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DUNDEE WEB

DUNDEE HOSPITAL IS A HEALTH PROMOTING HOSPITAL

Khanya Africa Launch

Khanya Africa is a voluntary organization that was initiated by a group of KZN doctors to assist people to enjoy their constitutional right to access quality health care. On 23 /02/2009 Umzinyathi Health District Office launched Khanya Africa. Seen at the launch were:



Miss; A Asmal, SY Kader, L Elstadt, LA Everson



Dr. Aung Medical Manager , Mr. A Gurudial Quality Assurance , Mr. JM Mndebele District Manager

Dr. BR Nxumalo launched the project at Umzinyathi. Historically he pioneered Khanya Africa in the Uthungulu District. Khanya Africa has approximately 3000 members in KZN. Dr BR Nxumalo see here giving an overview of Khanya Africa.

“ the best way to find yourself is to lose yourself in the service of others”
Mahatma Gandhi”



Mr. JS Thabede EAP; Mrs. D Khumalo Endumeni PHC Supervisor



At the function Certificates of Appreciation. from the Office of the MEC for Health were awarded to Community Service Officers

Cervical Cancer

by Sister BC Ngema Occupational Health Nurse

Cervical Cancer [mouth of the womb] is one form of cancer that can be prevented

All women 30 years and above, should have a PAP smear.

PAP Smears are free at Occupational Health Clinic
your nearest clinic /health centre.

What is cancer of the Cervix?

Cancer of the cervix is one of the most common forms of cancer amongst women, if detected early, this can be treated and cured. All women are at risk of developing cancer of the cervix. The risk of developing cancer of the cervix increases as you get older.

You are still at risk even if :

- You are not sexually active.
- You are menopausal or have experienced menopause.
- You no longer plan to have children.

What is a PAP smear?

A PAP smear is a simple, quick vaginal examination to check if the Cervix is healthy.

A special instrument called a speculum is used so that the doctor or nurse can see the cervix.

A specimen is taken and sent to the laboratory for testing.

Why so I go for a PAP smear?

A PAP smear detects abnormal cells that may later become cancerous.

When should I go for a PAP smear?

You should have a PAP smear at least every ten years; one in your thirties, one in your forties and one in your fifties.

Your Health rights:

You are entitled to free PAP smears

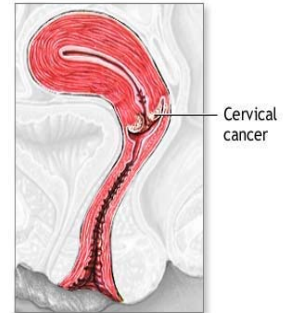
To be treated with dignity, respect and privacy when going for a PAP smear.

To ask your health provider to explain the procedure and follow up care to you.

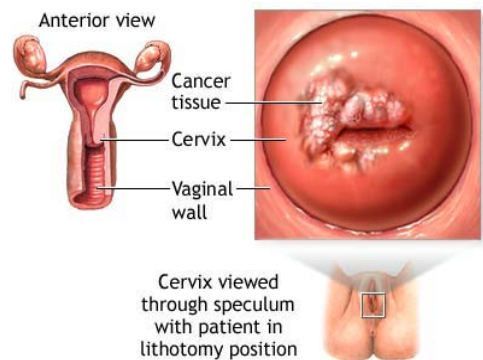
Your responsibilities:

You must take responsibility for your own health.

You must go back for the results and follow up care if advised to



ADAM.



ADAM.



Healthy cervix



Cancerous cervix

Community Health Care Workers Awards

On the 20th April 2009 the Community Health Workers held their Awards Ceremony. The function was organized by Community Health Facilitators Mr. S Ntombela and Mrs. S Mthembu.

The function was attended by Mrs. Z. Khambule from KZN PPHC a NGO based in Durban which funds the CHW programme. Other guests at the function were Miss D Shange from the Umzinyathi District Office, Mr. IM Gubevu representing the Management, Miss Phila Mthembu Social Worker, as well as other dignitaries. RPL certificates, farewell gifts, tokens as well as wedding gifts were given. .

Mrs. S Mthembu thanked the Community Health Care Workers Committee for the function a success. Despite budgetary constrains the CHWs dug deep into their pockets. She also thanked Miss D Shange from the Umzinyathi District Office for donating gumboots for the CHW gardens project. The Community Health Workers are not always remembered for the extra mile they put in. CHWs brave bad weather, cover long distances and get to homes that can only be reached on foot. They offer tender loving care for those in the last stages of their lives.



M Zwane [Program Director]



CHW Choir



P Mthembu & IM Gubevu



CHW preparing lunch



Receiving RPL certificates:

B Nsibanyoni



Thembelihle Zwane



Xoli Xaba



Sessi Mabizela



Mantombi Sibisi



receiving tokens : Sihle Mahaye



Duma Shange



Z Khambule KZN PPHC



Learnership gift: M Zuma



Wedding gift, M Maseko



M Zuma



Receiving wedding gift; Sihle Mahaye for Bishop Xaba

Sports News - Comrades Marathon



Mr. L Khumalo



Mr. SS Magubane



Mr. M Nxumalo



Dr. S Hilliar

Mr., L Khumalo [linen Room], Mr. M Nxumalo [Pharmacy], Dr S Hilliar [Medical Officer] and Mr. SS Magubane [HR] did us proud in the recent Comrades Marathon. All four completed the marathon and received medals which is an incredible achievement for their first attempt. Results Mr. L Khumalo **8hrs 42 mins**. Mr. M Nxumalo **10hrs 21mins**; Dr. S Hilliar despite having the flu never gave up his determination paid off **10hrs 27mins** and Mr. SS Magubane **11hrs 7 mins**.

Accolades



During the recent Umzinyathi District Office unannounced inspection, Pharmacy Department scored the lowest. A meeting was held between the Management and Pharmacy to address the gaps identified and to implement solutions. Pharmacy staff strongly committed themselves and together made the most progressive achievement to rank amongst the best.

Z Msibi, Z Maduna, Z Mchunu, S Singh, A Ntshingila, S Kader, M Nxumalo



D Sangweni



L Bhengu



C Deena



M Xaba



NM Ngwenya

Well done Pharmacy . keep up the good work !

Renovated Maternity 2

In May renovations to Maternity 2 were completed. Previously the ward had little to offer in terms of a conducive environment. Maternity 2 now proudly boasts state of the art equipment, an ICU for sick and premature babies. The ward is open to all patients regardless of medical aid or not. Careful detail was paid to infra structure to be infection control compliant to prevent Klebsiella. The management thanks all stakeholders for the success of this project. On the 11 June 2009 the Hospital Board toured Maternity 2. Patients interviewed very happy with the



Mat 2 Staff ready for ward occupation



Therapeutic patient environment



One of the Private rooms



Milk Kitchen



Mr. N Dookie Artisan Superintendent the King Pin behind the renovations



Sluce room



Disabled friendly bathrooms



Visitors lounge



Unit Manager J. Mkhize in prem. unit



Hospital board tour Mat 2 : Mrs. PC Mbatha, Mrs. NT Mkhize, Dr I Bedassi, Mr S Khan Mrs, D Nkosi



Wheel Chair Donation

Life is about bringing sunshine to others that dwell in gloom, Community Health Care Worker [CHW] Miss Zihhle Cebekhulu did just that, her heart went out to the blind and bedridden Miss Solile Ivy Sikhakhane of Biyela Street in Sibongile. Solile Ivy had been confined to the walls of a cold dark room for a long time. Her sister Miss Violet Sikhakhane, who being frail herself was unable to carry Miss Solile Ivy outside to feel the warmth of the sun.

Zihhle Cebekhulu [CHW] approached Dundee Hospital for assistance. Community Health facilitator Mrs. S Mthembu and Physiotherapist Mrs. Anel Meyer responded to the call.

On the 23 June 2009 a new wheel chair was delivered to Solile Ivy. It was truly an emotional experience to see Tears of joy roll down the cheeks of Solile Ivy and her sister Violet Sikhakhane.



S Mthembu thanking Zihhle Cebekhulu

Sincere thanks to Zihhle Cebekhulu, Mrs. S Mthembu and Mrs. Anel Meyer for their compassionate assistance.



Zihhle Cebekhulu [CHW] with Solile Ivy Sikhakhane



Violet Sikhakhane, S Mthembu and Solile Ivy Sikhakhane

New Nurse uniform

