



SEKUSILE

STAY INFORMED

NEWS

2nd EDITION 2023



NURSES DAY CELEBRATION

eDumbe sub-district hosted nursing day, paying tribute to all nurses around eDumbe sub-district for the incredible work they do.

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MESSAGE FROM THE CEO

“We work relentlessly to provide the best service to our society. Your hard work and dedication is truly appreciated. Keep up the good work! I am so proud of all that our team has accomplished so far. You should all be proud of your efforts. I welcome all the people who have just joined our team (eDumbe Sub-district), welcome to the winning team!

Good people we still have a long run towards achieving excellency and perfection, let's stay focused on our goals and use whatever challenges that we face along as opportunities to come out even stronger. It's important that we remain positive and continue striving towards our objectives.

I would like to encourage all staff under eDumbe sub-district (CHC & Clinics) to participate in the work and play activities which are coordinated by the Wellness Committee. The program aims to ensure that employees are both physically and emotionally well. Moreover, it aims to increase productivity in the work place. Being and feeling well includes having values and beliefs that provide purpose in life, which allows an individual to feel at peace and in harmony with themselves and others. It also includes the ability to stay open-minded to others”

I will also like to wish all woman of eDumbe sub-district, a happy and fruitful woman's month, “ *WATHINTA ABAFAZI WATHINTA IMBOKODO*”



By : Dr TH Ndlovu

CEO/Medical Manager

eDumbe CHC

DR TH NDLOVU



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA



KwaZulu-Natal Department of Health



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INTERNATIONAL DAY OF MIDWIVES



Over the past two years midwives, maternity support workers and student midwives have met extraordinary circumstances and risked their lives to provide excellent care to women and their families. The contributions midwives have made towards achieving the sustainable development goals and Universal Health Coverage cannot be underestimated. Midwives have been strengthening Primary Health Care for decades, acting as a critical link between women and the health system, and making pregnancy and childbirth safer and more secure.

2023 marks 100 years since the establishment of the International Confederation of Midwives (ICM). There are currently 143 Midwives' Associations representing 124 countries worldwide, including the Confederation of African Midwives Associations (CONAMA), which was inaugurated in 2013.

Midwives, who have been an integral part of African medicine for centuries, are the frontline caregivers and backbone of

maternal and child health care on the continent. They support women through pregnancy and childbirth, by providing antenatal, intrapartum and post-natal care family planning services, as well as breast and cervical cancer screenings. In emergencies, they perform basic emergency obstetric care.

On the 5th of May 2023, the maternity ward at eDumbe Community Health Centre celebrated the international Day of midwives. The theme of this momentous occasion was "Together again from evidence to reality."

It was indeed a successful day whereby midwives and pregnant patients came together and celebrated the day. Health education was done on the following topics; Proper attachment and positioning during breastfeeding, and also eating healthy food. Mothers also enjoyed the day.

[See Gallery on the next page](#)

**BY: Nhlanhla Mhlongo
& Sister Ndlela**

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GALLERY FOR INTERNATIONAL DAY OF MIDWIVES

In pictures are officials within the department of health's maternity ward and Patients.



EVENT SET UP



LEARNING TIME



OPERATIONAL MANGER



PATIENTS



SISTER EDUCATING PATIENTS



LEARNING TIME



COMMUNITY EDUCATION



COMMUNITY EDUCATION



COMMUNITY EDUCATION

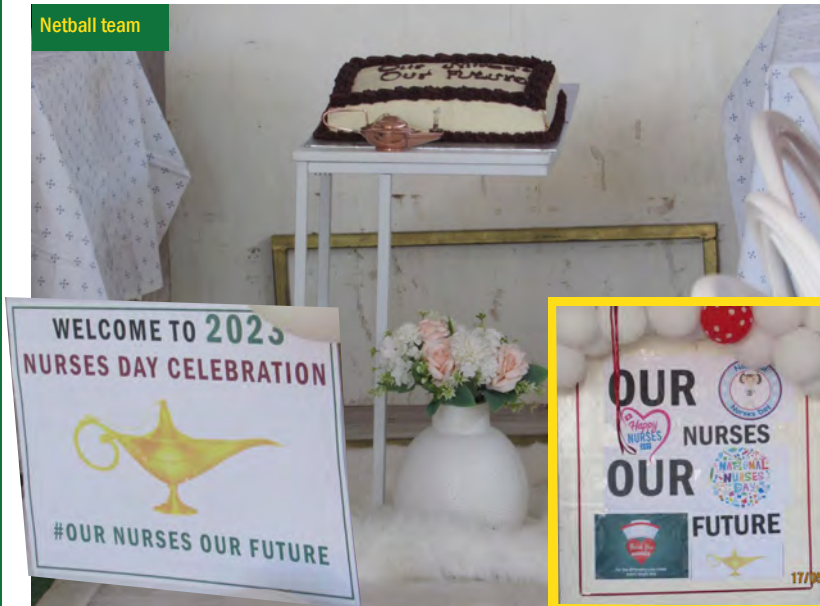


COMMUNITY EDUCATION



NURSES DAY CELEBRATION

Netball team



Nurses, the theme was a global campaign that sets out what/how nursing in the future should address global health challenges and improve global health for every person. The theme aimed to take lessons from the pandemic and translate these into actions of the future.

eDumbe sub-district celebrated this day inviting all nurses and staff from CHC and Clinic. The event was held at eDumbe CHC, Programme director was Ms S Ndlangamandla. REV Mndebele opened the function with a word of God followed by prayer. Ms SE Masuku outlined the purpose of the day as to honour nurses for the role they play in our society.

In her Speech, Dr TH Ndlovu the CEO/ Medical Manager of eDumbe CHC described the importance of nurses to our communities and encouraged nurses to continue doing the good job by saving our society's lives. Nurses pledge was lead by the Nursing Manager Ms BTN Kunene.

The event was a success, it was supported by our external stakeholders; DENOSA, Old mutual, law for all and Local business persons.

By: Nhlanhla Mhlongo



Nurses Day is commemorated annually on the 12th of May, to honour nurses for the important role they play in saving millions of lives, and raise awareness of the challenges they face. It is the anniversary of the founder of modern day nursing, Florence Nightingale's birthday.

Florence Nightingale came to prominence while serving as a manager and trainer of nurses during the Crimean War, in which she organised care for wounded soldiers at Constantinople. She significantly reduced death rates by improving hygiene and living standards. Nightingale gave nursing a favourable reputation and became an icon of Victorian culture.

Nurses Day is celebrated in memory of Florence Nightingale and to honour/tribute, all the nurses around the world and the incredible work they do. A world without nurses would be unimaginable. Question is who would be there to care for us when we're not feeling well?, Nurses bring so much to our lives, and the lives of the people that we love, and so it is only right that we have a day that honours them and recognise all of their efforts!

The Nurses day theme for 2023 is "Our Nurses. Our Future." According to the International Council of

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NURSES DAY GALLERY



CEO DR TH NDLOVU ADDRESSING



CEO, NURSING MANAGER, ASSISTANT NURSING MANAGER, OM'S , M&E AND NURSES



NURSING MANAGER LEADING



WORD OF GOD BY MR MNDEBELE



OM MOBILE



PROGRAMME DIRECTOR



WARD COUNCILLOR



MOTIVATIONAL SPEAKER



LEGAL ADVISORS



NURSES



FINANCIAL ADVISORS



GUEST SPEAKER



NURSES DAY GALLERY CONTINUATION



NURSES



NURSES



Nursing Manager, Assistant nursing manager, and M&E



NURSES PLEDGE



STAFF IN ATTENDANCE

AUDIENCE (NURSES AND STAFF MEMBERS)



STAFF IN ATTENDANCE



STAFF IN ATTENDANCE



STAFF IN ATTENDANCE



STAFF IN ATTENDANCE



STAFF IN ATTENDANCE



STAFF IN ATTENDANCE

EDUMBE SUB-DISTRICT SPORT

Workplace sport plays an important role in keeping staff physically and mentally healthy as well as improving productivity within the Department. eDumbe sub-district was invited by Piet Retief Hospital for a soccer and netball tournament in Mpumalanga at Mkhondo. It was indeed a joyful day for everyone who attended; eDumbe sub-district was well supported and graced by the presence of the CEO, Dr TH Ndlovu. *“It was very nice to see colleagues representing and waving the flag of eDumbe sub-district outside the workplace,”* said Dr TH Ndlovu while briefing the management. The CEO also encouraged wellness chairperson Mrs EP Mdlalose to organise more similar programmes and recruit more staff to participate in these programmes.



Netball team



Cup & Medals



Football team



Football team



Netball team



Football team



EDUCATIONAL TALK ON FLU VACCINE, COVID-19 & CHOLERA



Health education is one strategy for implementing health promotion and disease prevention programs. It impacts many areas of wellness within our community, areas such as; Chronic disease awareness and prevention, injury and violence prevention, maternal and infant health, mental and behavioural health, nutrition, exercise and obesity prevention tobacco use and substance abuse.

Looking at the number of people who come to the facility because of flu and the Cholera outbreak taking place in Gauteng, eDumbe CHC's OPD Professional Nurses (PN) Ms NG Kunene and Assistant Nursing Manager Ms NK Mathonsi took this opportunity to educate patients about the Flu vaccine, Covid-19 and the Cholera outbreak which is currently effecting our communities.

Flu, Covid-19 and Cholera are potentially serious diseases that lead to hospitalisation and sometimes even death. It is therefore essential for our patients to know and be educated on how to protect themselves from these diseases.

By: Nhlanhla Mhlongo



ISIBAYA SAMADODA

CELEBRATING MEN'S MONTH

This year's month of June gives health care providers, public policy makers, the media, and individuals an opportunity to encourage men to seek regular medical advice and early treatment for disease and injury.

To ensure universal health care coverage at eDumbe sub-district leaving no one behind including men who are reluctant to visit clinics, a men's clinic mobile visited different areas around eDumbe to offer comprehensive health services targeting men.

By: Nhlanhla Mhlongo



Programme director



Police officers addressing man



Community member asking questions



Community member



Officials from different department



Community member



Community member



Community member



SASSA Official addressing the



VISIT FROM HEAD OFFICE AND DISTRICT OFFICE

The health department's Head office team together with the District office visited eDumbe sub-district to support the sub-district at their Quarterly review meeting, which was held at eDumbe CHC Boardroom.

The purpose of this meeting was to analyse data for the last quarter by looking at the sub-district's performance indicators. Pleasantly eDumbe sub-district is doing very well on HAST indicators and is currently sitting on 90% however, they need to improve to 95%.

The Head office and District office team commented and expressed gratitude to the CEO for her commitment and dedication, she is hands on and informed about what's happening in her facilities.

By: Nhlanhla Mhlongo



MOBILE VEHICLE

Kwazulu Department of health is thriving to ensure universal health care coverage. Mobile services at eDumbe sub district have received an additional mobile vehicle to improve service delivery and access to communities in the deep rural area of eDumbe. PHC manager Ms LT Msibi was very excited with the arrival of the Mobile Vehicle, which will make it easier for outreach teams to meet the target and be able to deliver essential services to our communities at large.

By: Nhlanhla Mhlongo



FINANCIAL LITERACY WORKSHOP

Obtaining financial literacy is one of the most important things an individual can do to ensure prolonged financial stability. This study helps one to make; better financial decisions, effective management of money and debt, greater equipped to reach financial goals, Reduction of expenses through better regulation, and less financial stress and anxiety.

eDumbe Sub-district's EAP Mrs Mdlalose organised a 02 day workshop inviting ASISA Foundation. ASISA FOUNDATION is a non-profit initiative of savings and investment industry, delivering effective and objective financial literacy and micro-enterprise development programmes to south Africa's most vulnerable group, this foundation has an agreement with the DPSA to financially educate employees in all government institution.

It was indeed a most effective and informative workshop. Everybody had a better understanding on how to manager finances. And also staff had a brief a over view of what EAP is all about in our facility.

By: Nhlanhla Mhlongo



EAP /programme organiser



Facilitator



Staff in attendance



Staff in attendance



Staff in attendance



Staff in attendance



Staff in attendance



Staff in attendance



Staff in attendance



Staff in attendance



Staff in attendance





July 18th is a very special day as it is the birthday of a man who changed the course of history with his resistance. On this day in 1918, former South African president Nelson Mandela. He was the country's first black head of state.

Nelson Mandela is known around the world for his sheer determination and how he got South Africa together to fight against poverty and for equality, social and cultural justice. For 67 years, he devoted his life to the service of the nation and, in a way, of the world as well.

As citizens we spend 67 minutes, in memory of the 67 years of Nelson Mandela's service to the public. It has become a global celebration of his life's contributions towards peace and freedom.

eDumbe Sub-district's Mobile team lead by Operational Manager Mr Sithole and Outreach team spend their 67 minute at Mshiyeni Day care in Nkonkotho, where various stakeholders came together and celebrated this day. The team came along with a toy Library for Kids to play on that day. Health workers were able to assess kids in their different stages of development and their health. Parents were also informed about the importance of health and wellbeing for their children.

By: Nhlanhla Mhlongo



Mobile/ Outreach team



Kids playing with toys



Programme director

Coordinator



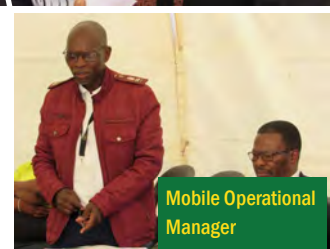
Handing over gifts



Handing over gifts



Handing over gifts



Mobile Operational Manager



Kids singing



Kids playing with toys



Officials / stakeholders



UPCOMING EVENTS

August 2023	
Would breastfeeding week	Venue: eDumbe CHC Date: 02/08/2023
	Venue: Dumbe location community hall Date: 03/08/2023
	Venue: Town Clinic Date: 07/08/2023
	Venue: Mondli Date: 08/08/2023
Isibhedlela Kubantu	Venue: Mahloni Community Hall Date: 14/08/2023
Rheumatic Fever and Reumatic heart disease awareness week	<i>To be communicated</i>
National Polio week	<i>To be communicated</i>
National Women's day	<i>To be communicated</i>
International Youth day	<i>To be communicated</i>
African traditional medicine week	<i>To be communicated</i>
African traditional medicine day	<i>To be communicated</i>

September 2023

Albinism Awareness Month	
Bone Marrow Stem Cell Donation and Leukaemia Awareness Month (15 August to 15 October)	
Cervical Cancer Awareness Month	
Childhood Cancer Awareness Month	
Eye Care Awareness Month (20 September to 17 October)	
Muscular Dystrophy Awareness Month	
Heart Awareness Month	
National Month of Deaf People	
National Oral Health Month	
Pharmacy Month	
	Human papillomavirus (HPV) vaccination second round
	National Kidney Awareness Week
	International Foetal Alcohol Syndrome Day
	International Gynaecological Health Day
	National Attention Deficit Hyperactivity Disorder Day
	Sunflower Day
	World Patient Safety Day
	World Retina Week
	World Alzheimer's Day
	World Retina Day
	World Pharmacist Day
	World Environmental Health Day
	World Contraception Day
	World Rabies Day
	World Heart Day



ACKNOWLEDGEMENTS

EDITORIAL TEAM / DETAILS



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CEO/ Medical Manager



Dr MM Sibeko

Clinical Manager



Ms BTN Kunene

Nursing Manager



Mr S Sithole

Pharmacy Manager



Ms LT Msibi

PHC Manager



Ms NZP Mdluli

M&E



Mr S Shandu

Finance Manager



Ms EP Mdlalose

HR Manager



Ms PE Mchunu

Acting Systems Manager



Mr NKJ Mhlongo

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Your comments and suggestions for stories to be featured in this Newsletter are welcome.

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