

HARRY GWALA REGIONAL HOSPITAL

HARRY GWALA NEWS !!!

NEWS

OCT-DEC 2024

MESSAGE FROM MRS NT NXABA



As we approach the end of the year 2024, I want to take a moment to express my heartfelt gratitude to each and every one of you. This year has brought its challenges, but it has also highlighted the incredible dedication, compassion, and expertise you bring to our hospital every day.

In the face of ongoing demands and obstacles, you have shown resilience, teamwork, and unwavering commitment to our patients and community. Your tireless efforts make a difference in the lives of those we serve. I am truly proud and honoured by the continuous care and support you provide, day in and day out. It is because of your tireless efforts and team work approach that we continue to grow and succeed as a healthcare institution in these trying times, a true test of character.

As we look ahead to the new year, I am excited for what we will accomplish together as a team. As we celebrate this festive season, the management of Harry Gwala Regional Hospital wishes to express their gratitude for your commitment, dedication and hard work. May you take this time to enjoy with your families and spouses. I wish you, your spouses, your children, your in-laws and your extended families a restful and joyful holiday season. To those traveling, please do so safely.

Again, thank you for everything you do, not only for our patients but also for each other. I am immensely grateful for your professionalism, your compassion, your ability to adapt and innovate in your commitment to serve our people.

Mrs NT Nxaba



- Inside stories**
- ⇒ Pharmacy awareness
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 - ⇒ 16 Days of activism
 - ⇒ Community outreach campaign (Impendle)
 - ⇒ Caluza men's clinic launch

ANTIMICROBIAL RESISTANCE

Harry Gwala Regional Hospital participated in World Antimicrobial Resistance Awareness Week (WAAW), a global campaign which raises awareness and understanding of AMR and encourages global action amongst healthcare workers and other stakeholders (including the public) to tackle the emergence and spread of drug-resistant pathogens. The awareness week was on the 18 – 22 November 2024 and the theme was; Educate, Advocate and Act now. Pharmacists and other Health Care Workers counselled patients on the importance of taking antibiotics as prescribed.



Physical activity – Pilates session (9-10am) at Njozela hall. Staff members supported by participating on Pilates session and there was staff education prior to the session.



Pharmacy staff with a stand outside the main entrance to raise awareness to the public and staff members. Additionally, pharmacy in CDC pharmacy waiting area educating the patients.

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BREAST CANCER AWARENESS

On the 9th of October 2024, Harry Gwala Regional Hospital in partnership with Midlands Private Hospital hosted a Breast cancer awareness. This was an accomplishment day; community members and employees were warmly welcomed. Provision of free services and educational talks, offered to staff members and community members present. The services includes breast cancer examinations, mammogram referrals, blood pressure and glucose screenings. Information pamphlets were distributed. The event was a huge success and an excellent achievement as more staff members were interested in self examination and regular screening.



Dr N Mabaso doing a presentation on breast cancer & audience listening attentively



Staff members and the community doing self examination

On the 30th of October 2024 HGRH held its breast cancer awareness day for patients and community at large. The purpose of the day was to encourage women to listen to their bodies and not ignore signs. Ms. N Mnyango shared her story as a survivor of breast cancer; how coping and living with breast cancer can be overwhelming. She has been regularly screening manually until a lump was discovered. She was taken for a mammogram and biopsy which confirmed cancer. She underwent treatment and is living happily in remission.



IMBIZO ENAKHO KONKE

On the 10th of October 2024 HGRH took their services to the community of Impendle. The community of Impendle came in numbers to receive services that were offered : Dental , Eye testing, testing and screening of BP, circumcisions, Physiotherapy and Occupational Therapy department were giving out crutches and walking sticks to disabled adults. The day was blessed by the presence of Mrs. NT Nxaba Chief Executive Officer (CEO) and other stakeholders that such as HSRC, HST, ITEACH , Social development team and also Impendle Local Municipality. The day was a success.



Mrs. NT Nxaba Chief Executive Officer (CEO) welcoming and sharing purpose of the day.



Men's were set aside to be screened

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GLAUCOMA AWARENESS

On the 11th of October 2024 the hospital held its Glaucoma awareness day . The aim was to educate people about glaucoma which is the second most common cause of blindness. But its possible that nearly half of the people with glaucoma don't realize they have. This is because there are no noticeable symptoms in the early stages . Educational talks were given to the patients , glaucoma tests were also done .



Eye clinic staff



Staff members screening for glaucoma



GLOBAL HAND WASH

On the 23th of October 2024 HGRH celebrated its Global handwashing day that was led by Infection Prevention and Control Team. Edendale Mall was visited by the IPC Team to promote handwashing; donated hand washing packs (including hand soap, toothpaste, face towels etc.) This day was dedicated to spreading awareness about the importance of hand hygiene . The institutional event commenced at 11H00, which involved the following activities : each department was requested to present a poster on its departmental pledge and commitment to handwashing. Certain departments created posters and slogans to promote handwashing. The best presented pledge was judged by our guests representatives from local schools. The pledges were judged based on the creativity, originality and how educational it was. The winners of the best performance was the Physiotherapy Department. The day was indeed fun and very educational at the same time. The aim of the campaign was to educate about the importance of handwashing with clean water and soap. The day was a success.



Staff members in attendance



SPORTS DAY

On the 25th of October 2024 the hospital held its sports day staged by HGRH employees and in which they participate in competitive sporting activities. "Sport for the Promotion and Peaceful and Inclusive Societies" was the theme for the 2024 HGRH Sports Day. The day is celebrated to promote physical activity, health, and sportsmanship. It is an opportunity to showcase athletic skills, bring together people of all ages and backgrounds to participate in a fun and competitive environment. Stakeholders that were present included Aquelle, Khwezi FM, and Metropolitan life and HST.

Staff having fun with aerobics and other sports codes



RADIOLOGY DAY

" May Radiography day bring recognition to the incredible work of radiographers , your dedication to patient care is humbling. Celebrating the unseen heroes who make early diagnosis and treatments possible" was the theme for the 2024 Radiology day. On the 8th of November Radiology held its Radiology day , this day recognizes and honors the pivotal role of radiographers in the modern healthcare system. Certificates of appreciation were handed out by Dr O. Mfolozi—Clinical Manager along with DR NBA Madlala—the Head of Imaging and Radiology at Harry Gwala Regional Hospital.



Radiographers seeing the unseen .

Staff members receiving appreciation certificates.



PREMATURITY DAY

On the 17th of November 2024, HGRH NICU hosted its prematurity day. The aim was to bring families together and raise awareness about preterm birth and its impact on families and the growth of the child. The theme highlighted the importance of early interventions, medical advancements and the importance of emotional support for parents and babies affected by premature births. The purple colour represent hope, exceptionality, encouragement, sensitivity, compassion and openness to help others as it has become a worldwide symbolic colour for preterm birth and prematurity day. The day was a success.



The mother of a premature receiving a gift. She shared her touching story about her journey with her baby as she stayed 60 days in the hospital.

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SERVICE EXCELLENCE DAY

The hospital hosted its annual event on the 20th of November 2024 at Ms NF Njozela Hall. The program aims to recognize outstanding achievements of staff who contribute to quality improvements in the delivery of healthcare services. The Quality and Infection Prevention and Control Teams compile quarterly reviews on complaints and compliments. Compliments and compliant data were considered in order to award most complimented ward and most complimented individual in the hospital for 2024. The event was graced by the presence of DR Ndlovu (Guest speaker) members of Hospital board , HGRH management and staff. The day was an colossal success.



Different Departments receiving service excellence awards.



SERVICE EXCELLENCE DAY



16 DAYS OF ACTIVISM

On the 25th and 26th of November 2024 Thuthuzela Care center hosted its 16 Days of Activism. The purpose was to educate the public about GBV and its impact on society, encourage individuals to speak out against abuse and intervene where need be. On the 4th of December 2024 Lifeline held its 16 days of activism. The campaign aimed to raise awareness of the negative impact that violence and abuse have on women and children and encourage action to eliminate Gender Based Violence (GBV). A march to respect those who died under GBV. A message of motivation by Nana Mokoena encouraging people to participate on public marches, media campaigns, educational workshops, Community engagement dialogues and forums on GBV and its prevention. People should join support services expanding access to counselling, shelters and legal aid.



The HGRH CEO And Staff Together with NPA Representatives, Psychologist, High Court Representatives and SAPS Representatives rendering their services at the Greater Edendale Mall.

What you can do :

Speak out: report abuse and encourage others to do the same.

Support survivors : offer help, listen without judgement and connect survivors to resources.

Educate yourself : understand the causes and effects of GBV to challenge harmful norms. Stakeholders that were present were from the KZN Poetry Fest, National Arts Council, Blind and Deaf Society, HSRC, Orange Grove, Social Development, Women of worth and SABC News. The event was graced by the presence of Mrs. NT Nxaba Chief Executive Officer (CEO).



Survivor lived experience receiving gift from Orange Grove Member at Edendale Lay Centre.

COMMUNITY OUTREACH

On the 5th of December 2024 HGRH took the services to the community of Impendle(Stoffelton). The aim was to show that through dedication , innovation and community involvement even a struggling institution could become a model of service delivery, empowering the community. HGRH realized that to improve service delivery , they needed to understand communities needs. The services offered included dental services, chronic illnesses, TB screening , HIV Testing and a men’s clinic. The physiotherapy and Occupational Therapy department handing out wheelchairs and crutches to the adults. HGRH increased access to services by innovative thinking, collaboration and a deep commitment to serving the community. Stakeholders that were present were from HST, HSRC, NHI PILOT PROJECT and Impendle Municipality , the day was a monumental success.



Services were provided to the community



Men to Men talk was led by Mr. Zuma



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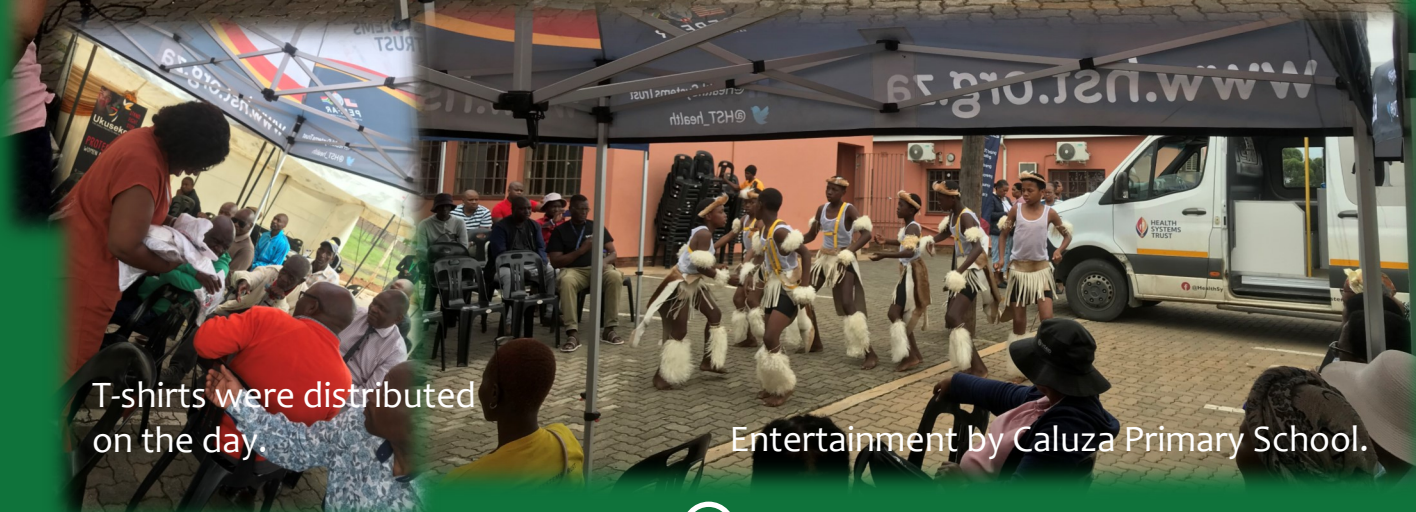
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MENS CLINIC LAUNCH

“Positive male Role Model” was the theme for the day at Caluza clinic. On the 6th of December 2024 Caluza Clinic launched its Men's clinic to encourage men to attend the clinic. The purpose of the day was the opening of the men's clinic. The clinic is designed to tackle common health challenges faced by men; including reproductive health , mental health and chronic illnesses such as diabetes and heart disease. It also focuses on breaking down barriers that prevent men from seeking medical help including stigmatisation and lack of awareness. At the launch Dr KJ Gabela Senior Manager Medical Services (HGRH) emphasized the importance of prioritizing men's health **“for too long men have ignored their health”** , leading to preventable illnesses . This clinic is a safe space where they can seek help without judgement . A local resident Mr Mavundla expressed excitement about the new facility this is exactly what we need . Men in our community often hesitate to go to the hospital , but having a dedicated space makes it easier to take that first step. The day was blessed by the presence of Mrs NT Nxaba Chief Executive Officer (CEO) .



Men's in attendance.



T-shirts were distributed on the day.

Entertainment by Caluza Primary School.



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