



**KWAZULU-NATAL PROVINCE**

**HEALTH**  
REPUBLIC OF SOUTH AFRICA

# HARRY GWALA REGIONAL HOSPITAL HGRH NEWS! NEWS

JULY TO SEPT 2025

## Inside stories

- ⇒ CEO office
- ⇒ Mandela Day
- ⇒ Isibaya Samadoda
- ⇒ Renal Outreach/KwaPata Secondary
- ⇒ Breastfeeding Awareness
- ⇒ Women work for her
- ⇒ Women's Day
- ⇒ Long Service Awards Ceremony
- ⇒ Sports Day
- ⇒ Gomane Clinic Open Day
- ⇒ Heritage Day
- ⇒ Child protection week



**KWAZULU-NATAL PROVINCE**

**HEALTH**  
REPUBLIC OF SOUTH AFRICA

PLEASE FOLLOW US



& visit: [www.kznhealth.gov.za](http://www.kznhealth.gov.za)



**GROWING  
KWAZULU-NATAL  
TOGETHER**

# OFFICE OF THE CEO



Mrs. NT Nxaba  
Chief Executive Officer

"As we reflect on the past quarter, I'm proud of the resilience and compassion HGRH team has shown in delivering exceptional care to our patients, to name a few:

- ⇒ Our hospital was inspected by Nursing Council on the 3rd of September 2025. It was found compliant with national requirements in terms of the nursing care and placements of students for academic purposes.
- ⇒ National Department of Health Quality Assurance office conducted a support visit in the hospital on the 16th of September 2025. The hospital was found compliant with vitals. It was requested to attend to maintenance and security issues where gaps were identified.
- ⇒ The hospital clinician was live on uMgungundlovu FM on the 5th of July 2025, covering the basics of the first aid for minor cuts, nosebleeds and more.
- ⇒ The hospital psychiatric nurse was on uMgungundlovu Radio on the 6th of September 2025 conducting mental health care awareness to the community/listeners.
- ⇒ A drastic increase in the number of compliments have been received by the hospital from the community we serve. Despite the challenges, it has been noted that there was a decrease in the number of complaints.

Our commitment to excellence and innovation remains unwavering. Thank you for your tireless efforts".



# MANDELA DAY

Kindness has no boundaries!!! On Mandela Day, the 18th of July 2025, Harry Gwala Regional Hospital spread love and care by handing out food parcels to patients in the hospital's waiting areas. A beautiful tribute to Madiba's legacy of compassion and service. Many thanks to all staff members who donated towards the success of the initiative.



Occupational Therapy Department shared breakfast with their patients



X-Ray and HAST clinic staff giving fruits to patients

02



**KWAZULU-NATAL PROVINCE**  
HEALTH  
REPUBLIC OF SOUTH AFRICA



KwaZulu-Natal Department of Health

KZN Department of Health



kznhealth

@kznhealth

**GROWING  
KWAZULU-NATAL  
TOGETHER**



# ISIBAYA SAMADODA

On the 22nd of July 2025; Nxamalala Clinic officially launched a dedicated men's section that will only attends to male clients at the clinic. This specialized room is designed to offer a safe and comfortable space for men who prefer not to share healthcare facilities with the general public. It aims to encourage more men to seek healthcare services by respecting their privacy and preferences. The day was graced by the presence of uMgungundlovu Health district and Municipality, different stakeholders that includes ISIBAYA SAMADODA representatives, municipal officials, government departments as well as the social partners. Dr Khumalo-Dludla was the main speaker for the day. She appealed that all men should know their status and stay healthy. Dr Khumalo-Dludla mentioned that she is one of the programs initiators. She further stated that the program aims to promote men's well-being and alleviate health issues contributing to social ills like GBV, inequality, HIV and STIs. This movement also targets young men and the youth to prevent teenage pregnancy, suicide and high school drop out. The event featured various speakers including traditional healers who play a vital role in society.



**Dr Khumalo-Dludla**  
(Guest Speaker)



From left: Traditional healer representing omakhosi & Isibaya samadoda representatives



# HGGC - BREASTFEEDING

On the 20th of August 2025, Harry Gwala Gateway Clinic (HGGC) hosted a breastfeeding awareness event. The aim of the event was to promote breastfeeding to the mothers as the safest, healthy and reasonable way of feeding their babies. The mothers were encouraged exclusive breastfeeding practices to improve child growth and development. Mothers were reminded of the importance of keeping up with child immunizations. The audience consisted of the breastfeeding mothers, guardians, fathers and community members. Harry Gwala Gateway Clinic Operational Manager Sister Phungula welcomed everyone present. She introduced the speaker of the day—Mrs. Zuma. The speaker highlighted how breastfeeding strengthens the bond between mother and child as well as improving overall health outcomes. The event was successful as it served its purpose.



The Guest speaker Mrs. Zuma delivering a speech and the audience listening attentively.

# CHILD PROTECTION PROJECT

Harry Gwala Regional Hospital joined SAPS, government departments, NGOs, and community structures on the 31st of July 2025 to launch a Child Protection Project at Georgetown Library. The focus for 2025/26 was on children in conflict with the law, specifically under the SAPS Child Protection Program.

The background includes that SAPS implements the Child Protection Program at identified stations based on high reports of crime committed by or against children. The program's goal is to collect quality stats data, charge children who are in conflict with the law, and ultimately reduce the number of such cases.

Harry Gwala Regional Hospital representatives highlighted the role that will be played by Department of Health to ensure the success of this project led by SAPS. To name a few:

- CYCLE OF ABUSE WHERE VICTIMS OF ABUSE BECOME PERPETRATOR OCCURS IN 35% OF CASES.
- 51% OF CHILD ABUSE VICTIMS GROW UP TO BECOME ADULT VICTIM OF ABUSE.

It was further mentioned that HGRH is committed to continuing Support of GBV initiatives.

This includes the following :

Dedicated clinical and Medico-legal service to victims of domestic violence and Sexual Offences.

Universal support to child Perpetrator of violence which falls outside of the above.

Universal Psychosocial support services to both groups mentioned above.

We also support other stakeholders such as DOJ, NPA, SAPS, DOE

The launch went very well and was very informative. The Operation Sukuma sakhe approach will assist in investigating the source of the problem, analyzing and supporting the community accordingly.



Different stakeholders sitting around the table during the launch



# RENAL AWARENESS

Harry Gwala Regional Hospital, in partnership with the Kidney Bean Care Project, yesterday hosted a kidney/renal health awareness campaign at KwaPata Secondary School.

The Kidney Bean Care Garden Project focuses on the primary prevention of kidney disease through early detection, early intervention, and community education. It is an ongoing initiative that will be conducted annually to mark Mandela Day. The project also places strong emphasis on nutrition, with the aim of ensuring that vulnerable communities gain access to vital health services and information.

This is a collaboration between the government - particularly the Department of Health - and the private sector.

During visits by the Kidney Bean Care Garden Project and the Department of Health to schools, other pressing needs at the schools are often identified.

The awareness talks focused on how to protect your kidneys and the importance of healthy living - not just for individuals, but for their families and communities as well.

Health screenings were provided to all Grade 11 and 12 learners, and those with abnormal findings were referred to renal specialists or nephrologists on site. Further referrals to Harry Gwala Regional Hospital (HGRH) will be made if necessary.

Speakers covered a variety of important topics, including:

Teenage pregnancy, drug abuse, Personal hygiene, Nutrition (dietitian input), Bullying, Gender-based violence (GBV), Social work services, Renal health awareness.

The event was attended by the hospital CEO Mrs. Nelisiwe Nxaba, her executive management team, representatives from private hospitals, Lancet Laboratories, ER24, Bidvest, BW Dialysis Clinics, medical doctors who specialize in kidney diseases, and NGOs.

This project will be sustained annually during the month of July. Mrs. Nxaba quoted: ***“Your kidneys are your silent protectors. Take care of them, and they will take care of you. You don’t need to be rich to live healthily. “Learners, you have the power. Start now, while you are still young. Protect your kidneys, and live a***



**Mrs. NT Nxaba HGRH CEO, Dr Nonkala, Pata School Principal and hospital management**



# RENAL AWARENESS..



07



**KWAZULU-NATAL PROVINCE**  
HEALTH  
REPUBLIC OF SOUTH AFRICA



KwaZulu-Natal Department of Health



KZN Department of Health



kznhealth



@kznhealth

**GROWING  
KWAZULU-NATAL  
TOGETHER**



# WALK FOR HER—MARCH

On the 28th of August 2025 Harry Gwala Regional Hospital in partnership with uMgungundlovu District, government departments, SANTACO, NGO's and other stakeholders took an initiative to communicate gender based violence messages to the streets of Caluza area. The walk was from the BP Garage to Caluza Community Hall, all ladies were appealing for justice to the perpetrators, caring placards with different messages. Some men were in support of the campaign. This was called “Women walk for her campaign”

The aim of the event was communicate ways of breaking the silence to the victims. The formal Programme started at the hall. Different departments were doing presentation on their roles in fighting GBV. Mrs. Nxaba delivered a speech on the role that should be played by the mothers of the victims “parental role”. The provision of health screening, testing and health promotion was done by health officials present.



Participants marched from Edendale main road to Community Hall.

# HGRH WOMEN'S DAY

“Wathinta abafazi, waithinta ibhokodo, uzofa” Harry Gwala Regional Hospital celebrated its a women’s day event on the 5th of September 2025. The aim was to honor and appreciate HGRH women and its feeder clinics. The purpose of the celebration was to recognize the important role women play in the workplace and society, while also promoting unity, motivation and self-care among female staff members. The program included motivational talks, health education sessions and fun activities aimed at empowering and uplifting women. The event took place at Njozela Hall and was well attended by the hospital staff members.

Mr. CS Kheswa—Deputy Director HRM introduced the newly appointed HGRH Women’s Forum and further unpack its mandate.

Mrs. Bhengu was the Guest Speaker for the day. She encouraged women to continue striving for excellence in both their professional and personal lives. Staff members were given the opportunity to share words of encouragement and experiences. The event created a positive and supportive atmosphere, strengthening teamwork and morale across departments.



Main table with the Guest Speaker Mrs. Bhengu, Mrs. Nxaba & Mrs. Ngubo

09



**KWAZULU-NATAL PROVINCE**  
HEALTH  
REPUBLIC OF SOUTH AFRICA



KwaZulu-Natal Department of Health



KZN Department of Health



kznhealth



@kznhealth

**GROWING  
KWAZULU-NATAL  
TOGETHER**



# HGRH WOMEN'S DAY..



HGRH Women's Forum introduced to the staff



10



**KWAZULU-NATAL PROVINCE**  
HEALTH  
REPUBLIC OF SOUTH AFRICA



KwaZulu-Natal Department of Health



KZN Department of Health



kznhealth



@kznhealth

**GROWING  
KWAZULU-NATAL  
TOGETHER**

# LONG SERVICE AWARDS

On the 12th of September 2025, Harry Gwala Regional Hospital held its Long Service Regional Hospital at Golden Horse Casino to honor staff members who have reached 10, 20, 30 and 40 years of dedicated work. The ceremony was a celebration of commitment, loyalty and excellence. It recognized employees who have played a vital role in delivering quality health care and contributing to the hospital's continued success. The Programme included moments of reflection, appreciation, and celebration as staff were acknowledged for their years of hard work and service to the community. Each milestone represented dedication, perseverance and a strong sense of duty. The event concluded with warm congratulations to all award recipients and appreciation to everyone who contributed to making the celebration a success.



**Mr. Mark Green (Acting District Director) - Guest Speaker for the day & Dr Khulekani Gabela (Acting Chief Executive Officer) delivering words of encouragement**

Mr. Green highlighted staff members' diligence, dedication, and commitment to their work in the healthcare sector, specifically at a hospital that has undergone significant changes over the years. Key points from his speech include: - Long-serving employees have witnessed the hospital's transformation from a general hospital serving a specific race group during apartheid to a regional hospital serving all race groups in a democratic South Africa. The hospital has experienced changes, including a name change from EDH to HGRH, and navigated the COVID-19 pandemic with healthcare workers playing a crucial role in the response. Healthcare workers are "a different caliber of people" who "stay the course" despite challenges in their profession. You're honoring those who have served faithfully, including those who have served for up to forty years, and acknowledging the sacrifices made by healthcare workers, including those lost during the COVID-19 pandemic.





# LONG SERVICE .....



12



**KWAZULU-NATAL PROVINCE**  
HEALTH  
REPUBLIC OF SOUTH AFRICA



KwaZulu-Natal Department of Health



KZN Department of Health



kznhealth



@kznhealth

**GROWING  
KWAZULU-NATAL  
TOGETHER**



# HGRH SPORTS DAY

On the 19th of September 2025, Harry Gwala Regional Hospital held its annual staff Sports Day at Caluza Sports Ground. The aim was to promote healthy lifestyle, teamwork and social interaction among hospital staff. The day was filled with fun, laughter and various sporting activities that encouraged physical fitness and strengthen unity within the workplace. Staff members from different departments participated enthusiastically, showing great sportsmanship and team spirit. Events like these not only promote wellness but also create a positive working environment, motivating staff to maintain a healthy balance between work and personal well-being. HGRH ladies took top sport in netball, EMRS took the championship title in soccer tournament. The hospital management commended everyone for their participation and emphasized the importance of wellness in the health care profession.





# GOMANE CLINIC OPEN DAY

On the 23rd of September HGRH visited Gomane Clinic at Impendle with various community leaders including the Mayor Counselor Mzi Zuma of the uMgungundlovu District Municipality. The purpose of the event was to educate the community about all programs available at the clinic, and to get them to know their health center better. The main focus was to encourage Impendle residents to visit health facilities. Issues such as the spread of HIV and its consequences, teenage pregnancy, gender –based violence and matters related to the upbringing of both male and female children were discussed. The Mayor emphasized that health is a community issue that should be prioritized by all community structures, from traditional leaders to health care facilities, NGOs and community members.





# HGRH HERITAGE DAY

Harry Gwala Regional Hospital celebrated heritage day on the 25th of September at the hospital premises. The event aimed to honor South Africa's diverse culture and promote unity among staff members. Employees came dressed in their beautiful traditional attire representing different cultural backgrounds. The day was filled with vibrant music, dance and laughter. The staff also show-cased their heritage with pride and joy. The celebration promoted teamwork, cultural appreciation and social connection among employees. Management expressed gratitude to everyone who participated, emphasizing that embracing and respecting one another's heritage strengthens unity and creates a positive workplace environment. The heritage was themed, "RE-IMAGINE OUR HERITAGE INSTITUTION FOR A NEW ERA"



15



**KWAZULU-NATAL PROVINCE**  
HEALTH  
REPUBLIC OF SOUTH AFRICA



KwaZulu-Natal Department of Health



KZN Department of Health



kznhealth



@kznhealth

**GROWING  
KWAZULU-NATAL  
TOGETHER**



# HGRH HERITAGE DAY



16



**KWAZULU-NATAL PROVINCE**  
HEALTH  
REPUBLIC OF SOUTH AFRICA



KwaZulu-Natal Department of Health



KZN Department of Health



kznhealth



@kznhealth

**GROWING  
KWAZULU-NATAL  
TOGETHER**



# HGRH EDITORIAL TEAM



HGRH Team Communication



Mrs. S Mncube  
Writer & editor



Mrs. T Pilling  
Chief Editor

## Physical Address:

Harry Gwala Regional Hospital  
Lot 89 Selby Msimang Road  
Plessislaer  
3216

## Postal Address

Private Bag X509  
3216

Web Address : [www.kznhealth.gov.za](http://www.kznhealth.gov.za)

## Switchboard:

033 395 4911

## Switchboard Fax Number

033 395 4060

17



**KWAZULU-NATAL PROVINCE**  
HEALTH  
REPUBLIC OF SOUTH AFRICA



KwaZulu-Natal Department of Health



KZN Department of Health



kznhealth



@kznhealth

**GROWING  
KWAZULU-NATAL  
TOGETHER**