



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

EASTBOOMERS

RUNNING ENGINE OF HEALTHCARE FACILITIES.

NEWS

APR 2024 - MAR 2025

NURSES DAY CELEBRATION

Nurses play a vital role for our community : no matter how many hardships they go through. They remain the warriors for health care .

International Nurses Day is celebrated on May 12 each year, it is a day dedicated to recognizing and celebrating the invaluable contributions that nurses make to healthcare and society. The day highlights the critical role nurses play in delivering quality patient care,

improving public health, and shaping the future of the healthcare profession. Nurses are indispensable to healthcare delivery. They are on the frontlines of patient care, providing direct and compassionate service while also advocating for patients and promoting overall health

and wellness. Without the tireless work of nurses, healthcare systems would not function effectively, and patient outcomes would likely suffer. Their versatility, dedication, and expertise make them one of the most important pillars of the healthcare system.



East Boom CHC

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HAND WASHING CAMPAIGN 18/07/2024

INFECTION CONTROL MEASURES WERE IMPLEMENTED ACROSS ALL FACILITY DEPARTMENTS. STAFF RECEIVED TRAINING ON PROPER HANDWASHING TECHNIQUES TO PREVENT THE SPREAD OF INFECTIONS AND ENSURE A SAFE, HYGIENIC ENVIRONMENT FOR ALL.

Hand Hygiene awareness.



Clean hands show room.



Hand wash rally.



Demonstration of hand washing.



Dental department demonstration of hand washing.



Sr. B.R Hadebe demonstrating hand washing.



Aphiwe Bhungane, posed with the frame.



Sr. B.R Hadebe at the lectern presenting hand hygiene .



B. Sindane, posed with the frame.

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67 MINUTES FOR MANDELA 18/07/2024

DOING BETTER FOR THE COMMUNITY.

Former president Mr. Nelson Mandela dedicated 67 years of his life to fighting for justice, equality, and human rights. The 67 minutes symbolize his 67 years of selfless service.

On this special day East Boom CHC staff did various activities like serving food, providing HIV testing, and distributing gifts, just as the former president worked tirelessly for the betterment of his community and the world. The act of offering food and health services such as HIV testing aligns with Mandela's focus on health, dignity, and support for those in need.

It also highlights the importance of giving back to the community and continuing Mandela's work in addressing social issues. By engaging in these meaningful activities for 67 minutes, participants are encouraged to reflect on the values Mandela stood for and contribute positively to their community.



PHC was visited by Department of Public Works



Medical and Allied department stall, they did HIV testing. Gave gifts to those who tested for HIV.



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MENS' CELEBRATION 26/07/2024

WORK HARD, PLAY HARDER.

SUCCESS IS THE BEST REVENGE.

Men play important roles in many areas of society, including social, cultural, economic, and emotional well-being. They help to create healthy families, workplaces, and communities. Men contribute by being involved in family life, working to support the economy, leading fairly, and supporting equality. Their efforts help to make communities stronger and more resilient. As society changes, it's important to keep supporting men in becoming positive role models and active members of their communities.



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BREASTFEEDING 07/08/2024

Mother feeding baby.

East Boom CHC hosted a breastfeeding event to share the benefits of breastfeeding for mothers and babies and raise awareness about the challenges that can come with it. The event aimed to normalize and support breastfeeding, encourage more mothers to breastfeed, and create a culture that acknowledges and values the hard work involved.

World Breastfeeding Week, celebrated every August 1–7, emphasizes the health benefits of breastfeeding for both mothers and babies. It promotes the need for support, including education, lactation consulting, and workplace assistance. The event highlights how a supportive environment helps mothers breastfeed successfully. Advice includes using a good pump, properly storing milk, and avoiding boiling or using hot water to unfreeze milk to preserve nutrients.



PAPSMEAR AWARENESS

Early detection of cervical cancer

Pap smears screening education for patients was held on 29th August 2024. This taught how to detect early signs of **cervical cancer** or **precancerous changes** before they become more serious. Early detection allows for:

- Treatment of **precancerous cells** before they develop into cancer.
- Better **outcomes** for women diagnosed with cervical cancer.
- Prevention of cervical cancer through identification and treatment of abnormal cell changes.

Recommendations

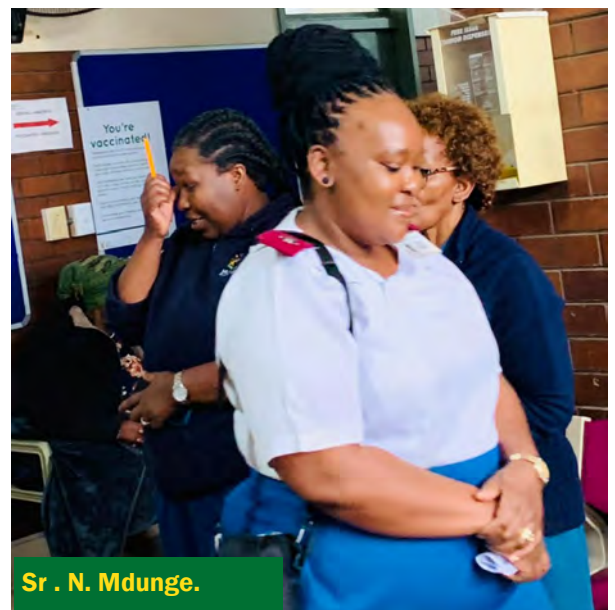
- Start getting Pap smears at age 21
- Get a Pap smear every 3 years until age 21.
- Get a Pap smear and HPV (Human Papillomavirus) test every 5 years from the age of 30



X. Radebe and Sr N. Mdunge.



Audience



Sr . N. Mdunge.

PHARMACY WEEK MONTH

NOTE THAT BELOW INFORMATION WAS ATTAINED FROM THE PHARMACY REPORT.

THEME: LET TALK VACCINES

Every September, Pharmacy professionals celebrate Pharmacy Month in South Africa. The purpose of Pharmacy Month is to educate the public on the vital role that the pharmacist plays in the health care system. This initiative is usually planned and organised by the interns of the facility. The theme for Pharmacy Month 2024 was "Let's Talk About Vaccine".

At East Boom CHC, our plan for Pharmacy Month was to enlighten the community on the pharmacy profession, educate on current and prevalent health issues relating to vaccinations and to uplift the community through various outreach programmes. The funds were raised through a Raffle Ticket competition amongst health care professionals from our facility as well as sponsors.

For the month of September 2024, we planned eight Pharmacy Month Events: Four being at East Boom CHC departments Mother and Child waiting area, Men's Clinic, HAST waiting area and Pharmacy waiting area. Four external outreach programs were held at ABH Old Age Home, Open Gate Special Needs School, Christian Believers Fellowship and PMB Children's Home. In each event, the interns and other pharmacy staff members delivered presentations in English and isiZulu.

Topics that we covered were education on vaccines, influenza vaccination, adherence and compliance, how to live a healthy lifestyle and the importance of child immunisation.



From left: S. Maduna, Z. Moosa, S. Manqele, M. Xhakaza, M. Mungwengwe, M. Buthelezi, M. Dlamini, L. Nyathi, and Sr. B.G Ngcobo.



From left: S. Maduna, M. Buthelezi, M. Mungwengwe, M.Xhakaza, S.Manqele, N.Myeza, and at the back Dr S Chetty (CEO).



M. Mungwengwe addressing the patients.

PHARMACY WEEK MONTH

Continue.....



Christian fellowship church



Christian fellowship church



At East Boom Community Health Centre



East Boom Community Health Centre

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ORAL HEALTH 09/2024 TO 10/2024

Oral Health Month was celebrated by our dedicated Dental department . It is a time ,each year, to emphasize the vital connection between oral hygiene and overall well-being. Colgate assisted us with sponsoring oral hygiene kits to our patients .It serves as a reminder that taking care of our teeth and gums is more than just about having a bright smile—it's essential for preventing serious health issues. Throughout the month; our dental professionals partnered with schools. and health organizations to educate our community on the importance of daily brushing and flossing, regular dental check-ups, and healthy eating habits. Special campaigns such as our visit to Berg street primary school ,free dental screenings, and interactive events helped us spread awareness . We embarked on a community coloring completion which proved extremely successful in promoting good oral hygiene habits with our children. Oral Health Month plays a key role in promoting lifelong habits that support strong teeth, healthy gums, and confident smiles.



Our hygienist SA Naidoo promoting oral health at neighboring schools and Ms. Phungula giving out hampers at Berg street Primary School.



Dr. Sewgoolam with Colgate representatives .



Oral health open day.



Colgate sponsored toothbrushes and toothpaste for our oral health.



Sherwin Naidoo educating our Peads department .



Oral health instruction was given by T. Hlongwane.



Dental unit preforms outreach at an MEC event.



Audience



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WOMENS' DAY CELEBRATION

Wathinta abafazi wathinta imbokodo, you strike women you strike a rock.

International Women's Day is celebrated every year on August 9th. East Boom CHC held the celebration on September 6 2024, to honor the hard work and successes of women in different areas of life. This day is also a time to think about the struggles women have faced in the past and the problems they still deal with today like unfair treatment, gender based violence, and limited access to education and healthcare. The event wasn't just about celebrating – it was also about raising awareness of these issues, pushing for changes in laws, supporting women's rights, and encouraging people to take action. It was a reminder that everyone should help build a fairer and more equal community.



Pharmacy department.



Supply Chain Management department



Maternity department.



NCWM Department.



Medical and allied department.



Human Resource department.

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HERITAGE CELEBRATION 27 SEPTEMBER 2024

Bringing people together

South Africa is a country, with rich diversity. The aim of celebrating Heritage day, 24 September 2024, is to encourage uniting people with unique backgrounds, traditions and customs.

East boom CHC celebrated Heritage day 3 days after, on the 27 September 2024. The event allowed individuals to showcase their customs, languages, and stories. The day promotes unity and respect among different cultures, reminding everyone of the importance of inclusivity. Heritage Day serves as a platform for educating younger generations about their history,



From left: E.N Madlala, A. Mandlakayise and L. Zuma.



East Boom CHC Staffs.



N.T Ntsingizi leading Paediatrics staffs with the zulu dance.



East Boom CHC Staffs.



N From left: E. Wynia, Dr S. Chetty (CEO), S. Mbana, N.C Mkhabela, N Ngubane and S. Mbambo.



Nozipho Gama



From left X. Ngcamu and M Ndawondwe.

CONTINUE.....



M. Zibisi



East Boom CHC staffs



From left: D.D. Zulu, S. Nkabini and P.J. Nzaca



From left: Sr. Deair , Sthembile and M. Khambule staffs.



East Boom CHC staffs



East Boom CHC staffs

QUALITY DAY 29/11/2024



From left: M.T Ntontela, S. Gopichand, B.G Ngcobo, PTT Padayachee, V. Deair, S. Mtshali, A. Ngubane, B.R Hadebe, Dr. S Chetty.



Dental department from left : T. Hlongwane, T Khanyile, Dr .T Gatharam, Dr . S .Chetty (CEO), Dr A.B Maharaj, M.Zuma.



Northdale Clinic: N. Nongoma, TP Mkhize, Dr S Chetty (CEO), SN Mkhize, (Operational Manager) N. Zondi, N. Kama and N. Mthembu.



From left: P.P. Vilakazi, P Singhh, B. Williams and Dr S. Chetty



From left: S. Dlamini, Dr. S Chetty, S. Khanyile, N. Xatyiswa.

QUALITY DAY 29/11/2024



Sports and recreation, from left: G Sokehela, N.B Mlotsha, T Mabaso, NI Dlamini (PRO), A. Ngubane.



Sports and recreation, from left. G. Sokhela, SN Sithole, M. Mthembu, NI Dlamini (PRO), M. Zibisi, CA. Anthony



From left: MS Nosilela, O Malindi, CF Sucks, P. Sokhela, AT Dlamini, Dr. S. Chetty, PN. Khathangana.



Finance and SCM from left: NF Cele (Finance Manager) , J. Potgieter and Dr. S Chetty.



Human recourse from left: X Mbele, S. Sokhela, N. Xatyiswa and Dr S. Chetty (CEO).



Sr. BG Ngcobo(OM), Sr. Gopichand (Matron), Sr. Pa-dayachee, Sr. S Mtshali, S. Chetty(CEO) Sr. V Deair Acting OM), Sr. MP Ntontela(OM)



OPEN DAY 26/10/2024

East Boom CHC had a well-coordinated and impactful event! Merging the Peads and Adolescent and Youth-Friendly team event with the open day was a great way to bring the community together. With support from various departments and allied teams, and the presence of so many youth and their guardians, there was a strong sense of unity. The contributions from partners like HST, Lifeline, TB/HIV Care, and private sponsors, including Dural Isan, really helped make the event even more enjoyable with refreshments and goodies for the participants. Kids were tasked to do interactive activities and winners were identified. Miss N. Dlamini PRO also gave an informative analysis on several services that the clinic provides.



Outreach team



Kids play station



Audience



Life line



From left: Arisha (Dietician) and Sebenzile (Social Worker)



Sr. A. Ngubane

WORLD AIDS EVENT 03/12/2024

World AIDS Day takes place every year on **December 1st**. The purpose of World AIDS Day is to raise awareness about HIV/AIDS, show support for those living with the disease, remember those who have died from it, and promote education and prevention efforts. It's a day for global solidarity in the fight against HIV/AIDS.

The key figures and organizations came together to provide education, support, and encouragement to the community. Sthe Khanyile was the Programme Director and Mrs. K Francis opened with the prayer, Dr. SSS Buthelezi did the welcome and purpose and a client living with HIV offered valuable advice. This event was a meaningful moment of sharing knowledge and fostering community understanding.

The involvement of NGOs like HST, Aurum, and Inkunzi Isamatholeni, as well as the health promoter Happy, reflected the importance of collaboration in fighting the stigma around HIV/AIDS and offering crucial health education.



Happy Masikane (health promoter)



Candle lighting



Staff and Audience



Patient and Dr. SSS Buthelezi



EN L. Nzama, Sr. S Mtshali, Sr NN Xhala, Sr Zondi, Sr. K Mkhize, P.J Nzaca

PREGNACY EVENT 19/02/2025

The Pregnancy Event held on 19th February 2025 had the purpose of educating and empowering individuals and families with important information related to pregnancy, conception, prenatal care, and safe delivery practices. It was an opportunity to promote healthy pregnancies, raise awareness about maternal health, and provide resources to ensure the well-being of both the mother and child during the pregnancy journey.

Ayanda Ngubane managed the flow of the event and ensured all segments were covered. Sr. Kaula led the prayer, setting a positive and respectful tone for the proceedings. Sr. Ntontele explained the goals of the event, welcoming participants and setting the stage for the day's discussions on pregnancy and maternal health.

Ayanda Shezi discussed the importance of healthy and responsible conception practices, including family planning methods, timing, and conditions for optimal maternal and fetal health. Health promoter Happy highlighted the benefits of breastfeeding, its importance for infant health, and provided guidance on best practices to ensure mothers feel empowered to breastfeed successfully. Sr. NE Mkhize explained the role and importance of antenatal care, helping expectant mothers understand why regular check-ups, screenings, and care are essential for a healthy pregnancy. Sr. B Gebashe provided crucial information about the stages of labor and delivery, educating attendees on what to expect, pain management, and the importance of proper medical support during childbirth. Sr. Dzanibe concluded the event by offering gratitude to everyone involved, ensured the community felt appreciated for their participation and commitment to maternal health.



Pregnant mother.



Sr. EN Mkhize.



Audience.

T.B EVENT 25/03/2025



Sr. S Naidoo did the introduction.



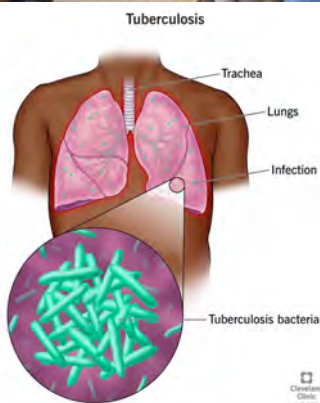
Pediatrics staff



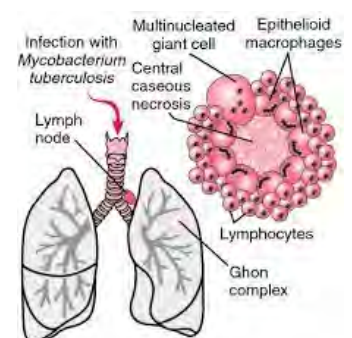
Role play.



Audience .



Sr. X. Radebe, did a health education.



Tuberculosis (T.B.) is a contagious bacterial infection primarily affecting the lungs, caused by *Mycobacterium tuberculosis*. There are two types: Latent T.B., where the bacteria are inactive and non-infectious, and Active T.B., which is symptomatic and can spread to others. The standard medication regimen for T.B. includes a combination of drugs like Isoniazid, Rifampicin, Pyrazinamide, and Ethambutol, typically for 6-9 months. Preventing T.B. involves measures such as vaccination (BCG), good hygiene practices, wearing masks, and ensuring proper ventilation to minimize airborne transmission. Tracing contacts helps identify individuals at risk, enabling early detection and reducing further spread. Home visits are essential for supporting patient adherence to treatment, monitoring health, and educating families. This year's outreach programme focused on children aged 5-10 years, with school visits to promote awareness. Events at Pediatrics (March 25, 2025) and Hast (March 26, 2025) emphasized the importance of hygiene in controlling T.B. spread.

T.B EVENT 26/03/2025



Sr. Mtshali



Sr. X. Radebe



Client received gift fro Dr SSS Buthelezi



ENA PJ Nzaca, PN NY Duma, PN N Xhala, CNP S Mtshali, DR SSS Buthelezi, PN N Mkhize, EN PX Radebe, PN P Zondi, PN NP Mncube, PN LZ Mchunu, EN MB Mlotshwa



Microbacterium Tuberculosis (TB) drugs



PN N Xhala, PN N Mkhize, PN NY Duma, PN PB Zondi, PN NP Mncube, EN SA Mkhize



Dr Okafor, Dr SSS Buthelezi, CNP S Maharaj, CNP S Mtshali

EDITORIAL TEAM DETAILS

DR S. CHETTY: PROOF READER

MS NOSIPHO DLAMINI: PHOTOGRAPHER, NEWS WRITER AND COODINATOR



"My name is Nontobeko Cele, and I started working at East Boom CHC on the 8th of July 2024 till 08th December 2024. Joining East Boom CHC gave me an opportunity to learn how to craft compelling stories and messages that help shape public perception. I enjoyed building relationships with the community, colleagues, and brainstorming creative campaigns. This not only enhanced my communication skills but also deepened my understanding of how public relations can influence and engage diverse audiences. I'm excited to continue expanding my expertise in the field, contributing to the organization's mission, and making a positive impact on the community."



Ms Nontobeko Cele (PRO intern)

Complaints, suggestions and compliments, received from internal and external stakeholders are managed in the Public Relations Officer 's department.

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