



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

eDumbe CHC
EDUMBE COMMUNITY HEALTH CENTRE
INTERNAL NEWSLETTER

SEKUSILE

STAY INFORMED

NEWS

5th EDITION 2023



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ISIBHEDLELA KUBANTU



Isibhedlela kubantu also known as Mobile community outreach programme, is an essential part of primary care at all times, which aim to ensure access and promote health services in the most vulnerable and hard to reach communities. eDumbe sub-district is working tirelessly to ensure that our communities receive the best and equal service.

The outreach was held at the Ophuzane ophuzane open space and provided a one-stop health approach which included free health screenings for tuberculosis (TB), HIV, non-communicable diseases, and other auxiliary services. Through this initiative, residents also had access to pap smears and eye and dental care.

This outreach programme was graced by the presents of the MEC for health in Kwazulu natal honourable Nomagugu Simelane, Chief Mthethwa from Mthethwa tribal court in Ophuzane, Deputy Mayor of eDumbe local Municipality Mr S Mavuso.

Residents were very excited for receiving healthcare services closer to where they reside. Mr Sandile Dlodlu commented saying that the programme came at good times where they are facing Financial Implications, it save on transport fees and paying for medication,” He said.

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ISIBHEDLELA KUBANTU GALLERY



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BUILD UP FOR WORLD AIDS DAY COMMEMORATION



On one December, World AIDS Day is a call to action to enable and support communities in these efforts. A conducive regulatory environment is needed to facilitate the role of communities in delivering HIV services and to ensure an equitable and rights-based health approach.

Ophuzane clinic officials, took this initiative and invite the management of edumbe sub-district and the community to commemorate world aids day. World AIDS Day is important as it reminds the public that HIV has not gone away and that collectively, there is the need to increase awareness, fight prejudice and improve education to maintain and achieve the aims and objectives of the country as set out in the National Strategic Plan on HIV, STIs and TB 2017-2022.

The CEO/Medical Manager of eDumbe sub-district Dr TH Ndlovu, encouraged the community to unite in the fight against HIV, show support for people living with HIV and remember those who have died because of HIH.



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COMMEMORATION 16 DAYS OF ACTIVISM



The global 16 Days of Activism against Gender-Based Violence is a key international moment to call for an end to violence against women and girls. This year marks the 25th anniversary since South Africa initiated the 16 Days of Activism for No Violence against Women and Children campaign. The 16 Days campaign focuses on raising awareness to the devastating impact that gender-based violence and femicide (GBVF) has on women and children, and the social fabric of our society.

The theme for this year speaks to the importance of ensuring an all-society and multi-faceted approach to fight

GBVF. The sub-theme seeks to address barriers women face in safely accessing water and sanitation in South Africa.

eDumbe CHC Social Worker Miss N Nkhambule hosted a 16 days of activism commemoration inviting all eDumbe sub-district employees and external stakeholder from SAPS, Financial adviser from CAPITEC and a Poster, with an aim of raising awareness of the negative impact that violence and abuse have on women and children and to rid society of abuse permanently.

It was indeed an informative session for everyone.



ISIBAYA SAMADODA



ISITHANGAMI soMnyango wezeMpilo KwaZulu-Natal esihlanganisa amadoda adingide izindlela zokuphila kangcono nokukhuthaza ubuqotho kuwona ewodwa nasemindenini yawo, sihlale eLunerberg eDumbe izolo.

Lesi sithangami esibizwa ngeSIBAYA SAMADODA, sihanjelwe yinkosi yesizwe sakwa Nkosi, abebemele uMnyango wezeMpilo uDr M Sibeko, kanjalo neZinyane leMbube uMntwana uNhlanganiso Zulu, onguMgqugquzeli walolu hlelo esifundazweni ngaphansi koMnyango wezeMpilo.

Isibaya samadoda aseDumbe sidingide phakathi kokunye, udaba oludla lubi olukhuzwa nxa zonke okungolokuhlukunyezwa kwabantu besifazane iGender Based violence (GBV), nezingane, lapho kusionjululwe khona ukuthi kumele sikhuzwe lesi sihlava. Kuphinde kwadingidwa udaba lokungazinakekeli kwamadoda uma kuzowa kwezempilo, akhuthazwa ukuba ayihambele imitholampilo nezibhedlela ukuyohlololelwa nokwelashwa izifo eziqondene namadoda, nezinye ezikhungatha wonke umuntu.

Amadoda aphinde abonisana ngendlela okumele ayilandele yokukhulisa abantwana babafana ukuze babe ngamadoda aqotho, aphilile, naziphethe kahle futhi akumelayo ubudoda bawo ngomuso.

Ezithangamini zesiBaya Samadoda, abafana, izinsizwa kanye nabanumzane bendawo baye badingide ngokuvulelekile izindaba ezithinta wona amadoda njengempilo jikelele emizini yawo, izinkinga abhekana nazo ngayodwa, izinkinga zobuntu bawo bangasese nokwenqena kwawo ukuya emitholampilo uma ekhungethwe yizifo ezithinta ubudoda bawo, nokunye okuningi.

Ngenxa yalolu hlelo uMnyango wezeMpilo usuqale uhlelo lokuthi emitholampilo kube nesikhathi lapho kwelashwa khona amadoda kuphela futhi kube nabaHlengi besilisa. Lokhu sekuqilele ukwenzeka emitholampilo eminingi KwaZulu-Natal.



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ISIBAYA SAMADODA GALLERY



WORLD AIDS DAY & 16 DAYS OF ACTIVISM COMMEMORATION



Two decades ago, HIV/AIDS was killing over 4,000 people every day. Today, over 29.8 million people are accessing lifesaving treatment and AIDS deaths have been cut by 69% since their peak in 2004.

In the region (LAC), around 2.5 million people are living with HIV. In 2022, approximately 130,000 people acquired the virus, and 33,000 lost their lives due to AIDS-related causes. The number of new infections among key populations (gay and bisexual men, men who have sex with men, sex workers, transgender individuals, drug users, and people in prisons) is significantly higher than among the general population.

To end AIDS, communities play a key role in the response. Community organizations representing populations affected by the virus are on the frontline of the HIV response. Empowering these communities is essential

so that they can develop their own strategies and reach those most in need of access to available innovations, such as the distribution of self-tests, the implementation of PrEP at the primary care level and in community centers, and immediate linkage to treatment to achieve an undetectable viral load. A person with an undetectable viral load does not transmit the infection, thus breaking the transmission chain.

On the 5th of December 2023 the Department of Sport, Art And Culture hosted world aids day and 16 day of activism commemoration in Zululand, eDumbe Local municipality at Ophuzane sport field inviting the community of eDumbe to work together towards the elimination of AIDS.

Zululand District Director Mr Vilakazi touched on several programmes that the of Health in Zululand district is doing to ensure that healthcare services are reachable to our communities.



WORLD AIDS DAY & 16 DAYS OF ACTIVISM COMMEMORATION GALLERY



ACKNOWLEDGEMENTS

EDITORIAL TEAM / DETAILS



Dr TH Ndlovu
CEO/ Medical Manager
Call: 072 656 2325



Dr MM Sibeko
Clinical Manager
Call: 082 904 8119



Ms BTN Kunene
Nursing Manager
Call: 083 995 2925



Mr S Sithole
Pharmacy Manager
Call: 072 310 2502



Ms LT Msibi
PHC Manager
Call: 072 411 6636



Ms NZP Mdluli
M&E
Call: 063 797 4978



Mr S Shandu
Finance Manager
Call: 081 058 2426



Ms EP Mdlalose
HR Manager
Call: 076 528 1570



Mr SL Khoza
Systems Manager
Call: 079 299 0972



Mr NKJ Mhlongo
PRO
Call: 072 418 8946

Approver : Dr TH Ndlovu

Designer : Nhlanhla Mhlongo, KZNhealth website

Distribution : Nhlanhla Mhlongo

Content contributor : Nhlanhla Mhlongo, Internet , Managers

Photography : Nhlanhla Mhlongo, Internet

Your comments and suggestions for stories to be featured in this Newsletter are welcome.

Please sand your input/ suggestion to : Nhlanhla.Mhlongo@kznhealth.gov.za

CONTACT DETAILS

PHYSICAL ADDRESS:

463 eDumbe Main Street
Paulpietersburg, 3180

POSTAL ADDRESS:

Private Bag X322
Paulpietersburg, 3180

SWITCHBOARD:

034– 995 8500

SWITCHBOARD FAX NUMBER:

034– 995 8579/ 56

EMAIL:

Nhlanhla.Mhlongo@kznhealth.gov.za

WEB ADDRESS:

www.kznhealth.gov.za



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