



# DUNDEE WEB

# NEWS

December 2024

## Pharmacy Month



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# WOMENS DAY CELEBRATION

On the 21st of August 2024, Empathe Clinic and supporting partners visited Vegkop, Ntabane area. The main aim of the visit was to celebrate women and also render services. The various departments that were part of the event was SAPS, COGTA, DARD, DCIS, DSD, Lifeline and childline.



## Attendees

# BREAST FEEDING EVENT

## WORLD BREASTFEEDING WEEK 2024

### **Celebrating World Breastfeeding Week at Dundee Hospital**

The first week of August (1-7) marks the global observance of World Breastfeeding Week, a critical awareness campaign highlighting the immense benefits of breastfeeding for infants, mothers, and society. This natural and essential practice provides newborns with vital nutrients, shielding them from allergies, diseases, and conditions such as diabetes, cancer, and obesity. Breastfeeding also fosters a strong bond between mother and child, laying the foundation for lifelong health and well-being.

### **Interdisciplinary Collaboration and Education**

On August 5, 2024, Dundee Hospital joined the global movement by hosting an interdisciplinary event to commemorate World Breastfeeding Week. Healthcare professionals from various disciplines, including doctors, nurses, dietitians, and speech therapists, came together to educate and emphasize their roles in supporting breastfeeding. This collaborative effort demonstrated the hospital's commitment to promoting a culture of breastfeeding and ensuring optimal care for new mothers.

### **Awareness and Educational Activities**

The event commenced with a vibrant awareness march within the hospital premises, engaging staff and patients alike. This was followed by an educational session attended by mothers from the maternity ward and hospital staff. The comprehensive program featured presentations from esteemed speakers:

Amongst the activities Primary Health Care was part of giving awareness on breastfeeding.

### **Empowering Mothers, Supporting Families**

Through this event, Dundee Hospital reaffirmed its dedication to creating a supportive environment for new mothers. By fostering a culture of breastfeeding, the hospital aims to improve health outcomes, enhance patient satisfaction, and promote a healthier community.



# BREASTFEEDING CONTINUES



# ISIBHEDLELA KUBANTU

Isibhedlela kubantu was held on the 19th of September 2024 held by Douglas clinic



# PHARMACY MONTH

In order to celebrate , the Pharmacy department embarked on several activities for the month of September . The activities were primarily led by the pharmacy interns and community service, the pharmacy staff played a supportive role.

To kick start the pharmacy month, the pharmacy exterior and waiting area was decorated in bright colors highlighting the public awareness about this matter

The theme for this year was 'Let's talk about vaccines', highlighting the safety of vaccines, testing process prior to them being approved for public use and the common side effects

Dundee Secondary School was visited where the pharmacy profession was promoted, entry level requirements into universities were explained to the grade 11 & 12

Livangeli primary school was also visited where 10 needy learners that required school uniform had been identified by the school were given school uniform, the profession was also promoted and some stationary was distributed.

Umseni old age home was visited, the importance of vaccination especially the flu vaccine was emphasized as there are elderly persons staying there. Fruits and toiletries were distributed to the home.

We would like to thank the pharmacy team and those that participated in making our activities a success.



The Pharmacy team

Dundee Secondary School learners



The handing over of school shoes



# HERITAGE DAY

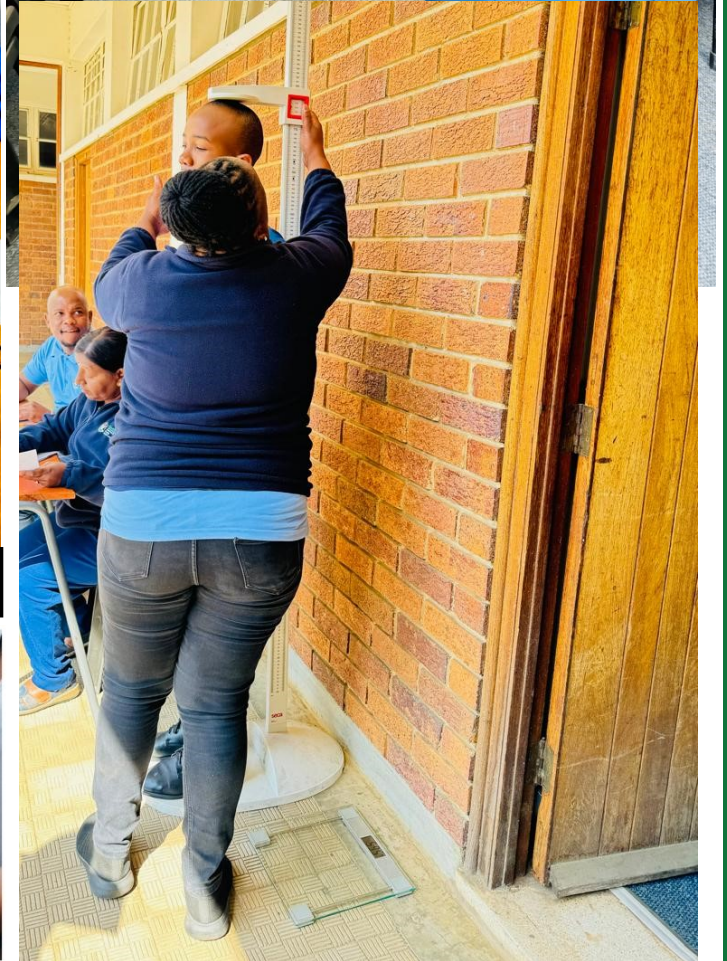


# HEALTH SCREENING

Health screenings were conducted at Sarel Ciliers High school on the 6th of September 2024. Optometrist, Dental services , Audiologist, fine motor skills and nutritional status was amongst the services provided on the day.



Screening was conducted





# INTERNAL AUDITORS VISIT

Dundee Hospital was visited by Provincial internal auditors for the audit generic health care. They were mainly auditing availability of functional committees, the seating of committees, minutes, attendance and terms of reference

The following was also checked

- Asset management inclusive of medical and other equipment
- Standard operating policies and policies including HR and Finance
- Referral pathway (referral letters , feedback)
- Quality issues including QIP( Quality Improvement Plans)
- Registers like risk register
- Health promotion
- Records management including records submitted to legal services
- Organograms for audited facilities( Dundee hospital, Gateway clinic and Empathe clinic.
- IPC and waste management
- The period that was audited was from 1/4/24-30 September 2024. At the end of audit feedback was given to management to compile quality improvement plan. The aim was to ensure that quality services are rendered, check the institution preparedness for Auditor General visit.



CEO with the internal auditors



Dundee hospital board with the internal auditors

# MENTAL HEALTH AWARENESS

Mental health awareness was held in all Endumeni fixed clinics. Health education around how to take care of a Mental Care User at home was amongst the topics.



# ONE HOME ONE GARDEN INITIATIVE

On the 31st of October 2024, the Glenridge clinic outreach team in partnership with the Department of Agriculture promoted the one home, one garden initiative.

The outreach team identified a home and together with the department of Agriculture visited that home. Department of Agriculture donated with seeds to the family and gave them insight on how to start a garden. The home will be monitored and progress of the initiative .



# Diabetes awareness

The Glenridge outreach team commemorated the World diabetes day at the ABH old age home on the 19th of November 2025. Screening and testing for communicable diseases and non communicable diseases was done together with health education. #DiabetesAwareness #TakeControl #KnowTheSigns



Healthcare workers addressing people at the old age home.

## Types of diabetes

1. **Type 1 Diabetes**
2. Type 2 Diabetes
3. Gestational Diabetes Mellitus
4. Latent Autoimmune Diabetes in Adult
5. Maturity-Onset Diabetes of the Young
6. Secondary Diabetes

## Symptoms

- Fatigue
- Genetics
- Blurred vision
- Slow healing of cuts and wounds

## Causes and risk Factors

- Genetics
- Obesity
- Physical inactivity
- Family history

# IPC

The 2024 week runs from 13-19 October and the theme is “Moving the Needle on Infection Prevention.” It aims to improve awareness of the significance of Infection prevention, it promotes better infection prevention & control (IPC) practices and recognizes the efforts of all IPC professionals to reduce the risk of infection. The wards and departments as well as clinics celebrated the International Week in different ways teaching healthcare workers and patients about infection prevention practices. On the 18<sup>th</sup>, Endumeni sub-district staff joined together to highlight that everyone has a role in the prevention and control of infections in society. The event was well attended by staff and top management who showed great interest and support in IPC. The sessions were interactive and attendees participated in all activities and demonstrations. The highlight of the day was “FIVE MOMENTS OF HAND HYGIENE”



# 16 days of Activism

16 Days of Activism was held at Dundee hospital on 25th of November 2024. The march started from Dundee hospital to Civic hall. Various departments were present at the event. Honorable mayor Mkhize was the speaker for the day to honor and raise awareness of violence against women and girls.



# QUALITY DAY



# Disability event

Disability Awareness event was at Siphimpilo clinic on the 19 November 2024., attended by approximately 60 community members .Stakeholders present included South African Police Service( SAPS), Community Policing Forum (CPF), UMzinyathi Health District , Mental Health Coordinator. The event featured mental health Screening and Education , as well as Primary Health Care( PHC) services , promoting a comprehensive approach to community well-being. #MentalHealthMatters #DisabilityAwareness #CommunityEngaement #HealthForAll #BreakingTheStigma.





# World Aids Day

World Aids Day was held on 12 December 2024 at Dundee hospital to commemorate those who passed away as a result of HIV/TB associated death and also to support and encourage those who are affected with HIV/TB diseases and to ensure that they take their treatment as prescribed. #WorldAIDSDay #WAD 2024 #AIDSawareness #HIVprevention #EndAIDS #UequalsU (undetectable= Untransmittable) #KnowYourStatus.



# Isibhedlela kubantu

Isibhedlela Kubantu senziwe ku Lwezi (November) 2024 Wasbank ngaphansi kwesigodi I kameelkop . Kwakukhona abahlengikazi , odokotela , I physio , I rehab kanye ne pharmacy.



I team yase wasbank Clinic.



I CHW ikhuluma nomphakathi wase kameelkop.

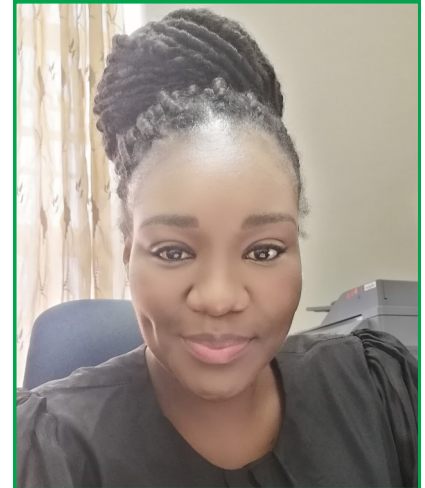


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