

# Phila Ma Project 2010/11



health

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

## CHRIST THE KING HOSPITAL



# SIYANA KEKELA

# BACKGROUND

Phila Ma project is an outreach programme aimed at ensuring that mothers in our community live a healthy life and are aware of risks that they are exposed to due to conditions under which they live. As Ubuhlebezwe sub-district, our clients are mostly from rural communities and little do they understand the amount of risks that might affect their wellbeing. This initiative is in line with the UN's Millennium Development Goals, especially goals number 4 (Child health), 2 (Maternal health) and 3 (Combat HIV/AIDS).

The main focus of the project is on the following:

- Teaching mothers about healthy life style.
- Informing women on services within Ubuhlebezwe.
- Providing full package of district hospital within reach
- Promotion of community outreach
- Promoting an integrated service through ward system

# BACKGROUND



Mrs TME Ngcobo-Nursing Manager



Mrs K Makhathini-Assistant Nursing Manager



Sr K Mpisi-Operational Manager



Communities are given health-education before the business of the day gets underway.



# Services that are Provided during Visits

When we go for Phila Ma Outreach we make it a point that we provide almost the full package of services. One of the reasons for the outreach programme is to promote ultimate utilization of Primary Health Care. Following are the services that we provide on Phila Ma:

- Pap smear
- Breast cancer screening
- Children immunization
- VCT/HCT
- TB screening
- Eye screening
- Growth monitoring
- Social services
- Home affairs services

# Who Lead the Project?

- Hospital management
- PHC Supervisors
- Mobile team leaders
- Facility Operational Managers
- Maternal and Child Health team

## Plan for 2010/11

- All areas to be visited will be linked to their nearest clinic. Outreach Mobile teams are also fully utilized during the visits. As Ubuhlebezwe Sub-district we have 8 clinics, but due to the remoteness of some areas that are serviced by our clinics we have had to split some visits into two. Following is the plan for 2010/11

# [ Areas Visited In 2010 ]

<b>MONTH</b>	<b>AREA</b>
January	Nkweletsheni
February	Bhobhobho
March	Vukani
April	Thathani
May	Mahhehle
June	Ncakubana
July	Nokweja
September	Dabulamanzi
October	Skeyi

# [ Areas Visited In 2011 ]

<b>MONTH</b>	<b>AREA</b>
January	Malezulu
February	Ncakubana
March	Charibrooke
April	Bovini



# **HEALTH EDUCATION TOPICS**

- **Importance of doing PAP SMEAR**
- **Screening of BREAST CANCER**
- **Early identification of MALNUTRION**
- **Importance of attending ANC early**
- **VCT**
- **FAMMILY PLANNING**
- **IMPORTANCE OF BREAST-FEEEDING**
- **TB**
- **CTOP**
- **Male medical circumcision**
- **Health life styles**

# Composition Of The Team

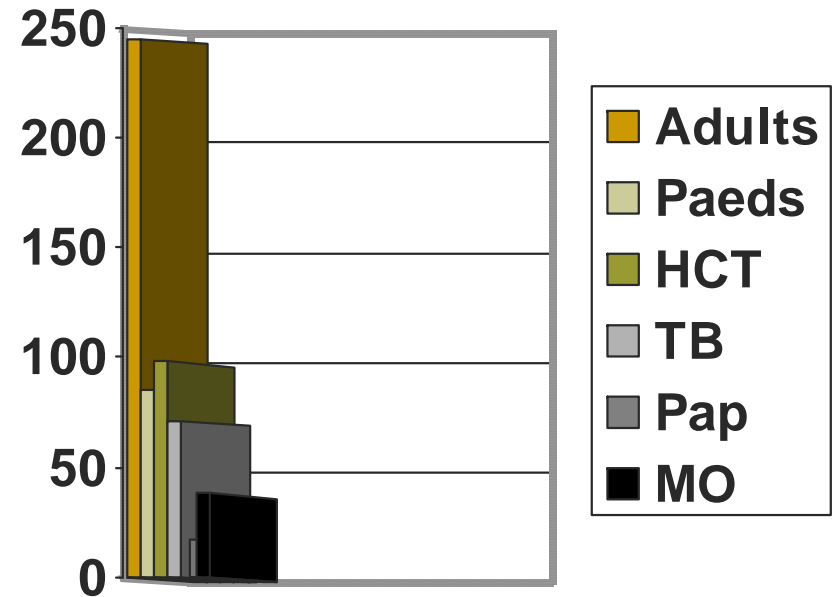
- Out reach mobile team.
- TB/Care Association team (our partner NGO)
- Community Health Care Workers of the visited area.
- One Medical Officer as per roster.
- Lay counselor/ Site Mentor
- Dietician
- Social Worker
- Eye care nurse
- Physiotherapist
- Occupational Therapist
- Speech Therapist
- School Health care Nurse

# Composition Of The Team



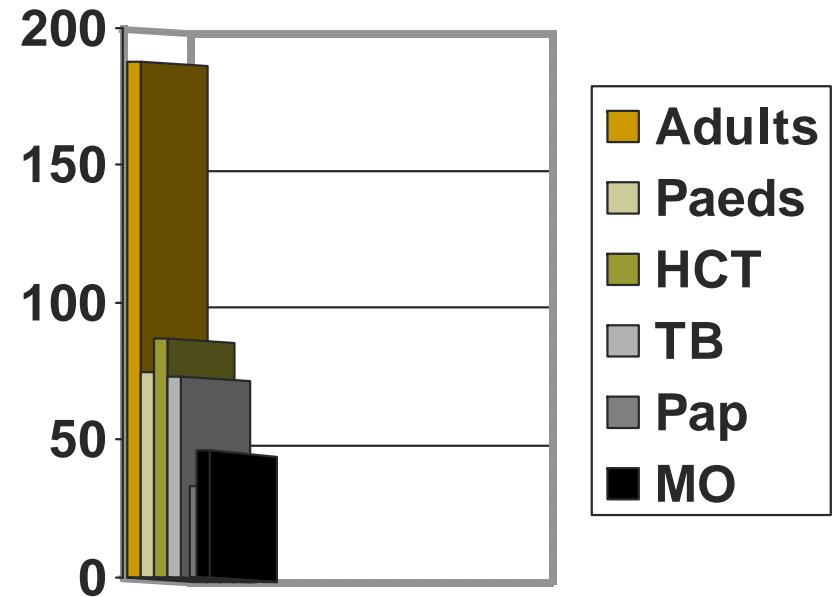
# Stats from the Nkweletsheni visit

- Adults-245
- Paeds-85
- HCT-51
- TB screening-40
- Pap smear33
- Referred to MO-12



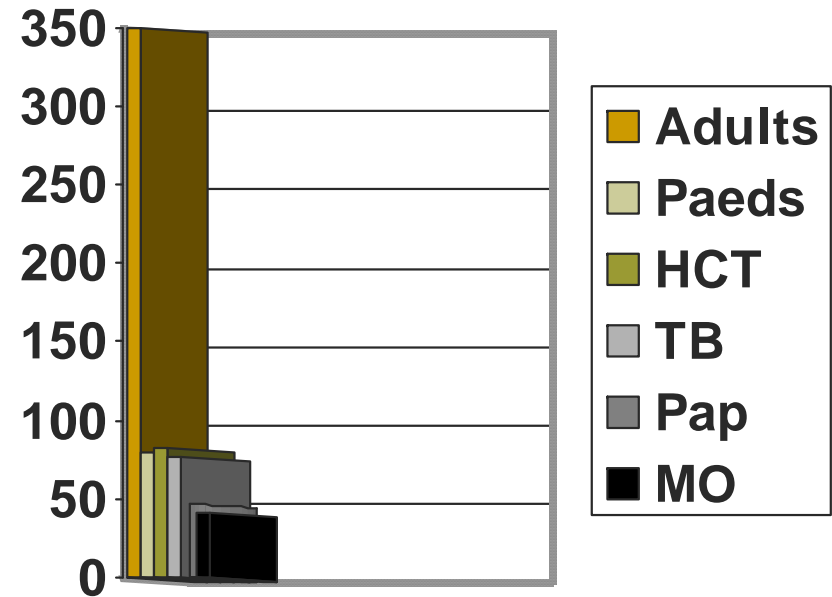
# [ Stats from the Bhubhobho visit ]

- Adults-188
- Paeds-85
- HCT-87
- TB screening-73
- Pap smear-33
- Referred to MO-46



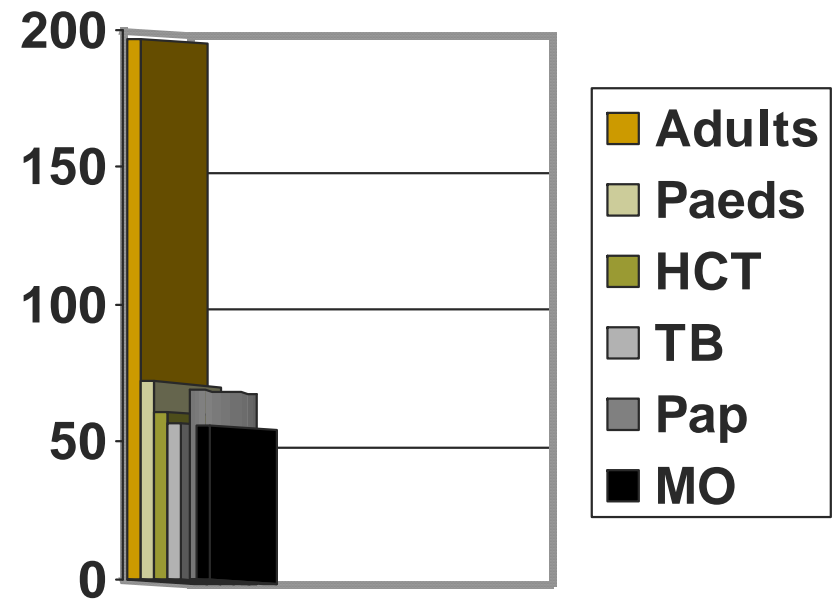
# Stats from the Vukani visit

- Adults-350
- Paeds-80
- HCT-82
- TB screening-77
- Pap smear-47
- Referred to MO-41



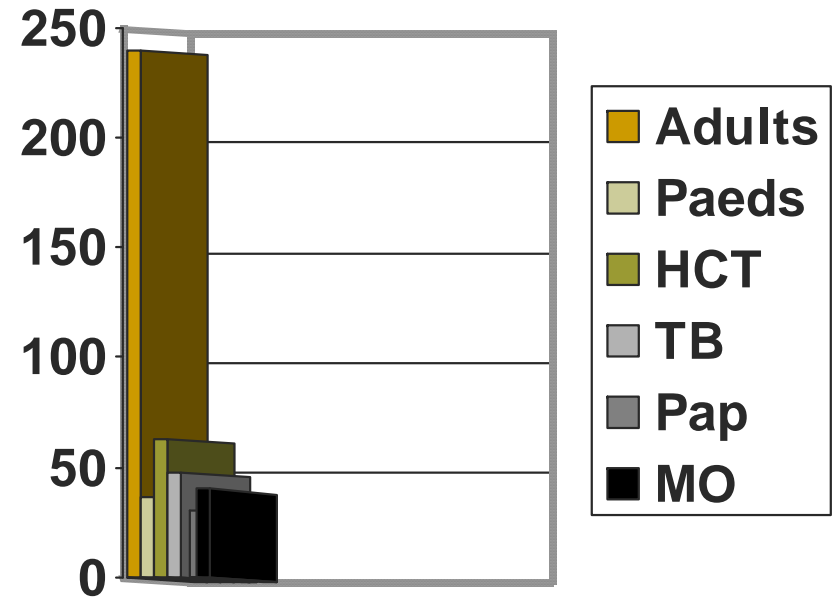
# Stats from the Thathani visit

- Adults-197
- Paeds-72
- HCT-61
- TB screening-57
- Pap smear-69
- Referred to MO-56



# Stats from the Mahhehle visit

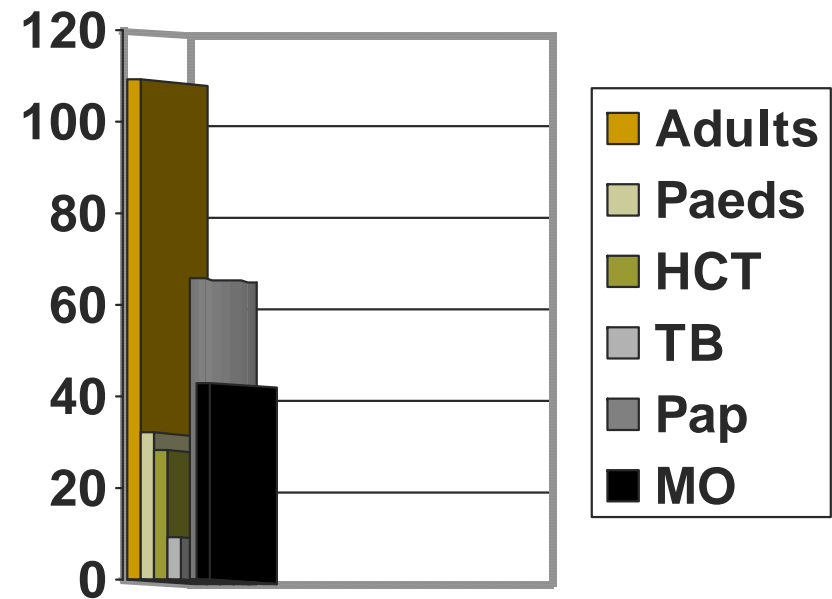
- Adults-240
- Paeds-36
- HCT-63
- TB screening-48
- Pap smear-30
- Referred to MO-40





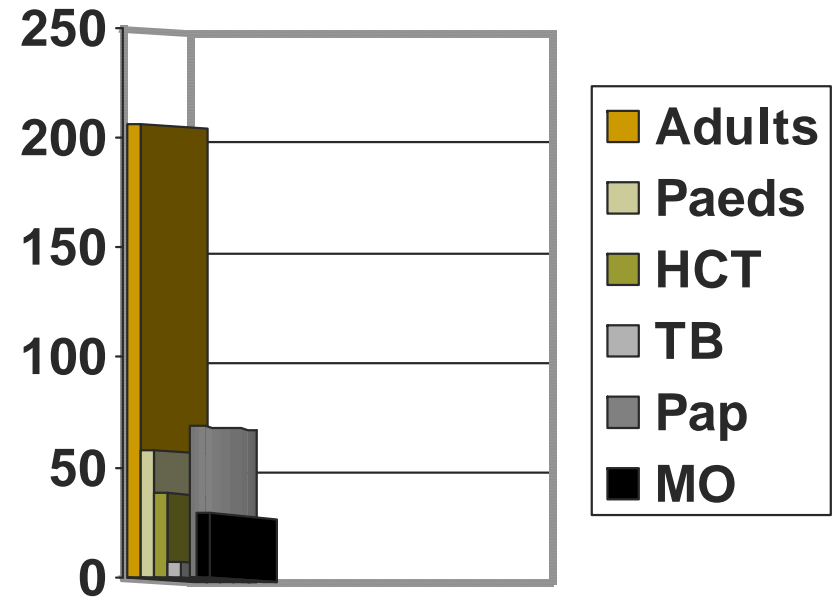
# Stats from the Ncakubana visit

- Adults-109
- Paeds-32
- HCT-28
- TB screening-09
- Pap smear-66
- Referred to MO-43



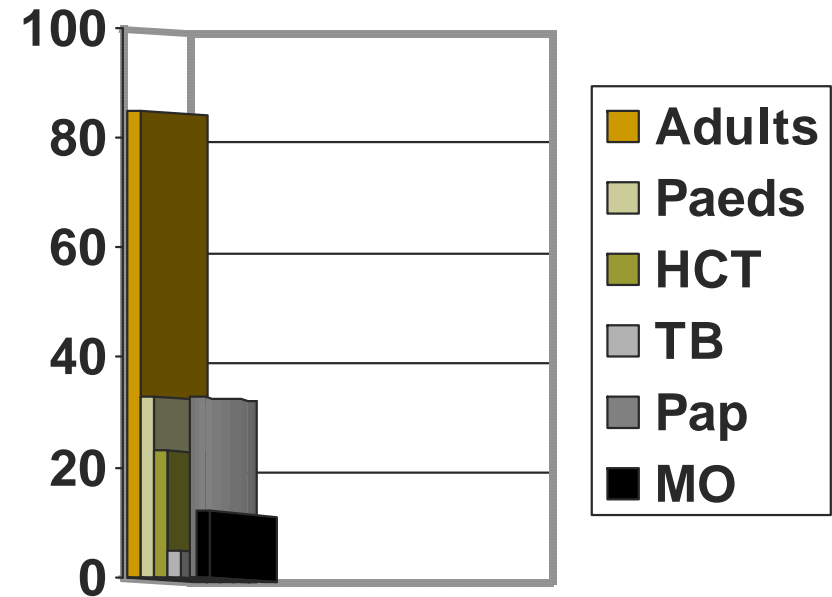
# Stats from the Nokweja visit

- Adults-206
- Paeds-58
- HCT-38
- TB screening-07
- Pap smear-69
- Referred to MO-29



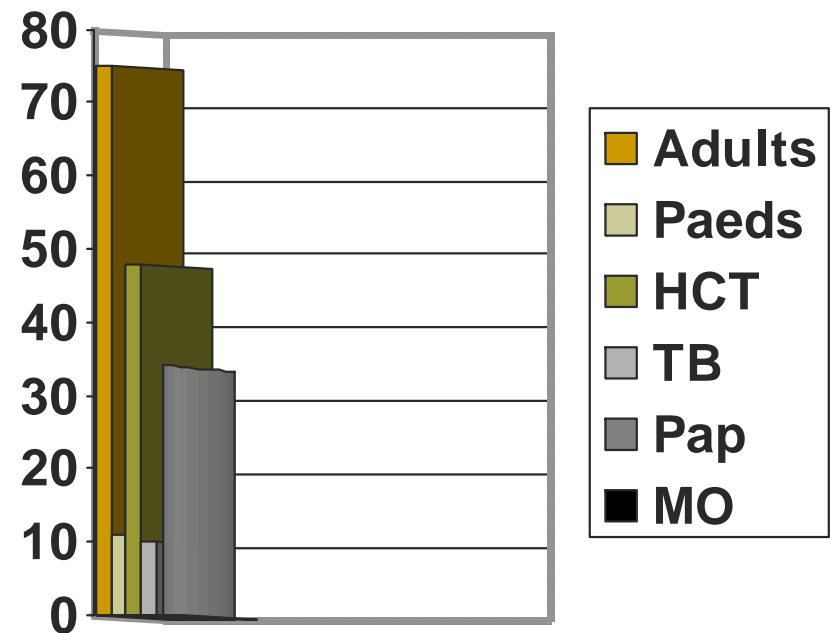
# Stats from the Skeyi visit

- Adults-85
- Paeds-33
- HCT-23
- TB screening-05
- Pap smear-33
- Referred to MO-12



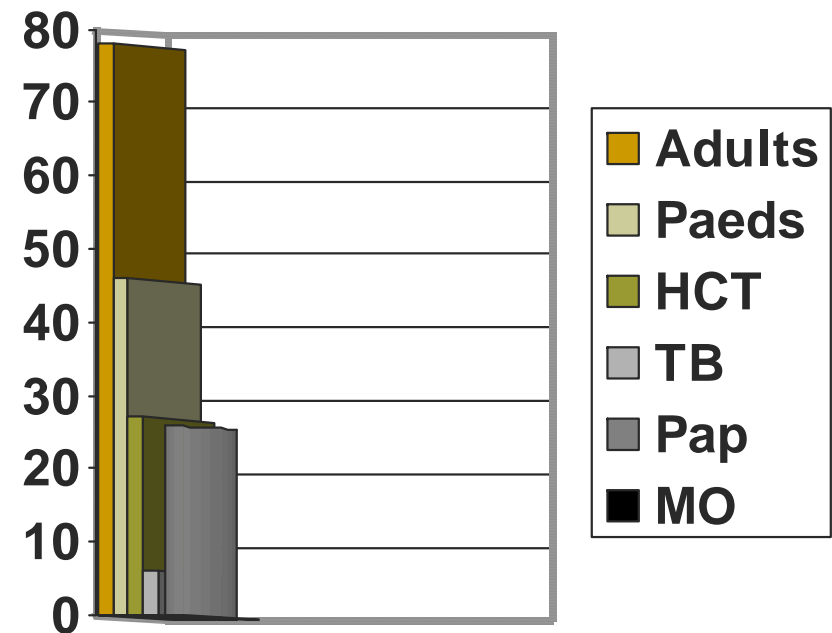
# Stats from the Malezulu visit

- Adults-75
- Paeds-11
- HCT-48
- TB screening-10
- Pap smear-34
- Referred to MO-00



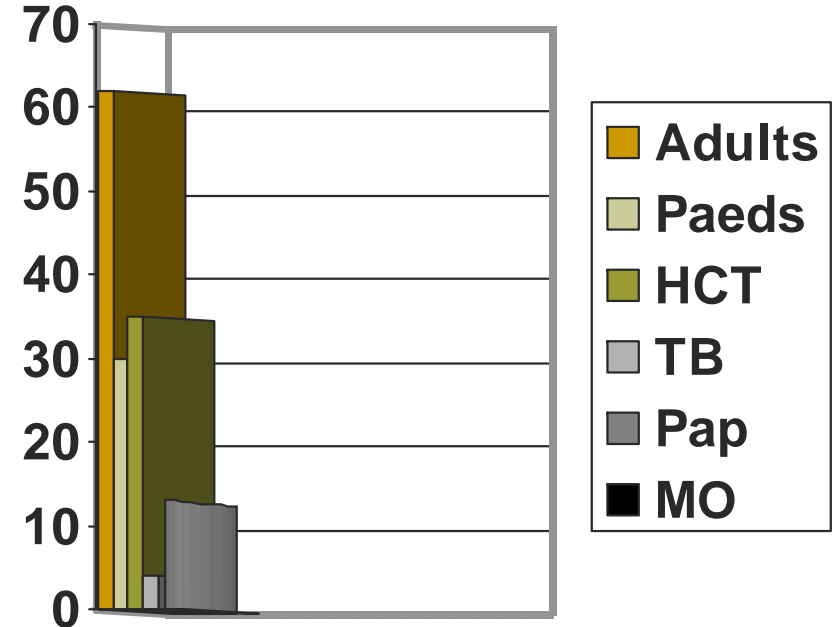
# Stats from the Ncakubana visit

- Adults-78
- Paeds-46
- HCT-27
- TB screening-06
- Pap smear-26
- Referred to MO-00



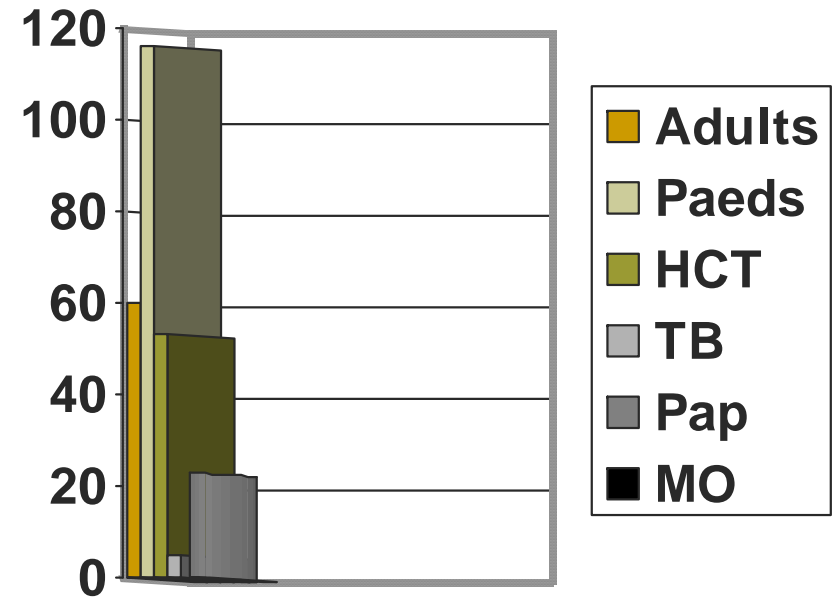
# Stats from the Charisbrooke visit

- Adults-62
- Paeds-30
- HCT-35
- TB screening-04
- Pap smear-13
- Referred to MO-00



# Stats from the Bovini visit

- Adults-60
- Paeds-116
- HCT-52
- TB screening-05
- Pap smear-23
- Referred to MO-00



**THE END**



**REPORT COMPILED BY,  
Mrs. K MAKATHINI**