



People Caring For People



EAST BOOM CHC



Sr D.A.M Gwamanda - OPM Maternity

I am Mrs D.A.M Gwamanda Operational Manager at Maternity, Labour ward at East Boom CHC.

I am very proud to announce the opening of EBCHC's Labour Ward which started functioning on the 1st of August 2010. We are more than happy because a full package is now offering total care to our pregnant mothers and this will help to alleviate workload in the neighboring Hospitals and also the Dept of Health will benefit in the away that its cheaper to nurse a patient in the CHC than in Hospital.

Working in Maternity offering health care service, well I will say that it's a pleasure because when I finished my midwifery in 1979, this was one of my wishes to work in Maternity though there are a lot of challenges. To see the pregnant mother coming to the clinic to seek help and at the end she goes home with the baby. You actually see the out come of your performance.












29 patient has been seen, but the majority of them were transferred to nearest hospital because high risk of patients had to deliver in Hospital. Also it was unfortunate that there was a strike taking place during last couple of weeks because even those who were supposed to deliver in the facility were referred to Hospital because the clinic was not functioning 24 hours.

All low risk client can deliver in the facility. Marketing of our services is still being implemented because at the moment the delivery rate is still very low.

We have had 4 deliveries so far.

In the next 4 years the Labour ward will need 2 more delivery beds, because currently there are 2 delivery beds.

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EAST BOOM CHC LABOUR WARD HAS BEEN OPENED!!!!!!



THANKS EAST BOOM, Said **Nokubonga Dlamini** a 15year old girl, who delivered an alive baby girl who weighs 2,9kg at 20h55 on the 09 September 2010. **Nokubonga's** grandmother named a baby as **Ntobeko. Ntobeko Dlamini** was the second delivery since the Labour ward opened. With Nokubonga in the picture is Sr C.T. Khumalo, the advance midwife who delivered Nokubonga's baby.

LABOUR WARD IN PICTURE



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On the 22nd July 2010 East Boom CHC hosted a major and a successful HCT Campaign, the following services were rendered on that day: HIV Testing, Diabetic testing, Blood pressure testing, Condom dispensing, TB screening and Nutritional advise.



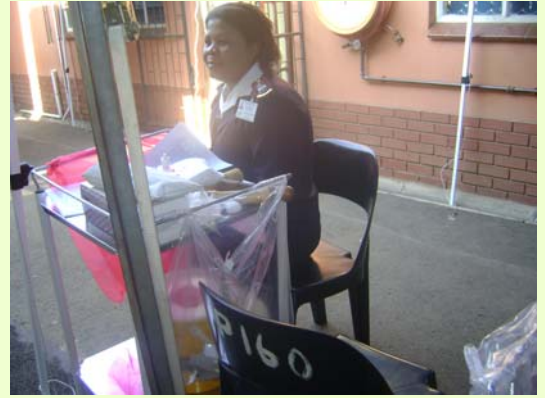
Left: the acting CEO Miss A.C.T. Khumalo doing a welcome note to guests and all present. On the right is Mrs Msimang the Acting Nurse Manager explaining about the purpose of the day.



HCT CAMPAIGN, CONTINUES



Left: the students from UKZN they were here to support the HCT day, they were advising the people on how to manage a diet.



MISS G. MKHIZE
THE ORGANISER
OF HCT CAM-
PAIGN



Right: Amongst the services rendered was also TB Screening.



THE PICTURE IN THE MIDDLE:
RIMINDS PEOPLE TO
ABSTAIN
Be faithful
Condomise

Medical Male Circumcision at East Boom CHC



**Betty Seate
MMC Site Manager SFH**

Background: In order to contribute to the Key Priority Area 1 (Prevention) of the National Strategic Plan HIV & AIDS and STIs (East Boom CHC) has embarked on the provision of Medical Male Circumcision (MMC) Services, as one of the interventions for the made clear that male circumcision provides 60% of protective effect against contracting HIV, there is still need for consistent and correct use of condoms every time one engages in a sexual activity.

- Proceed to screening (STIs, BP, weight, GTI and general examination).
- Surgery and post op care (revive at 48hrs, 7 days and 21 days)

NB: no client is refused MMC even they they opt-out of HIV testing.

Clients that test positive are referred for CD4 Count and are followed through and, if they still want to do the procedure they can come when the CD4 Count has improved.

Progress:

Since the site started operating on the 19th March 2010 to date there are two thousand three hundred and seventy five (2375) clients who have been circumcised. The achievement can be attributed to the hard work and the efforts that each one put to ensure the

The process of implementing the services unfolded as follows:

Training of staff: Society for Family Health appointed the services of Jhpiego to conduct training for nurses, doctors and counselors. Included in the training was staff from both East Boom CHC and Northdale Hospital.

Jhpiego is an International Organisation that has the knowledge and experience to build capacity in the provision of safe, quality and associated counselling and education on MC services. It has a track record in successfully strengthening another week for practical.

Staffing: The staff complement is composed of

Success of the programme. The number of clients who opt for testing has also increased to over 90%.

The site has not started with outreach activities, but the number of clients reached is through the word of mouth.

Achievements:

- ⇒ Acceptability and utilisation of the service by the community.
- ⇒ Support from the East Boom CHC and the Provincial DOH.
- ⇒ Good working relationship with other stakeholders.

General Assistant, Receptionist, Office Manager, Outreach Coordinator, Counsellors, Lab Testers, Nurses, Doctors and Site Manager.

Medical Male Circumcision: Is more than a surgical procedure (total removal of the foreskin). The minimum package of MC service include HIV counselling and testing, exclusion of symptomatic STIs, provision of syndromic treatment, provision and promotion of male and female condoms, counselling on risk reduction and safer sex. MMC will only have the desired impact of HIV prevention if used with other prevention methods and this needs to be reinforced at every level.

Client flow:

- Clients are registered at reception.
- Proceed to the group information session.
- Proceed to individual MC counselling, emphasis no HCT
- Proceed to HIV testing if opt in.

Challenges:

- ◆ Lack of space (waiting area, storage room)

Areas that need improvement

- * Communication
- * Referral system
- * Integration and collaboration of MMC into PHS Services.

Where to in the next four years?

Our goal is to reduce new infections in the target population of the 15-49 year olds in the Mgungundlovu District and to enhance behaviour change that would result in more young men taking responsibility for their reproductive and sexual health thus ensuring AIDS free generation.



HAPPY BIRTH DAY TATA MADIBA



NELSON MANDELA DAY



THAT HOW EAST BOOM CHC , DO FOR YOU TATA MADIBA, Even the Finance & System Manager left his office to volunteer free services together with his team from SCM and Maintenance.

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MANDELA DAY CONTINUE, (IXOXWA NGEZITHOMBE)



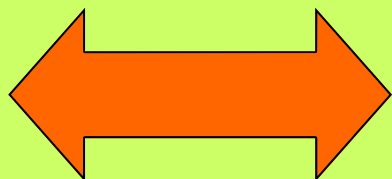
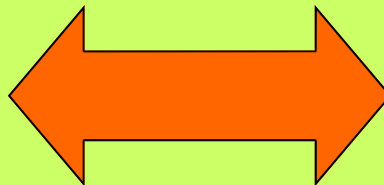
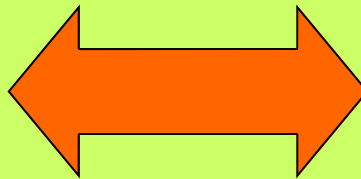
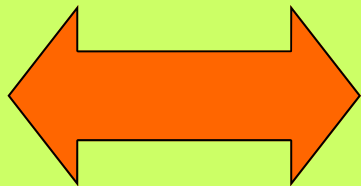
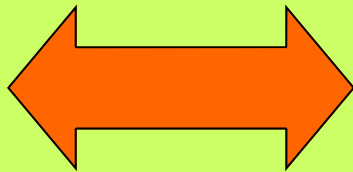
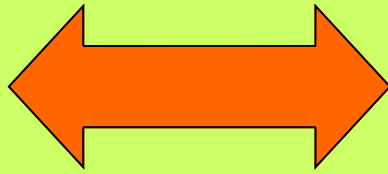
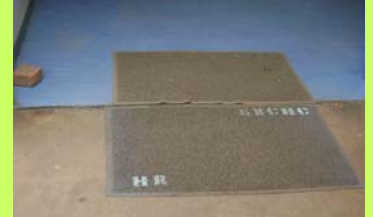
QUALITY IMPROVEMENT AT EAST BOOM

2010

Before

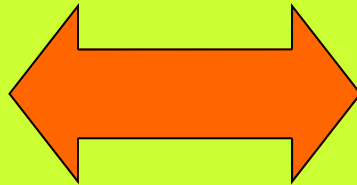
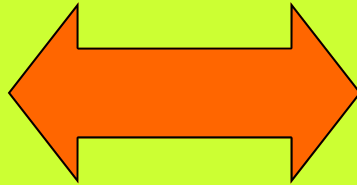
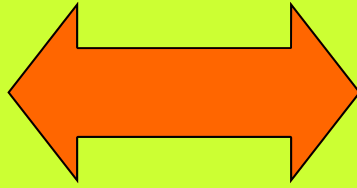


After



Before

After



Mrs K.A Khumalo
(Acting Quality Assurance & Infection Control Practitioner)

KZN you have seen for yourself where we have come from, pictures don't lie. Gradually we are getting there; even Rome was not built in one day! I like to thank the Management for their support to Quality and Infection Control Programmes in spite of insufficient budget that the busy institution like East Boom get but they still manage to put these programmes amongst the priority list.

Random Verbal Survey

Random Verbal Surveys are conducted monthly in the institution as a system to promote positive attitudes to the clients in relation to courtesy, the Batho Pele principle. All stakeholders are consulted on how we can best meet their needs. Through Random Verbal Survey, clients experience and satisfaction is majored, gaps identified and the QIP for remedial action are put in place.



Joke

Son: Dad what is an idiot?

Dad: An idiot is a person who tries to explain his ideas in such a strange and long way that another person who is listening to him can't understand him. Do you understand me?

Son: No

NATIONAL WOMEN'S MONTH



HALALA!!!!!! BOMAMA



NATIONAL WOMEN'S DAY

Each year on the 9th of August, South Africans of all backgrounds, races and **cultural** groups join together in celebrating National Women's Day. This annual public holiday commemorates an eventful day in South Africa's history – 9 August 1956.

What makes this day so special to South Africans? It was on the 9th of August in 1956 that a large group of women began a campaign to bring an end to the pass laws enforced by the government of the time. The pass laws meant that all black people were to carry a special "pass" or identification document which they had to produce to prove they were permitted to enter a certain area designated for white people. This was a major law of the apartheid regime and greatly restricted the freedom of movement of black people.

HAPPY WOMEN'S DAY

she's a hostess she's an engineer
 she's a farmer n above all a pioneer
 she's a mother she's a sister
 she's a daughter she's a partner
 she's sleek she's meek
 she's stronger aunt weak..
 stumbling blocks never interrupted her in any destination
 she could push through thick n thin at every situation
 men at all arena she did defeat
 n now she's no longer on her knees but on her feet
 today she evolves in the world....sooo supreme
 with a renewed glory n bliss she redeems
 with her hands stretched wide she's reaching out
 striving hard in this world...having a bout
 she's a WOMAN...a human with no exception
 who showers everyone with her love n affection
 friends now lets develop this intuition
 that a woman can lead this world throughout the expedition to
 heaven! !!

wishing all the women around the world a 'happy woman's day'....

Mrs N Dladla



Makoti osemncane emshadweni.

Ubuwazi nje ukuthi ungowekhethelo?, ungowenani eliphakeme!!!

Nzalabantu uJehova ukubeke kulelizinga ngokukwazi futhi ukwethembile, uzohlala kulowomshado, nalowomnyeni nize nahlukaniswe ukufa njengokusho kwezwi likaNkulunkulu.

Bewazi nje ukuthi izikhali zakho zokuma kulomshado zisencwadini engcwele kaNkulunkulu?

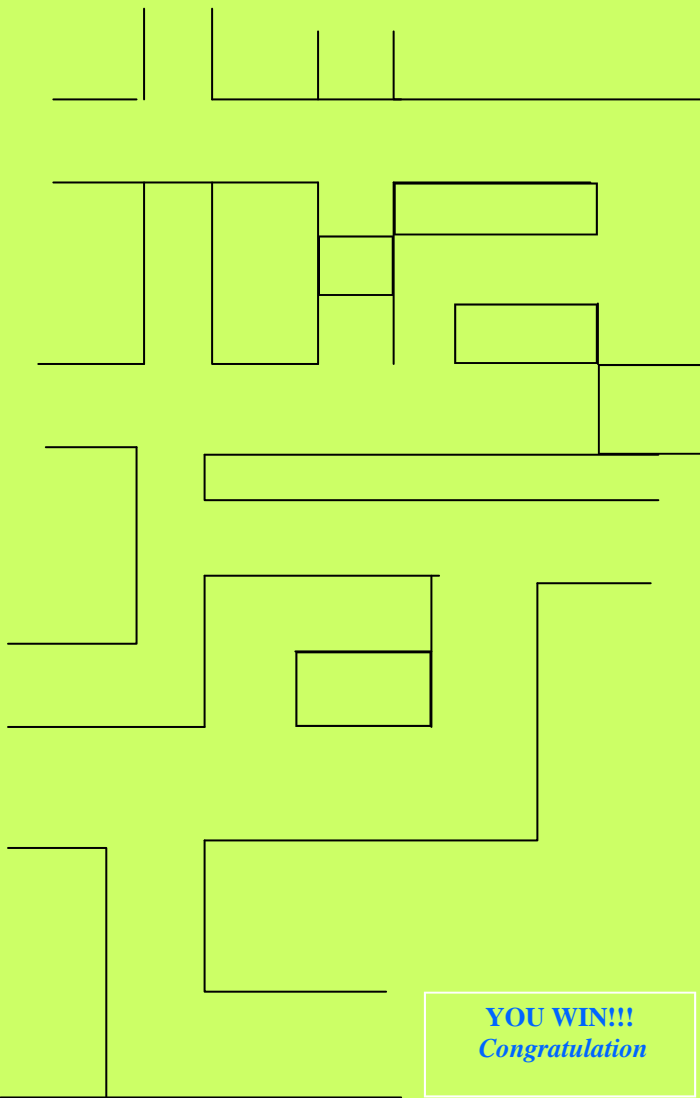
- *Beka uJesu abe isisekelo somshado wakho, umphelelise kuwo.*
- *Bafazi thobelani amadoda enu, njengokufaneleyo enkosini– Abase kolose 3 verse 18. Hlonipha umyeni njengenhloko.*
- *Laba ababili bayakuba nyamanye– Abasekoride I sahluko 6 verse 16. (- ungamvumeli usathane azonahlukanisa) thanda umyeni wakho, phelelisa inkonzo*
- *Thukuthelani ningoni, ilanga malingashoni nisathukuthela– Efesu 4 verse 26 (shono kumyeni ongakuthandio ungathukutheli kade)*
- *Konke kunesikhathi sakho– kukhona isikhathi sokukhala kukhona isikhathi sojabula– Mshumayeli 3 verse 4 (khala kuJehova ngezikhathi ezinzima, ezibuhlungu)*
- *UNGAPHINGI– Gcina wean makoti lomyalo kaNkulunkulu noma umyeni ephinga. Tshela uJehova umnikazi womshado.*
- *UMUHLE MAKOTI NJENGOTINSA Umnandi njenge Jerusalema– Isihlabelo sezihlabelo 6 verse 4 makoti zigcine umuhle, umamatheka uhlale usezingeni noma izimo zingezinhle.*

HAPPY WOMEN'S MONTH



LET'S PLAY

START



YOU WIN!!!
Congratulation

Angel Stone Thabede



* **Tell us about yourself?**

I Angel/ Stone Thabede. I was born in Newcastle and coming from a family of four. I started at East Boom in 2008 as a Support Officer to Nursing Manager. I also work as a reliever of the CHC manager's secretary. I have a beautiful baby girl Nqobile Sithole she's 8 month old and she is my inspiration.

* **Where do you live?**

I'm from Newcastle (Blaaubosch). I am here because of work. I currently own a flat in town here in PMBG. Can't tell you where ngoba hehe?

* **Do you have any siblings?**

Yes of course I got 3 sisters and they are my best friends.

* **What are your duties as a Support Officer?**

Its kinda P.A thing. It is very challenging but you need to keep 'ya head up'. I am like a bridge between the staff and management. Any person who wish to see/liaise with the management should via me of course. See what I mean?

* **Where did you study?**

In Pretoria College and completed my diploma in business computing.

* **What are your likes, dislikes and motto?**

Likes: Socializing, networking, laughing and sharing jokes.

Dislike: Hurting other people's feeling.

Motto: 'whenever you do a thing act as if the whole world is watching you'

* **Where do you see yourself in 4years come?**

It's a surprise thing those who would be around will tell you. Plan is already in progress.

Thank you

NEW APPOINTMENTS



**Kwanele Shange
ARV Support Officer**



**Nonhlanhla Kumalo
TB EN Nursing**



**Muzi Hlela
Support Officer**



**N.P Buthelezi
Clinical Nurse Practitioner**



**Ntobeko Dlodlu
Data Capturer**



**N.G Khumalo
Clinical Nurse Practitioner**



**Zanele G Mncwabe
Support Officer**



**Matrina Ngcobo
Counselor**



**Nelisiwe Madlala
ARV ENA Nursing**



**Nonhlanhla Mabaso
Councillor**



**Xoliswa Ngidi
Data Capturer**

World Population Day 2010



Counting everyone is an integral part of ensuring that we take everyone into account. Good demographic data is critical for planning schools, health systems and public transportation, for designing policies based on future population projections, for monitoring the effectiveness of service delivery and much more.

This year World Population Day highlights the importance of data for development. The focus is on the 2010 round of the population and housing census, data analysis for development and UNFPA's lead role in population and development.

Reliable data makes a difference, and the key is to collect, analyze and disseminate data in a way that drives good decision making. The numbers that emerge from data collection can illuminate important trends. What striking situation does research reveal in your country? What do the numbers tell you about progress toward meeting the MDGs? Are certain groups getting left behind?

Today I...

Today I smiled, and all at once things didn't look so bad.

Today I shared with someone else, a bit of hope I had.

Today I sang a little song, and felt my heart grow light, and walked a happy little mile, with not a cloud in sight.

Today I worked with what I had and longed for nothing more, and what had seemed like only weeds, were flowers at my door.

Today I loved a little more and complained a little less, and in the giving of myself, I forgot my weariness.

HERITAGE DAY



Heritage Day, 24 September, is a Public Holiday on which South Africans across the spectrum are encouraged to celebrate their cultural heritage and the diversity of their beliefs and traditions, in the wider context of a nation that belongs to all its people.

“ It is very important to remember where we are coming from” that is our culture.
It's Ms A.C.T Khumalo acting CEO at East Boom.
Size singawalahli amasiko ethu.



Imbokodo yaka MMC ibihlobe iconsa co!!!
Kusuka kwesobunxele ngu: Sharon Pillay, Betty Seate kanye noNontuthuko.



ANIVUME ZINSIZWA, NIVUME ZINTOMBI !!!
Eiy ungabomeya umuntu uma efake untanjana, Bewazi nje ukuth i-FIO okungu Mr S Mzobe ubuye abe nje?



Heritage Day Continue



ANNOUNCEMENTS



We like to say congratulations to one of our fellow colleague, Phindile Mthiyane who is tying the knot. She will be exchanging her wedding vows on the 16th October 2010 in Khwesi Lokusa Roman Catholic. May she have lots of blessings flooding her way.

- ◆ Psychiatric unit was moved to East street clinic on the 01/09/2010.
- ◆ Labour ward was opened on the 01/08/2010
- ◆ ARV pharmacy will be moving to Boom street side on the 01/10/2010



Mr F.L Nongalo

John 3:17, for God did not send his son into the world to condemn the world, but to save the world through him. Who-ever believe in him is not condemned, but whoever does not believe stands condemned already because he has not believed in the Name of God's one and only son.

VS 35-36 the Father Loves the son and has placed everything in his hands. Whoever believes in the son has eternal life, but whoever rejects the son will not see life, for God's wrath remains on him. "so except Jesus Christ you will be save and escape condemnation.

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MRS:



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SANELE MDLULI (Public Relations Inservice Trainee)

Greetings, I am Sanele Mdluli. Residing in Cato Ridge, I am currently studying Public Relations at University Of Zululand.

I would like to thank East Boom Management for giving me this opportunity to further my studies in the field of Public Relations. I also like to thank Sr S Madlala and Sr K.A Khumalo for their support gave me, also East Boom staff.

Thank You!!

**I really appreciate you,
Your helpful, giving ways,
And how your generous heart
Your unselfishness displays.
I thank you for your kindness,
I will not soon forget;
You're one of the nicest people
I have ever met**

The traditional definition of Public Relations

Public Relations is the management function which evaluates public attitudes, identifies the policies and procedures of an organisation with the public interest, and executes a programme of action (and communication) to earn public understanding and acceptance.

Public Relations is the deliberate, planned and sustained effort to establish and maintain mutual understanding between the organisation and its internal and external stakeholders.

Don't Give Up

**In this world that surrounds us
We sometimes brake down and fall
Those who stand above us
Can make us seem so small**

**We tremble under the weight
Of the problems that hold us down
And when we start to collapse
There seems to be no one around**

**We try to fight in this world
That always seems to fight back
Sometimes we're not strong enough though
There are too many things we lack**

**We'll hide away in corners
Put upon ourselves pain
But there's no escape from this life
We all must suffer the same**

**But although we may struggle
And yes we all do fall
I'll stand by your side
I'll stay with you through it all**

**And if you start to tremble
Or even brake down
I'm your shoulder to cry on
I'll always be around**

**We all have our faults
Are up and are downs
We cant always smile all the time
Everyone has to frown**

**No, no ones perfect
And no ones is the same
We're in this world together
We all play the same game**

**If we stick together
No matter what's to come
With a little faith and hope
Anything can be done**

**We all get those bad times
Each and every one of us
But I promise it will get better
Just don't you give up**

**But when you feel like you want too
Please just remember this
You can die at any time
But it takes a strong person to live**

By: Angel of your darkness