



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

East Boom CHC

EAST-BOOMERS

NEWS

Informative publication

July 2017 – September 2017

Services being offered at East BOOM CHC

- *Dental health services*
- *Dietetics*
- *Emergency medical services and trauma*
- *HIV/AIDS/STI management*
- *Management of Chronic ailments*
- *Maternal and child health*
- *Minor ailments*
- *Pharmaceutical services*
- *Psychiatric services*
- *Radiological services*
- *Reproductive health services*
- *Social Work services*
- *TB management*



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Breast feeding 03 August 2017

Breast feeding is the best recommended method of feeding for all infants to 2 years. World Breast feeding week is celebrated yearly from 01 to 07 August and the theme for 2017 was “sustaining Breastfeeding Together” which reinforced the importance of supporting for breastfeeding.

Health adherence talks were provided to the patients during that week enlighten them with information on benefits of breast feeding.

CCGs were also the part of the event as there are the solders of the health care system in the community.



East Boom CHC staff, doing a chorus on breast feeding.



Miss A. Seevapersaid (Dietician) was awarding a breast feeding mother.



Miss A. Seevapersaid (Dietician) also gave gifts to mothers who answered the quiz and questions.



Breast feeding Gallery



Audience

2017/08/03



Sr. NH. Zulu (Professional Nurse) was advising about antenatal and maternal.



Mrs. DAM Gwamanda (Maternity Operational Manager), Mrs. D.L Naidoo (CEO), and Dr. S. Threadingham.

2017/08/03



Mrs. M. Gopichand(PEADS Operational Manager) and Mrs. DAM Gwamanda (Maternity Operational Manager).



SR B.G Ngcobo (Programme director), Miss S. Ngcobo (Counselor) , demonstrate on poisoning on breast feeding.



Sr. N. Madlala (Enrolled Nurse Assistant) and Sr. N. N Ngcobo (Professional Nurse) , were advising on how to take treatment.



Mrs. G. Shabalala (Counselor) and Miss. S. Ngcobo (Counselor) , educating about food that should be served for babies.

2017/08/03

Men's forum held 28/07/2017



This event took place on the 28 July at East Boom CHC. The celebration took place at dental area which was well attended by 30 males. The guest speaker was Mr. M. Ndlovu from head office (Chairperson of Provincial Forum), he was represented by Mr. S. Mhlungu (Member of Provincial Disability Forum). There was an educational video watched by the men's forum, which was about men's awareness and behavior. After watching the exciting video, various questions came through. Characters in the video were criticized. There was vibrant participation in the debate as the audience dug deeper into the topic and others were identifying well with such habits.



The Guest speaker Mr Mhlungu redirected the audience well in his speech. He summarized that the video is educational and the intention is to get males to transform. Sensitive matter that was raised in the forum, are that men's clinic service are scarce. Guest Speaker further tabulated the following points as to why men's forum should be established with working committee:

- ◆ To promote positive male role models.
- ◆ To celebrate men's positive contributions to society, community family, marriage, child care and to the environment.
- ◆ To focus on men's health and wellbeing social, emotional, physical and spiritual.
- ◆ To highlight discrimination against men in areas of social services, social attitudes and expectations and law.
- ◆ To improve gender relations and promote gender equality.
- ◆ To create a safer, better world where people can be safe and grow to reach their full potential.

The formation of a men's committee was done with the following members, Mr. S. Emmanuel, Mr. S. Thomas, Mr. K. Cele, Mr. S.A Zondi and Mr. B.I Sibiya.





Women's Day Celebration



Mrs. Tasmin Gobin (Head Office EAP), was the guest speaker and gave a motivational talk.



On the 24 August East Boom CHC held women's day celebration, South Africa National Women's Day commemorates on 09 August and is declared a public holiday. The day remembers the march by women to the union buildings in 1956 to petition against the country's pass laws. This day draws attention to significant issues that South African women still face to improve domestic violence and sexual harassment. Due to the public holiday, there have been many significant achievements. The protest song that was composed in honor of the occasion: Wathint'Abafazi Wathint'imbokodo! (Now you have touched a women, you have struck a rock).

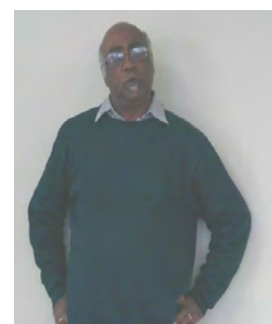
Mrs. D.L Naidoo (CEO), extended her gratitude to all women in management at East Boom CHC for the hidden beauty seen in each one. Women were encouraged to continue to rise up, despite challenges and continue to be captivated by growth in the driest areas. You are a women, fearfully and wonderfully made. You run the world.

The guest speaker was Mrs. Tasmin Gobin from Head Office (EAP). There was also the formation of a women's forum committee. The women were entertained by Mr. R Naidoo, with a moving song. The ladies also shared wonderful household tips.

Mrs. Tasmin Gobin (Guest Speaker) gave a motivational speech, she highlighted that where God puts you he will carry you. Women were encouraged to have a vision, plan and goal. In life it won't be smooth, you will drive past gravel and potholes. We are given freedom of choice therefore to exercise your freedom and free will. One must make good decisions, and be strong . Women must never doubt oneself , but value yourself. There is always a right time for success, never hold on grudges , as it destroys you.



Mrs. D.L Naidoo (CHC Manager), cutting the cake.



Mr. R. Naidoo, did a moving song .



Mrs. B.B Ngcobo (Programme Director), did a excellent job by keeping the event running smooth.



Dr. S. Buthelezi, sharing household tips . The day was enjoyed by all with lots to eats.



The women's forum: Deputy- Dr. Ackerman's, Chairperson-Mrs. J Potgieter, Treasurer-PJ Nzama and Secretary-Mrs. T. Mkhize.



East Boom CHC Women who attended the event.

Women in Management high tea



On the 01 September 2017, The Medical component hosted a High Tea which aimed at celebrating woman in management. This event was part of the woman's day celebration and profiled East Boom CHC's support of Woman in Management. The professional woman often faces numerous challenges in a male dominated work environment. However, the female Managers here at East Boom CHC have shown their resilience and tenacity embracing daily challenges and turning them into success. This serves as a motivation to junior staff, empowering them to move up the ranks and become efficient leaders in the workplace. A woman can truly have it ALL!!!



The ladies were treated to an elaborate spread of variety snacks. At the end the ladies extended their gratitude to Dr. Chetty and the Medical team. The event was well attended and all women in management appreciated the recognition for their contribution in service delivery.

Scripture that was read by Dr. Jones, was **Proverbs 31; vs 10-31** (Venturous Woman), she motivated and encouraged that a woman should achieve more.



The management contributed towards delicious food and dished up food.



East Boom management gathered for the high tea at the East Boom CHC boardroom.



Dr. S. Buthulezi was the programme director.



Mrs. D.L Naidoo, welcomed everybody and did a purpose of the day.



Dental week 07/09/2017

On the 7th of September, the Dental department celebrated Dental Awareness week. There were interactive sessions with the patients where topics such as: oral hygiene, extractions and dental emergencies were discussed. The aim of this was to educate patients on how to take care of their teeth thus differing the need for invasive procedures. Similarly, the interactive sessions were aimed at improving health seeking behavior therefore reducing delayed presentation to healthcare facilities.



Mr. S.A Naidoo (Oral Hygienist) gave oral hygiene instructions.



Miss S. Gumede (Dental Therapist), discussed primary and permanent dentition, tooth exfoliation stages and fluoride use.



Mrs. B.B Ngcobo (Dental Supervisor), giving kids gifts.

LEAVERS

Dlamini S. (Enrolled Nurse Assistant) } Cross transfer
Govender M. (Pharmacy assistant) }
Kazadi I. (Medical Officer –Comm serve)
Maduna Z.I (Medical Officer –Comm serve)

NEW APPOINTEES

Ntombela N.F (Enrolled Nurse Assistant) } Cross transfer
Nzimande (Pharmacy assistant) }

Complaints, suggestions and compliments, received from internal and external stakeholders are managed in the Public Relations Officer 's department.



health

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