



ZIYASHA NEWS

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Lungile says the bible is her best book when she's relaxing at home. read full interview on page 04



HPH

Clairwood Hospital is gearing up to be a Health Promoting Hospital.

This initiative seeks to promote and develop programmes which are Healthy lifestyle focused.

It is important that a everyone take part in this initiative in order for the staff and the communities to benefit through Health messages and events which will be taking place in the institution

ED'S NOTE

Sanbonani

June is dedicated as a youth month, some of us might not know how June 16 was declared a holiday. This day is dedicated to the youth of this country who could not tolerate the societal and racial inequalities which was driven by the then government three decades ago. This day gives us an opportunity to salute them. Their courageous

actions made it possible for us to be where we are today. They are true leaders of the soil

Speaking of true leaders we must at all times aspire to be true leaders in our respected areas.

A good leader is someone who always making sure that everyone is being heard. He/she must be able to listen to other people's ideas and accept their constructive criticism.

A good leader do not chase people away but

he/she invite them and work with them. A leader can set the tone for the team. a leader who is organized helps motivate team members and support them to achieve one goal.

Mohandas K. Ghandi said *"I suppose leadership at one time meant muscles, but today it means getting along with people"*

I hope we keep it simple and strive for a service that is based on Ubuntu

Enjoy this edition.

CLAIRWOOD HOSPITAL REHAB. TEAM HAD A CHILD PROTECTION WEEK

25 MAY TO 31 May was a Child Protection Week .This week was chosen by Government to be a CHILD PROTECTION CAMPAIGN WEEK.

The theme for this year was “ Caring Communities Protect Children” Various programmes have been put in place by the Government and civil society organizations. Pieces of legislation to protect children are in place. Child Protection week provides all of us with opportunity to build the partnership to ensure that children are protected from any form of abuse and vulnerability.

Clairwood Hospital Rehab had various programmes which were undertaken to drive this campaign. There were talks which were hosted at OPD, Thusong and Paediatric wards. There were presentations on paediatric medical, social and rehabilitative needs. This team encouraged the community to use services that are available for children in this institution.



Ivana Physiotherapist

TWO ARE BETTER THAN ONE BECAUSE THEY HAVE A GOOD REWARD FOR THEIR LABOR. FOR IF THEY FALL, ONE WILL LIFT UP HIS COMPANION. BUT WOE TO HIM WHO IS ALONE WHEN HE FALLS FOR HE HAS NO ONE TO HELP LIFT HIM UP

Ecclesiastes 4:9-10



Thandakile Social Worker



From left to right: Thandekile, Priya, Deshni, Ngubane, and Zama



Visitors from Healthcare Christian Fellowship

UCC TAKE JUNE 16 CELEBRATION TO THE YOUTH ADMITTED IN CLAIRWOOD HOSPITAL



1. Methodist Church youth giving gift to the baby.
2. UCC member talking to a patient and giving her a gift.
3. Music and dance was outstanding.



JUNE 16 was also celebrated by Clairwood Hospital patients thanks to the United Congregational Church of Southern Africa in partnership with Methodist Church of Southern Africa.

The aim of the visit by the two congregations was to celebrate the bravery of the youth in 1976 with patients in particular the youth in the hospital.

Visitors were warmly welcomed by Clairwood Hospital Acting CEO Mrs. L.L.L. Mongoato. Patients were blessed with great voices and powerful prayers from the visitors. 100 gifts were donated to patients. Thanks to our own Employment Assistant Practitioner Rhona Chetty who donated 3 bags of oranges to players

Shumpu, Soccer and netball games were played on the day it was all fun and bling bling .there was a great sportsmanship among the visitors and our own football team was invited in the event.

Ziyasha would like to thank the UCCA and Methodist Church for their generosity they've shown to this institution KWANDE NALA NITHATHE KHONA



Children after receiving gifts from the church

ZIYASHA CHILLS WITH LUNGILE NGCOBO

Ziyasha met up with Mrs Lungile Ngcobo and requested to spend few minutes with her. When I called her asking for an interview she agreed after I told her that questions for interview are very friendly. she took us to a beautiful lounge with comfortable sofas Lol. We were so excited to spend time with her. What I noticed about lungile is that she is a humble person with she is a Christian values



Sanele: Where were you born and where do you live now?
Lungile: I was born in Pietermaritzburg but now I live in Sydenham .

S: What did you want to be when you were little?

LN: A Model.

S: Who is your inspiration and why?

LN: My older sister because she is always positive about

life and supportive.

S: What would you like to say when you get to heaven?

LN: I would thank the Lord and ask to see Maria and Martha.

S: What are the three things you like about yourself?

LN: I'm unique, always happy and I take care of myself.

S: What is your favourite movie?

LN: Mr. Bones (laugh)

S: What are your favourite colours?

LN: Cream and brown.

S: What are you afraid of?



LN: Flying cockroaches.

S: How do you spend your Sunday afternoons?

LN: I cook, go through the verses of the Bible.

S: What is your greatest regret?

LN: Nothing.

S: What is your favourite soapie and why?

LN: I'm not a soapie fan.

S: Name one thing that you would never travel without.

LN: Cellphone.

S: What do you hate about life?

LN: Teenage pregnancy and people who are using drugs.

S: What do you like about Clairwood Hospital?

LN: Everyone is treated equal no matter what kind of work you are doing.



S: If your house is burning, what are the three things you would save?

LN: ID, Cellphone and bank card. But I'll have to make sure that my Husband is safe

S: Are you currently reading a book, if yes which one?

LN: No I'm not reading any book.

WHATS ON THE MOVE
ZIS-HAPHI



Khulekani and your team nginyvuma niyayishaya ingoma

Newly appointed staff

Clairwood Hospital would like to congratulate and welcome new staff members who recently joined this institution. Your role will be very critical in fulfilling the mission of this institution.

We wish you all the best.

1. N. Ngcongco
2. S.S. Sithole
3. S.P. Buthelezi
4. L.M. Magagula
5. A. Mbenje
6. B.J. Sima



Kuyozwakala! we Bongsani

COMPETITION

1. What is the title of Clairwood Hospital publication.
2. What the abbreviation **HPH** stands for.

Prizes to be won is a T-shirt and 2 tb red & gold pins
For u to win call us on the 23 July 2009 @ 09h00am.
The first caller will win da prize



ZOLA'S farewell party

BEZBUYA



I used to believe that anything is better than nothing. Now I know that sometimes nothing is better

Glenda Jackson

Linen staff at Mr Gumedede Farewell party
Neziyasha news yayimenyiwe

Aybo we Banele,
Priya, Zama no
Deshni obani la-
womadoda azon-
faka esthandweni-
somlilo

Ingabe le charmer ewu
Ngubane ithini ku Ma-
tron Dladla no Matron
Linda



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Ziyasha sport corner huk up with Clairwood soccer player Ndumiso cele this central defender is a backbone of the defence in the A squad , Ndumiso says our country is ready to host World Cup.



S: What is your name and surname?

NC: Ndumiso Cele.

S: When did you start playing football for the Hospital?

NC: 4 years ago.

S: What position do you play?

NC: Central midfielder.

S: Are you married and do you have kids?

NC: Single and no children.

S: Which team do you support in the ABSA Premier League?

NC: Orlando Pirates.

S: Your favourite player in the ABSA Premier League?

NC: Teko Modise.

S: Your Favourite player and team overseas?

NC: Kaka and Real Madrid.

S: Which sport you would play if not soccer?

NC: Cricket.

S: What do you think Bafana Bafana need to win the world cup?

NC: I think we need to groom young players like those who play for under 23.

S: What do you think of the current performance of Bafana Bafana?

NC: They played well though they were beaten, but what is important is that they qualified for the semifinal.



S: Do you think the country is ready to host the World Cup?

NC: Yes, we are ready.

S: What can an ordinary person do to help this country for its readiness?

NC: Support soccer and Bafana Bafana. Report crime.

S: Who was your best player at the Confederations Cup?

NC: Kaka.

S: Thank you mfwethu I wish you all the best

NC. Thanx my man



Mina ngino six pack nawe uyabona nje. thatha Vusi