

DUNDEE WEB

DUNDEE PROVINCIAL HOSPITAL

Inside this issue:

Children's Xmas Cheer

Children's Xmas Cheer	1
Occupational Health	2
Brain Gym	3
Orientation and Induction Training	4
Sport News	5
Sport News Staff Xmas Pics	5
-	
Staff Xmas Pics	5

In keeping with the spirit of Christmas on the 19-12-2008, the Dundee Hospital Board and Mr. Jason Chetty of Kentucky Fried Chicken Dundee made a surprise visit to Ward E to give lunch packs and toys to the little ones.



little ones with lunch packs



Mr. Jason Pillay KFC Dundee arriving at Ward E with packs

Children were not restricted to Ward E alone, children from OPD, Gateway and CDC were also included in the Christmas cheer.



The editorial staff of Dundee web wish all readers a prosperous 2009.



Dr. I Bedassi eager to start distributing



Mr. S Khan, Mr. Jason Chetty, Dr. I Bedassi, Dr. Aung, Mrs. NT Mkhize, , Mrs. R Bedassi

East Coast Radio as part of their Toy Story project sent beautiful toys for Ward E children. Unfortunately East Coast Radio were not able to physically come to Dundee.

Cont. page 6

Page 2 DUNDEE WEB

Occupational Health

by Miss. BC Ngema Occupational Health Nurse.

Our staffs are our most valuable asset. Staffs are busy taking care of clients that they neglect their own health, leading to absenteeism, decreased productivity and poor quality services to their clients

The World Health Organisation defines Occupational Health as "The promotion and the maintaining of the physical, mental and social well-being of all workers, and not merely the absence of disease".

Important legislation pertaining Occupational Health & Safety are:

Occupational Health and Safety Act No. 85 of 1993, which gives direction for employers to ensure that the workplace is healthy and safe.

Compensation for Occupational Injuries & Diseases Act. No. 130 of 1993, [COIDA] replaced the Workmen's Compensation Act. This Act provides for compensation to workers who have sustained an injury on duty [IOD], or who have contracted an occupational disease.

The Labour Relations Act 66 of 1995 ensure that employees fairness in the workplace. Included in Occupational Health are other related Acts

The Occupational Health clinic offers the following services

- → Baseline, periodic and exit medicals
- → Health promotion e.g. Immunization against influenza,

Hepatitis B,Malaria prophylaxis for staff visiting malaria risk areas ante natal care, family planning, weight monitoring, dietary advice etc

- ★ Counseling and referral when necessary
- ✦ HIV & AIDS management in the workplace and VCT.
- ★ Management of occupational injuries and diseases and processing of claims
- ✦ Primary health care
- → Risk assessments in the workplace

Baseline, periodic and exit medicals are important as supporting evidence to see if the worker contracted any work related diseases. All work related injuries must be reported immediately if this is not possible then by no later than the end of the shift, to the immediate supervisor or next in charge. The injured worker must be referred to the OH clinic for further management. Confidentiality is paramount in the management of HIV&AIDS and VCT The Occupational Health Clinic office hours are from Monday to Friday 07h30 to 16h00. In the event the OH Sister is unavailable



Sr. BC Ngema talking to staff clients

Staff Clients attending the clinic

the injured worker must be sent to Casualty. Dr Aung is available in the management of the clinic. All staff are encourage to use the facility.

DUNDEE PROVINCIAL HOSPITAL Page 3

Brain Gym



This edition's word search theme is Valentines Day.

Soduku

Soduku rule:"Fill in the grid so that every row, every column, and every 3x3 box is filled with digits 1 to 9."

	6		1	4		5	
		8	3	5	6		
2							1
8			4	7			6
		6			3		
7			9	1			4
5							2
		7	2	6	9		
	4		5	8		7	

National Health Awareness Days - 2009 January

Sun Smart Awareness Month CANSA 31: World Leprosy Day

February

Reproductive Health Month

Healthy Lifestyle Awareness Month

- 4 World Cancer Day
- 9-15: STI / Condom Week
- 9-15: Pregnancy Awareness Week
- 20 Healthy Lifestyle Awareness Day

March

- TB Awareness Month
- 8: International Women's Day
- 12: World kidney day
- 20: World Head Injury Awareness Day
- 21: Human Rights Day
- 21: World Down Syndrome Day
- 24: World TB Day



Orientation and Induction

Orientation and Induction Training was conducted on the 14/01/2009. Mr. IM Gubevu [below] Acting Hospital Manager welcomed all the new staff. New Community services officers for 2009 are:

Medical Officers - Dr ML Chettiar, Dr TSC Dube, DR. NP Mkhwanazi

Radiographer - A Asmal Pharmacist - ZL Madide

Prof. Nurses - JA Robson, AS Buthelezi ,NPH Mtshali

Occupational. Therapist - LM Elstadt













Miss. EN Mkhabela

Miss I Lundin

Mr. VSI Zwane

Mr. R Pargas

Miss SY Kader,









Mr. JS Thabede

Mrs. P Mlambo

Ms. GTN Msibi

Mr. S Vilakazi

Dr. Aung





Sports News







Mzwandile Nxumalo



Zanele P Mncube

On the 24/01/2009, three of our staff competed in the Isandlwana - Rokres Drift Race. The 21.1 kms gravel terrain made it a tough challenge for all runners. Time Results: Lindani Khumalo from Linen Room completed the race in 1hr 25 min, Zanele P. Mncube from Blood Bank 2hrs 15 min. and Mzwandile Nxumalo from Pharmacy 2Hrs 3 min.

Staff Xmas Pics'



Casualty



Gateway Clinic



TB ward



X Ray Department



Ward 7



Ward E



Ward 3

Due to a technical problem , photos of Ward A, B, and Crisis Centre could not be displayed, the editorial staff sincerely apologizes for this ${\bf P}$

Children's Xmas Cheer cont from page 1

The mothers and children were very excited and appreciative. It was truly a heart warming experience.



One of the mothers expressing her thanks



Matron NT Mkhize handing lunch pack



Dr I Bedassi hard at work



Mr. Jason Chetty handing out toys



Mr. S Khan thanking Mr. Jason Chetty

The Management and Staff of Dundee Hospital sincerely thanks the Hospital Board, KFC Dundee and East Coast Radio for bringing smiles to the little ones.

Accolades



Sr. EN Mkhabela awarding the floating trophy to OPD In-charge Sr. S Khan



OPD Staff proudly showing the Infection Control Floating Trophy which was awarded to them for the 3rd quarter. Well done OPD staff you have marked your yardstick as the mirror of the hospital. keep it up!

The Quality Team encourages all departments to be competitive.