



HEALTH
KwaZulu-Natal

NIDE WEB

Dundee Provincial Hospital

HIV/AIDS AWARENESS DAY

Inside this issue:

HIV/AIDS Awareness Day @ Wasbank	1
Social Work Services	2
Rehab Department Xmas party	2
Take a girl child to work	3
Food for the soul	4
Announcements	5

MERRY CHRISTMAS
AND A
PROSPEROUS
NEW YEAR



STOP AIDS – KEEP THE PROMISE

With the focus of the globe on World Aids Day, Government departments and stakeholders from Endumeni Municipality in Dundee gathered together at Wasbank to commemorate World Aids Day on the 8th of December 2006.

Dundee Hospital's PHC Department, Department of Welfare, Department of Education, and the Department of Correctional Services partnered up to spread the word of HIV/AIDS prevention through education, as KwaZulu-Natal has been impacted by HIV/AIDS the most in South Africa which has shortened the life expectancy in the province to 43 years, according to the report: "The Demographic Impact of HIV/AIDS in South Africa: National and Provincial Indicators for 2006", a report which is released every 2 years by the Actuarial Society of South Africa in conjunction with the Centre for Actuarial Research and the Medical Research Council.

The awareness day emphasized the importance of getting tested and knowing your status because the only way to determine whether you are infected with HIV is to be tested. You cannot rely on symptoms to know whether or not you are infected. Many people who have HIV don't have any symptoms at all for many years. If you are HIV+ but do not know it, you can infect others. If you know your status, you can take precautions to prevent infecting others. You will also be in a better position to take immediate steps to protect your health and stay healthy.



"You should check your e-mails more often. I fired you over three weeks ago."



Dr Aung, Dundee Hosp Medical Manager & Ms Mlambo from PHC



Rev. Xaba—Hospital Chaplain



Slogan on the T-shirts won during the campaign

SOCIAL WORK SERVICES

Referral Days

Monday: CDC Clinic / Gateway Clinic

Tuesday: Inpatients-Office

Wednesday: OPD Office

Thursday: Wellness Clinic, EAP & Community Visits – Office & In the Community

Friday: Office day (Admin Work) – Receiving of bookings from ARV Clinic, Gateway Clinic, Inpatient & OPD – Office.

CRISIS CENTRE CAN REFER THEIR CASES ANY DAY.

Referral Procedure

- A written referral is to be made by completing the appropriate referral form requesting consultation and to clearly indicate the problem or intervention required.
- Handwriting on referral form should be clear.
- ARV clinic & Gateway clinic bookings must be directly done by the sister in charge.
- OPD & Inpatient booking must be done by the sister appointed by the Matron.
- Hospital staff that needs EAP assistance are to book directly to the Social Worker on Thursday between 08h00 & 10h00.
- Booking list is to be sent to the Social Worker's office every Friday of the week.

REHAB DEPARTMENT XMAS PARTY



Olwen—Dietician giving away gifts



Rehab Team and kids



TAKE A GIRL CHILD TO WORK DAY



**Slindile Gwala
Dundee Secondary School**



**Quraisha Goolam, Dundee Sec.School and Ms
Maduna, Pharmacy Manager**



**Nokuthula Qwabe, Sebenzakusakhanya High
and Zandi Macopozo, Senior Radiographer**



**Nazeera Valli, ML Sultan Sec. and Olwen Shearer,
Dietician**

August was Women's Month and in order to commemorate the strength and tenacity of women, Dundee Hospital hosted Take a Girl Child to Work day. The purpose of this day was to empower young girls and to also give them hope for the future.

6 Grade 11 and 12 learners from 3 surrounding schools, namely: Dundee Secondary School (Dundee), ML Sultan Secondary (Glencoe) and Sebenzakusakhanya High School (Glencoe) were invited to take part in this initiative.

The program of the day incorporated, amongst other things, introductory sessions to different career opportunities available within the Department of Health and also to learn about bursaries offered by the department. Learners also received an opportunity to visit different departments within the hospital to gain exposure on the daily tasks of the departments.

FOOD FOR THE SOUL

A little girl went to her bedroom and pulled a glass jelly jar from its hiding place in the closet. She poured the change out on the floor and counted it carefully. Three times, even. The total had to be exactly perfect. No chance here for mistakes. Carefully placing the coins back in the jar and twisting on the cap, she slipped out the back door and made her way 6 blocks to Rexall's Drug Store with the big red Indian Chief sign above the door.

She waited patiently for the pharmacist to give her some attention but he was too busy at this moment.. Tess twisted her feet to make a scuffing noise. Nothing. She cleared her throat with the most disgusting sound she could muster. No good. Finally she took a quarter from her jar and banged it on the glass counter. That did it! "And what do you want?" the pharmacist asked in an annoyed tone of voice. "I'm talking to my brother from Chicago whom I haven't seen in ages," he said without waiting for a reply to his question. "Well, I want to talk to you about my brother," Tess answered back in the same annoyed tone. "He's really, really sick... and I want to buy a miracle." "I beg your pardon?" said the pharmacist.

"His name is Andrew and he has something bad growing inside his head and my Daddy says only a miracle can save him now. So how much does a miracle cost?" "We don't sell miracles here, little girl. I'm sorry but I can't help you," the pharmacist said, softening a little. "Listen, I have the money to pay for it. If it isn't enough, I will get the rest. Just tell me how much it costs.

"The pharmacist's brother was a well dressed man. He stooped down and asked the little girl, "What kind of a miracle does your brother need?" "I don't know," Tess replied with her eyes welling up. "I just know he's really sick and Mommy says he needs an operation. But my Daddy can't pay for it, so I want to use my money." "How much do you have?" asked the man from Chicago. "One dollar and eleven cents," Tess answered barely audibly. "And it's all the money I have, but I can get some more if I need to."

"Well, what a coincidence," smiled the man. "A dollar and eleven cents---the exact price of a miracle for little brothers." He took her money in one hand and with the other hand he grasped her hand and said "Take me to where you live. I want to see your brother and meet your parents. Let's see if I have the miracle you need." That well dressed man was Dr. Carlton Armstrong, a surgeon, specializing in neuro-surgery. The operation was completed free of charge and it wasn't long until Andrew was home again and doing well. Mom and Dad were happily talking about the chain of events that had led them to this place. That surgery," her Mom whispered. "was a real miracle. I wonder how much it would have cost?" Tess smiled. She knew exactly how much a miracle cost...one dollar and eleven cents plus the faith of a little child.

In our lives, we never know how many miracles we will need.. A miracle is not the suspension of natural law, but the operation of a higher law.

DUNDEE PROVINCIAL
HOSPITAL

121 McKenzie Street
DUNDEE
3000

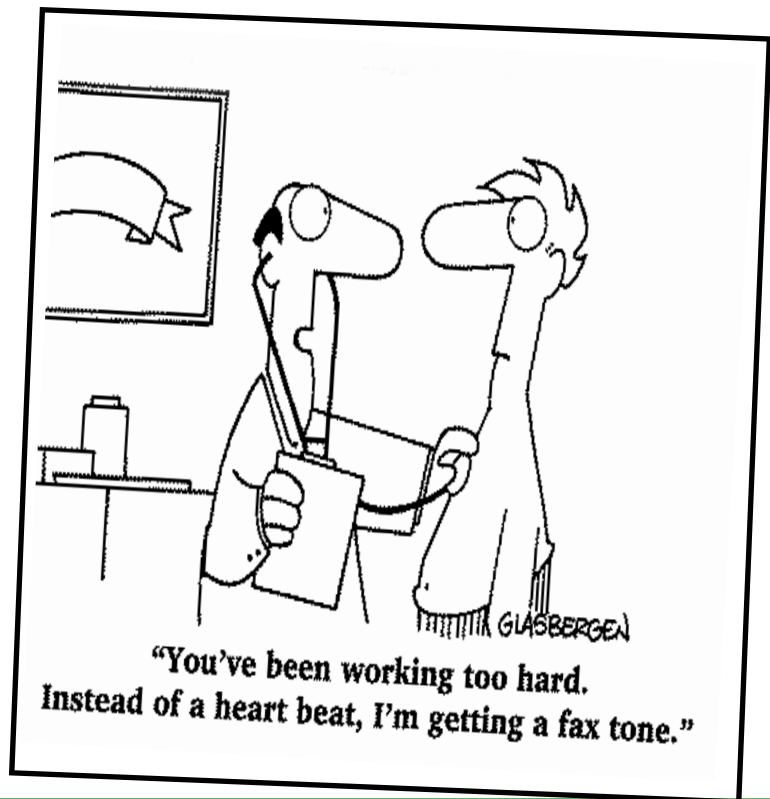
Tel. 034-212 1111

Fax. 034-212 3245

Email:

nomonde.nzimakwe@kznhealth.gov.za

[www.kznhealth.gov.za/
dundeehospital.htm](http://www.kznhealth.gov.za/dundeehospital.htm)



ANNOUNCEMENTS



If you still don't have your ID card, please come to the PRO's office to have 1 made.

NB: We only issue 1 card per person. You loose it- you pay for it

Dear Colleagues

2006 has been a long, productive and a very eventful year for Dundee Hospital. I would like to take this opportunity and welcome all those who joined us this year and also bid a sad farewell to all the community service officers who are leaving us at the end of the year, it's been a pleasure, all the best for 2007. I hope you enjoyed working in Dundee.

Remember your contributions to this publications are always welcome.

MERRY CHRISTMAS AND A PROSPEROUS NEW YEAR. BE SAFE & SEE YOU IN 2007

NOMONDE

PUBLIC RELATIONS OFFICER

"it is the insanity of life that keeps us sane"

"emancipate yourself from mental slavery"

- Bob Marley