



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

eDumbe CHC

EDUMBE COMMUNITY HEALTH CENTRE
INTERNAL NEWSLETTER

SEKUSILE

NEWS

STAY INFORMED

1st EDITION 2023

ISIBHEDLELA KUBANTU



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OUTREACH PROGRAMME
AT EDUMBE LOCATION
KWAZWELIBANZI**
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**GROWING
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TOGETHER**

MESSAGE FROM THE CEO

eDumbe sub-district is striving to develop a sustainable, coordinated, integrated, comprehensive primary health care services and in patient care through the district health system. Our goal is to achieve optimal health status for all people of eDumbe. This can be achieved through collective engagement with all relevant stakeholders and visionary leadership.

We are committed to use all available resources to ensure that universal Healthcare coverage, improved client experience of care and reduce morbidity and mortality as outlined in the National Development Plan 2030 are achieved. Collectively we strive on our best to reduce complaints and patient safety incidents through implementation of the Batho Pele Principles.

To all eDumbe CHC and clinics employees, thank you for doing your best at all times. Remember we are all here for God's purpose. Let us serve our communities with a smile. "A smiling face is a beautiful face, a smiling heart is a happy heart" by Dr TP CHIA



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By : Dr TH Ndlovu
CEO/Medical Manager
eDumbe CHC

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CEREBRAL PALSY (CP) CLINIC AT EDUMBE CHC

EDUMBE COMMUNITY HEALTH CENTRE (CHC) HAS OFFICIALLY LAUNCHED A CEREBRAL PALSY (CP) CLINIC.



Rehabilitation team with community service officer and patients

The rehabilitation team together with community service officers have successfully started a Cerebral Palsy clinic that is hosted once a month at eDumbe CHC in the gym/rehabilitation centre.

It was identified that many children are living with CP and they need regular rehabilitation sessions at eDumbe catchment areas. The closest place where they could access these services was at Vryheid District Hospital which is an hour away. The traveling distance resulted into financial and transport implications for patients, it is vital that we as the Rehabilitation component empower our patients and enable them to care for their children adequately.

The goal of this clinic is to improve care for children with CP and empower their care givers through education, regular screening, the creation of a supportive community, and the facilitation of individualised home management programs.

We've had 3 clinics so far and have welcomed new patients on each visit, In each session, the focus is on different topics such as education about what CP is, nutritional needs, developmental milestones, and much more, we also regularly have other members of the multidisciplinary team that come and share their knowledge during the CP Class,



Rehabilitation team with community service officer and patients



Rehabilitation team with community service officer and patients

this includes dietician, Occupational Therapists and the audiologist who come and share information with care givers.

Our next clinic is on the 10th of May 2023, where we will be talking about fine motor skills and speech therapy. Feel free to pop in and see what is it that we are doing and the impact we are making on these children's lives. Watch this space for more updates on how our little community is growing!

By: Siobhan Bottomley



ISIBHEDLELA KUBANTU

BEST APPROACH OF DELIVERING SERVICES TO OUR COMMUNITIES

eDumbe sub-district is working tirelessly to ensure that our communities receive the best and equal service. Isibhedlela kubantu also known as Mobile community outreach programme, is an essential part of primary care at all times, which aim to ensure access and promote health services in the most vulnerable and hard to reach communities.

eDumbe Community Health Centre's OPD operational manager Sr Nkomo working together with the Pharmacy manager and M&E hosted Isibhedlela Kubantu at eDumbe location (kwaZwelibanzi), leading a team of Doctors and nurses. Invitation for this programme was extended to both internal and external stakeholders, inviting different departments and component to offer their services. The programme was also facilitated by the ward councillor.

120 and more people benefited on that day. Speaking to one of our client Sandile Zwane said that they are very happy with Isibhedlela Kubantu. OPD Operational manager is working on hosting another programme within ward 03 in May 2023, details will be communicated and published.

By: Nhlanhla Mhlongo



Isibhedlela kubantu team and patient



Nurse on duty and patient Screening



Nurse on duty with a patients



Nurse on duty with a patients

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EMPLOYEE HEALTH AND WELLNESS PROGRAMME FOR EMERGENCY MEDICAL SERVICES (EMS) AND FORENSIC PATHOLOGY SERVICES (FPS)

Employee Health and Wellness Programmes in the Public Service are rapidly transforming the nature of holistic support provided to employees to ensure risk management, occupational health, safety, productivity and wellness of government employees and their families and the safety of citizens in the Public Service world of work.

The Department of Health in Kwazulu Natal launched a wellness programme at Zululand district in Belgrade Hall, Phongola. Inviting Emergency Medical Services (EMS) and Forensic Pathology Services (FPS) employees. EMS and FPS are daily faced with incident that are abnormal, these employees end up experiencing mental, physical, and emotional stress. This programme was particularly aimed at addressing the psychosocial needs of EMS and FPS.

The event kick started with screening services followed by employee health and wellness activities, were in attended officials were participating in mind games. Formal session was officially

opened by the programme director REV S. Shangase who on his opening remarks touched on the importance of one's health employees.

The Director of employee health and wellness Dr NE Dlamini used this opportunity and talked about employee health and wellness programme at large spectrum. She described this programme as the system that will ensure the wellbeing of employees and the environments they are working on whether is conducive or not, she also requested EMS and FPS staff to us this programme.

EMS and FPS staff were given a platform to give testimonies and talk about challenges that they face. One of the issues which turned to be a burning issue was the issue of not being recognised by the department. It was noted that the staff feel left out from wellness activities taking place within our facilities.

By : Nhlanhla Mhlongo



REV S Shangase
Programme Director



Dr NE Dlamini
EHW Talk



Reeee
Briefing coordinator



GALLERY FOR EMPLOYEE HEALTH AND WELLNESS PROGRAMME LAUNCH THAT WAS MADE FOR EMS AND FPS.

In pictures are officials within the department health from different business unit.



WELLNESS DAY

#A Healthy Mind in a Healthy Body



eDumbe sub-district's wellness committee organised a wellness day invited all employees of eDumbe CHC and Clinics, it took place within the premises of eDumbe CHC at Tholiphilo Open space.

Wellness day is an interactive and fun event that is all about employees in a workplace and creates a culture of wellness. It also provides a caring environment where employees living with life limiting experiences that impact adversely on their job performance can interact with other experiences, similar challenges and gain support from a dedicated team of wellness practitioners and volunteers.

This programme focuses on quality of life by attending to the physical, emotional, social and spiritual needs of employees, nurtures an individual as a totality, provides a change of environment from the office set-up, provides the opportunity to explore complementary therapies to assist the employees to cope in the workplace e.g. massage, music and counselling and offers a continuing lifetime support.

Delivering the purpose of the Wellness day, occupational health Mrs Sibiya emphasised the importance of taking care of ourselves physical, emotional, social and spiritual. She said, that the Employee Wellness programme has a vision of providing programmes that can develop and maintain healthy, dedicated, responsive and productive employees within the department who can add value to the department.

Chairperson for wellness at eDumbe sub-district Mrs Mdlalose added by quoting from the health minister words that as employees we need to exercise twice a week for 2hours, so that we are healthy and productive in a workplace. She also encouraged employees to take part in such programmes because it will have great impact on their work performance.

It was indeed a fun day; see more pictures on gallery page 6 and 7

By Nhlanhla Mhlongo

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GALLERY FOR WELLNESS DAY AT EDUMBE SUB-DISTRICT

In pictures are officials within the department health from eDumbe CHC and Clinics



Wellness chairperson



Occupational health nurse



Programme director



Teams



Staff pic



Speech time



Cha Cha dance



"D" Team



GALLERY CONTINUATION



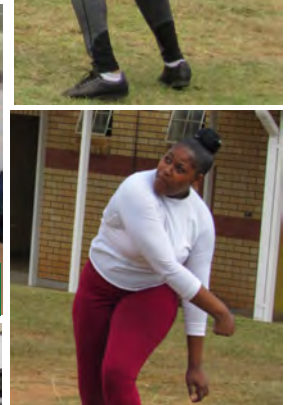
Cha cha Dance



Aerobics



Exercises



Sack race



Egg & spoon race



ACKNOWLEDGEMENTS

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Your comments and suggestions for stories to be featured in this Newsletter are welcome.

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