



ZIYASHA

NEWS

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CLAIRWOOD HOSPITAL SOCIAL WORKERS RAISE AWARENESS



SOCIAL WORKERS DURING CHILD PROTECTION WEEK

Child abuse and neglect are a silent epidemic hidden in the shadows of society. In South Africa alone, according to Makwati J. and Snyman SP from South African Medical Journal in 2017, over 5000 cases of child abuse are reported every year and still a high number of cases go unreported. With these sobering statistics in mind, a team of social workers from Clairwood Hospital embarked on a campaign to raise awareness for child protection.

Social workers visited various departments within the hospital, distributing educational materials and conducting brief presentations. Their goal was to emphasize the importance of reporting any signs of child abuse such as, physical, mental, child neglect and emotional abuse. They also provided information about the resources available to support families.

“It is crucial for our community to understand the seriousness of child abuse and neglect, this is therefore encouraging parents and the society at large to protect children from this epidemic, and to recognize the importance of reporting any signs of child abuse or neglect,” said Ms. Ngcobo head of Social Work Department.

With this campaign, we hope that the message will spread and reach and every member of the community and parents. The hospital hopes that the community will stand together and fight against child neglect and abuse. As Ms. Ngcobo emphasized that, “ it is only by working together that we can create a brighter

CLAIRWOOD HOSPITAL ZIYASHA MEDIA INTERVIEWS MS. MPISANE(EAP)



Public Relations Office invited Ms. Nosihle Mpisane to welcome her as she recently joined Clairwood Hospital as the Employee Assistant Practitioner (EAP). Ziyasha had a sit in with her to have a conversation about her programme.

Q: Welcome to Clairwood Hospital Ms. Mpisane, how have you been adjusting to your new working environment?

A: Thank you. Clairwood Hospital is a good and friendly institution, the staff is welcoming and the environment is conducive.

Q: Why organisations need a Wellness Practitioner?

A: Wellness is a broad term which involves Occupational Nurse, health & safety of- fice and EAP. EAP is created to assist employees who may have work related or personal issues which may affect their work performance. So, it is important to have this program because it provides counselling and support to employees.

Q: How does EAP work with supervisors to assist employees?

A: It starts with a supervisor in a department. The supervisor should be able to see and tell if an employee has a problem which may be affecting his/her performance and so if the problem persist, then the EAP intervenes.

Q: How would you respond to supervisors who would say EAP program is there to protect employees who are under performing?

A: Those supervisors would need to be assisted in order to understand the program and what it's all about. It is about a healthy employee and a good outcome for the employ- er.

Q: How does EAP align with physical wellness?

A: Physical activities are part of wellness, so by us encouraging staff to engage in these activities like soccer, yoga, netball, etc. We are promoting a healthy lifestyle as it cre- ates team-building, assists employees to distress and to keep them strong.

Q: Can a supervisor refuse an employee to participate in physical wellness activity?

A: This is an official program that allows employees to participate in a 2hr physical activity, as long as service delivery is not compromised. Our main role is to assist employ-

CLAIRWOOD HOSPITAL SCORES A GOAL WITH A



HOSPITAL CEO (REV NBL. GWALA) RECEIVING THE SOCCER KIT DONATION FROM OLD MUTUAL'S REPRESENTATIVES



SOCCER TEAM PLAYERS DISPLAYING THE NEW SOCCER KIT

After

a while of not participating in eThekweni health district tournament, Clairwood Hospital soccer team received a welcoming boost ahead of their upcoming tournament when Old Mutual donated a brand new football kit. The kit donation highlighted the long-lasting meaningful relationship between Clairwood Hospital and Old Mutual. It is also aimed at promoting Health, Wellness, and social cohesion amongst employees.

The kit hand over was attended by the Hospital's CEO REV NBL Gwala, football players, and Representatives from Old Mutual Mr. Khanyile and Mr. Manqele. The timely donation replaces the team's old worn-out jersey, providing them with a fresh, distinct look. The kit was handed over to the Hospital's CEO, who showed a beaming gratitude to Old Mutual.

"We are thrilled and grateful to Old Mutual for their kind donation." said Ms. Mpisane (EAP). "With this support our team will undoubtedly be inspired to perform their best in the upcoming tournament."

The donation is a testament to Old Mutual's commitment to maintain a relationship with Clairwood Hospital through the collaboration in sports activities. Their contribution will make a significant difference in the teams performance and overall spirit.

Handing over the soccer kit to Clairwood Hospital, Mr. Khanyile from Old Mutual said, "This donation will not only boost Clairwood Hospital team's morale but also serve as reminder of the importance partnership in sports".

Evidently Clairwood Hospital's soccer team is geared up and ready to take on the competition in style, thanks to Old Mutual. The team showed a heartfelt gratitude to Old Mutual for their sup-

A STORY OF TEAMWORK AND DETERMINATION



Football team



Netball team



Football team and technical team



From L to R: Ferdoz, Jerome and Kessy

Clairwood Hospital recently return to the Department of Health Districts sport tournament with eagerness to have their presence felt, After a couple of years of their absent in the eThekweni Health District tournament.

Although they may have not progressed to another level, the teams gave it their all to be counted,

The netball team performed well against their strong opponent which were the champions of the previous tournament. Their perseverance and team work were truly inspiring.

Both football and netball teams showed great character, displaying exceptional skills on the court and on the field. Unfortunately both teams were eliminated in the first round.

For Clairwood hospital staff this was not just a sport tournament but it was an opportunity for them to unwind, build relations among themselves and colleagues

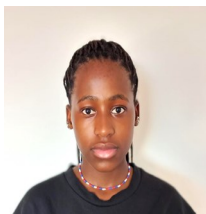
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