



**health**

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

# ZIYASHA NEWS

## OPEN DAY AT CLAIRWOOD HOSPITAL

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### SOCIAL WORK DEPARTMENT STAFF DURING OPEN DAY

An Open day event was held at the Hospital, during which the management of the hospital was able to share valuable information with the public. The community was, in turn, eager to understand how services are offered and are willing to make valuable contributions to improve quality of care.

The aim of the event was to share health information and invite the community to have their say about services rendered. This was also a platform for them to share their experiences when they visit the hospital.

Members of the public asked interesting questions and their comments showed that sharing of information with stake holders has been long overdue.

Ms. Malinga a Clinical Nurse practitioner from wellness clinic did a presentation on the CCMDD programme. She emphasized the interesting benefits of the programme.

Ms. Cele and Ms. Ngcobo shared important information on Primary health care issues (PTO)

### Special Points of interest:

- ◆ Clairwood Hospital
- ◆ Tel: 031 451 5082
- ◆ [Www.kznhealth.gov.za/Clairwood Hospital](http://www.kznhealth.gov.za/ClairwoodHospital)
- ◆ **Editor:**
- ◆ Mr. M. Khuboni
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- ◆ Mr. S. Mbili
- ◆ Ms. L barker-Cobb
- ◆ Ms. N. Mthembu
- ◆ Ms. V. Naidoo
- ◆ Ms. N. Buthelezi

Supply chain and procurement processes were shared by Ms. B. Zimu. All the presentations were positively received by the community and there were relevant questions and comments.

The Lamontville community, especially the youth and representatives from the councilor's office were in full attendance.

It is envisaged that the partnership between the hospital and the community will go a long way to bridge the gap on healthcare related matters.



Ms.. N. Ngcobo, Ms.. T. Mtaka and Ms.. N. Linda



Ms.. Ngcobo and Ms. B. Zimu



Community members listening to presentations



Pharmacy Dept. stall during open day.



Dental clinic staff with IPC coordinator and OH&S officer during hand hygiene drive

## WORLD HAND HYGIENE DAY AT CLAIRWOOD HOSPITAL

According to World Health Organisation (WHO), millions of patients around the world are affected by health care associated infections. More than half of these infections could be prevented if health care workers wash their hands properly in health care settings.

The purpose of washing hands with soap and water, while using the proper technique, is to remove pathogens (including bacteria and urine chemical) which can cause personal harm or diseases.

Clairwood hospital took part in commemorating World Hand hygiene day which was on the 11 May 2017. The Theme for 2017 was "FIGHT ANTIBIOTIC RESISTANCE, ITS IN YOUR HANDS. Ms. G Jama Acting Infection Prevention and control Practitioner and her team embarked on a door to door visiting wards and all departments observing whether employees are following the proper technique when washing their hands. The tippy tap method of hand washing was demonstrated to patients and they were encouraged to use it in their home set-



Ward MS6 staff showcasing skills



Pharmacy staff demonstrating hand washing technique

## Natal Portland Cement “Day of Doing Good” at Clairwood hospital.



**Volunteers during the Day of Doing Good briefing.**

Ms. Shanturi Naidoo, the occupational therapist, called NPC cement with a simple request for six bags of cement. This quickly became one of the best projects to be undertaken by a private organisation at Clairwood hospital as part of their social responsibility.

As an Occupational Therapist, Ms. Naidoo understands that patients do not only need medical care but rehabilitation and recovery through making use of basic life and social skills hence she started a garden for and with the patients.

In the middle of the gardening project she realised that it was difficult for the patients with wheelchairs to access the garden because the area was not wheelchair friendly. Another obstacle was to get the patients with wheelchairs to work on the garden, so she decided on an elevated garden. This was not going to be easy without the resources which were needed for this project.

When Ms. Naidoo wrote to Natal Portland Cement (NPC) cement requesting six bags of cement her aim was to ensure that the gardening area was accessible to all her patients. The response from NPC was a surprise to her. NPC wanted to assist far beyond the initial request and Ms. Naidoo with Clairwood Hospital management decided to identify other areas which needed to be done but could not be due to lack of funds.

When the consolidated request was sent to NPC the Plant decided to embark on their annual social responsibility which involves almost all NPC staff and their families.

More than 100 NPC staff, their families and some Clairwood staff and their families descended on the hospital on a Sunday to make a difference.

Areas which were covered on the day were the painting of Occupational therapy department, Mothers lodge, children's jungle gym, and the Occupational therapy Garden.

The garden was elevated to be friendly to patients with wheelchairs, the ramps were done well and vegetable plants were purchased and planted on the day.

All the material and tools which were used on the day were provided by NPC.

Ms. Naidoo's dedication to the rehabilitation of her patients has shown that there is a lot that one can achieve through being positive and always strive for success regardless of challenges.

**Volunteers worked tirelessly to finish all the projects in just one day**



**Elevated garden for wheel chair patients**



**Plants and vegetables which were donated by NPC**



**Children's play area was also painted with bright colours**



**The vegetables and plants were planted on the same day**



**NPC volunteers painting Rehabilitation Centre**



**Clairwood Hospital employee's relatives painting Mothers Lodge**

## WELLNESS DAY EVENT

Living a healthy lifestyle will not only extend your lifespan, but it can also improve work performance and decrease stress levels. This was a clear message from Ms. Zama Buthelezi an Employee Assistance Practitioner during a wellness day which was held on the Hospital grounds

“It is very important that our staff members participate in healthy life style activities, that is one of the benefits of belonging to the Clairwood Hospital family, where you do things that otherwise you would not have done alone in your home setting” she said. She promised that events like these will be held annually to help employees evaluate their health and discover their “vitality age”.

Present on the day was a Government Employee Medical Scheme (GEMS) instructor who conducted a 30 minutes workout and there were games i.e. 3 legged game, fun walk and egg game. Participants were given fruit, snacks were sold by the organizing team for fundraising for the hospital soccer and net-ball teams. Blood pressure, glucose and HIV tests were offered

Overall, the annual wellness day continues to be a great success and is one of the highlights to our staff because of the benefits that one gets from being part of this event.

It is true that a healthy lifestyle not only changes your body, it changes your mind, your attitude and your mood.



Staff members perfecting their wellbeing through vigorous exercises during wellness day event

### NEW APPOINTMENTS

The CEO Mr.. NBL Gwala and the management of Clairwood Hospital would like to welcome the ff: employees who joined the hospital in the year 2017

- Ms. ZM Ngcobo Operational Manager
- Ms. SS Phiri Professional Nurse
- Ms. SC Mantame Professional Nurse
- Ms. TS Mthupa Pharmacy intern
- Ms. A Mbamba Pharmacy intern
- Ms. F Dawood Medical officer (Sessional)
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### RETIREMENTS

The CEO Mr. NBL Gwala and the management of Clairwood Hospital would like to bid farewell to employees who left the services through retirement and resignation.

# Feedback from clients about services at Clairwood Hospital

One of the happy moments for the Public relations team is to discover that the health care users are positively contributing in shaping and encouraging staff members to always strive to provide a quality of service under difficult circumstances. The published compliment has been selected out of many which are commending the service and staff at Clairwood Hospital.

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PROVINCE OF KWAZULU-NATAL

Clairwood Hospital

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## COMPLAINTS & COMPLIMENTS FORM/ IFOMU LEZIKHALAZO NEZINCOMO

FOR ANY COMPLAINTS, PLEASE VISIT THE PUBLIC RELATIONS OFFICE FROM 09H30-16H00.  
UMA LNESIKHALAZO VAKASHIELA IHHOVISI LOMXHUMANISI WESIBHEDELELA NOMPHAKATHI (P.R.O)  
KUSUKELA IJGAMENXE IHORA LESIKHOMBISA KUYA KWELISINE.

<b>Igamalakho :</b> NDULI NOMVULO	<b>Your name :</b> NDULI NOMVULO
<b>Idllesi yakho :</b>	<b>Your address :</b> 4 MELUSINA R/S
<b>Inombolo yocingo :</b>	
<b>Usuku lwesikhalazo:</b> 1 / 20	<b>Date of complaint :</b> 28 / 05 / 2017
<b>Senzeke kuphi isikhalazo :</b>	<b>Where the dissatisfaction happened :</b> FS1 WARD

**Bhala konke okungakwenelisi /Summary of complaint**

IN THIS CASE IT IS NOT A COMPLAINT BUT IT'S MORE OF A COMPLIMENT TO THE SISTERS WHO WORKED HAND IN HAND ON FRIDAY 26/05/17, WHEN THERE WAS JUST THE TWO OF THEM ON DUTY. FROM BATHING THE PATIENTS, MAKING BEDS, GIVING OUT MEDICATION, BREAKFAST TO ATTENDING TWO DOCTORS WHO CAME IN TO SEE PATIENTS FROM R.E PHAN & ATTENDING, OPENING WOUNDS TO DRESSING EACH AND EVERY ONE OF US. WHOM WHOLE HEARTEDLY NOT EVEN ONCE DID THE LOOK IRRITATED BY WHAT THEY WERE DOING SINCE THEY DIDN'T TAKE BREAKFAST WITH US TEA TO THEM AND LUNCH.

THESE TWO WOMEN STOOD FROM THE TIME THEY CAME IN TILL AFTER 14:00 PM THAT IS WHEN THE LAST DRESSING OF THE LAST PATIENT WAS DONE.

SO I WOULD LIKE TO THANK THEM FOR ALL THEY DID FOR US, IT WAS HIGHLY APPRECIATED IF SHOWED HOW DEDICATED THEY ARE ABOUT THEIR WORK.



## AMADODA AYAZIBOPHEZELA



u Mtwana u Nhlanganiso Zulu having a conversation with Mr. M Khuboni while Mr. Sello Maake- ka Ncube looks on

Kuyadabukisa ukuthi igujwa ngeslilo inyanga yabesifazane njengoba ukuhlukunyezwa kwabo sekaphenduka insakavukela umchilo wesidwaba.

Abahlali nabaholi bomphakathi baphume ngobuningi babo ukukhombisa ukuzibophezela kwabo ekuphileni impilo yokuzinakekela nokuvikela ukuhlukunyezwa kwabesifazane nezingane.

Abahlali basemahhostela angaphansi kweTheku okubalwa iWema, Jacobs kanye namanye, bebephume ngobuningi babo bethamele umcimbi obusemahhostela ahlukeni, lembizo ibihlelwe umnyango wezempilo ngenjongo yokulwisana nodlame lokuhlukunyezwa kwabesifazane nezingane nokwenza impilo engcono emphakathini njengokuhlola izifo ezihlukene okubalwa isifo sagawulayo, isifo sofuba. Ukugonywa kwezingane kanye nokugqugquzela ukusokwa kubantu besilisa nokubaluleka kokusebenzisa ijazi lomkhwenyane. Bekungenye yemiya lezo ebithulwa kulezinkulumo.

Inkakha yomlingisi yakumabona kude, u Sello Maake- ka Ncube naye akasalanga ngaphandle neqembu lakhe becula ingoma esongela amadoda ahlukumeza abantu besifazane nezingane, uphinde wathi ukuba imbumba kubahlali basemahhostela nokusebenzisana nabezomthetho ikona okungaba isixazululo sokuqeda loludlame esibhekene nalo, uphinde wagqugquzela intsha ngokubaluleka kokuhloma ngemfundo nokungasabi ukunqoza emnyangweni yemkhakha ehlukeni.

Lomcimbi ubungeke ube sezingeni eliphezulu zingekho izicukuthwana, abanandisi nezikhulumi okubalwa nezinyane lesilo uMtwana uNhlanganiso Zulu. uMtwana uthule inkulumo enohlonze ekhuthaza amadoda ngokuvikela abantu besifazane nezingane. “Abantu besifazane kumele baphathiswe okweqanda njengoba beyimigodla yemindeni yethu kanye nezingane njengoba kuyizona abaholi baksasa” kusho uMtwana uphinde waxwayisa amadoda aphila nalobu bulwane ukuthi uma engawayeki lamanyala okuhlukumeza abantu besifazane nezingane azothathelwa izinyathelo ezinzima.

Umcimbi ube impumelelo enkulu njengoba umphakathi uhambe unethemba lokunqoba ukulwisana nalezi zigila mkhuba ezihlukumeza abantu ngesihluku esingaka!





Medical Male circumcision team preparing for a circumcision

### **Clairwood Hospital Medical Male circumcision winter operation**

The winter operation saw a good turn out of males who came to be circumcised at Clairwood Hospital.

This turn out was due to the hardwork of the Marketing team which is led by Clinical Nurse Practitioner Mr. N. Cebekhulu and Clinical Nurse Practitioner Mr. S.B. Maxegwana.

The impressive turn out of clients was a sign that the team that runs the clinic has mastered all the marketing skills and the community is now fully supporting the clarion call which was made by Isilo Samabandla back in 2010.

During the winter Medical Circumcision, 247 clients were circumcised which included 65 children below 12 years old who were circumcised using a Tara Clamp.

The clinic is open every Tuesday and Thursday. A medically trained team is always ready to assist with circumcision.

Staff members are also encouraged to make use of the clinic for their circumcision needs.

### Pictures from various events held at Clairwood Hospital



# Ixoxwa ngezithombe

