



KWAZULU-NATAL PROVINCE

HEALTH
REPUBLIC OF SOUTH AFRICA

HARRY GWALA REGIONAL HOSPITAL

HGRH—Special Edition

NEWS

SPECIAL EDITION 2023

**TAKE ACTION.
INSPIRE CHANGE,
MAKE EVERY DAY
A MANDELA DAY.**



HGRH observing 67 minutes Mandela Day preparing a vegetable garden for patients

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**GROWING
KWAZULU-NATAL
TOGETHER**

67 MINUTES MANDELA DAY

On the 18th of July 2023; Harry Gwala Regional Hospital in partnership with Department of Agriculture initiated a vegetable garden project within the hospital premises. This programme aim at alleviating poverty and adherence to treatment for patients. The program is led, monitored and sustained by Social Work Services.

Department of Agriculture came with a tractor for soil preparation; staff to educate on plantation tactics as well as providing gardening tools and seeds. The hospital management under the leadership of Mrs. NT Nxaba led HGRH staff for the success of this project.

A group of enthusiastic volunteers / hospital patients gathered to assist hospital management on planting of crops [vegetables] in designated area. This event did not only celebrate Mandela's vision of a better world but also contributed to the hospital's efforts in promoting Goal 1 of the National Development Plan 2030 which aims at ending poverty in all its forms everywhere .

Ms Thembile Zuma who represented Department of Agriculture stated that their MEC's goal is to assist the hospitals, and local community members on gardening projects. As it is known that Agriculture has been a backbone of human development for thousands of years and shall continue for the next generation.

Furthermore, planting crops is just not about farming, it is also about promoting food security in our patients households.

This program will benefit hospital in improving the nutritional value of patient's foods as well the community people to make a profit out it.



Mrs NT Nxaba—CEO; Mrs TS Sithole (Quality Assurance Manager and Dr Y Naidoo (HCU: Paediatrics') in action



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67 MINUTES IN PICTURES



Plantation in progress

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67 MINUTES MANDELA DAY

Empath Group; food service provider team within the hospital organized a special meal for patients in the outpatients departments and Gateway Clinic supporting 67 minutes Mandela day.



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67 MINUTES ACTIVITIES



Baby It Forward Campaign gave out 57 baby hampers to mums and baby's in 3F HGRH Post Natal Ward for 67 minutes on a Mandela Day.



Sondelani Clinic Operational Manager and Staff Donated food and clothing items to one of their patient family during their 67 minutes Mandela



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67 Minutes for Mandela Day

"What counts in life is not the mere fact that we have lived. It is what difference we have made to the lives of others that will determine the significance of the life we lead." – Nelson Mandela



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