

### SEKUSILE NEWSLETTER

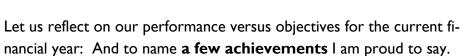
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SEKUSILE NEWSLETTER

December

## CHRISTMAS MESSAGE FROM THE CEO

Your hard work and dedication has been noticed and appreciated throughout the year. As we approach the festive season, let us continue this journey of providing quality and compassionate care to our community, knowing that though we may not be credited for the good we are doing, but at the "end of this journey, God will reward each one of us according to how we performed". Your performance is worth an eternal reward.



- ⇒ The overall Quality Assurance Audits scored 96%
- ⇒ Infection Control has shown marked progressive improvement
- ⇒ The institution was accredited in January for ARV rollout and 579 patients are treatment to date
- ⇒ TB cure rate is at 68,8% vs. 75% target

### The provision of the following services has commenced

- Ophthalmic/eye care clinic
- School health promotion services
- Hast programmes
- Management of chronic diseases has been integrated to ophthalmic services
- Occupational health services
- Crisis Centre and CTOP counseling

Despite all challenges that we are faced with, I must say I am very proud of all of you. This institution would not have done so well if it was not because of your "team work". Keep it up.



### Mrs BR DLOMO CHC MANAGER

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#### **NURSING MANAGER'S OFFICE**



Mrs ZN Mdluli— Nursing Manager

### GREETINGS TO ALL!!!

It is a great pleasure for me to be given part in this newsletter. I hope you will enjoy the information that is contained herewith.

During this financial year 2007/2008, much focus was given to the implementation of those priority programme that were not yet fully functioning within the institution and we are now happy that they have been implemented out of limited resources that we have.

In conclusion, as we are approaching a festive season, I want to send this message to all employees of eDumbe CHC, "Please take care of yourselves and your families during this period". Jesus gave us a message that we should love each other. You are such a wonderful image of God and you have been created for a purpose.

### I WISH YOU ALL A HAPPY CHRISTMAS AND NEW YEAR, GOD BLESS YOU.

From: Mrs Mdluli Z.N
Nursing Manager

### IMPLEMENTED PRIORITY PROGRAMMES



### OCCUPATIONAL HEALTH SERVICES

Senior Professional Nurse Langner T.A. is in charge of occupational health services and is very enthusiastic about doing it. The health of our employees is very important to us because those are the people that are responsible for rendering health services to the community. As much as we care for the community we also need to care for the carer. Baseline and periodic screening of all the employees in the institution is now available. Employees are invited to make use of these services.

Mrs T.A Langner
Occupational Health Nurse



#### MOBILE SERVICES

**From left front row:** N.T Khumalo, B.G Msimango, L.M Sithole and Z.V.T Mncube

**Back row from left:** V.C Nsele and B Phakathi

A second mobile team is now available. We were able to achieve this through the help of Benedictine Hospital that borrowed us a second mobile car. We say to Mrs Shamase (Benedictine CEO) "your sharing attitude is very much appreciated". Chief Professional Nurse L.J Zwane is a Unit Manager of Mobile services. Each team consist of 2 Professional Nurses and 1 Staff Nurse.





Mr V.V Mthethwa
Opthalmic Nurse

### **OPTHALMIC (EYE) SERVICES**

These services are now available at Dumbe CHC. Mr V.V. Mthethwa CPN is doing vision acquity test as well as cataract finding. We invite community members with eye problems to come and make use of this service from Monday to Friday 07h00 to 16h00.

Those who need operation, like cataract removal are referred to Vryheid Hospital.

### **SCHOOL HEALTH SERVICES**

This service has been taken over from Vryheid PHC staff, who have been visiting all school that are under Dumbe Municipality. CPN B.N. Khumalo and S/N Jiyane M.S are now responsible for health promotion at schools.

- The total number of schools at eDumbe Municipality is:- 89.
- Total number of schools visited for HPS: 24.
- Total number of schools to be launched after HPS assessment: 4
- Two school entered essay competition with 15 leaners, that is Kanye kanye High School and Uzwano High School. Kanye kanye High school obtained

position no. 1 and position three in grade 9. Uzwano High School got position no.1 and no.2 in grade 8.

The objectives of this team is to ensure health promotion in schools by working hand in hand with principals and teachers since most schools are having a lot of teenage pregnancies, HIV/AIDS, infected/affected children as well as rape, just to count a few. We appeal to teachers of all the schools at eDumbe Municipality to support this service and to refer as many children as possible to this team.



### PHARMACY WEEK— 2007



Front row: D Lupke, P Dlwati, Z Masondo

Back row; S Dlamini, M Mtshali and V Mbuyazi

eDumbe CHC held pharmacy week in September with the aim of educating the public about healthy eating, important health checks, prevention of chronic diseases, HIV and opportunistic infections, management and control of asthma, drugs and drug abuse and to encourage scholars to take pharmacy as a course.

Two high schools and three clinics in and around eDumbe were visited and a talk was also given to community health workers about how to take care of HIV infected patients.

On healthy eating, emphasis was concentrating on low cost healthy eating. The importance of checking BP, blood glucose, breast examination, pap smear was outlined.

Two demonstrations were done one was about breast examination and the other was about the use of the pumper.



Future pharmacists



Patient demontrating how she uses the pump at Paulpietersburg clinic

### **Systems Component**

By: S Pillay

Systems component has embarked on various projects to ensure that the quality and service standards for both the internal and external clients is enhanced. As some projects involve the utilisation of suppliers, district offices and other government departments, the time frame for finalizing some projects is dependant on and determined by the various stakeholders involved in the process. Notwithstanding the above complexities of the projects, the following are reports on milestones and achievements on key issues:

### **Staff Undercover Parking**

Specifications and estimates for the parking have been received on the 21 November 2007 from Department of Works, Vryheid District Office. Due to the excessive value of the contract, the bid process will now be handled by the Department of Works, Head Office. The bid process is estimated at 3 months, projecting the finalisation of this project at the end of February 2008.

### **Telephone Management System**

During the month of October, pin codes and the Telephone Management System were introduced. A policy on the telephone utilisation at the institution was formulated and sanctioned.

The benefits of the system are:

Reduced internal call traffic to the switchboard

Improved services to incoming calls due to above

Improved management of telephone utilisation

Increased saving on telephone costs can be injected into other essential projects

### Fax to E-Mail

The fax to e-mail facility was activated for most of the users with access to the Intranet. Users can now receive their faxes as an E-mail message at their computer.

In an effort to improve service delivery we have embarked on other endeavours that include improving staff competency through training and development, upgrading safety and improving the work environment.

We would also like to welcome our new recruits as we know that they will experience a challenging and rewarding work experience in their sections.

The system component would also like to wish everyone a safe and enjoyable Christmas and New Year.

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### CANDLELIGHT MEMORIAL - "STOP HIV/AIDS - KEEP THE PROMISE



Some of the staff and patients who were there



Programme Director: Mr Ndebele



Word of God by Pastor Sibeko



Lighting of the candles



People writing names of the close ones who passed away all health workers, families from the disease and those living with HIV



Prayers were done for

On the 5th of December, the CHC staff and patients like millions of people around the world, gathered at the OPD to celebrate this day in memory of those infected and affected.

This day is commemorated every year on the 1st of December in remembrance of all those who have passed away because of AIDS and it also encourages those who are still living to protect themselves against this pandemic. This year's theme was "Stop HIV/AIDS and keep the promise".

Staff and patients present were asked to write names of loved ones who've passed away on the white sheet and a special prayer was then made for those people. There was then the lighting of candles. Pastor Sibeko gave us the word of God and the short prayer followed thereafter.

LET US CARE AND GIVE SUPPORT TO THOSE INFECTED AND AFFECTED



### ORIENTATION AND INDUCTION BY: N.F NKWANYANA





**Orientation and Induction** 

Facilitator — Miss NF Nkwanyana

From left (front row): TA Langner, C Nene, TE Buthelezi, Z Lwandle Z Khalishwayo, MT Sidu, Z Khumalo, HP Thwala, EEK Masuku

Back row (from left): T Simelane and EEK Masuku

Newly appointed employees with effect from 01 July 2007 to 01 November 2007 were called in to attend the Orientation and Induction from the  $5^{th} - 7^{th}$  November 2007 at the CHC boardroom

The number of staff attended was 13 from the CHC and the clinics. The orientation started with the filling of forms which was followed by presentations from officers from the different components. The presentations were in-depth and new employees were given a chance to ask questions and make comments.

On the final day each trainee was given a course evaluation form to complete and the results showed that trainees gained a lot from it and they promised to implement what they were taught. A tour in the workplace and outside the workplace was later done where they visited Valpre, Natal Spa and Dumbe Dam which was fun and educational.

Induction and Orientation Facilitator Miss Thuli Nkwanyana would like to thank the eDumbe CHC management team for giving her such an opportunity to conduct this workshop as it was the first to be conducted, and would also like to thank all the supervisors for releasing the trainees to attend and all the presenters who came to do their presentations.

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#### **NEW APPOINTMENTS & TRANSFER INS**

Siyi CHC kuyintokozo enkulu ukwamukela i- staff esilandelayo esisha esisijoyinile kusuka ngo March kuze kube manje. Sithemba nizokuthokozela ukusebenza lapha eDumbe CHC.

#### **AUGUST**

- Hlatshwayo T.T Hast Co-ordinator
- Motha C.S Senior Prof Nurse
- Khumalo B.V Senior Prof Nurse
- Buthelezi S.J Chief Prof Nurse
- Mhlongo N.E.M Senior Enrolled Nurse

#### **SEPTEMBER**

- Sangweni N.F Laundry Operator
- Sibiya E.B Chief Prof Nurse
- Mabaso

#### **OCTOBER**

- Phakathi Z.N Lay Counsellor
- Khalishwayo D.Z Cleaner (Hartland)
- Buthelezi T.E CSO (Hartland)
- Khumalo N.T CSO (Mobile)
- Khumalo R.Z Lay Counsellor (Hartland)
- Simelane T.E Lay Counsellor
- Nene C.P Staff Nurse
- Thwala H.P Staff Nurse
- Msimango W.P- Prof Nurse
- Lwandle Z.F Prof Nurse
- Sidu M.T Senior Prof Nurse
- Masuku S.N Senior Enrolled Nurse

#### **NOVEMBER**

- Masuku E.E.K Professional Nurse
- Mbilane K.Z SMO

### **DEATHS**

It is with great sadness that we lost the following staff members this year and they died after a short illness. As an institution we say: May their soul rest in peace and we miss them.

SURNAME & FULL NAME	<u>RANK</u>	DATE OF DEATH
1. Zitha Zanele Precious	Staff Nurse	18 May 2007
2. Shamase Siphiwe Rejoice	Staff Nurse	17 June 2007
3. Mthembu Velenkosini Emmanuel	Senior Staff Nurse	11 July 2007
4. Nikiwe Gwegweni	Lay Counsellor	17 August 2007
5. T Nkwanyana	Clinical Support Officer	30 January 2007
6. J.Z Dlamini	Security Officer	02 July 2007



### THOUGHT FOR THE MONTH

WATCH YOUR THOUGHTS, THEY BECOME WORDS WATCH YOUR WORDS, THEY BECOME ACTIONS WATCH YOUR ACTIONS, THEY BECOME HABITS WATCHYOUR HABITS, THEY BECOME CHARACTER WATCHYOUR CHARACTER, FOR IT BECOMES YOUR DESTINY

'A journey of a thousand mile with a single step"

" If you can dream it you can do it" By: Walt Disney

**Chinese Proverb** 

"No person can be a great leader unless he takes genuine joy in the successes of those under him"

By: W.A Nance

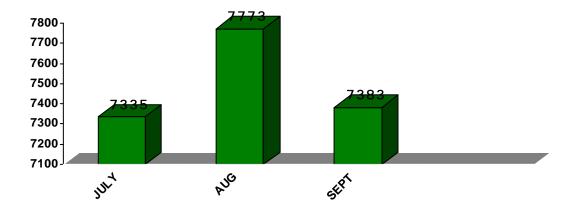
Holiness involves friendship with God. There has to be a moment in our relationship with God when He ceases to be just a Sunday acquaintance and becomes a weekday friend.

### <u>JOKES</u>

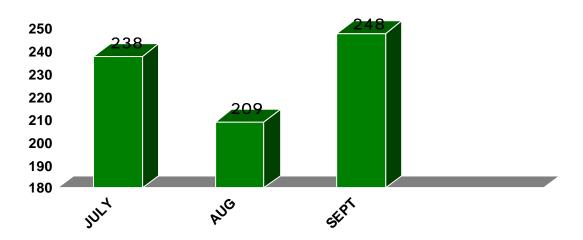
"A man is carrying two babies while waiting for a train. A woman asks the man: "Aren't they cute? What are their names?" The man gives the lady an angry look and replies: "I don't know." The lady then asks: Are they both boys or girls, or either of each?" The man looks angrier and replies: "I don't know." The woman then starts to scold the man. "What kind of the father are you?" The man replies: "I am not their father, I am just a condom salesman and these are two complainants that I am taking back to my company."

A preacher finished the service one morning by saying, "Next Sunday, I'm going to preach on the subject of LIARS. As a preparation for my sermon, I would like you all to read Mark 17."On Sunday, the preacher rose to begin his work. Looking out at the congregation, he said: "Last week I asked you all to read Mark 17. If you have read the chapter, please raise your hand." Nearly every hand in the congregation went up. Smiling, the preacher said: "You are the very people I want to talk to. Mark only has 16 chapters.

### TOTAL GENERAL OPD HEADCOUNT JULY TO SEPTEMBER 2007

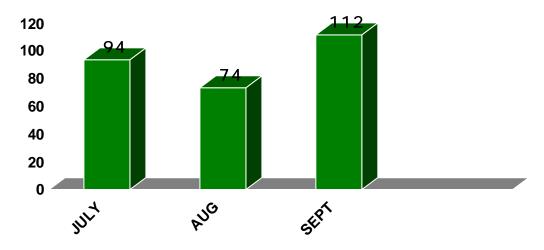


### **ADMISSIONS FROM JULY TO SEPTEMBER 2007**



NUMBER OF PATIENTS ADMITTED DURING THE REPORTING PERIOD

### NUMBER OF WOMEN WHO DELIVERED FROM JULY TO SEPTEMBER 2007



NUMBER OF WOMEN WHO DELIVERED DURING THE REPORTING PERIOD



### LETTER FROM THE eDUMBE MAYOR

#### IFOMU YESIKHALAZO/ISINCOMO/UMBONO OBHALIWE

**Kumalunga omphakathi**: Ungabhala isikhalazo/isincomo noma umbono wakho ngokugewalisa lefomu ngezansi bese ulifaka ebhokisini lemibono. Noma-ke, ungafaka isikhalazo sakho ngokubhala inewadi uyiqondise kuMphathi weSikhungo/uMxhumanisi weSikhungo.

NB. Sicela ukuthi unike imininingwane eqondile ngohlobo lwesikhalazo sakho, nikeza imininingwane yosuku, isikhathi, kanye nendawo okwenzeka ngaso isehlo okhalazo ngaso.

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SsSiyabonga ngezincwadi enisithumelela zona sicela niqhubeke nisibhalele ngokuthumela izincomo, imibono kanye nezikhalo kulelikheli elilandelayo:

The Public Relations Officer

P Bag x322

**Paulpietersburg** 

3180



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eDumbe CHC Private Bag x322 Paulpietersburg 3180

Phone: 034-9958500 Fax: 034-9958551



vusi.mbuyazi@k znhealth.gov.za

### **EDITORIAL TEAM**

Editor: Mrs B.R Dlomo

Content Editor: Miss P Dlwati

Editorial Team: Mrs T.P Hlongwane

Miss Z Qwabe

Mr S Pillay

Photographer: Mr M Buthelezi



# Merry \*\*\* Christmas

A sincere thank you for your support & dedication during 2007!

I wish you
a blessed Festive Season
filled with joy, peace and the love
of

Our Lord Jesus Christ.

May 2008 be a year of prosperity and good health for you and your loved ones.

FROM: CHC MANAGER