month in 2025 is celebrated from March 1–31, World TB Day being on March 24. Each year the clinic commemorates World TB Day to raise public awareness about the devastating health, social and economic consequences of TB and to step up efforts to end the global TB pandemic. TB is a contagious airborne disease caused mainly by *Mycobacterium tuberculosis* which most often affects the lungs. TB is spread through the air when people with lung TB cough, sneeze or spit. A person needs to inhale only a few germs to become infected.

The clinic created this awareness under their theme **“Working Together For Better Health”**. This theme offers an opportunity to reflect on ongoing efforts and encourage stronger commitment at by the clinic working with its communities to end TB, including by combatting the growing threat of drug-resistant TB. Sr Dhlamini was the programme director for the day and also explained the purpose of this gathering. Nurse Ntabeni educated the clients on the signs, symptoms, treatment and ways to prevent TB. Sr Ngcongo educated clients on adherence, contact, TB and HIV collaboration. Mrs Nzimande then advised the guests on eating healthy while on TB treatment. TB screening was then administered and refreshments were served.



Picture 1 - KwaMashumi Clinic staff with Nurse Ntabeni (Left) from Ndwebu Clinic.

Picture 2 - Sr Dhlamini explaining the purpose of the day.

Picture 3 - Nurse Ntabeni educating guests about the TB signs and symptoms.

Picture 4 - Sr Ngcongo educating the guests about TB and HIV, adherence and contact.

Picture 5 - Mrs Nzimande educating the guests about healthy eating during TB treatment

Picture 6 - Guests listening to health education.

Gcinokuhle Clinic Urges Emadungeni Community To Report Any TB Signs and Symptoms

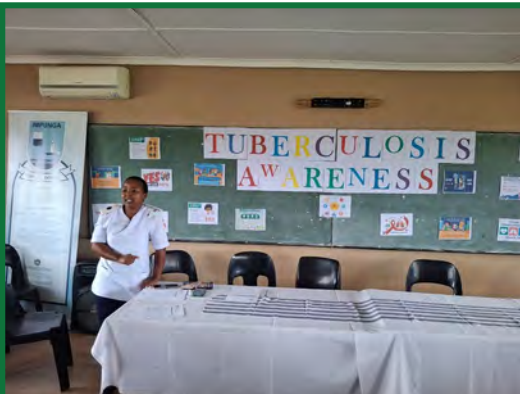
Gcinokuhle Clinic visited Emadungeni Traditional Administrative Centre for a TB Awareness Campaign on 13 March 2025. The purpose of this visit was to educate Emadungeni Community and beyond about TB since the sub-district is commemorating TB Awareness Month.

World TB Day observed annually on March 24, amplifies the urgency of ending tuberculosis; the world's deadliest infectious disease. This year's theme, **"Yes! We Can End TB: Commit, Invest, Deliver"**, is a bold call for hope, urgency, and accountability. Sr Dlamini welcomed the community and educated them about the impact TB has on humans and then Sr Xulu spoke about all things TB. There after, screening and other health services were offered.



Picture 1 - Sr Xulu educating about all things TB.
Picture 2 - Sr Dlamini demonstrating TB impact on lungs.
Picture 3 - Community listening to the speeches.
Picture 4 - Sr Xulu educating the community on TB treatment.

World TB Day Commemoration At Impunga High School By Jolivet Clinic



Picture 1 - Nurse Shezi educating learners about TB treatment.
Picture 2 - Sr Davids and Nurse Shezi educating learners about all things TB.
Picture 3 - Sr Davids educating learners about the signs and symptoms of TB

Photo Cred: Jolivet Clinic

Jolivet Clinic outreach team visited Impunga High School on the 24th of March 2025 for a TB awareness campaign as the sub-district commemorate World TB Day.

In recent years, although tuberculosis (TB) control in schools has achieved success to some extent, TB outbreaks still occur in schools from time to time. There are gaps in the response to TB outbreaks, which should be identified and

addressed through a series of integrated measures that should be implemented and further strengthened.

The team comprised of Sr Davids (outreach Team Leader) who educated learners about the signs and symptoms of TB and Nurse Shezi (CTK Hospital Linkage Officer) who explained the treatment of TB. TB screening was then done.

“You Are Responsible For Your Own Health” Warns Christ The King Gateway Clinic at Mariathal Combined School and Ixopo State Aided Primary School

Christ The King Gateway Clinic visited Mariathal Combined School on 11 March 2025 and Ixopo State Aided Primary School on 25 March 2025, the purpose of this visit was to educate and create an awareness on TB as the clinic commemorates TB Awareness Month.

Each year the clinic commemorates TB Awareness Month in March to raise public awareness about the devastating health, social and economic impact of tuberculosis (TB) and urge acceleration of efforts to end the global TB epidemic. The most obvious solutions to the TB transmission problem are to reduce overcrowding and increase ventilation. While overcrowding in schools may not have any quick fixes, ventilation can be improved by opening windows and leaving doors open if feasible.

Nurse Mbhele explained and demonstrated the signs and symptoms of TB. In her education, she stated that learners staying with TB patients are encouraged to practice the regular usage of sanitisers and other forms of hygiene, such as opening windows for ventilation and wearing masks. Mr Chiliza explained treatment available for TB patients. He stated that the major problem the clinic is facing with TB patients is defaulting or not taking their medication as instructed, which gives the disease time to progress. Nurse Mkhize then explained the importance of regular TB testing and screening. TB screening in schools involves implementing measures like symptom screening, contact tracing, and potentially tuberculin skin tests or blood tests, to detect tuberculosis early and prevent outbreaks.



Picture 7 - Nurse Mkhize educating learners about the dangers of TB.
Picture 2 - Nurse Mkhize and Mr Chiliza educating learners about TB treatment.
Picture 3 - Student Doctors educating learners about TB screening.
Photo Cred: Christ The King Gateway Clinic

Picture 1 - Nurse Mbhele educating learners about the dangers of TB.
Picture 2 - Mr Chiliza educating learners about TB treatment.
Picture 3 - Nurse Mkhize educating learners about TB screening.
Picture 4 - Nurse Mbhele demonstrating signs and symptoms of TB.

World TB Day 2025: Addressing Stigma and Improving Treatment Access in Ixopo



Picture 1 - Sr Dlamini (Outreach OMN) educating clients about TB.
 Picture 2 - Sir Gasa explaining the purpose of the day.
 Picture 3 - Sr Vilakazi educating guests about the TB signs and symptoms.
 Picture 2 - Sir Sibisi awarding clients that answered questions correctly.
 Picture 3 - Sr Dlamini educating clients about TB screening.

Ixopo Clinic hosted a World TB Day awareness on 24 March 2025 at the clinic's main waiting area. Despite progress made in reversing pre-pandemic trends in the fight against TB, and awareness campaigns that have improved knowledge about TB, stigma remains a major barrier with many people still associating it with poverty, HIV, or personal neglect, leading to discrimination.

While awareness campaigns have improved knowledge about TB, stigma remains a major barrier. The World TB Day 2025 theme, **"Yes! We Can End TB: Commit, Invest, Deliver"**, aims to address this issue, but more grassroots engagement is needed. The clinic promised to come up with community-driven campaigns where TB survivors share their experiences, breaking myths and encouraging early diagnosis."

World TB Day Shines Spotlight On The Disease in Nokweja Community

Nokweja Clinic hosted a World TB Day awareness at the clinic's main waiting area on the 24th of March 2025 and visited Webbstown Combined School on the 25th of March 2025 to educate learners about TB.

Under the theme **Yes! We Can End TB: Commit, Invest, Deliver**, the World TB Day 2025 campaign was means of rallying cry for urgency and accountability and hope, calling on citizens to work together to help combat the spread of the disease. Nokweja Clinic joined the global community in celebrating World Tuberculosis (TB) Day, which is observed annually on March 24. World TB Day raises awareness of the ongoing battle against TB and to highlight the devastating health, social and economic impact of the disease.



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Hlokozi Clinic Urges Clients To Ensure Proper Hygiene To Fight TB



Hlokozi Clinic hosted their World TB Day commemoration on the 19th of March 2025 at the clinic's main waiting area. The purpose of this gathering was to educate clients about TB and encourage them to report any warning signs.

World TB Day is commemorated on 24 March every year to create an awareness on TB. TB continues to devastate a lot of clients in Hlokozi, inflicting severe health, social and economic consequences. The clinic staff urged the clients to show stronger commitment in fighting TB, they encouraged them to ensure proper hygiene and to report any warning signs.

Sangcwaba Clinic Calls For Urgent Action To Address Disruptions In TB Awareness

Sangcwaba Clinic closed off the sub-district's TB Awareness Month and World TB Day commemorations when they hosted their campaign on 31 March 2025 at the clinic's main waiting area. During this commemoration, the clinic urged Sangcwaba Community and beyond to take action in addressing disruption that occur during TB awareness campaigns. The community does not take full responsibility curbing TB spread. Sr Ngcobo welcomed the community, Sir Dumakude explained purpose of the day and gave TB education. Nurse Shezi then explained TB screening, signs and symptoms and then opened a TB dialogue. There was then entertainments in the form of a role play by the CHWs and Sr Ngcobo.



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Ndwebu Clinic Commemorates Healthy Lifestyle Awareness Day In Style

Ndwebu Clinic hosted a workout session for its staff and clients on 21 February 2025 at the clinic's grounds. The purpose of this workout session was to remind clients and staff to make healthier lifestyle choices. Choosing healthier habits which lead to a longer, happier life. Additionally helps lower the risk of chronic illness. Clients and staff were encouraged to be physically active for at least 30 minutes most days of the week. They were advised to break this up into three 10-minute sessions when pressed for time.

Healthy Lifestyle Awareness Day, observed annually on February 21st serves as a reminder to individuals across the sub-district to prioritise their health and well-being through conscious lifestyle choices, including regular physical activity and nutritious eating habits.



Picture 1 & 2 - Nurse Moyo instructing clients and staff during the gym session.
Photo Cred: Ndwebu Clinic

Nokweja Clinic Promotes Healthy Lifestyle Through A Number of Fun Day Activities At Makhonza Primary School



In commemoration of Healthy Lifestyle Awareness Day, Nokweja Clinic school health team visited Makhonza Primary School on 21 February 2025 for a fun and sports day outing. The purpose of this event was to encourage learners to be active and make healthier lifestyle choices. Young people's health, well-being and educational success are closely related. Combining a healthy, balanced and varied diet with regular physical activity has a positive effect on educational success and encourages students to stay in school.

Healthy lifestyle behaviors have given emphasis as an important characteristic in health promotion and to prevent diseases. Individuals who practiced healthy lifestyle behaviors in the early stage of life can withstand health risks later in life. To this end, researchers conducted a healthy lifestyle assessment as the initial step in school-based programs promoting healthy lifestyle and wellness among primary school pupils.

The school health team led by Sr Memela spent the whole day with learners playing some fun games. In attendance were about 101 learners from Grade R to 7. Sack race, tug of war were the most popular games of the day. Best performing pupils were then rewarded. The clinic also gave the school a certificate of appreciation for their participation in this year's awareness.

Nokweja Clinic Commemorates 2025 World Cancer Day

Nokweja Clinic hosted a World Cancer Day commemoration on 7 February 2025 at the clinic's main waiting area. The purpose of this commemoration was to raise awareness on cancer and to encourage its prevention, detection, and treatment.

World Cancer Day is an international day observed every 4 February to raise awareness about cancer, encourage its prevention, and mobilise action to address the global cancer pandemic. The theme for this year is **"United by Unique"** places people at the centre of care and explores new ways of making a difference. By raising awareness, improving education and catalysing personal, collective and government action. Nokweja Clinic and its clients are working together to reimagine a community where preventable cancer deaths are increased and access to life-saving cancer treatment and care is equitable for all - no matter who you are or where you live.



Picture 1 - Nokweja Clinic staff wearing their World Cancer Day golfers.

Picture 2 - Sr Thabethe educating clients about cancer.

Picture 3 - Sir Sihlangu educating clients about cancer.

Photo Cred: Nokweja Clinic

Jolivet Clinic Visits Schools To Create Teenage Pregnancy Awareness



Jolivet Clinic Outreach Team and Adolescent and Youth Friendly Services (AYFS) visited Someluzwazi High School on 6 February 2025, Impunga High School on 12 February 2025 and Ndela High School on the 22nd of February 2025 for a Teenage Pregnancy and STI Awareness Campaign. The campaign was attended by over 130 learners from grade 10 and 11 in each school together with 2 teachers. Other stakeholders were also invited, Social worker from Enqanaweni Social Services, and a representative from the ward counselor's office. The awareness was well received by the learners and their teachers, with suggestions that the clinic organises more campaigns of this nature so together they can fight the scourge of teenage pregnancy. The clinic's outreach team led by Sr S. N. Davids comprised of AYFS staff, outreach team and student doctors. The student doctors focused more on

Picture 1 - AYFS Team during their visit at Impunga High School.

Picture 2 - Outreach Team during their visit at Ndela High School.

Picture 3 - AYFS team with student doctor (left) at Someluzwazi high School.

Picture 4 - Outreach team and student doctors with Someluzwazi High School pupils.

Picture 5 - Ground Breaker educating learners about contraceptives and Ndela High School.

Photo Cred: Jolivet Clinic

STI Awareness Week which raises awareness about sexually transmitted infections (STIs), with a focuses on how STIs impact our lives, reducing STI-related stigma, fear, and discrimination and ensure people have the tools and knowledge for prevention, testing, and treatment. This campaign from Jolivet Clinic aimed to empower the youth to take control of their sexual health and encouraged them to practice healthy sexual behaviors. Adolescent pregnancies are a global issue but most often occur in poorer and marginalised communities. Teenage pregnancy increases when girls are denied the right to make decisions about their sexual and reproductive health and well-being.



Gcinokuhle Clinic Leaves A Long-Lasting Mark At Amazabeko High School

Gcinokuhle Clinic visited Amazabeko High School on 7 February 2025 for an HIV, teenage pregnancy and STI's awareness. In attendance were over 800 learners from grade 8 to 12. Teenage pregnancy causes and serious health, social and economic consequences to individuals, families and communities.

Sir Mtshali was part of the team, where he educated the learners about the MINA campaign. The MINA Campaign has been implemented in Ubuhlebezwe Health Sub-District, offering HIV Testing Services (HTS) that strongly promote voluntary counselling and testing (VCT). Previously, men were reluctant to visit health facilities for a number of reasons, including stigma around HIV. However, the tide is turning, said Gcinokuhle Clinic MINA Campaign Champion Sir Mtshali (Clinical Nurse Practitioner). His role entails explaining to the community that the MINA programme is specifically designed for men and their wellbeing.



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Picture 1 - Sr Chule demonstrating the methods of contraceptives to learners.

Picture 2 - Sir Mtshali educating attendees about the MINA campaign.

Picture 3 - Mrs Ndlovu educating learners about HIV and STIs.

Photo Cred: Gcinokuhle Clinic

Teenage Pregnancy and STI Awareness At Lusibalukhulu High School By Hlokozi Clinic



Picture 1 - Sr Mkhize educating learners about the available methods of contraceptives.

Picture 2 - Learners participating during the education.

Photo Cred: Hlokozi Clinic

Hlokozi Clinic visited Lusibalukhulu High School on 24 February 2025 for an STI and Pregnancy awareness campaign. In attendance were 200 learners from Grade 11 and 12. The topics covered were STIs, family planning and dangers of teenage pregnancy. It was a positive engagement with the community they actively asked questions. Condoms are one of the few contraceptive methods that provide 98% protection from sexually transmitted diseases and unplanned pregnancies. National Condom Week was initiated to raise awareness of the importance of practicing safe and protected sex. It encourages people, especially young adults to use condoms and prevent unwanted pregnancies and the spreading of S.T.D.s like H.I.V. AIDS, syphilis, and gonorrhea.

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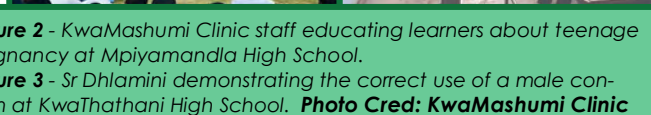
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KwaMashumi Clinic Makes A Positive Impression At Mpiyamandla High School and KwaThathani High School

KwaMashumi Clinic visited Mpiyamandla High School on 5 February 2025 and KwaThathani High School on 6 February 2025 for an HIV, teenage pregnancy and STI's awareness. There is growing sub-district commitment to preventing child marriage, adolescent pregnancy and childbearing. Education is an essential tool in preventing teenage pregnancy because by educating teenagers about sexual health and contraception, we can empower them to make informed decisions about their reproductive health.

KwaMashumi Clinic staff have led the effort in several schools. In a growing number of communities, the clinic is taking the lead to put in place large-scale programmes. They challenge and inspire other communities to do what is doable and needs to be done – urgently. Teenage pregnancy represents a significant challenge for teenagers, their families, and the wider community. While some teenagers may choose to become pregnant, many others do so unintentionally, often without adequate knowledge or preparation for the responsibility that parenting/parenthood.



Picture 2 - KwaMashumi Clinic staff educating learners about teenage pregnancy at Mpiyamandla High School.

Picture 3 - Sr Dhlamini demonstrating the correct use of a male condom at KwaThathani High School. **Photo Cred: KwaMashumi Clinic**

Picture 1 - Sr Ngcongco and Nurse Dladla demonstrating the methods of contraceptives to learners at Mpiyamandla High School.

Teenage Pregnancy and STI Awareness At Emadungeni High School By Nokweja Clinic



Picture 1 - Sr Dlamini and Nurse Dzanible (from Gcinokuhle Clinic) educating learners about Prep and Pep.

Picture 2 - Sr Memela educating learners about dangers of teenage pregnancy.

Picture 3 - Nurse Mkhize demonstrating the available methods of contraceptives to learners.

Photo Cred: Nokweja Clinic

Nokweja Clinic school health and AYFS team visited Emadungeni High School on 5 February 2025 for a Teenage Pregnancy awareness campaign. In attendance were learners from Grade 8 to 12. The topics covered were dangers of teenage pregnancy, contraceptives, Prep and Pep.

Comprehensive sex education offers a holistic approach to sexual health education that covers a wide range of topics, including abstinence education, contraceptive options, and the prevention of sexually transmitted infections and diseases. It also teaches teenagers about the risks of teenage pregnancy and the impact that it can have on their lives. Schools play a vital role in preventing teenage pregnancy by providing education, resources, and support to teenagers.

Christ The King Gateway Clinic Fights Against Teenage Pregnancy At Local Schools

Christ The King Gateway Clinic visited Mariathal Combined School on 4 February 2025 and Ixopo Village Intermediate School on the 05th of February 2025 for a teenage pregnancy and STI awareness campaign. In Ubuhlebezwe Municipality, sexually transmitted infections (STIs) remain a big problem, even though most of the infections can be cured. The fear of being stigmatised is one of the many reasons why people are reluctant to seek medical treatment for sexually transmitted infections. STI/Condom Week is aimed not only at reducing the spread of STI but also to curb the spread of HIV and AIDS. Raising awareness may also help reduce the stigma, fear, and discrimination surrounding these conditions. Additionally, a goal of the observance is to ensure that people have the tools, knowledge, and resources for STI prevention, testing, and treatment. While schools are critical in preventing teenage pregnancy, it is important to remember that parents also have a responsibility to educate their children about sexual health. By fostering an open and honest dialogue with their children about sex, relationships, and contraception, parents can provide valuable support to their teenagers.



Picture 1 - Sr Sithole demonstrating the methods of contraceptives to learners at Mariathal Combined School.
Picture 2 - Sr Sithole educating Ixopo Village Intermediate School learners about contraceptives.
Picture 3 - Mr Chiliza educating learners about HIV and STIs.
Photo Cred: Christ The King Gateway Clinic

Christ The King Gateway Clinic Commemorates STI/Condom Week In Style



Christ The King Gateway Clinic hosted a march in commemoration of the 2025 STI/Condom Week on the 27th of February 2025. The march started at the clinic's parking lot to the hospital out-patients department and back.

In Ubuhlebezwe, sexually transmitted infections (STIs) remain a big problem, even though most of the infections can be cured. The fear of being stigmatised is one of the many reasons why people are reluctant to seek medical treatment for sexually transmitted infections. STI/Condom Week is aimed not only at reducing the spread of STI but also to curb the spread of HIV and AIDS.

STI/Condom Awareness Week highlights the importance of condom usage and provides an opportunity to raise awareness about STIs and how they impact our lives; reduce STI-related stigma, fear, and discrimination; and ensure people have the tools and knowledge of STI prevention, testing, and treatment.

New Appointments



Mr A. M. Duma
Operational Manager Nursing
Christ The King Hospital



Ms N. Ganyile
Professional Nurse
Christ The King Hospital



Dr S. M. Duma
Medical Officer
Christ The King Hospital



Dr P. Satiwa
Medical Officer
Christ The King Hospital



Dr G. Baah
Medical Officer - Comm Serve
Christ The King Hospital



Dr S. P. Duma
Medical Officer - Comm Serve
Christ The King Hospital



Dr A. P. Gwala
Medical Officer - Comm Serve
Christ The King Hospital



Dr S. K. Malunga
Medical Officer - Comm Serve
Christ The King Hospital



Dr I. Allie
Dentist - Comm Serve
Christ The King Hospital



Ms P. Nene
Occupational Therapist - Comm Serve
Christ The King Hospital



Ms T. Dlamini
Radiographer - Comm Serve
Christ The King Hospital



Ms S. L. Shoba
Dietician - Comm Serve
Christ The King Hospital



Mr H. L. Ringani
Physiotherapist - Comm Serve
Christ The King Hospital



Mr J. C. Naicker
Pharmacist - Comm Serve
Christ The King Hospital



Ms N. L. Radebe
Pharmacist - Comm Serve
Christ The King Hospital



Ms R. Tshisikule
Audiologist - Comm Serve
Christ The King Hospital



Mr S. C. Mchunu
Clinical Nurse Practitioner
Jolivet Clinic



Mr B. R. Dumakude
Clinical Nurse Practitioner
Sangwaba Clinic



Ms N. G. Ncobela
Clinical Nurse Practitioner
Mntungwana Clinic

Welcome aboard!
We know you'll do
great things in your
new roles, and we're
excited to support you
every step of the way.



Ms L. P. Zondi
Data Capturer
Christ The King Hospital

Staff Exits

Mr S. Majozi
Operational Manager Nursing
Jolivet Clinic



Jolivet Clinic Staff Bid Farewell To Their OMN

Mr Majozi joined Ubuhlebezwe Health Sub-District on 1 December 2023 as an Operational Manager Nursing for Jolivet Clinic taking the clinic to greater strides. He served the clinic and sub-district as a whole with diligence, true leadership and hard work. The clinic scooped close to 10 awards at the sub-district's awards ceremony held in April 2024. In October last year, the clinic was award best Paediatric Performance in Harry Gwala District due to his charismatic leadership.

As you embark on this new chapter of your journey, we want to express our sincere gratitude for the dedication, hard work, and positive impact you've made on our team. Your expertise, leadership and positive attitude have been invaluable, and we'll truly miss your presence in the sub-district. While we are excited for your future endeavors, know that you have left a lasting mark on our sub-district, and we wish you nothing but the best in your next adventure. Your hard work and dedication have not gone unnoticed at our sub-district. We are sad to see you leave, but life is about taking chances and making our dreams come true. Thank you again for everything you did for the clinic and sub-district as a whole.



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Picture 1 - Mr Majozi cutting his farewell cake.

Picture 2 - Mr Majozi with some of Jolivet Clinic staff at his farewell party.

Picture 3 - Mr Majozi accepting a gift from staff.

Picture 4 - Mr Majozi accepting a gift from Ms Dlamini.

Picture 5 - Mr Majozi accepting a gift from Sr Fune-ka.

Picture 6 - Mr Majozi accepting a gift from Sr Khumalo. **Photo Cred: Jolivet Clinic**



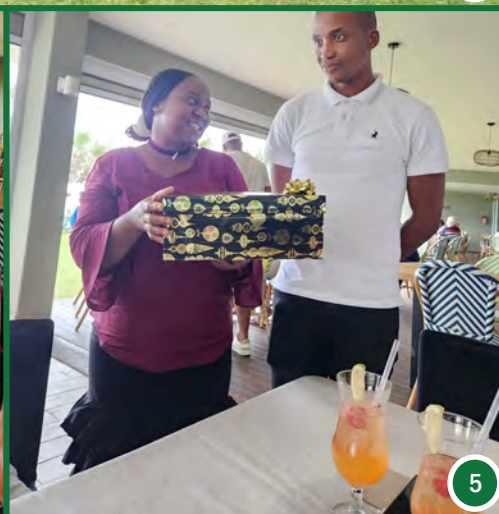
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Christ The King Hospital Public Relations Officer



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PHC Manager and Jolivet Clinic OMN Share Heartfelt Farewell Messages As They Depart From Ubuhlebezwe Health Sub-District



The PHC Operational Managers Nursing hosted a farewell party for Matron Shezi and Sir Majozi on 28 March 2025 at Garlingtons Bistro in Hilton.

Ms P. N. S. Shezi joined Christ The King Hospital as the PHC Manager on 2 January 2018. She has done an exceptional job for the sub-district, under her leadership, all ten fixed clinics

each received a certificate of compliance from the Office of Health Standards Compliance in 2023, with some achieving Platinum Status. Some of Ubuhlebezwe clinics are best performing in different indicators in Harry Gwala District and KZN Health as a whole.

Mr S. Majozi joined Christ The King Hospital as the Operational Manager Nursing for Jolivet Clinic on 1 December 2023, he has done a stellar job for the clinic ensuring that it maintains its OHSC status, achieve the desired results and meets its provincial targets. Under his leadership, the clinic has won numerous major awards and is best performing in some indicators.

Ms Shezi has recently been appointed as the Deputy Director - Clinical and Programmes in HGHD and Mr Majozi has been appointed as the OMN at St Chads CHC under Rockcliff Clinic.

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