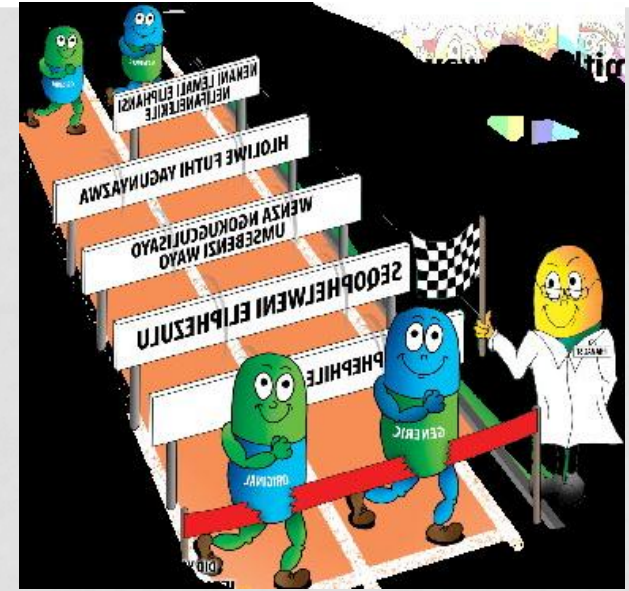
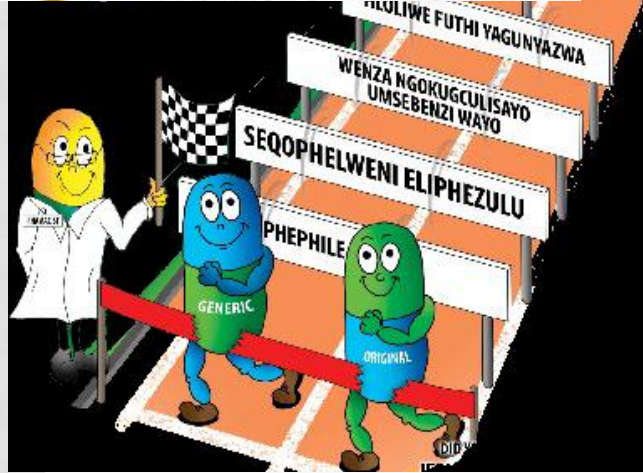




health

Department:  
Health

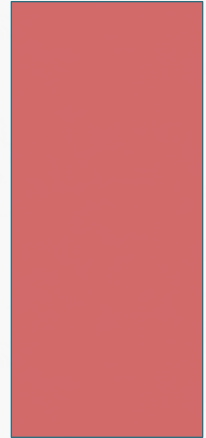
PROVINCE OF KWAZULU-NATAL



# PHARMACY WEEK

## 2013

CHRIST THE KING HOSPITAL  
1 PETER HAUFF DRIVE, IXOPO



# OVERVIEW

- **The pharmacy department at Christ the King Hospital hosted their first ever pharmacy week from Monday the 2<sup>nd</sup> of September to the 6<sup>th</sup> of September 2013.**
- **21 staff members participated in the event.**
- **The staff at Christ the King participated in a fun filled week.**
- **Education and training was provided to patients on common medical conditions**
- **The hospital staff had donated funds and supported the fund raising events carried out by the pharmacy staff.**
- **Refreshments & prizes were provided daily for patients.**
- **Pamphlets created by the pharmacy staff were also handed out to patients during the week.**

# FUND RAISING EVENTS

Hot dog sale

Cake sale

Steamed bread and curry sale

Roti roll and samoosa sale

Gift basket raffle





# DAY 1: ASTHMA

**Date:** 2<sup>nd</sup> September

**Time:** 11h00

**Venue:** Sangcwaba Clinic

**Team Members:** Tinashe, Thuli&Gideon



Causes

Risk factors

Inhaler & spacer device demonstrations

Treatment (Difference between relievers and preventers)

What you should do during an asthma attack?

# DAY 2: HYPERTENSION

**Date:** 3<sup>rd</sup> September

**Time:** 10h00

**Venue:** Casualty Department

**Team Members:** Kooshboo, Zanele, Xoliswa & Mpume

What is Hypertension?

Symptoms

Risk factors

Ways to improve lifestyle

Dietary guidelines



# DAY 3: DIARRHOEA & HYGIENE

**Date:** 4th September

**Time:** 09h00 and 14h00

**Venue:** Gateway Clinic

**Team Members:** Futhi, Caitlin, Khumbu



Difference between chronic & acute diarrhoea

Causes of diarrhoea

When should patients be referred?

Symptoms of dehydration

How to prepare home made rehydration solutions?

Proper hand washing technique (demonstration)



# DAY 4: DIABETES MELLITUS

**Date:** 5th September

**Time:** 10h00

**Venue:** Ixopo Health Center

**Team Members:** Brian, Londi, Kubashni, Nozibele & Clement



What is diabetes?

Difference between type 1 & type 2 diabetes

Symptoms of diabetes

Long term complications

Ways to improve lifestyle

How to administer insulin?



# DAY 5: CONTRACEPTION

**Date: 6th September**

**Time: 10h00**

**Venue: Kwamashumi Clinic**

**Team Members: Lynica, Nontobeko, Andile & Nathi**

What does contraception mean?

Different types of contraceptives available

How to use IUD devices?

How to use condoms?  
(Male and Female)





# ACCOMPLISHMENTS

- The first pharmacy week event hosted by Christ the King Hospital was a success
- The event was supported by hospital staff who contributed towards fundraising
- Hospital staff and patients had benefited from the education and counseling provided to them.
- Presentations were held at the hospital & in some clinics to ensure adequate outreach.
- Patients displayed their understanding of the presentations by their interaction with the pharmacy staff

# SHORTCOMINGS

To keep patients interested and involved , skits/plays should be performed by teams.

To challenge staff to exhibit their best efforts during presentations, the best team should be awarded a prize based on their creativity, effort and dedication to the week.

The posters used during the presentation were not as captivating as it should be. Larger and more colorful posters should be used with minimal information for patients to understand.

# ACKNOWLEDGEMENTS

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Pharmacy week co-ordinators- Kubashni Mudly (CSP), Lynica Kokera (Intern), Londi Dlamini (PA), Ntombifuthi Mtshali (Pharmacist) and Kooshboo Chellembon (Pharmacist)

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Donation of fruit, dietary menus, posters, cool drinks, chips, T-shirts, caps and patients information booklets from sponsors and hospital staff

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Pharmacy staff for their participation and effort towards providing proper education and training to our patients.