



# ZIYASHA

# NEWS

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## STAY INFORMED

April–June 2022

## CLAIRWOOD HOSPITAL CELEBRATES INTERNATIONAL-



**Nursing personnel reciting a nurses pledge during the ceremony**

This was a day filled with praise and worship songs by Clairwood hospital Nurses and staff thanking the Lord for surviving throughout the pandemic, it was also a celebration of a profession which contributes so much to human kind

Speakers after speakers were full praises to Clairwood hospital which after it was declared a COVID-19 hospital nurses and doctors did not request transfers instead they soldiered on nursing every patient with humility.

This day is celebrated every year on the 12 May as an anniversary of Florence Nightingale’s birthday. This largest profession in the world was celebrated under the theme: **A Voice to lead –invest in Nursing and respect Rights to Secure Global Health.**

Speaking at this event Rev. NBL Gwala the Chief Executive Officer thanked all the nurses including all health care workers who despite all the challenges still continue to do their work diligently.

Mr. Thomas Hadebe a pastor and a Motivational speaker, inspired staff through his motivation which was based on encouraging staff to never loose hope in whatever they were going through during these difficult times in South Africa.

## DEPARTMENT OF HEALTH TAKES HEALTH SERVICES TO FLOOD VICTIMS



**Mr Vusi Mthembu from District office together with an NGO Nurses giving health education to flood**

The recent floods that hit KZN and mostly Durban left so much devastation that even today three months after the disaster some families are still searching for their loved ones and others are still trying to pick up pieces .

Those who lost their loved ones are still combing areas and searching through the rubble and those who lost their homes are cramped in community halls with no privacy whatsoever. All of this has brought so much pain to these families. This pain can only be clearly imagined when one visits the families whose next of kin are still missing, and when one visits the shelters for flood victims who have to share spaces with strangers and wait for a meal from Municipality and from other generous donors.

The generosity that has been shown by different donors has despite all the adversity come along to cushion the blow by ensuring that flood victims have clothes to wear, blankets to sleep with and meals for the day.

Various government departments e.g. Health, Home Affairs, Social Development, Human Settlement and others have also activated all the necessary interventions by assisting the victims

The dept. of health together with eThekweni Municipality with other partners visited flood victims who are sheltered in Umlazi Tehuis hall and Yellowwood park hall. The purpose of the visit was to provide health services and to also provide health education.

Health services were provided starting from minor ailments and chronic treatment and also referral to higher levels of care for severe cases. To this day the temporal residents of the hall are still provided with health care services without having to leave their temporal residence.

When Clairwood hospital supported by the eThekweni district and municipality visited the mentioned shelters to bring health awareness and to provide services. residents were told about importance of taking their chronic treatment regularly and were also told about vaccina-

## HAND HYGIENE DAY CAMPAIGN



### **Rev. NBL Gwala CEO acknowledging the winners who took part in the competition**

For everyone to believe washing of hand is a good thing to do, hand hygiene should start with all health care workers in health facilities.

Infection prevention and control must be such that behavior and attitude is gradually changed and hand hygiene is effortlessly practiced by everyone.

World Hand Hygiene Day was celebrated under the theme : **a health care “quality and safety climate or culture” that values hand hygiene and infection prevention and control.**

Various departments took part in initiatives which were organised by IPC Practitioner Ms. G. Jama.

The aim of the hand hygiene day was to mobilise staff members and to remind them about the importance of washing their hands and to always follow five moments when washing hands

The winners of a friendly competition were the FF: Performances: No. 3 was ward 5, No 2 was Pharmacy and No 01 was Thusong clinic. On art display the winners were: No 03 Informatics dept. N0 02 Ward 05 and N0 01 was physiotherapy department.



**E**mployer and employee relations is crucial for any organisations success.

Clairwood Hospital Employee Wellness day was organised with the aim of bringing different service to them and ease the burden of travelling to different areas when all the services could be brought together foremployees benefits.

Asked about the importance of this day the EAP Practitioner Ms N. Zulu had this to say, “COVID-19 prevented a lot of interaction between staff and service providers since they were not allowed to enter health care facilities., now that were are on alert level one of the pandemic we felt that we needed to gradually normalize the situation and assist staff by bringing important services to them”.

Stake holders present were Nedbank which was helping staff with new accounts and offering other products as well. SA Home loans was also part of the event helping staff members who wanted to enquire about getting approved for a bond.

Old Mutual was also available with their products helping staff members with wills, retirement annuity and funeral policies.

DBC and Associate, a company that specializes in chronic neck and back products including biokinetics services. Staff were very excited to have such a wellness day which was organised for them. Interaction through different stalls were vibrant and there were lots of freebies which staff were greatful for.



**Act. Deputy Manager Nursing Mr. P. Zondi (centre) with Gateway staff and some of the youth during the launch**

## **CLAIRWOOD HOSPITAL LAUNCHES ADOLESCENT YOUTH FRIENDLY SERVICES**

Attending and prioritizing young people's health care needs in the health care setting can be a game changer in addressing gaps that the society often experience where young people are not so keen to attend to their health problems because of many factors.

This launch of Adolescent Youth Friendly Services (AYFS) was well received by youth within Clairwood hospital catchment areas.

AYFS are designed to address the barriers faced by youth in accessing high-quality services in health care centres.

### **Structural barriers**

such as laws and policies requiring parental or partner consent, distance from facilities, costs of services and/or transportation, long wait times for services, inconvenient hours, lack of necessary commodities at health facilities, and lack of privacy and confidentiality.

### **Sociocultural barriers**

such as restrictive norms and stigma around adolescent and youth sexuality; inequitable or harmful gender norms; and discrimination and judgment by communities, families, partners, and providers.

### **Individual barriers**

such as incomplete or incorrect knowledge of Sexual Reproductive Health( SRH), including myths and misconceptions around contraception; limited self-efficacy and individual agency; constrained ability to navigate internalized social and gender norms; and lack of access to information about what SRH services are available and where to seek services.

The youth who attended this event were greatfull for the opportunity to be recognized and there was also a commitment to make this event an annual event which will put young peo-

**IXOXWA NGEZITHOMBE**



Nurses attending International nurses day



Bishop Jali during International Nurses day



Youth attending AYFS launch



Prof. Magula during International Nurses Day



Rev. Gwala during International Nurses day



Nurses parade during international Nurses day

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