



KWAZULU-NATAL PROVINCE

HEALTH
REPUBLIC OF SOUTH AFRICA

HARRY GWALA REGIONAL HOSPITAL

HARRY GWALA NEWS !!!

NEWS

JULY –SEPT 2024

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HGRH HIGHLITHS AMAZWIBELA NGEZITHOMBE



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PATA CLINIC OPEN DAY

Pata Clinic held their annual open day on the 23rd of August 2024. The purpose of this open day was to advertise the services that the clinic offers to the community. Multiple different stakeholders joined the proceedings of the day; these included: SAPS, HSRC, Inkunzi Isematholeni, Mngadi Med, Life line, Pata High School, and Bongudunga High School. During the these proceedings youth targeted dialogues on mental health, crime, drug abuse, gender based violence and HIV we conducted.



Pata high schools pupils engaging during the various topics discussed at the Pata clinic open day.

TAYLORS CLINIC OPEN DAY

On the 27th of August 2024 Taylors Clinic held their annual open day. On this day patients, prospective patients and various public service employees were invited to visit the facility. The purpose of this visit was to provide awareness of the services provided by the clinic as well as health promotion on different topics. The staff members of the clinic gave educational talks and allowed for active community engagement. Taylors clinic is one of three 24 hour clinics that are under the Harry Gwala Regional Hospital.



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SONGONZIMA OPEN DAY

Songonzima Clinic hosted a very successful annual open day event on the 30th of August 2024. The event was educational, engaging and promoted good health. The main purpose of the open day was to educate the community on how they can utilize the clinic services to improve their health care. As people usually visit the clinic in times of crises, the event gives the opportunity for health care workers to give information and engage with the public to promote healthy living and to showcase its services. There were a variety of activities which included high blood pressure screening, diabetes screening, sexually transmitted infections screening, hand hygiene education and practical infection control tips.



Songonzima clinic staff, Community members engaging during the proceedings and a Youth group providing entertainment.

CALUZA CLINIC YOUTH DAY

On the 5th of July 2024 Caluza Clinic hosted a youth day. The theme of the day was: Arise, awake and realize the power you hold. The day was aimed at celebrating the contributions that young people have made towards the struggle for freedom in South Africa. There were youth motivations prepared for the youth by the youth. The motivations highlighted some social issues affecting young girls and crime related concerns in our society.



Mrs. N. Ngubane , informing the youth how often to visit clinics and raising awareness of the services rendered by the clinic for them.



MENTAL HEALTH AWARENESS

On the 24th of July 2024, HGRH hosted a mental health awareness campaign at the main entrance of the hospital. The campaign was targeted at all the visitors entering the hospital, distributing educational information related to Mental health awareness. It was an important social mobilization movement in relation to understanding of mental illness, reducing the stigma around mental health, and increasing access to services for those in need. The Bio psycho-social approach to healthcare focusing on Mental health Awareness includes; intellectual, emotional, psychological, and the social well-being of the patient. This relates to how we think, feel, and act. It also helps determine how we handle trauma, stress, relate to others, and make healthy choices. Mental health is important at every stage of life, from childhood and adolescence through adulthood.



The psychiatric department team raising awareness about the importance of taking care of your mental health.

HGRH YOUTH DAY

HGRH celebrated their belated youth day (16 June 2024) on the 7th of July 2024, the aim of the day was to celebrate the hero's and heroin's who fought for our freedom. Youth Day holds a special place in South Africa's history and commemorates the bravery and resilience of our country's youth during the struggle against apartheid. It is a day to reflect on the sacrifices made by young people and the ongoing fight for equality, freedom and social justice. Youth Day is a day in which South Africans honor the youth of 1976 that was killed by the apartheid regime police in Soweto on the 16 June 1976 (On the day over 500 school children were killed by the police). One of the remarkable aspects of Youth Day is the spirit of unity and solidarity that pervades the celebrations. It brings together young people from diverse backgrounds, cultures, and perspectives, fostering a sense of collective purpose and a shared vision.



Youth day main table and audience (right) listening

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ORAL HEALTH MONTH

HGRH Dental Department hosted annual Oral Health Month, where they educated patients and staff about the importance of oral hygiene. Your teeth and gums, both require care to avoid cavities and gingivitis.

Some helpful Tips share of the day:

- Brush your teeth twice a day with a fluoride toothpaste.
- Clean between teeth regularly, aiming for once a day. ...
- Visit the dentist for routine check-ups and professional cleaning. ...
- Drink fluoridated water. ...
- Don't smoke. ...
- If you are planning to become pregnant, have a dental check-up. ...
- Eat a well-balanced diet.



Dental clinic giving out the toothpaste and tooth brush to the patients.



Dental teaching the patient on how to brush their teeth.

GATEWAY BREASTFEEDING

On the 27th of August 2024 Gateway Clinic launched a breastfeeding awareness campaign. The theme of the awareness was “breast is the best” with the aim of closing the gap and educate mothers about the importance of breastfeeding . They outlined the importance of breastfeeding and why the breast is the best. Formula milk is expensive whilst breast milk is free.



Gateway clinic O.M educating the mothers on breastfeeding.

The mothers who are following their immunization dates and breastfeeding were gifted for their good deed.



LONG SERVICE AWARDS

Service awards celebrate and commemorate employees at major career milestones. They represent a time to reflect on each person's accomplishments serving as a form of honor. Awards help to establish the legitimacy and quality of a particular individual or organization. By winning an award, a person or organization can demonstrate their excellence to others, helps employees feel valued and seen through the organization's values system. By implementing a reward and recognition programme, organizations create a culture of appreciation, in turn leading to increased productivity, improved job satisfaction, and enhancing employee engagement .



Mrs. N.T Nxaba (CEO) receiving her 40 years long service award.



Audience listening attentively to the speakers



Mrs. S Mncube receiving 20 years in service



Old mutual representative, hospital board member and EXCO members , presenting the certificates.

CALUZA WOMEN'S DAY

Caluza Clinic celebrated women's Day on the 30th of August 2024. The purpose of the Day was to celebrate women's achievements, educate and raise an awareness relating to equality, calling for positive change advancing women. The event was open in prayer by the CEO of Harry Gwala regional Hospital, Mrs. NT Nxaba. The ward councilor welcomed the guest and gave the advice to young women in attendance on how to carry themselves and the importance of valuing themselves as women. Mrs. Gasa said (O.M of Caluza clinic), "we are given power of the mind, power of our hands, physical and emotional health. The power of women is unmeasurable."



Mrs. NT Nxaba— HGRH CEO
Addressing the audience



Screening services were provided to the community .

There were various Stakeholders and NGO' such as old mutual, HSRC, HST, INKUNZI ISEMATHOLENI, AHF South Africa, herbal life. There were various healthcare services being provided by the clinic staff to the attendees of the event, including but not limited to pap smear swabbing, T B AND HIV SCREENING, DIABETIC, B.P, FAMILY PLANNING etc.

HSRC highlighted that they are conducting a Study called BIYELA. The study is focusing to women aged 18-45 years and looking at ways to prevent STI's especially GONORIA. The study is focusing on women who are not pregnant, not breastfeeding but sexual active. **Old mutual** gave financial advise to the audience. They highlighted that one of the easiest way to save money is to join stokvels, piggy banks or put your savings in a 2 litre bottle. Theses are cost free saving methods and you can save any amount you can afford by trying to cut down on unnecessary costs. **AHF South Africa** gave words of encouragement to women, quoting bible verses such as Izaga 14:1, "from women to , it is important to affirm every day, as women you need to be disciplined, love yourself, conveyed love to others and be proud of yourself."

HGRH HERITAGE DAY

“Cultural diversity” was the theme for the 2024 HGRH Heritage day. The purpose of the day was to celebrate and remind us of our diverse cultures. The day was honoured by Chief K.S Zondi who was also the guest speaker. In his speech he highlighted that he is willing to work with the hospital to make sure that men are also taking initiatives to ensure their own well being through early and regular visits to clinics and the hospitals.



Inkosi KS Zondi with Izinduna zeNkosi yamaMpumuza, members of the hospital board and the management



COMPLAINTS, COMPLIMENTS & SUGGESTIONS

	# Complaints received	# Complaints Resolved	% Complaints Resolved	# Complaints Resolved Within 25 Working Days	% Complaints Resolved Within 25 Working Days	# Compliments	# Suggestions
<u>April</u>	2	2	100%	2	100%	268	0
<u>May</u>	3	3	100%	3	100%	326	10
<u>June</u>	5	5	100%	5	100%	242	1
Q1	10	10	100%	10	100%	836	11
<u>July</u>	3	3	100%	3	100%	404	11
<u>August</u>	4	4	100%	4	100%	606	36
<u>September</u>	5	5	100%	5	100%	398	24
Q 2	12	12	100%	12	100%	1408	71

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