



SEKUSILE

NEWS

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STAY INFORMED



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PREGNANCY AWARENESS WEEK



One significant campaign aiming at encouraging healthy pregnancies, maternal health, and pregnancy-related issues is Pregnancy Awareness Week. It usually entails a variety of activities, such as educational gatherings led by medical experts.

Pregnancy Awareness Week was observed by the maternity ward of Edumbe CHC, with an emphasis on educating expectant mothers about prenatal care, eating habits, physical activity, and the value of

routine checkups. In addition, this campaign stresses the importance of communities, families, and partners in helping expecting moms throughout their pregnancy.

These women had a fantastic opportunity to take part in the event, learn from professionals, and support programmes that advance prenatal care and maternal well-being. Likewise they were delighted in the activities that were carried out during the programme.



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WORK AND PLAY



In today's fast-paced corporate environment, where deadlines loom and stress levels can soar, the concept of a Wellness Day has emerged as a beacon of balance and rejuvenation. eDumbe sub-district dedicated a day it was prioritising the health and well-being of the staff, recognizing that a happy workforce is a productive one.

Wellness Days are not just a trend but a strategic initiative aimed at fostering a culture of holistic health within the workplace. They offer a break from the daily grind, providing employees with opportunities to recharge physically, mentally, and emotionally. This proactive approach not only supports individual well-being but also enhances overall workplace morale and productivity.

eDumbe sub-district dedicated a day and invited all Clinic and CHC staff to participate in wellness programme, which was held at eDumbe CHC open space and went to dumbe location stadium to play soccer and netball. It was a joyful day the attendance was massive. On the day we were visited by colleagues from the department of sport and recreation. And we were blessed to have VW Vryheid, who donated water for players.



GALLERY FOR WORK AND PLAY



GALLERY FOR WORK AND PLAY



OUTREACH PROGRAMMES AROUND EDUMBE SUB-DISTRICT

An initiative called Operation Sukuma Sakhe (OSS) is a provincial plan that urges all KwaZulu Natal public sector institutions to help reduce poverty and rehabilitate communities. Through cooperation and integration of all initiatives of the many government departments, this programme seeks to facilitate the provision of government services to communities and households as early as possible. According to OSS, field workers must profile communities and acquire information, which is then debated in ward war rooms. Interventions are then coordinated by the

Local Task Team with the assistance of other pertinent stakeholders. Simultaneously, the special programming include a range of social initiatives targeted at socioeconomic empowerment and the assistance of marginalised communities. When it comes to performing community service, the eDumbe sub-district's department of health is proactive. Under the direction of Dr. Th Ndlovu, the team never fails to impress, and they make it a point to take part in all activities run by the Local Task Team (LTT) and Operation Sukumasakhe (OSS).



ISIBAYA SAMADODA AT OPHUZANE AREA



Department of Health in KwaZulu-Natal is working tirelessly to bring men together with a purpose of discussing ways to live better and promote integrity in themselves and their families.

The king of the Mthethwa tribe attended iSIBAYA SAMADODA, which was held in eDumbe sub-district at Ophuzane area. Dr. MM Sibeko and his team, along with iZinyane le Mbube Mntwana Nhlanganiso Zulu, the program's provincial promoter, represented the Department of Health. This meeting highlighted important issues that are frequently condemned, such as gender-based violence (GBV) and the mistreatment of women and children.

Men were urged as well to take good care of their health, emphasising the need of visiting clinics and hospitals for examinations and treatment of illnesses that affect both men and women. The guys also talked on the best parenting practices to help the boys grow up to be honorable, fit, and well-mannered men who will one day represent their manhood.

The Department of Health launched an initiative whereby clinics have periods when they are exclusively for male patients, and male lifeguards are present at those times. This is currently happening in numerous KwaZulu-Natal clinics.



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GALLERY FOR ISIBAYA SAMADODA



GALLERY FOR ISIBAYA SAMADODA





WELCOMING AND INTRODUCTION OF HUMANA PEOPLE TO PEOPLE

Humana People to People is a global network of non-profit organisations that prioritises education and community development. Established in 1977, the organisation functions in more than 45 nations throughout Europe, the Americas, Asia, and Africa. Through a variety of programmes, including community participation, health initiatives, agricultural development, and education activities, the organisation seeks to empower both individuals and communities.

Through literacy initiatives, school infrastructure improvement, and training, this organisation makes high-quality education accessible to all. Additionally, it addresses health issues through initiatives for maternity and child health, HIV/AIDS prevention and treatment, and community health programmes.

The Edumbe sub-district had a special meeting to welcome and present Humana, among its new stakeholders. Humana is going to work with the sub-district to ensure that the eDumbe surrounding community receives the best health services. Humana will also be tackling issues including social stigma, health care access, and human rights that are associated with sex workers. This organisations will fight against violence and discrimination against sex workers, offer health services, support legal rights and protections, and empower sex workers.

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NURSES DAY CELEBRATION



Nurses Day is celebrated globally on May 12th each year. This date holds significance as it marks the birth anniversary of Florence Nightingale, who is widely regarded as the founder of modern nursing. This day is dedicated to honouring the contributions and hard work of nurses throughout the country. Nurses play a crucial role in healthcare delivery, providing essential services, care, and support to patients across various healthcare settings.

Nursing is a noble profession which requires the highest degree of professionalism, ethical leadership and practice, resilience, dedication and care. The health system cannot function without nursing as its backbone – a lesson that was learnt by all during the COVID-19 pandemic. Across the world reports on nursing workforce point to a dire and chronic shortage of nurses, and never has the time been more apt to invest more in nursing than right now. The International Nurses Day presents an opportunity to recognise and celebrate the incredible work of all the nurses; their selfless

contribution to saving lives and providing quality of care to all.

They see the context for wellbeing and accordingly act in way to reach beyond the immediate presenting problems. Nurses have done much towards the achievement of the MDGs and to help shape and deliver sustainable goals and outcomes beyond 2015. And we can be proud of our achievements. Yet there is still more that we can – and must – do

The theme of the eDumbe sub-district's celebration of this project was "Our Nurses." Our Prospects. The care industry's economic power. Honourable Mr Mavuso, the deputy mayor of the eDumbe municipality, graced the occasion with his presence. He surprised the staff by bringing Zimiphi Biyela, a well-known radio presenter and actor who used to play as matron in the drama series Durban Gen on national television. Doctor TH Ndlovu, the CEO of the eDumbe sub-district, welcomed every single guest. The program's champion, Mrs. Mhlanga, directed the program's execution. Nurses were recognised for their commitment and diligence.



GALLERY FOR NURSES DAY





STAKEHOLDER

ENGAGEMENT ON EXPANDED PUBLIC WORKS PROGRAMME RECRUITMENT AND SELECTION GUIDELINES.

The Expanded Public Works Programme (EPWP) is a government initiative designed to create job opportunities, sustainable livelihoods and skills development for poor and unemployed people. The primary focus is on labour intensive methods in construction and infrastructure related programmes. EPWP was launched in 2004.

A policy paper from Kwazulu Natal's Department of Health attempts to draw attention to important concerns involving participant recruitment and selection for the EPWP program. This policy paper serves as guidelines on participant recruitment and selection procedures for the Kwazulu Natal Department of Health.

The CEO of eDumbe sub-district is Dr. TH Ndlovu. Invited external stakeholders included council members from eDumbe, traditional leaders, municipal leadership, and other departments to participate in

discussions regarding the Department of Health's recruitment and selection guidelines in Kwazulu-natal. The District Director, Mr. SV Vilakazi, along with his staff from the district level graced this gathering.

The recruitment of EPWP participants was thoroughly examined, with the requirement that it be an equitable and transparent procedure that complies with the procedures that oversee it. These procedures include the Youth Employment Accord of 2013, the Ministerial Determination 4: Expanded Public Work Programme, Notices No. 347, and the Code of Good Practice, Notice No. 129 issued by the Minister of Labor in terms of the Basic Conditions of Employment Act, 1997. This discussion further included an overview of the roles and responsibilities of all parties.



STAKEHOLDER ENGAGEMENT ON EXPANDED PUBLIC WORKS PROGRAMME RECRUITMENT AND SELECTION GUIDELINES GALLERY



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