



Ubuhlebezwe Health NEWS

Bringing Ubuhlebezwe Sub-District Health News To You

Q2 - September 2024

CTK Hospital Commemorates 2024 Breastfeeding Week



Christ The King Gateway Clinic Breastfeeding Week Event Main Table.

Christ The King Hospital Nutrition and Dietetics Department commemorated the 2024 Breastfeeding Week Initiative. The team visited different health facilities and mobile points around Ubuhlebezwe to create

breastfeeding awareness and educate the community.

World Breastfeeding Week is celebrated every year across the world from August 1 - 7. This global campaign aims to raise awareness about breastfeeding and its

advantages. Following a surge in the infant mortality rate due to a drop in the number of mothers who wanted to breastfeed, the initiative became essential.

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- Women's Month Celebration At Gateway Clinic
- Career Expos
- Heritage Day Celebrations

Farewell Message From The CEO



Mrs S. W. Maseko
Chief Executive Officer

Mrs Maseko joined Christ The King Hospital as the Chief Executive Officer in 2018. She has done an exceptional job, taking the sub-district to greater heights.

To the Hospital Board, Hospital Management, Managers, Supervisors, Operational Managers including PHC, All Staff and Contract Workers:

It's hard to say goodbye but let me take this opportunity to thank the Lord Almighty for the opportunity to serve the community of Ubuhlebezwe Municipality for 6 years and 7 months. It has not been easy but His grace has been sufficient. I am grateful to have worked with such a dedicated team like you. We have achieved most of the targets as this team and has collected most awards both at district and at municipality, in spite of challenges, your resilience will never be forgotten. My wish is that you sustain the good performance and continue to strive for excellence and retain the legacy of being rated as the prototype sub-district. A very special thanks to the board members for being the voice of the community and being innovative. I would also like to thank the organising team for events, Hospital Choir and Soccer team for bringing life to the sub-district. You are such an amazing team.

I am sad to leave, but life is about taking chances and making our dreams come true. Thank you again for everything. I

wish you much success and the future is bright for all of you!"

Honourable Mayor, Ubuhlebezwe Municipality, all government departments, and civil society:

Thank you for embracing the department of health as a key stakeholder and understanding that we need each other in addressing determinants for health and social ills. We have achieved most of the targets working together and I am proud to have worked with the municipality that is rated amongst the best performing in the entire districts. I will always cherish working at Ubuhlebezwe Municipality and will surely miss the events of rewarding excellence and innovation which has kept us motivated to go an extra mile in ensuring the provision of service delivery to our community.

"Surely you have granted him unending blessings and made him glad with the joy of your presence." - Psalms 21:6

Introducing The New Public Relations Trainee

By Asamkele Dlamini

My name is Asamkele Dlamini, I was born and bred in Donnybrook and I am a final year Diploma in Public Relations and Communication Management student at Durban University of Technology.

On the 2nd of September 2024, I was introduced as the Public Relations Trainee at Christ The King Hospital for my Work Integrated Learning (WIL). I will be working under the Management (Public Relations) component with Mr Mkhize who is the hospital Public Relations Officer.

I'm quite honored and grateful for the love and respect I have been receiving from the staff since my first day. I am a kind person, I engage openly with

everyone around me. I hope to be as objective as possible during my WIL stay at Christ The King Hospital.

I am open to gain as much valuable lessons as I possibly can and engage with everyone on a professional level. I'm looking forward to learning a lot from all colleagues and the hospital management team.

I want to learn more about CTK's internal and external communication, social responsibility programs, campaigns, events organizing, fundraising, all other public relations activities.

I want to gain professional work experience in the public relations department under the supervision of Mr Mkhize. I'm looking forward to building and maintaining solid relationships with all relevant stakeholders.



Mr A. A. Dlamini
Public Relations Trainee

Christ The King Hospital is a very diverse environment that one could learn from as it has eleven fixed clinics and five mobile clinics, that will help me learn a lot and prepare me for the corporate world.

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CTK Hospital Commemorates 2024 Breastfeeding Week

Christ The King Hospital Nutrition and Dietetics Department commemorated the 2024 Breastfeeding Week Initiative from 1 to 22 August 2024. The team visited different health facilities and mobile points around Ubuhlebezwe to create breastfeeding awareness and educate the community.

World Breastfeeding Week is celebrated every year across the world from August 1 - 7. This global campaign aims to raise awareness about breastfeeding and its advantages. Following a surge in the infant mortality rate due to a drop in the number of mothers who wanted to breastfeed, the initiative became essential. The theme for this year is **'Closing The Gap: Breastfeeding Support For All.'** The campaign will celebrate breastfeeding mums in all their diversity, throughout their breastfeeding journeys, while showcasing the ways families, societies, communities and health workers can have the back of every breastfeeding mum.

Jolivet Clinic

Jolivet Clinic hosted a Breastfeeding Week Event on the 1st of August 2024. Mrs Mkhize (Nutritional Advisor) and Ms Mxhobo (Dietician - Comm Serve) did a breastfeeding awareness where they educated the community about the importance of breastfeeding. Breastfeeding can act as an equalizer in our society and efforts must be made to ensure everyone has access to breastfeeding support and opportunities. The Community Health Workers sang a breastfeeding awareness songs as part of emphasizing the importance of breast milk.

Nokweja Clinic

On 6 August 2024, Nokweja Clinic hosted a breastfeeding week awareness event at the clinic's main waiting area. Sir Khumalo did an opening and welcoming, Sr Thabethe gave a speech on PMTCT and then Ms Madlala and Mr Bele gave a word of support. There was a competition of children that are best clinically managed. This event was supported by Mrs Ntola from the district office.

KwaMashumi Clinic

KwaMashumi Clinic hosted a breastfeeding awareness event on the 7th of August 2024. The pur-

pose of this event was to encourage and sensitize KwaMashumi Clinic breastfeeding mothers on the importance of breast milk. Sr Dhlamini was the programme director for this event, she kept the attendees entertained and sang breastfeeding awareness songs throughout. She also gave a speech on behalf of PMTCT. Mrs Molefe (Operational Manager Nursing) did opening, welcoming and introduction of guests. The hospital Nutrition and Dietetics team gave a word of support where they educated the attendees about human milk bank, they also did the awards presentations for breastfeeding mothers. This event was supported by Match and the district office.

Ixopo Mobile Clinic

The Nutrition and Dietetics department in partnership with Ixopo Mobile Clinic visited Highflats Mall and Highflats Boxer Superstore where they educated the community about breastfeeding. It is essential that no-one is left behind, especially vulnerable mothers who may need additional support to reduce breastfeeding inequalities. Breastfed babies were then given gift packs.

Christ The King Gateway Clinic

On 8 August 2024, Christ The King Gateway Clinic hosted a breastfeeding awareness event at the clinic's parking lot. This was the sub-district's main event. This awareness started as a march from the clinic to the pediatrics and maternity ward where the staff was singing and marching educating the clients about breastfeeding. After the march, the staff gathered at the clinic's parking lot where they were joined by the breastfeeding mothers and pregnant mothers who are waiting to give birth at the hospital. Mrs Mbhele was tasked with being the programme director for the day. Mrs Gaqa (Operational Manager Nursing) did opening, welcoming and introduction of guests. Mr Bele (Nutritionist) explained the benefits of breastfeeding where he encouraged mothers to breastfeed as breast milk contains everything their babies need to grow and develop.

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2024 Breastfeeding Week Cont....

There was a musical and dramatic performance by the Community Health Workers which kept the crowd glued to their seats. Ms N Madlala (Dietician) explained what complementary feeding is and educated the guests about human milk bank. Complementary feeding occurs when children receive foods to complement breast milk or infant formula (1, 2). Ideally, it begins at 6 months of age and continues to 24 months or beyond. Human milk bank is a service that screens, collects, processes and distributes human breast milk. The recipients of the breast milk are vulnerable pre-term and sick babies and special cases where mothers are unable to supply sufficient milk for their babies. This milk has been donated by volunteer breastfeeding mothers who are not related to the recipient babies.

There was then a questions and answers session led by Ms Madlala and Ms M Mxhobo (Dietician - Comm Serve), where clients got a chance to ask questions. They were also asked questions and those that answered correctly were given their rewards. There was then a Well Baby competition led by Ms Z Dlamini (Nutritional Advisor) and Nurse H Phungula. Kids who are well clinically managed were given gift packs from the 5th to the 1st position. This event was supported by the district office and sponsored by Ixopo Pedros. Refreshments were then served.

Sangcwaba Clinic

Sangcwaba Clinic hosted a breastfeeding awareness talk on 13 August 2024 at the clinic's main waiting area. The clinic works to ensure consumption of safe and nutritious foods, this often includes working to protect and promote breastfeeding. Sr Ngcobo did welcoming and purpose of the day and then Sr Jili (Operational Manager Nursing) gave a speech on PMTCT. There was a dramatic entertainment performance by the Community Health Workers. Ms Madlala (Dietician) gave a word of support and presented the gifts to well babies.

Hlokozi Clinic

On 14 August 2024, Hlokozi Clinic hosted a breastfeeding week awareness event at the clinic's main waiting area. Breastfeeding plays a

pertinent role in furthering Sustainable Development Goal 2 and 3, which include ending hunger, improving nutrition and promoting health and wellbeing. Breastfeeding is one of the critical pathways to reduce under-five mortality.

Sr Zuma (Operational Manager Nursing) did opening, welcoming and introduction of guests, Sr Mkhize gave a speech on PMTCT, there was a musical performance by Hlokozi Clinic staff and then Sr Memela explained exclusive breastfeeding. Ms Madlala explained human milk bank and then the Community Health Workers did a sketch. Well babies were then rewarded from 6th to 1st position. Refreshments were then served.

Gcinokuhle Clinic

Gcinokuhle Clinic closed off Ubuhlebezwe Health Sub-District breastfeeding awareness week commemorations on the 22nd of August 2024. Breastfeeding can act as an equaliser for Gcinokuhle Clinic clients and efforts must be made to ensure everyone has access to breastfeeding support and opportunities. It is essential that no-one is left behind especially vulnerable mothers who may need additional support to reduce breastfeeding inequalities. Nurse Dzanibe was the programme director for the day. Ms N Dlamini (Operational Manager Nursing) did welcoming and purpose of the day and then Sr Chule gave a detailed speech on PMTCT. Nurse Shoba explained human milk where she urged breastfeeding mothers to donate their breast milk. Mothers interested in donating their excess breast milk undergo a screening procedure. This includes a questionnaire and health screening. All donated breast milk is tested, pasteurised, and frozen and ready to be supplied to vulnerable babies in need.

There was a musical entertainment by Gcinokuhle Clinic males staff. Ms Madlala gave a word of support and thanked mothers for loving their children. There was then a Well Baby competition where gift packs were presented to the deserving winners. Refreshments were then served.

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Photo Gallery



Jolivet Clinic Breastfeeding Week Event.



Nokweja Clinic Breastfeeding Week Event.



Photo Gallery



KwaMashumi Clinic Breastfeeding Week Event.



Highflats Boxer Superstores Breastfeeding Week Event.



Photo Gallery - CTK Hospital & CTK Gateway Clinic



Photo Gallery



Sangwaba Clinic Breastfeeding Week Event.



Hlokozi Clinic Breastfeeding Week Event.



Gcinokuhle Clinic Breastfeeding Week Event.



CTK Hospital Commemorates 2024 Pharmacy Month

Christ The King Hospital Pharmacy Department visited all Ubuhlebezwe Health Sub-District clinics from 02 to 13 September 2024 in commemoration of the 2024 Pharmacy Month. The purpose of these commemorations was educate the community of Ubuhlebezwe about vaccines as part of this year's theme.

The National Department of Health, together with the South African Pharmacy Council (SAPC), Pharmaceutical Society of South Africa (PSSA) and Independent Community Pharmacy Association (ICPA) is proud to announce the theme for Pharmacy Month, held during September 2024: **"Let's Talk About Vaccines"**. Pharmacy Month is a unique opportunity to market the pharmacy profession, bringing together pharmacists from all sectors to communicate to the public the value that the profession brings in providing quality healthcare.

The Pharmacy Month 2024 theme is based on the conviction that improving vaccination coverage and promoting a life-course approach to vaccination are global imperatives to which pharmacists can greatly contribute. Donations were obtained from hospital department, hospital staff as well as pharmacy fundraising. Each team decided on the amount they wanted to contribute and the parcels they will offer the community.

Jolivet Clinic and Gcinokuhle Clinic

On the 3rd of September 2024, Christ The King Hospital pharmacy department, team 1 kicked off pharmacy month by visiting two local clinics, Gcinokuhle Clinic and Jolivet Clinic. They were raising awareness on vaccination, emphasising on the importance of vaccination of children from birth until of age, not leaving vaccination of adults as this year's pharmacy month theme is "Let's talk about vaccines".

Sangcwaba and Mntungwana Clinic

On 5 September 2024, team 2 visited Sangcwaba Clinic and Mntungwana Clinic to raise awareness on vaccination. The team got to market the pharmacy profession, bringing together pharmacists and pharmacy support personnel from all sectors to communicate to the public the value that the profession holds.

Hlokozi Clinic and Nokweja Clinic

Team 3 visited Hlokozi and Nokweja Clinic on the 11th of September 2024 to continue with the 2024 Pharmacy Month commemorations.

KwaMashumi Clinic and Ndwebu Clinic

Team 4 visited KwaMashumi and Ndwebu Clinic. Pharmacy Month aims to raise patient awareness on the vital role pharmacists and pharmacy support personnel can play in the community's health care and a time to recognise pharmacists and pharmacy support personnel contributions to quality health care.



Gateway Clinic Pharmacy Month Awareness.

Christ The King Gateway Clinic

On 16 September 2024, one member from each of the four teams visited Gateway Clinic to close of the commemorations. Pharmacists can play an important role in actively promoting vaccination, raising awareness and educating the population about the health, social and humanistic benefits of vaccines, including improvements in quality of life.

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Photo Gallery



Jolivet Clinic Pharmacy Month Awareness.



Gcinokuhle Clinic Pharmacy Month Awareness.



Hlokozi Clinic Pharmacy Month Awareness.

Nokweja Clinic Pharmacy Month Awareness.



KwaMashumi Clinic Pharmacy Month Awareness.



Sangcwaba Clinic Pharmacy Month Awareness.



Open Day Event At Jolivet Clinic

Jolivet Clinic hosted an Open Day Event on the 1st of August 2024. This is an annual event that Ubuhlebezwe Sub-District facilities host to market their services, recruit new clients and re-assure existing ones of the healthcare services they provide. This event was hosted at the clinic premises.

The open day was also conducted to provide clients with more information about Jolivet Clinic, and an opportunity to explore its services and meet staff members, as well as meet the clinic partners, sector departments and other key stakeholders. It is essentially an investigative information gathering exercise designed to help clients know more about the health services and interact with healthcare workers.

Nurse Samkelo Vezi was tasked with being the programme director and did a stellar job, he kept the audience focused and entertained. Mr S. Majozi (Operational Manager Nursing) welcomed all the guests and clients and explained the purpose of the day. Sr Funeka, Sr Ngcobo, Sr Nyathi, Sr Davids, Sir Memela, Mrs Mzulweni, Nurse Hlengwa, Ms Chiya and Mr Madlala marketed the clinic streams and services provided and encouraged clients to utilize these services. The Community Health Workers, Iqembu Elibusayo and Amavuka Agjime provided entertainment.

The event was sponsored by Vukuzithathe Organisation, SAPPI, Jolivet FM, Dumisa Taxi Association, Ward 7 Councilor, Ikhandlela Funeral Palour, Roman Catholic Church, Triangle Supermarket and was supported by the Rehab Department, Nutrition and Dietetics Match, Right To Care and Traditional Leadership.

There were presentations from the partnering organisations and sector departments. Health screening and education was offered during the event. Mrs N Gaqa (Operational Manager Nursing - Gateway Clinic) offered word of support to Jolivet Clinic and its clients and congratulated the clinic for hosting such an important event.

This was also an opportunity for the clinic to launch its men's clinic led by Sir J. C. Memela. Refreshments were then served.



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Picture 1 - Jolivet Clinic Open Day view.
Picture 2 - Mr Majozi welcoming the guests and explaining the purpose of the day.
Picture 3 - Nurse Vezi as the Programme Director.



Photo Gallery



Open Day Event At Ixopo Clinic



Ixopo Clinic hosted an open day event on the 28th of August 2024. The purpose of this event was to provide clients with more information about Ixopo Clinic, and an opportunity to explore its services and meet staff members. An open day is essentially an investigative information gathering exercise designed to help clients know more about the health services and interact with healthcare workers.



Sir T. E. Mhlongo and Sr S. P. Shazi were tasked to be the programme directors for the day. Mr S. S. Morajane (Operational Manager Nursing) did welcoming and and purpose of the day and then Sr N. F. Khumalo introduced the guests of honour. Ixopo Clinic and Health Support Services staff marketed the clinic services for each stream/section and explained in detail the services offered. This event was supported by Christ The King Hospital Rehabilitation and Social Services Departments and Life Line. The Community Health Workers gave a musical performance as part of the entertainment.



There were presentations from different sector departments and other stakeholders, these included Match, Ubuhlebezwe Municipality (Fire Department), Ixopo EMS, Ixopo SAPS, Right To Care, Woza Moya, HSRC, Love Life. The community got a chance to interact with the staff and ask healthcare related questions in a social setting.



Ms K. G. Letsoalo (PHC Supervisor) did a key-note address and commended the clinic staff for their professionalism when providing healthcare services to their clients. Sir G. K. Mdima did vote of thanks and then refreshments were served.



Picture 1 - Ixopo Clinic Open Day view.
Picture 2 - Guests speakers for the day.
Picture 3 - Sir Mhlongo and Sr Shazi as the Programme Directors.
Picture 4 - Open day attendees.
Picture 5 - Nurse Mwise opening with prayer.



Isibhedlela Kubantu - Nkweletsheni Hall

Ubuhlebezwe Health Sub-District visited Nkweletsheni Hall on the 17th of July 2024 for Isibhedlela Kubantu initiative. In isiZulu, this Nguni term refers to continued efforts by the sub-district to take critical hospital services closer to where the people live. The sub-district is making good progress in promoting healthcare services, uptake and mobilising communities to take charge of their health through its Isibhedlela kubantu initiative.

This is a multi-stakeholder initiative undertaken by Ubuhlebezwe Municipality for fight social ills. The healthcare services that were offered on the day include dental services, eye services, rehabilitation services, nutrition and dietetics, medical male circumcision, health screenings and treatment.



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Picture 8 - Vital signs
Picture 9 - Eye services waiting area.
Picture 10 - Nurse's consultation.
Picture 11 - Eye services
Picture 12 - Treatment vehicle.
Picture 13 - Nurses doing vital signs



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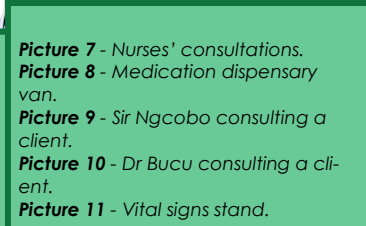
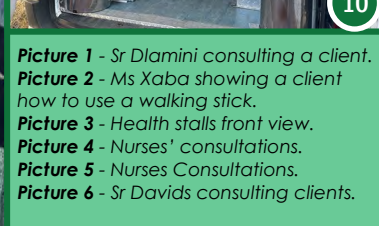


Isibhedlela Kubantu - Mahhehle Community Hall

Ubuhlebezwe Health Sub-District visited Mahhehle Community Hall on the 15th of August 2024 for Isibhedlela Kubantu. This is integrated service delivery event within a particular area. Community structures play a critical role in involving communities during the planning and implementation phases of the service delivery process to elevate their status as active participants rather than passive receivers of services.

Through this initiative, the sub-district aims to give its clients a 'real life' hospital experience, and are also offering Pap smears, eye and dental care services, voluntary medical male circumcision, nurse-initiated management of antiretroviral treatment

Different Outreach Teams from all the Ubuhlebezwe Health Sub-District Facilities were in present to bring health services closer to Mahhehle citizens. The services provided on the day include, nurses consultations, doctors consultations, health screenings and treatments, rehabilitation services, nutrition and dietetics services etc.



Picture 1 - Sr Dlamini consulting a client.
Picture 2 - Ms Xaba showing a client how to use a walking stick.
Picture 3 - Health stalls front view.
Picture 4 - Nurses' consultations.
Picture 5 - Nurses Consultations.
Picture 6 - Sr Davids consulting clients.
Picture 7 - Nurses' consultations.
Picture 8 - Medication dispensary van.
Picture 9 - Sir Ngcobo consulting a client.
Picture 10 - Dr Bucu consulting a client.
Picture 11 - Vital signs stand.



67 Minutes For Mandela Day At CTK Hospital

Ubuhlebezwe Municipality team led by Her Worship Mayor: E. B. Ngubo and the Christ The King Hospital board visited the hospital on the 18th of July 2024 for their 67 Minutes For Mandela Day.

In July, South Africa celebrates former President Nelson Mandela's birthday. 18 July has been declared Nelson Mandela International Day, but as South Africans we embrace the chance to celebrate Nelson Mandela's life for the whole of July. This gives everyone the opportunity to heed the call to action for people to recognise their individual power to make an imprint and change the world around them. This year's Nelson Mandela International Day on 18 July was celebrated under the theme: ***"It's still in our hands to combat poverty and inequity"***.

This initiative was separated into three categories. Team one visited the maternity ward where they donated baby items for new born babies. Team two painted the Out-Patients Department Waiting Area while team three started a vegetable garden at Gateway Clinic.



67 Minutes For Mandela Day By Gateway Clinic



Christ The King Gateway Clinic visited Little Flower School - Ixopo Grade 7 learners on the 18th of July 2024 to commemorate the 2024 67-Minutes for Mandela Day.

These 67 minutes symbolise the 67 years that Nelson Mandela devoted to fighting for social justice, equality and freedom. This day serves as a reminder that each of us has the power to drive positive change and contribute to the greater good. The theme for Mandela Day this year is **“Joining hands, connecting communities”**. And so, with this year's theme in mind, we wanted to take the time to truly focus on the power of micro-moments.

Mandela Day is an annual global celebration that takes place on 18 July to honour the life and legacy of Nelson Mandela. This day is a call to action for individuals, communities, and organisations to take time to reflect on Mandela's values and principles and to make a positive impact in their own communities.

The team bought educational toys for the learners, did health screenings and interacted with them on a social level.

Prayer Revival For Staff and Clients

Christ The King Hospital hosted a Staff Revival Prayer on the 07th of August 2024 at the hospital assembly point. The purpose of this event was to bring staff and patients together in prayer.

Prayer is a powerful tool that can bring peace and clarity to the workplace. It is a form of communication with God, where we seek his help in the challenges that arise in our daily lives. Praying at work can help us find strength, focus, and motivation, as well as provide spiritual guidance for difficult decisions or situations. Prayer allows us to connect with God on an intimate level. While many people may not realize it – especially those who are new to faith – prayer can be a great source of comfort and strength within the workplace. It allows us to take a moment away from all the chaos and stress that often comes along with having a job and provides us with an opportunity to reflect upon our thoughts and feelings while seeking guidance from God.

Mr Magomba was the programme director for the day and did an excellent job. Mrs Maseko did welcoming and there different pastors gave a word of God for different prayer items. Dr Mkhize then did a vote of thanks on behalf of the hospital and clients.



Measles Vaccination Campaign At Ubuhlebezwe Health Sub-District



Ubuhlebezwe Health Sub-District Outreach and School Health Teams visited schools and daycare centres around Ubuhlebezwe Municipality in August after the sub-district reported a positive case of measles at Sagcwaba Clinic.

Measles is a highly contagious disease caused by a virus. It spreads easily when an infected person breathes, coughs or sneezes. It can cause severe disease, complications, and even death. Measles can affect anyone but is most common in children. Measles infects the respiratory tract and then spreads throughout the body. Symptoms include a high fever, cough, runny nose and a rash all over the body. Being vaccinated is the best way to prevent getting sick with measles or spreading it to other people. The vaccine is safe and helps your body fight off the virus.

Community-wide vaccination is the most effective way to prevent measles. All children should be vaccinated against measles. The vaccine is safe, effective and inexpensive. Children should receive two doses of the vaccine to ensure they are immune. The first dose is usually given at 9 months of age in countries where measles is common and 12–15 months in other countries. A second dose should be given later in childhood, usually at 15–18 months. The measles vaccine is given alone or often combined with vaccines for mumps, rubella and/or varicella.



*Pictures showing nurses administering the measles vaccine.
Photo Cred: Outreach and School Health Teams*

Teenage Pregnancy Awareness By Jolivet Clinic & Gcinokuhle Clinic

Jolivet Clinic Adolescent and Youth Friendly Services (AYFS) team led by Sr Nyathi visited Impunga High School on the 4th of September 2024 for a teenage pregnancy awareness. While Sr Soni from Gcinokuhle Clinic visited Emadungeni High School on the 15th of August 2024.

The clinics provides reproductive health services for women who want to prevent pregnancy and includes oral and injectable contraception methods, intra-uterine and other hormonal devices, male and female condoms, as well as counselling and testing for sexually transmitted infections. Sexual education sessions and reproductive health services are offered to young people from Monday to Friday from 15h00 to 16h00 at both clinics.



Sr Nyathi and Jolivet Clinic Ground breaker educating youth about contraceptives.

Photo Cred: Jolivet Clinic AYFS



Sr Soni educating school learners about contraceptives.

Photo Cred: Gcinokuhle Clinic AYFS



KwaMashumi Clinic Takes Services Back To The Community

KwaMashumi Clinic visited KwaSqa Hallon the 23rd of August 2024 to render healthcare services closer to the people of Mashumi Location. The services provided during the event include health education, screenings and treatment, immunisations, condoms distribution, etc.

Outreach clinic services are well planned and organized healthcare services rendered to the rural and underserved population who have no regular access to healthcare. It is seen as a key strategy for the provision of healthcare to the hard-to-reach and vulnerable group in the rural areas.

Outreach clinic services help in the provision of obstetric care services to mothers and children in the rural areas as well as vitamin A supplementation, family planning education, growth monitoring and immunization. It also helps to reduce costs and travelling inconveniences encountered by these women. This well organized carried out, outreach clinic programmes was cost effective, provided active surveillance, and helped to promote the clinic services, increase headcount, foster and maintain new relationships with clients.



Picture 1 - KwaMashumi Clinic Staff.

Picture 2 - KwaMashumi Clinic Staff rendering the services.

Photo Cred: KwaMashumi Clinic

Mental Health Event At Sangcwaba Clinic



Picture 1 - Guests of honour during the event.

Picture 2 - Sr Jili (OMN) singing with the attendees.

Photo Cred: Sangcwaba Clinic

Sangcwaba Clinic hosted a mental health awareness event for its mental healthcare users on the 31st of July 2024. The purpose of this event was to spotlight mental health around the Sangcwaba Community, raise awareness of mental health issues and encourage efforts to support those experiencing mental health issues.

Mental disorders comprise a broad range of problems, with different symptoms. However, they are generally characterized by some combination of abnormal thoughts, emotions, behaviour and relationships with others. Examples are schizophrenia, depression, mental retardation and disorders due to drug abuse. Most of these disorders can be successfully treated.

Ms K. G. Letsoalo (PHC Supervisor) was invited as the keynote speaker for this event, during her speech, she encouraged the attended to support mental healthcare users. This event was supported by Mntungwana Clinic Operational Manager Nursing, Mrs G. K. Fihla.

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Mental Health Awareness At KwaThathani High School By KwaMashumi Clinic

KwaMashumi Clinic visited KwaThathani High School on the 31st of July 2024 for a Mental Health Awareness campaign as the sub-district commemorates Mental Health Awareness Month. Sr Dhlamini was representing the clinic and during her health education, she informed the learners, teachers and other stakeholders that if they notice symptoms of a mental illness in a loved one, it is best to have an open discussion with them about your concern. Although you might not be able to force them to see, professional care, you can still offer them support and encouragement. She stated that you can also help them to visit the nearest clinic. She also added that you can even offer to go along with them to the appointment.

She urged everyone to keep an eye out for warning signs, learn what your triggers are and make sure you know what to do if symptoms present themselves. It's always best to ask your doctor and therapist for guidance and advice in this aspect. Make sure that you get help when symptoms appear since it could be harder to treat if you wait until the symptoms are bad.



Sr Dhlamini education the learners about mental health. Photo Cred: KwaMashumi Clinic

Mental Health Month Commemoration At Lusibalukhulu High School By Hlokozi Clinic



Picture 1 - Sr Zuma educating learners about mental health.
Picture 2 - Nurse Shezi delivering her speech.

Photo Cred: Hlokozi Clinic

Hlokozi Clinic was invited at Lusibalukhulu High School on the 25th of July 2024 for a mental health awareness talk. Sr Zuma (Operational Manager Nursing) and Nurse Shezi (Enrolled Nurse) represented the clinic during this campaign.

In their mental health education, they stated that mental illness starts quite young, with 50% of mental health conditions starting by age 14, according to the World Health Organization (WHO). Despite this, it largely goes undetected and untreated.

This year, our focus needs to be on mitigating any damage to adolescents' mental health because of the pandemic and broader stressors. Achieving that starts with acknowledging the challenge at hand," says Sr Zuma. Promoting psychological wellbeing and supporting adolescent mental health will positively impact their potential to thrive during adolescence and into adulthood. The fact is that there is no physical health without good mental health. Both are fundamental to children and adolescents developing the resilience they need to cope with life and develop as well-rounded, healthy adults."



Gcinokuhle Clinic Celebrate Mental Health Awareness Month In Style

Gcinokuhle Clinic hosted a Mental Health Awareness gym session for staff on the 20th of July 2024 at the clinic's parking lot. This was the clinic's initiative to create as much awareness as possible about Mental Health, and especially focusing on Panic Awareness Day on the 10th July. During the gym session, the clinic hosted various community talks and corporate wellness session.

People are aware of the importance of talking about mental health and mental illness. Like physical health, mental health is a part of everyone's life. Physical health is the state of your body, and mental health is the state of your mind, feelings, and emotions. Being mentally healthy contributes to feeling, thinking and acting in ways that help you enjoy life and cope with its challenges with enhanced resilience and inner-strength to cope with stressful situations. While mental health is always there and may be positive or negative, mental illness affects a person's ability to function over a long period of time. People with mental illness may feel distressed regularly and not in control of their lives.



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Picture 1 - Gcinokuhle Clinic ladies during the mental health awareness gym session..

Picture 2 - Sr Chule and Sr Soni doing their workouts.

Picture 3 - Sr Chule and Sr Soni showing us their biceps .

Photo Cred: Gcinokuhle Clinic

Men's Health Month Commemoration At Gcinokuhle Clinic



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Gcinokuhle Clinic hosted a men's health month for its male staff on 1st of August 2024 at the clinic's staff kitchen. The purpose of Men's Health Month is to heighten the awareness of preventable health problems and encourage early detection and treatment of disease among men and boys.

This month gives health care providers, public policy makers, the media, and individuals an opportunity to encourage men and boys to seek regular medical advice and early treatment for disease and injury. The response has been overwhelming with thousands of awareness activities in the globe.

This commemoration focused on raising awareness about the health challenges confronting men and advocating for early detection and treatment of diseases. In Gcinokuhle Clinic, this initiative holds significant relevance due to the distinctive health issues men encounter. Addressing lifestyle factors such as poor dietary habits, sedentary lifestyles, and smoking is also crucial in mitigating men's health conditions in South Africa and globally.

Picture 1 and 2- Gcinokuhle Clinic gents during their luncheon.

Photo Cred: Gcinokuhle Clinic

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Gateway Clinic Hosts A Men's Health Month Luncheon

Christ The King Gateway Clinic ladies hosted a men's month luncheon on the 31st of July 2024 for their male counterparts. The purpose of this event was to take a moment to recognise the contributions men have made to the clinic.

July is Men's Health month, a month dedicated to educating men around the country about the health risks they may face, how to prevent them, what symptoms to look out for, and where to get medical assistance. While this month normally, and very importantly, focuses on prostate and testicular cancer, other medical conditions also need to be highlighted.

Mrs K Mbhele (Pharmacist Assistant) was the programme director for the luncheon. Mrs N Gaqa (Operational Manager Nursing) opened with prayer, welcomed all guests and explained the purpose of the day. There was a musical performance by the Gateway Clinic ladies as part of showing appreciation to their male counterparts. The male staff was then given gifts of appreciation and Mr T Khumalo did a vote of thanks on their behalf. Refreshments were then served.

On the same day, some of the staff was invited to a Men's Forum Dialogue hosted at Little Flower School to give a men's health talk. Speaking on this forum, Sr Sithole (Professional Nurse) and Mr Z. Mkhize (Enrolled Nurse) highlighted the issues that the clinic face around men's health. He encouraged the men to go for health screenings so that they can know what is going on with their health.

In terms of lifestyle factors, men are urged to limit alcohol consumption to less than two drinks per day to help to control blood pressure and reduce the risk of heart disease, to limit caffeine intake, including coffee, tea and soft drinks, to no more than four servings per day and to not smoke. Men who quit smoking between the ages of 35 to 39 could add an average of five years to their lives. Men also need to eat a balanced diet, avoid carrying extra weight, stay physically active and manage stress effectively.



Women's Month Celebration At Gateway Clinic

Christ The King Gateway Clinic gentlemen hosted a women's month lunch on the 30th of August 2024 for their female counterparts. The purpose of this event was to take a moment to recognise the contributions women have made to the clinic.

Every year, in August, Ubuhlebezwe Health Sub-District celebrates Women's Month, to pay tribute to the more than 20 000 women who marched to the Union Buildings on 9 August 1956, in protest against the extension of Pass Laws to women.

This year's Women's Month commemoration held under the theme: **"Celebrating 30 Years of Democracy Towards Women's Development"** marks the 68th anniversary of the historic march.

During Women's month Christ The King Gateway Clinic gents celebrate women as active agents of change and social transformation. The commemoration also allows them to take stock of achievements and the challenges that remain while mobilising support for the further development of women. The month coincides with the country's commemoration of 30 Years of Freedom and Democracy, making this year's Women's Month an important juncture for collective reflection on how we have empowered and advanced the rights of women in our democratic journey.

Mr V Biyase (Enrolled Nursing Assistant) was tasked with being the programme director for the day and then Mr S Chiliza (Lay Counsellor) did welcoming and explained the purpose of the day. Mr N Gumede (Clinical Support Officer) was the key note speaker. In his speech, he thanked the ladies for their valuable contribution towards service delivery. There was a musical item by the staff in preparation of Sr M Khumalo's motivational speech. Sr Khumalo explained what it takes to be a woman of virtue within the healthcare sector. Sr P. Ndlovu did the vote of thanks on behalf of the clinic's management and its ladies. Refreshments were then served.



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Picture 1 - Gateway Clinic ladies cutting the cake.
Picture 2 - Mr Biyase (Programme Director).
Picture 3 - Gateway Clinic Staff during the event.

Picture 4 - Mr Chiliza explaining the purpose of the day.
Picture 5 - Mr Gumede delivering his key note speech.
Picture 6 and 8 - Sr Khumalo and Sr Ndlovu delivering their speeches.



Women's Day Celebration By Nokweja Clinic

Nokweja Clinic celebrated women's day in style on the 21st of August 2024 by taking health services to one of the local farms. In South Africa, August is Women's Month - and each year August 9th is celebrated as National Women's Day. National Women's Day celebrates the strength and resilience of women and their contribution to society and country.

National Women's Day in South Africa draws attention to many of the important issues that women in Africa still face - such as domestic violence, discrimination and harassment in the workplace, equal pay, education for girls and more.

During this visit, pep smear was initiated to 22 clients, one client started PrEP and five HIV test were done. Later that day, the client staff then had a luncheon in celebration of women's day. The clinic ladies were dressed in their traditional attire during this luncheon.



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Picture 1 - Sr Memela consulting a client during the farm visit.

Picture 2 - Nokweja Clinic Staff Women's Day Luncheon.

Picture 3 - Staff preparing their work station.

Photo Cred: Nokweja Clinic

Ndwebu Clinic Celebrates Women's Day In Style



Ndwebu Clinic in partnership with Mbambo Foundation visited Ndwebu Primary School on the 21st of August 2024 as part of the women's month celebrations.

Women's Day and the events of Women's Month bring a spotlight to women's stories – providing much-deserved recognition of their accomplishments, as well as a platform to surface and demand response to the challenges they continue to face. These issues are typically invisibilised in our homes, communities and conversations, and not ordinarily profiled in the media, which notoriously neglects women's voices and experiences, tending to perpetuate harmful and discriminatory stereotypes about women.

Sr Qwabe and Nurse Ngcongo did health education and gifted the young girls with free sanitary pads. A lot of young girls drop out of school because they are made to suffer the indignity of being teased by their peers when they go through their menstrual cycle. In addition, their schoolwork suffers because if they cannot afford sanitary products, they have to miss school when they are menstruating.

Pictures showing Sr Qwabe and Nurse Ngcongo doing health education and handing sanitary pads. **Photo Cred: Ndwebu Clinic**



Grade 9 and 10 Career Expo At Ixopo High School



Christ The King Hospital visited Ixopo High School on the 23rd of August 2024 for their 2024 Grade 9 and 10 Career Expo. Grade 9 and 10 learners often have no idea about their possibilities and options after the secondary school. As a result, they often choose their school subjects based on what friends told them and not based on their talents and areas of excellence.



As a result many learners are choosing wrong subjects. When they reach the final year of the secondary school and start looking for follow-up studies, they discover that their subject choices are not matching with the requirements. Often they are not even starting to study. When they do, it is often a study which is not matching their basic talents. At a later stage this plays out in finding a job of their dreams.



The hospital team made of Pharmacist, Medical Officer, Radiographers, Occupational Therapist, Speech Therapist, Physiotherapist, Audiologist, and Human Resources Development Practitioner got to interact with different learners in an information sharing session. They gave valuable advice to learners as they are about to choose subjects that will determine their career choices.

Hlokozi Clinic Visits Mantulela Primary School For Career Day

Hlokozi Clinic visited Mantulela Primary School on the 27th of August 2024 for a career day.

A career day gives learners an up-close look at different career paths and connects their learning to the real world. Community members and leaders come into the classroom to share insights about their career and details about necessary education and training for career success. Meanwhile, learners get the opportunity to listen to presenters, ask questions, and consider what careers pique their interest.

Mr S Phoswa (Enrolled Nurse - Outreach Team Leader) was representing the clinic. During his presentation, he explained different career paths for learners within the healthcare sector. He encouraged learners to make wise subject choices as this will determine their career paths. He give a short introduction about his job as the nurse and learners got an opportunity to ask questions about what it takes to be a nurse, especially in the outreach stream.



Mr Phoswa doing his presentation at Mantulela Primary School Career Day.

Photo Cred: Hlokozi Clinic

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Sangcwaba Clinic Visits Ukuthula High School For A Career Day



Sangcwaba Clinic staff with Highflats SAPS. **Photo Cred:** Sangcwaba Clinic

Choosing a career path can be both exciting and daunting, especially for matriculants in South Africa who are at the crossroads of shaping their futures. Sangcwaba Clinic visited Ukuthula High School on the 21st of August 2024 for a career

day. The clinic got to explore informative yet fun topics that will help learners make informed career decisions.

South Africa offers a diverse range of career paths. From the arts to sciences, business to healthcare, the options are vast. Sr Jili encouraged learners to research different careers online, attend career fairs, and speak to professionals in fields that intrigue you. Understanding the day-to-day responsibilities and requirements of various careers will help you make informed choices.

She also encouraged them surround yourself with mentors and peers who can support your journey. Seek advice from those who have walked the path before you.

Heritage Day Commemoration By Pharmacy Department



Pharmacy department hosted a Heritage Day celebration in their staff area on the 20th of September 2024. Heritage Day on 24 September recognises and celebrates the cultural wealth of our nation. South Africans celebrate the day by remembering the cultural heritage of the many cultures that make up the population of South Africa. Various events are staged throughout the country to commemorate this day.

The staff opted for a bring and share type of a set up where they prepared and brought different traditional dishes. These dishes included, *biryani*, *ujeqe nenyama yangaphakathi*, *amadumbe*, *amahewu* to mention a few. They then gathered in their area to continue with the celebrations.

Some of the pictures taken on the day.

Gcinokuhle Clinic Commemorates 2024 Heritage Day In Style

By Asamkele Dlamini

Gcinokuhle Clinic hosted a Heritage Day celebration for the staff on 26 September 2024. The event took place within the patient's waiting area and at the parking lot.

Heritage Day in South Africa is more than just a public holiday, it's a celebration of the cultural diversity that makes the country so vibrant. It is a day to embrace the unique traditions, languages, and histories that make up the rich tapestry of our nation.

At Gcinokuhle Clinic, heritage day was celebrated through music, art and traditional food. The staff had live singing and dance group performances per stream. The food that was prepared included *isigqwane*, *ujede*, *inyama yenhloko*, *imifino*, *amasaladi*, *utshwala besiZulu*, *kanye nenyama yangaphakathi*. It was a very beautiful function and the staff members had a very good time rejoicing and celebrating cultural diversity. It was all about sharing love and creating a good working environment.



2024 Heritage Day Celebration At Jolivet Clinic

Jolivet Clinic hosted a Heritage Day Celebration for staff on the 26th of September 2024 at the clinic's main parking lot. The purpose of this event was for staff to celebrate their cultural diversity.

Heritage Day on 24 September recognises and celebrates the cultural wealth of our nation. South Africans celebrate the day by remembering the cultural heritage of the many cultures that make up the population of South Africa. Various events are staged throughout the country to commemorate this day. It is a day in which all are encouraged to celebrate their cultural traditions in the wider context of the great diversity of cultures, beliefs, and traditions that make up the nation of South Africa.

The staff got an opportunity to learn about their cultures, their national anthem, their flag and other symbols of historic national importance. They also got a chance to proudly display and revel in their traditional attires as a clinic. One of the most iconic aspects of Heritage Day is the food. The staff came together to cook a variety of traditional dishes and enjoyed delicious food, the event was all about coming together and sharing the unique flavours of South Africa's cultural mosaic. The dishes prepared included *isigqwane*, *ujede nenyama yenhloko*, *amadumbe*, *ubhatata*, *amahewu*, *utshwala besiZulu*, *inyama yangaphakathi* to mention a few.



Kids Corners At Ubuhlebezwe Clinics

Ubuhlebezwe Health Sub-District has created a kids corner for all its clinics. The purpose of this space to give children an opportunity to play games and do educational activities under the supervision of a staff member while waiting for a healthcare personnel.

Waiting in a clinic, doctor or dentist can seem endless for adults but even worse for children! Entertainment is the perfect prescription to distract children and divert their attention away from the current situation and location. A kids zone promotes a softer and soothing atmosphere for the little ones, their parents and also other patients.

Parents often take their children along with them on adult activities, like nurses and doctors' appointments. Sometimes, this can lead to distractions if the children cannot keep themselves busy while waiting on the appointment. With a kids' corner, Ubuhlebezwe Sub-District creates a place where children can relax and have fun.

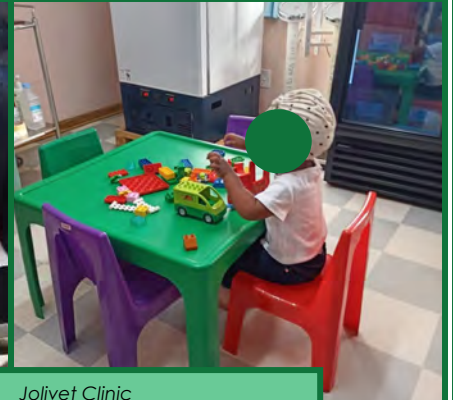
Designed to meet the needs of children from infants to young adults, these play areas provide kids an opportunity to engage in everyday activities. A "safe zone" free from medical procedures and treatments, kids' corners help ease the stress of being in a hospital environment. Kids' corners are supervised by healthcare workers who provide support and a needed distraction.

This creates harmony in the clinic, because children feel as welcome as their parents. While the children are playing, other patients can prepare themselves peacefully for their consult and employees can focus completely on their job.

These are pictures taken at some of the sub-district's clinics.



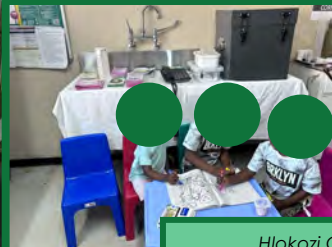
Christ The King Gateway Clinic



Jolivet Clinic



Ixopo Clinic



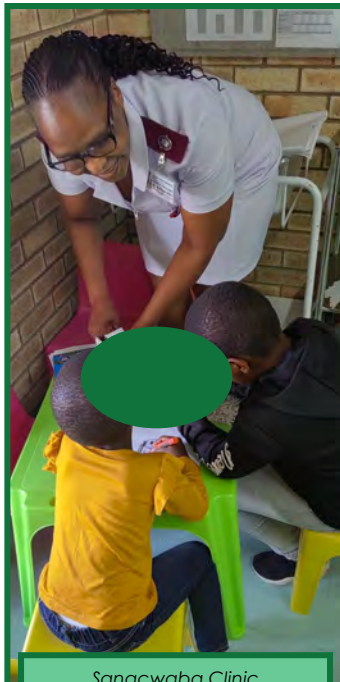
Hlokozi Clinic



Gcinokuhle Clinic



Ndwebu Clinic



Sangcwaba Clinic



Getting To Know The OMN - Mrs N. Gaqa

By Asamkele Dlamini

Mrs Nomncedisi Gaqa was born and bred in the Eastern Cape. She studied at the University of Transkei under All Saints Campus, and obtained a Degree in Nursing.

She started working at Boshof Municipality in the Northern Cape Clinic from 1997 to 2001. She resigned and started working at Gcinokuhle Clinic in 2001. In 2005, she then started working at Hlokozi Clinic, she was then appointed as the Operational Manager Nursing in 2008. In 2011, she then transferred to Christ The King Gateway Clinic.

Gateway Clinic was built in the year 2000 and officially opened in 2001. It is located in Ward 14 under Ubuhlebezwe Sub-

District, in Harry Gwala District. The clinic offers PHC services including; Minor ailment - Adults and Kids, Immunization, Ante-natal care, Family planning, Chronic Services, HPT, Diabetes Mellitus, Tuberculosis services, HIV counseling and testing, and Referral system. It operates from Mondays to Fridays, 07h30 - 16h00 and it closed on weekends and public holidays.

Her role and an Operational Manager nursing is overall supervision; checking the well-being of the staff members in all categories, preparation for Ideal Clinic and OHSC, ordering of equipment, reporting all broken machines and getting them sent for repairs, and ordering linen and medication. She receives support from supervisors and colleagues, working hand in hand with her subordinates. She always takes



Mrs N. Gaqa
Operational Manager Nursing
Christ The King Gateway Clinic

good care of her staff and clients.

Her plans for the clinic are, getting more staff members, more equipment, preparing for NHI, getting a new clinic with proper consulting rooms, and data capturing offices.

Getting To Know The OMN - Mrs N. E. Zuma



Mrs N. E. Zuma
Operational Manager Nursing
Hlokozi Clinic

Mrs Nosisa Eunice Zuma was born and bred in Ixopo. She holds a Diploma in Nursing that she obtained in 2007 from Greys Hospital Nursing Campus. She furthered her studies at the University of KwaZulu-Natal in 2015 where she

obtained a Diploma in Clinical Nursing Science, Health Assessment, Treatment and Care.

She started working at Christ The King Hospital in 2008 as a Professional Nurse. She then got a new post as a Clinical Nurse Practitioner at Ixopo Clinic in 2012. She joined Hlokozi Clinic as an Acting Operational Manager Nursing and was permanently employed in the same post in 2023.

Hlokozi Clinic was officially opened in 1984. It offers all PHC services including, HIV/Aids Testing and Counseling, Family Planning, Antenatal Care, Acute and Chronic

services etc. the clinic operates from Mondays to Fridays, 07h30 - 16h00 and it closed on weekends and public holidays.

Her role as an OMN is ensuring functionality of the facility, and its overall supervision. She loves that the clinic is built in a deep rural area but caters for many clients. She also enjoys working hand in hand with her staff and enjoys receiving compliments about her clinic from its clients. Hlokozi Clinic has a very beautiful vegetable garden that she and her staff started.

She hopes that the clinic will get additional consulting rooms acute, for AYFS and isolation room. She also hopes that she will get more staff to fill in the posts for the exited staff.

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Operation Phuthuma At PHC Facilities



Team made of sub-district, district and provincial office when they visited Hlokozi Clinic on the 8th of July 2024.

term sustainability. For this reason, the sub-district Operation Phuthuma considers all interventions from a sub-district perspective and plans are developed to address challenges across all the sub-district facilities.

Operation Phuthuma has shown significant improvement in coordination and active management of interventions right down at the facility level.

One week a month, the sub-district, district and provincial team visit PHC facilities for feedback on challenges identified on the last visit.

All Ubuhlebezwe Health Sub-District PHC facilities have been visited by this team.

In recognizing the need for a centralised, more robust structure to manage and control the interventions in the HIV program, the National

Department of Health launched Operation Phuthuma in April 2019.

One of the primary objectives was to implement interventions that immediate effect as well as long

CTK Hospital Soccer Team Impresses At The District Office Work & Play Tournament



Christ The King Hospital soccer team impressed the spectators despite staff shortage when they took the second position at the Harry Gwala Health District Office sports tournament. This annual tournament was held at Umzimkhulu Hospital on the 28th of August 2024.

The district Work and Play Tournament serves multiple functions, including promoting physical fitness, fostering teamwork and sportsmanship, providing a platform for talent identification and development, promoting school or organizational spirit, and offering recreational opportunities for participants

The hospital soccer team went down to East Griqualand & Usher Memorial Hospital in the finals after having successfully defeating their opponents to reach the finals.

Mr Gumede (Soccer Team Coordinator) posing with the 2nd spot trophy won by the hospital soccer team.



Farewell Sr Sibibi and Sr Gombela

Sr A. N. Sibisi joined Ubuhlebezwe Health Sub-District as an Operational Manager Nursing at Ndwebu Clinic when the clinic demarcated back to Ubuhlebezwe in 2017.

She has been serving there until her resignation. She has recently been appointed as the Operational Manager Nursing for one of the clinics under Ugu Health District. Ndwebu Clinic wishes her very well on her new role.

“Your unwavering dedication to healing and compassion has touched the lives of so many. Thank you for your years of service and the difference you’ve made in our community.”



Picture 1 - Sr Sibisi cutting her farewell cake.
Picture 2 - Sr Sibisi accepting a gift from Matron Letsoalo.
Picture 3 - Sr Sibisi with some of the PHC Operational Managers during her farewell party.



Picture 1 - Sr Gombela (right) posing for the camera before cutting her farewell cake.
Picture 2 - Sr Gombela with Hlokozi Clinic staff during her farewell party.

Sr N. M. Gombela joined Ubuhlebezwe Health Sub-District as an Enrolled Nurse at KwaMashumi Clinic in 2011. She then furthered her studies and was appointed as a Professional Nurse at Hlokozi Clinic in 2020. In June 2024, she then transferred to Christ The King Gateway Clinic as the Professional Nurse for the Chronic Stream. Hlokozi Clinic wishes you all the best in your new facility.

“Patients always knew they were in good hands with you. Thanks for being such a special person during times when people really needed such kindness and care.”



New Appointments - Quarter 2 (In-Service Trainees)

Mr A. A. Dlamini
Public Relations Trainee
Christ The King Hospital

Mr A. Ndlovu
Human Resources Trainee
Christ The King Hospital

Staff Exits - Quarter 2

Mrs S. T. Kwinana
Operational Manager Nursing
Christ The King Hospital

Ms T. A. Vezi
Professional Nurse
Christ The King Hospital

Mrs Z. P. Madonda
Professional Nurse
Christ The King Hospital

Mr S. Mkhize
Human Resources Officer
Christ The King Hospital

Mr B. J. Mkhize
Registry Clerk
Christ The King Hospital

Ms B. C. Gumede
Clinical Nurse Practitioner
Ixopo Clinic

Ms E. S. Jaca
Clinical Nurse Practitioner
Ixopo Clinic

Ms B. G. Ndlovu
Professional Nurse
Ixopo Clinic

Ms T. Z. Funeka
Enrolled Nurse
Ixopo Clinic

Ms N. P. Hlela
Enrolled Nursing Assistant
Ixopo Clinic

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Layout Designer



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