



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

DUNDEE HOSPITAL

DUNDEE WEB

NEWS

Stay informed

December 2022

PRAYER DAY



Mandela day



WORLD BLOOD DONOR DAY



Heritage celebration



01

KwaZulu-Natal Department of Health

kznhealth

KZN Department of Health

@kznhealth

**GROWING
KWAZULU-NATAL
TOGETHER**

From the CEO'S office



Mrs T.T. Vilakazi- Chief Executive Officer

I wish to take this opportunity to thank all Endumeni staff for availing themselves when we started vaccinating UMzinyathi health care workers. Gratitude is also extended to UMzinyathi District Health management including all CEO's and their management teams for all 5 facilities under UMzinyathi Health district for team work, full participation and dedication to make vaccination a success.

Endumeni Communities also grabbed this opportunity with both hands and are still coming for vaccination. SAPS cluster and local (Dundee SAPS) also played the very important role in ensuring safety of vaccines and our staff as well especially outreach teams.

The office further request all stakeholders including hospital boards, clinic committees, municipalities to continue working with our institution to ensure that Endumeni residents receive the quality care they deserve.

Dundee Hospital also celebrated quality day. Best performing employees were awarded prizes to motivate them. Make me look like a hospital project was also shared with the staff at all levels. The hospital is also participating on E-health which will assist the hospital to improve record keeping and improve responses to litigation cases.

The hospital is working with all government departments to conduct awareness's. This quarter Endumeni sub-district joined hands with Sports, Recreation , Arts and Culture , DSD, COGTA,SAPS and community safety. Clinics supported by Dundee hospital ie Siphimpilo and Sakhimpilo were visited by Legislature.

Both operational managers presented their facilities excellently and the legislature honourable members accompanied by other government departments were impressed.

Lastly the institution also wishes to thank Provincial DOH for human resources employed and allocated to our institution and support received specifically from infrastructure.

Great improvement was noted in terms of most indicators performance, credit is given to dedicated Dundee hospital staff including Primary Health Care services and their managers

02



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA



KwaZulu-Natal Department of Health



KZN Department of Health



kznhealth



@kznhealth

**GROWING
KWAZULU-NATAL
TOGETHER**

COVID-19 INTRA-ACTION REVIEW

Endumeni sub-district held the Covid-19 intra-action review on the 6 April 2022. The aim of the review was to identify gaps, lessons learnt and best practices in order to improve the response plan.

The intra-action review for Covid-19 in general was done at a Provincial level in 2020. It was later on decided that an intra-action review specifically for Covid-19 vaccination is needed and it happened on the 15-17 March 2020 for all Kwa-Zulu Natal districts.

The districts and sub-districts were then expected to consolidate the inputs and prepare an intra-action review report similar method used at provincial level.



(03)



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA



KwaZulu-Natal Department of Health



KZN Department of Health



kznhealth



@kznhealth

**GROWING
KWAZULU-NATAL
TOGETHER**

Move for Health

Department of Sport and Recreation KwaZulu-Natal (KZNSDR) joined by Department of Health, Msinga Mayor Cllr Mletheni Ndlovu and Umzinyathi District leadership embarked on the National Move for Health Day. The Move for Health Day took place at Dundee (Sibongile Township), Mpumelelo sportsground. The main aim was to promote healthy behavior, lifestyles and address health related issues through sports and physical activity, discourage tobacco use, healthy diet, reduction of violence, stress and social isolation. Move for Health Day is an active recreation and healthy lifestyle.

The programme aim to motivate citizens into the habit of undertaking vigorous physical activity of any form so that on a daily basis irrespective of where they are, they undertake outdoor activities of any form in order to keep healthy.



Attendees



Attendees



Attendees



Attendees



WORLD BLOOD DONOR DAY

World Blood Donor Day is a pivotal day for changing people's lives. SANBS had taken an initiative of reaching out to people to collect blood to save lives, by launching Good Hood campaign.

The launch of the Good Hood campaign comes at a time when individuals are staying at home to avoid increasing their risk of COVID-19 infection while donating blood. The campaign aims not only to make the donation process convenient but also addresses the misconceptions that setting up a blood drive is admin intensive and requires lengthy management and planning.



SANBS Campaign



Donors participants

We managed to interview one of the sincere donor Sister Z.G Shoba who has been part of the SANBS donors, since 2016. In the interview she responded on all the questions we posed to her.

“Where did you hear/learn about SANBS?”

Sister Shoba: I firstly heard about it when I was at Amajuba Memorial Hospital, back then around 2016. SANBS was visiting there as outreach to people.

What encouraged you to be a blood donor?

Previously, I worked at a Theater department so I was exposed to experiencing people losing lot of blood which at times resulted to deaths. I then figured out that if there is more available blood at blood banks then many lives might be saved

What are the benefits of donating blood?

From the first place to me it was not about benefiting anything from SANBS, but saving lives is a priority to me. As a nurse, it is my duty to save people's lives. Serving people is part of my package.

What are the qualifying criteria?

Body weight needs to be 50kg and above, your HIV/AIDS status must be negative, be free from blood borne diseases (blood cancer)

Words of encouragement to anyone who is not yet a blood donor.

Donating blood is about saving lives giving other people second chance of life. Fear of needles and access to donor center are common reasons people give for not donating blood. Choosing fear over saving lives is not an option. Start today to make a difference in the world, by saving lives with your blood.

05



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA



KwaZulu-Natal Department of Health



KZN Department of Health



kznhealth



@kznhealth

**GROWING
KWAZULU-NATAL
TOGETHER**

HEALTH AWARENESS

HEPATITIS

Refers to an inflammatory (i.e. tissue reaction to irritation or injury which generally results in swelling and can cause pain) condition of the liver

Common Hepatitis symptoms

Jaundice, abdominal pains, nausea, pale or clay-colored stool, painful joints, fatigue and fever. The damage is usually extensive before it is evident, effects of the disease are seen when regeneration of the liver cells does not keep pace with damage which results to hepatocellular failure.

EFFECTS

- Destroys the liver
 - Cause liver cancer
 - Spread easily from person to person
 - Weaken the body immune system
- Cause death

Possible High risk of getting hepatitis

- Critical care providers
 - Emergency health care providers
- Sexual active individuals with more than one partner

Acute Hepatitis

Mainly caused by;

- This is the commonest cause of acute liver injury and includes
 - These types are distinguished by the antibodies produced to combat the infection.
 - The severity of the diseases caused by the different virus types vary considerably by the pattern is similar.
- The virus cause fibrosis and necrosis which interferes with the circulation of bile and blood distribution to the body parts, thus further damages the liver

Type A viral infection

Spread mainly by contaminated hands, food, water and fomites.

Type B viral infection

Occurs at any age band but mostly in adults, the virus enters the blood and is spread by contact with contaminated human body fluids, contaminated blood and blood products in their daily work activities.

Hepatitis C

- It is common in intravenous drug users

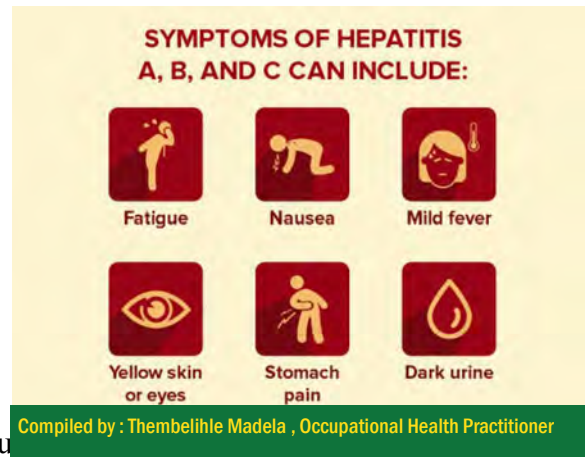
Occurs as a complication of blood transfusion, the infection can be asymptomatic as a carrier state occurs.

Toxic substances

Many drugs undergo chemical changes in the liver before excretion in bile or other organ, they may damage the liver in their original form or while in various intermediate stages

Circulatory disturbance

- Hypoxia which is usually due to deficiency blood supply caused by fibrosis in the liver following inflammation



Breastfeeding week

Empathe clinic hosted a breastfeeding campaign at the facility. The main reason for the campaign was to educate the mothers and the community/patients attending the clinic on the importance of breastfeeding. The campaign was also to teach them how to breastfeed their babies using the correct technique.

The mothers were educated about how breast milk is important for the baby and how its nutrients help with supporting the baby's immune system. Breastfeeding mothers that were living with HIV were educated on the importance of taking their medication appropriately to make sure that they were virally suppressed.

They were also informed about the possibility of HIV transmission if the virus is not suppressed. Mothers who were HIV negative were also advised to take PREP (especially if they are sexually active during breastfeeding). Breastfeeding women were also taught about safety of breastfeeding while on medication (PREP, ART, Contraceptives). Also false beliefs/ myths that were contributory factors to poor breastfeeding were also addressed.



A mother demonstrating how she breastfeed her baby.



Another breastfeeding mother being taught the right technique to breastfeed

Mandela Day

Empathe clinic staff came together and donated money and bought school socks for one on the schools around Endumeni Sub-district. The school was selected by the outreach team members since they are more familiar with the schools that they work with.

The chosen school was Zisize primary school located near Syaphumula area. It has an enrollment of 24 learners and most learners come from a poor background and do not have uniform. Therefore the clinic staff decided to buy the learners socks in celebration of Mandela week. CNP Khumalo, outreach team, GCIS department, SAPS and COGTA department were there to support the programme of the day.

Mr A Hadebe opened the programme of the day with prayer and introduced the stakeholders to the school representatives and learners. He then explained the purpose of the day and the aim of the programme.

Mr Hadebe mentioned that the day was also for the school to raise problems/challenges they have to respective stakeholders. And emphasized on that the school should request services if they need them and not shy away because “Outreach health teams are there to help the community and attend to their problems”

CNP Khumalo spoke to learners about the services of AYFS and its benefits. She also mentioned that at the facility there is happy hour form 15h00 to 16h00 and encouraged learners that is they need information on anything related to health she is there to help.

She emphasized the importance of referral letters when a learner comes to the facility.

SR NT Mathaba spoke about the importance of school health services and encouraged the learners to make sure that consent forms handed out by SHT are given to parents for signing.

She also mentioned that Covid-19 vaccination is still available and still an active program facilitated by outreach team.



Activities on the day



Mandela Day Cont...

The department of health (Empathe Clinic outreach team) together with other stakeholders (department of agriculture) celebrated the Mandela day at Madlala old age home and Sunnyside area. Before Mandela day celebration the outreach team visited Sunnyside area (13/07/2022) with the intern doctors. The aim of the visits was to orientate the doctors about the duties or activities conducted in the community setting from household visits, procedures performed and referral system.

The doctors were also taken to traditional healers (izangoma), this was done to orientate them to what they [referring to traditional] do and what western medicine practice have in common. This was also done to demonstrate to the doctors how the traditional medicine practice works together with the department of health (western medicine).

In Sunnyside area, team identified two households that needed assistance with walking aid and wheel chair. Then the two households were visited on Mandela day. The elderly citizen was identified with an uncomfortable and hazardous walking aid during the household visit (13/07/2022) she also expressed that it was difficult using the old crutch and the outreach team handed over the walking stick.



After the visit at Sunnyside area the team together with department of agriculture visited the kwaMadlala old age home in Tayside area. This visit was also in line with Mandela day celebration. The department of agriculture brought in fruit trees and maize meal seeds for the old age residents and workers. They also encouraged gardening.



The elderly citizen was identified with an uncomfortable and hazardous walking aid during the household visit (13/07/2022) she also expressed that it was difficult using the old crutch and as a walking stick.



The outreach team, doctors and traditional healers after a successful meeting.

09



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA



KwaZulu-Natal Department of Health



KZN Department of Health



kznhealth



@kznhealth

**GROWING
KWAZULU-NATAL
TOGETHER**

Clean up campaign

On the 23rd of August 2022 the Empathe outreach team responded to the complaints of the community members .

The war room and ward committee reported that there was a lot of littering, drug and alcohol abuse in Craigsid area and they requested assistance with hosting an awareness so that the community is educated on what to do to maintain a healthy lifestyle and a clean environment.

The department of health, government communications, uMzinyathi municipality, department of agriculture and many more attended the awareness campaign. The departments met with the members of the community and they were educated on gardening, alcohol and drug abuse, personal hygiene.

The main complaint was about the state of cleanliness in Craigsid area. There was a lot of littering and the community members that were consuming alcohol were littering the bottles in the drains.

The departments came together and cleaned the community. The municipality members arranged pickup trucks that collected the garbage. The department of agriculture provided the community with gloves and racks.

The clean up campaign was a huge success and hope that the community and all departments will come together to maintain the cleanliness



Participants on the day of the campaign

Open day

Rorkesdrift clinic hosted the annual open day on the 21st of September 2022. The main focus of the open day was to educate learners on sexual and reproductive health. Stakeholder from various departments honored the event . Services rendered were also marketed to the community attending the event.



Prayer day

Purpose of the day was to pray to God. Was to thank God for saving us, keeping us thus far. Pray for unity and team work among all Endumeni sub-district Health employees.

To remember colleagues who passed away during Covid-19 era/pandemic. Pray for our families and their families . Cry to God, Revive each other, remind each other why we are here, remind each other about nature of our work. Pray for peace. Thank Endumeni sub-district health employees for the effort put when we started the battle. Thank District, all partners for support given to speak hope.



Heritage day Celebration

Heritage day is celebrated by a large and diverse number of South Africans . It is a month in which everyone is encouraged to celebrate their cultural traditions in the wider context the great diversity of cultures, beliefs, and traditions that make up the nation of South Africa. On the 28th of September 2022, Dundee Hospital took an inauguration of celebrating heritage day post Covid-19. The events main aim was to celebrate the diversity in the workplace. The event was staged to commemorate this day, which plays an important role in promoting cultural diversity, social cohesion, reconciliation, peace and economic development within employees.

On the day Matron Buthelezi shared with us the purpose of the day. Shared how special is this month to us as Africans. She said “ tradition is the uniting tool, we get to share our dance moves, songs, food and our beautiful garments”. The day went well and everyone had a good experience. Departments had a chance to present different food they prepared. Everyone had chance to taste all kinds of food/meals that was there, such as dumpling, isijingi, inhloko, sweet potatoes, umqombothi and amahewu. Isicathamiya, poetry and choral music was the most cheering part of the day. The CEO (T.T. Vilakazi) conveyed her gratitude to everyone who was part of the event, she also thanked everyone for making heritage day a success.



GBV AWARENESS

Dundee Hospital in partnership with Lifeline hosted an event in Graigsid area which was to raise awareness on Gender Based Violence. Empathe clinic outreach team came through to support the event and provide services. The event targeted the community as they are the ones affected by GBV on daily bases, they where informed on the correct channels to follow when they need to report a case. All stakeholders were given an opportunity to educate and their role in GBV.



Stoma Support launch

Dundee Hospital recognizes the importance of support group for stoma, caregivers and their loved ones. On the 1st of December 2022, Dundee Hospital launched the stoma support group. The main aim of this group is to provide continues support, reassurance and information to anyone who may have or is about to have a stoma Colostomy, Ileostomy or Urostomy.

The members interact with other people who are living with a stoma, who have a real understanding of life experience and mutual sharing of coping strategies. The support group will meet quarterly . Occasionally the suppliers of stoma products will be invited to present new products.

Everyone is allowed to participate irrespective of gender and race . Members can join at anytime. Dundee Hospital extends its appreciation to two companies that made the event a successful one. For more information kindly visit the Dundee wound Care Clinic Mondays-Friday from 07h30 to 16h00.



Quality day

Dundee Hospital hosted the Quality Day on the 14th of December 2022. Acting CEO Mrs N.T Mkhize welcomed all the Guests from different places. She also welcomed the Staff from Dundee Hospital. She further congratulated all the nominees and the winners of the awards for 2022. She encouraged the staff to dedicate themselves to the Profession once more and said that has a reward. She thanked the staff for their hard work in order to deliver Quality services to our customers

Mrs. T.P Hlatshwayo (Quality Assurance Coordinator) spoke about the purpose of the day that we are celebrating our good deeds from January to December and that quality is doing the right thing the right way on a first time. She emphasized that quality service delivery is a Team effort and that one cannot deliver quality service alone. She also mentioned her quote which says” Live To Live The Mark” which simple says wherever you are and whatever you are doing live the mark that will be noticeable. She explained that not everybody will get trophies and medals but the fact that one is nominated, tells that whatever she is doing is noticeable. She further emphasized the 2022 Quality Day Theme: “Quality Conscience: Doing the Right Thing .

We would want to thank our partners who contributed in making the day a success.



Staff Appointment

JANUARY 2022

SURNAME	INITIALS	RANK
Zulu	Z.C	Medical Office
Mkhize	B.S	Medical Office (Com Serve)
Radebe	L.W	Medical Office (Com Serve)
Zondi	N	Medical Office (Com Serve)
Hlatshwayo	N.P	Medical Office (Com Serve)
Magasela	N	Medical Office (Com Serve)
Ziqubu	P	Medical Office (Com Serve)
Mbhele	N.B.K	Pharmacist
Ntshalintshal	M.N	Pharmacist
Dlamini	S	Pharmacist
Qondi	Z	Professional Nurse
Zwane	T.M	Professional Nurse
Thompson	T.C.C	Professional Nurse
Ngcobo	N	Professional Nurse
Persadh	P.S	Dentist
Mazibu ko	S.G	Radiograph
Mc Blain	L	Physiotherapist
Paulse	D.M	Occupational Therapist(Com-
Sithole	N.C	Speech Therapist(Com-serve)



Staff Appointment

FEBRUARY 2022

SURNAME	ITINIALS	RANK
Sithole	T	Professional Nurse
Mazibuko	S.I.M	Professional Nurse
Hajee	I	Dietician (Com Serve)
Ntuli	P.T.P	Clinical Nurse

MARCH 2022

Mngadi	S	Operational Manager
Maphalala	N.P.N	Medical Office (Com Serve)
Ximba	S.E	Driver

APRIL 2022

Malinga	S	Professional Nurse
Mhlanga	N	Professional Nurse

JUNE 2022

Nkosi	N.F	Safety Officer
-------	-----	----------------

JULY 2022

Gumede	S.W	Medical Office (Com Serve)

15



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA



KwaZulu-Natal Department of Health



KZN Department of Health



kznhealth



@kznhealth

**GROWING
KWAZULU-NATAL
TOGETHER**

Staff Appointment

SEPTEMBER

2022

SURNAME	ITINIALS	RANK
Njoko	L.	Pharmacist Assistant

OCTOBER

2022

Langa	P.M.	Staff Nurse
Sikhosana	B.N.	Staff Nurse
Mbatha	B.S.	Administration Clerk
Sukazi	S.	Professional Nurse
Mokoena	B.D.	Professional Nurse
Buthelezi	S.T.	Professional Nurse

NOVEMBER

2022

Nsukwini	B.S.	OMN
Nene	S.A.	CNP
Masango	N.R.	CNP



PHOTO GALLERY



ACKNOWLEDGEMENTS

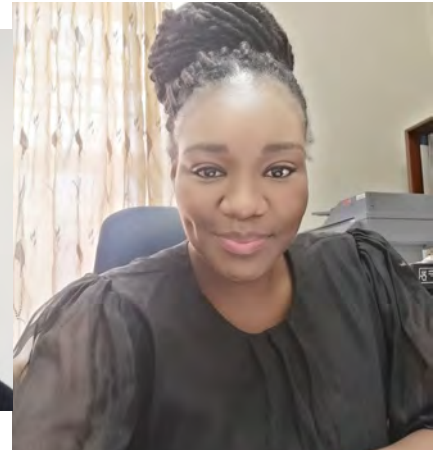
EDITORIAL TEAM



Mrs. T.T. Vilakazi
Chief Executive Officer
Editor



Mr. N.S. Mkhize
Public Relations Intern
Writer/Photographer



Miss D.P. Mkhonza
Public Relations Officer
Writer/Photographer

Thank you to everyone who contributed to making the newsletter newsworthy and informative

Contact details

Physical address:
121 McKenzie street
Dundee
3000

Telephone Number: 034 212 1111
Fax Number: 034 212 3245
email address: Dundee.Pro@kznhealth.gov.za
Website: www.kznhealth.gov.za

