



# health

Department:  
Health  
**PROVINCE OF KWAZULU-NATAL**

**EAST GRIQUALAND AND  
USHER MEMORIAL  
DISTRICT  
HOSPITAL**

OFFICIAL NEWSLETTER OF EAST GRIQUALAND AND USHER MEMORIAL DISTRICT HOSPITAL    ISSUE NO. 01 VOLUME NO. 01    DECEMBER 2012    PAGE 01

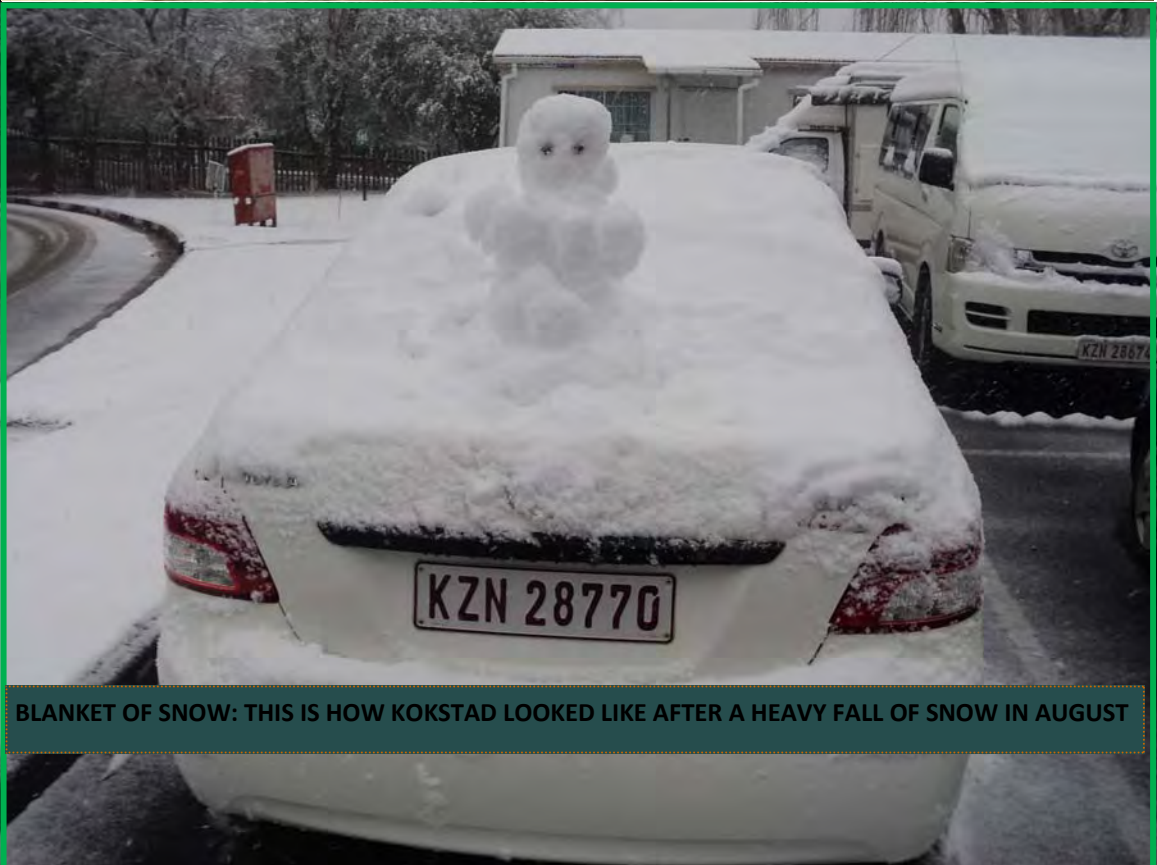


## I CARE, I BELONG, I SERVE



**Sisonke Sibanye**    **Together We're One**

**“Working together for healthy community”**



**BLANKET OF SNOW: THIS IS HOW KOKSTAD LOOKED LIKE AFTER A HEAVY FALL OF SNOW IN AUGUST**

### NEW NAME FOR OUR NEWSLETTER ENCOURAGES UNITY



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# ENCOURAGEMENT TO ALL OUR STAFF MEMBERS

*“If you have a positive attitude and constantly strive to give your best effort, eventually you will overcome your immediate problems and find you are ready for greater challenges”.*  
**Pat Riley**

## FROM THE CEO'S OFFICE



**CHIEF EXECUTIVE OFFICER: MRS. N.C. THEKISO**

**I**t gives me pleasure to note that once again we are at the end of the year, which so started with very a low note, but God sustained us through and look where we are now.

We appreciate and applaud all those who worked very hard and excelled in performing their duties to improve service delivery.

The contribution made by all to move our hospital from point A to B was a huge effort which needed all your contributions and suggestions.

Everyone is thanked for giving encouragement, assistance and suggestions on ways to improve with the spirit of “how can I help” or “send me oh Lord

spirit”.

Let us look at our achievements with a smile and pat ourselves on shoulders and say well done:

- ✘ Face lifting of two wards D and J wards
- ✘ Flooring and painting of gateway clinic
- ✘ ARV shelter in place thanks to our partners
- ✘ Maintaining the Baby Friendly status as a hospital
- ✘ Achieving 100% on some of indicators like immunizations etc.
- ✘ Improvement on Cervical screening to 60% from 35%
- ✘ PCR 6wks uptake 80% from

40%.

These are but few to mention out many in terms of achievements as a collective.

We have seen some of our staff members moving to higher positions through development, and we sadly lost some of our members ,may their souls rest in peace.

Take care of yourselves during this festive season.

May the God of Mercy richly bless you and your families during the festive season, and let us come back all of us freshly renewed both physically and spiritually.

**Merry Christmas to all.**

**END YEAR  
 MESSAGE  
 FROM  
 DUPUTY  
 NURSING  
 MANAGER**



**Matr. Sejosengoe**

### To the Nursing component staff:

The good work you are doing for the community is highly appreciated, so carry on with it and even more. Each of you has been blessed with one of God’s many wonderful gifts to be used in the service of others, so use your gifts well. I wish you all a blessed festive season and take care.

# PATIENTS' FEEDBACK .. IZIMVO ZEZIGULI ..

*This is a special dedicated column for our patients to give us feedback on the level of our service we provide. Opinions of the patients are taken as they are without any editing, and our aim is to improve our service standards based on the patients needs. Actions are taken from the patients feedback as way of improving on our service delivery matters.*

**N.B. NAMES WILL NOT BE PUBLISHED FOR CONFIDENTIALITY PURPOSES**

**T**he service I got was very excellent . Staff was very happy, willing to answer every questions I had. I wish I could find this whenever I come back. There is no difference between the private hospital and this public hospital. Care is very high.

**Sijoka Location.**



**T**he staff is very passionate, they care about patients, they are very friendly, they are very polite.

**Mt Ayliff**

**W**e appreciate when we are receiving compliments from our patients and as the office of the PRO we will make sure that such compliments are be extended to our staff to stay motivated.

Thank you;

**PRO**



**T**he hospital must provide enough shelter for us who are taking ARV's. They must open 24 hours in order to help the patients who are coming at night.

**Shayamoya**



The hospital must employ more doctors. Doctors should be on time because patients are sick

**Kokstad**



There is a staff attitude here in hospital. There is a long waiting time. We come at 0800, and get helped at 10:00

**Kokstad**

As mandated to provide optimal health services we appreciate suggestions complaints and compliments from our patients. All suggestions and complaints are taken into considerations to meet our patients expectations.

It is worth mentioning that the hospital has a challenge in terms of infrastructure and therefore the issue of shelter at ARV is part of the infrastructure plan for the institution.

In terms of doctor's shortage the challenge is a national challenge but the institution is trying all it can to recruit medical personnel. The challenge is also addressed nationally.

Addressing the challenge of staff attitude is a challenge itself. It is requested to all our service users to report any bad attitude by staff while within the point of service.



*Suggestion boxes are place around the hospital for our patients to give feedback about our service.*

Two hours in the hospital for full service is within a reasonable average of waiting time considering that you will start from the first point of service up to the last point of service.

**PRO**

**SHOULD YOU WISH TO EXTEND COMPLIMENTS SUGGESTION AND LODGE COMPLAINT ABOUT OUR SERVICE PLEASE ASK FOR THE OFFICE OF THE PRO:**



**PRO: ANDILE PANI**



# SCALPELS & STETHOSCOPES: BE HEALTH WISE: YHAZI NGEMPILO YAKHO

## LEARN ABOUT AND PREVENT DIABETES

In November, as part of health awareness we focus on Diabetes. According to the World Health Organization Diabetes is among the top killer diseases in South Africa. According to the latest WHO data published in April 2011 Diabetes Deaths in South Africa reached 19,530 or 3.27% of total deaths. In this issues we will be looking at the following facts about diabetes as part of making awareness to both our staff and clients.



### Type 1 Diabetes

The body does not produce insulin. Some people may refer to this type as **insulin-dependent diabetes**, **juvenile diabetes**, or **early-onset diabetes**. People usually develop type 1 diabetes before their 40th year, often in early adulthood or teenage years.

### Type 2 Diabetes

The body does not produce enough insulin for proper function, or the cells in the body do not react to insulin (insulin resistance).

Overweight and obese people have a much higher risk of developing type 2 diabetes compared to those with a healthy body weight.

### Gestational diabetes

This type affects females during pregnancy. Some women have very high levels of glucose in their blood, and their bodies are unable to produce enough insulin to transport all of the glucose into their cells, resulting in progressively rising levels of glucose.

### SIGNS AND SYMPTOMS

- Unusual increase of thirst and urination:
- Abnormal increase in appetite:
- Sudden loss in weight:
- Mental exertion or Fatigue:
- Slow rate of healing wounds:
- Blurry vision:
- Dryness of skin:
- Tingling or Numbness in Hands, Legs or Feet:

### Type 1 diabetes treatments

Type 1 diabetes is treated with insulin and by eating a healthy diet. Insulin can't be taken by mouth because the digestive juices in the stomach destroy it. This means that for most people it has to be given by injections. Most people find giving the injections simple and relatively painless, since the needle is so fine.

### Type 2 diabetes treatments

Type 2 diabetes may have been considered the milder form of diabetes in the past, but this is no longer the case. For many people, type 2 diabetes can be controlled by diet alone. Medication in tablet form is used when diet doesn't provide adequate control.

### DIABETES AND YOUR DIET

**Vegetables.** Packed with powerhouse nutrients, vegetables are naturally low in calories, and they're full of fiber, so they're plenty filling. Loading your plate with vegetables will automatically mean you're eating fewer simple carbs (which raise blood sugar) and saturated fats (which increase insulin resistance).

**Fruit.** Packed with almost all the same advantages as vegetables fruit is brimming with nutrients you need, it's low in fat, it's high in

fiber, and it's lower in calories than most other foods. Best of all, fruit is loaded with antioxidants that help protect your nerves, your eyes, and your heart.

**Cereal.** The right breakfast cereal is your absolute best opportunity to pack more fiber into your day. There's a bonus: Studies show that people who start the morning with a high-fiber cereal actually eat less later on. So don't forgo breakfast.

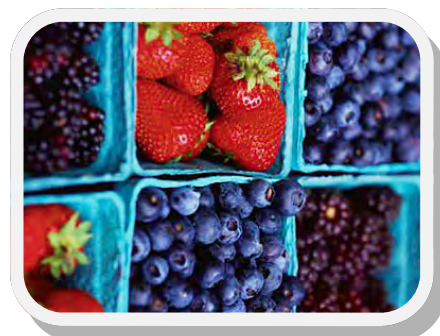
**Fish.** Fast and easy to prepare, fish is a good source of protein, and a great substitute for higher-fat meats. Also, fatty fish is the best source of omega-3 fatty acids, those remarkable good-for-you fats that help keep the arteries clear.

**Nuts.** Nuts have several things going for them -- and for you. They're loaded with 'good' fats that fight heart disease. These fats have even been shown to help reduce insulin resistance and make blood sugar easier to control

**Cinnamon.** Believe it! Amazingly, just by sprinkling cinnamon on your foods, you could lower your blood sugar.

### WHERE TO GET HELP

Visit your nearest clinic to check your sugar level. Health professionals' will advise you.



# PRINCIPLE: ENCOURAGING INNOVATION AND REWARDING EXCELLENCE IN ACTION

Writes: Andile Pani(PRO)



IPC AND QA MANAGERS

**REWARDING: QUALITY ASSURANCE AND INFECTION CONTROL MANAGERS WERE LEADING THE PRINCIPLE OF ENCOURAGING INNOVATION AND REWARDING EXCELLENCE TO STAFF RESPONSIBLE FOR CLEANING THE HOSPITAL.**

**O**ne of the Batho Pele principles, the ninth principle, requires that staff who go the extra mile in making it all happen should be rewarded.

The principle was seen in action when the Hospital Quality Assurance team gathered all hospital general orderlies, cleaning contractors, and laundry services staff to extend words of appreciation for their efforts in making the hospital to "Look Like a Hospital".

This comes after the Provincial team, led by Dr. Dlamini who is the Deputy Director General in KZN Department of Health, Sisonke District team led by District Manager Mrs. Radebe and all the Sisonke District Hospitals visited the hospital on the 6<sup>th</sup> of October 2012.

When the teams were making rounds throughout the hospital to check the operations of the hospital they were so enthusiastic of what they have seen in and around the hospital in terms of cleanliness.

The team applauded the hospital for

cleanliness and appreciated the hospital for its compliance to one of the MEC'S six priorities of the Department.

It was for this reason that the hospital Quality Assurance team led By Mrs. Mazwi and Mrs Ramoata felt it necessary to extend Dr. Dlamini's led team commendations to the staff that made the hospital to be commended and make it look like a hospital.

The quality team appreciated the staff for their job well done in improving cleaning at the hospital despite the challenge of lack of resources.

The team mentioned that the gathering was about giving commendations and appreciation to all staff concerned so that everyone is appreciated and continue in going the extra mile. "There is still a room for further improvement for the hospital to become 100% clean, this should be regarded as the beginning. Everyone will now understand why the quality team is always pushing for the best" remarked the quality team when addressing the staff.

In gratitude staff members thanked the hospital Quality team and mentioned that they are very happy that their efforts are being recognized.

They mentioned that it is the first time in their working history for the hospital that such actions of recognizing and appreciation for their efforts are advocated.

A special commendation was extended to the Laundry staff for their efforts in making their department to look the way it looks. It was mentioned that laundry used to be in very bad state, but it has since been one of the tidiest department.

It was also mentioned that in terms of cleaning, the hospital is also responding to the MEC's six priorities of the Department. It will now be easy for the hospital to embark on cleaning as a priority project.

Management of the hospital is appreciating the job well done and wish to state that it is everyone's efforts that will keep the image of the hospital as positive as it may be.

**Keep up the good work.**

**"one-who-maintains-cleanliness-keeps-away-diseases"**

**THUMBS UP TO OUR STAFF**

# CONFRONTING CHALLENGES: IMPROVING SERVICE DELIVERY

**M**anagement of the EG and Usher Memorial Hospital are making all efforts to making sure that the hospital is responding to the mandate of the Department of Health in provision of Health services.

This is witnessed by the seen service delivery improvements taking place in the institution in this financial year. It is all despite the challenges that hospital is facing especially infrastructure challenges.

The hospital has in the financial year manage to successfully complete some various project aimed at improving patient experience in the hospital.

Among the completed projects , face-lifting of Female and Male wards. Both wards were revamped in a way that they now look like a hospital ward under the course of Make me Look like a hospital.

Part of the face-lifting include the paintings, installations of screen rails and improvement of heating system in the wards.

In the Department of Health six priorities, it is a requirement that institutions have to make sure that there is availability of medication and medical equipment.

The hospital has made a progressive gesture by acquiring new X-ray machine, and there is improved equipment supply in all wards.

Other achievement seen include among other the completed changing of flooring at the hospital's gateway clinic, new delivery beds for maternity ward, and the completed shelter which was donated by the lions club at ARV clinic.

The hospital has also managed to have e-Health Program through telemedicine.

As part of PHC re-engineering , about eight (8) war rooms co-ordinators have been identified clinic committees have been appointed, referral sites at Khanyiselani and Shayamoya are now active and intersectoral collaboration strengthened .

It is also worth mentioning that the institutions has revived cross-boarder meetings to address cross-boarder issues, two (2) school health teams in progress , two tracing teams and injection teams also in progress.

Again the orientation of Community Care givers on Sukuma Sakhe has taken place.

The hospital has managed to achieve the afore mentioned endeavors despite the challenges.

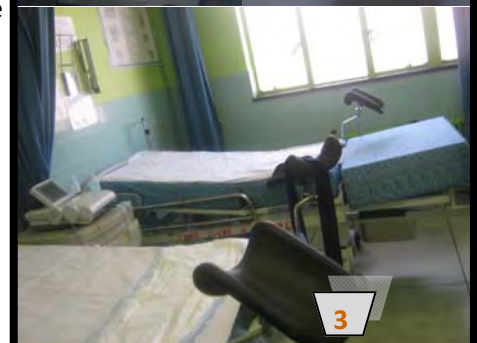
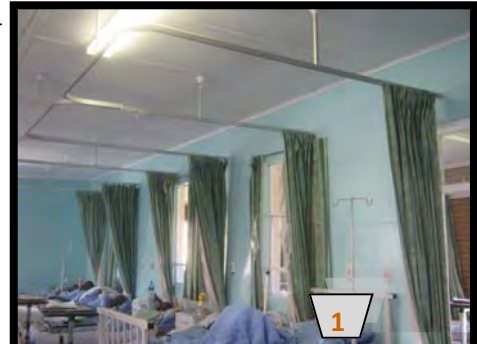
To mention some of the challenges the hospital is facing ; infrastructure challenges for both office space and service space.

Staff turn over is very high , cross boarder challenges, rural allowance, accommodation , difficulty in recruitment of scarce skilled staff.

Despite all the challenges Management and staff of the hospital are still committed to improving the lives of the community of Kokstad.

Plans are in place to improve infrastructure, further engage relevant structure on rural allowance, improve accommodation and many other service delivery plans.

*"What really matters is what you do with what you have"*



**1.** Screen rails at the ward. **2.** New X-Ray machine **3.** Delivery Beds at maternity ward and **4.** some of equipment bought as part of making medical equipment available.

# LOCAL AIDS COUNCIL ON HCT



1. Mr. Jojo addressing the community 2. School learners during the HCT Campaign 3. Mayor addressing learners on HCT

**E**.G and Usher Memorial Hospital together with other stakeholders have embarked on HCT campaign in an effort to curb the spread of HIV and aids in our communities. The purpose of the campaign is to have the HIV free generation.

The campaign is under the Local Aids Council led by Greater Kokstad Municipality Mayor Cllr Nosisa Jojozi. It encompasses the full participation of other stakeholders such as other government department, NGO's, FBO's and so fourth.

The Local Aids councils has recently on embarked on school visits in the Greater Kokstad Municipality as part of information, education and awareness campaign on HCT targeting school going children. Shayamoya Secondary school was among the school visited by the team.

On the day various messages on HCT, violence against women and children and abuse were passed to the learners.

Violence against women and children was part of the message of the day as it is in manier times the cause of spread of

HIV.

It was requested that learners must at all times report acts of violence in their homes so that they can be assisted and get helped.

Centres of help where learners can access help such as social workers, police stations and other assisting NGO's were communicated to the leaners .

Horseshoe Primary School was also visited by the team to continue with the

# STAFF WELLNESS LAUNCHED AT EGUM

**A**s mandated in the provincial employee health and wellness policy framework that workplace must promote the health and wellness of employees. E.G. and Usher Memorial Hospital took the initiative base on the framework to make sure that the promotion of highest degree of physical,

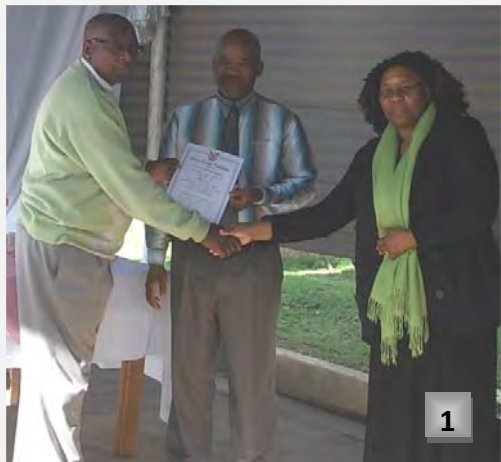
mental and spiritual and social wellbeing of staff is attended to for better and improved service delivery. The office of the EAP was leading to the implementation of the Departments' framework. This was done trough the launch of the EG and Usher memorial Hospital wellness program. Staff members responded well

as they attend in numbers during the day as part of promoting their health and wellness.

Because we believe that a healthy employee is a productive employee. Below are the pictures depicting the wellness day launch.



# E.G & USHER MEMORIAL HOSPITAL LONG SERVICE AWARDS



1. CEO Mrs. Thekiso and GKM Speaker awarding the certificate to Mr. Mdolomba on behalf of Mrs. Mdolomba. 2. Sister Mqokoyi working at GK Clinic also received her 20 years service certificate.

## 20 YEARS OF SERVICE

3

COOK A.J, GCADINJA A.R, GODDEN A.T, JAFTA E.N, LAMANI P.Z, LEFEFA P.M, LEKOLA L.P, MARIAS R.J, MASIMINI S.S, MDOLOMBA N.T.P, MHLONGO N.P, MOSHOESKOE N.R, MQOKOYI N.A, NDLAZULWANA N.B, PHANDLWE N.W, PRINSLOO C.L, QASHA N.G, SIKHOSANA N.P.G, SWARTBOOI C.M.

## 30 YEARS OF SERVICE

NGCEBENGU N.M, RADEBE N.P, TUMPA V.A.

## EGUM HOSPITAL IPC AWARDS

## DENTAL CLINIC LEADING ON INFECTION CONTROL

**Dental clinic** is maintaining the first position in the IPC Competition run by IPC section. Two months consecutively the clinic has been achieving 90% and maintaining the 1st sport

**Congratulations!!!!**

On the second spot **GK Clinic**, the clinic has improve from 79% to 88% and are now compliant

**Theatre** is sitting at position three. Previously they scored 71% and were non compliant. Theatre is now sitting at 86% with a compliant appreciation.

**D ward** has moved from being non compliant (68%) to being compliant with 85%.

**Maintenance** moved from 60% to 80%





# NEW NAME FOR OUR NEWSLETTER ENCOURAGES UNITY



## SISONKE SIBANYE: TOGETHER WE'RE ONE

*“WORKING TOGETHER FOR HEALTHY COMMUNITY “*

*THESE ARE SOME OF THE PHARMACY STAFF WHO WILL RECEIVE THE TOKEN FROM THE OFFICE OF THE PRO FOR THEIR CHOSEN NAME.*

*From left: Lungiswa Dingane, Nafesa Mohamed; Richard Marais, Thenjiwe sithole, Zama Shange Vivien Mdingi.*

**I**n Genesis 11: 6 the promotion of unity and working together is seen towards one common purpose.

The scripture goes as: “behold they are one people, and they all have the same language.

And this is what they began to do, and now nothing which they purpose to do will be impossible for them”

In our case the language is health language.

The scripture teaches us to be united and if we are united nothing is impossible towards providing health services to the community. These sentiments comes from the our new name for the hospital newsletter submitted by Pharmacy Department.

In analyzing the new name and the rest

of the names submitted by committed staff of EGUM hospital, it shows the eagerness of staff for unity.

The new name comes after the PRO's office requested submissions of the hospital newsletter name that will be talking to each and every staff member thus engaging everyone to be part of production of the newsletter.

The name does not only promote unity but striving for positive attitude towards our service recipients.

Having the conception of oneness in mind will promote one goal for the entire staff and owning our action toward service delivery improvement.

The name from Pharmacy has been chosen among other best names because of the expansive perspectives the name

has. The office of the PRO would like to congratulate the Pharmacy department for this name and wish to extend gratitude to all staff for their positive support and participation.

It is also worth mentioning that the department will receive a token of appreciation for their chosen name.

All names submitted will be uses in one way or another in our columns so that everyone is part of the publication.

The Office of the PRO wishes once again to thank all staff for the contributions and hopes that the unity will prevail. Definitely those who know that they contributed positively and those they were willing are intrinsically rewarded and can inspire those lagging behind.

THE FULL LIST OF NAMES SUBMITTED BELOW:

→ SISONKE SIBANYE “TOGETHER WE ARE ONE” → INDABA ZABANTU “PEOPLE'S NEWS” → SINGAKWENZA KONKE KULUNGE “ WE CAN MAKE IT HAPPEN” → EGUM'S PRIMETIME NEWSLETTER → THE GAZE → THE SOLID → THE FOURTH COMING → THE BOND → THE POTENTIAL → THE PURSUIT → THE HOPE NEWS → THE EAGLE NEWS → THE FEARLESS NEWS → EGUM CHRONICLES → EGUM BETWEEN THE LINES → EGUM SPACTATOR → EGUM SUKUMA SAKHE → EGUM HEALTHY NEWS → BETWEEN THE EARS → EGUM HEART → EGUM ECG → SCALPEL AND STETHOSCOPE → TEAM EGUM → EGUM HOT NEWS → HEALTHY FLAVOUR → KUYALUNGA NEWS → Hamba News → EGUM Newsflash → UMLOMO WABANTU → YONA YETHU → EYABANTU → WHATS UP USHER → Khululeka News → INCOKO → EGUM NEWS → SIYAZAMA → THUTHUKANI

# EGUM NURSES DAY COMMEMORATION

*“Because nurses play a critical role in the lives of the people, it was worth reviving themselves on their nurses pledge not to forget the ethical and moral requirements of the profession.”*



***“Nurses dispense comfort, compassion, and caring without even a prescription.”***



“No man, not even a doctor, ever gives other definition of what a nurse should be than this – ‘devoted and obedient’”. These were the words of the Mother of nursing giving the definition of what a nurse and a nursing profession is.

The words were reenacted as the nursing fraternity around the world was commemorating the International Nurses Day. Themed, “Closing the Gap: From evidence to Action” guiding the nursing professionals to provide nursing care that is responsive to and informed by the health care needs of the communities. In light of the above EG and Usher Memorial Hospital joined hands with the international nursing community to also commemorate the day with nurses from the

hospital and our clinics. The event was held on the 24<sup>th</sup> of May which was characterized by various activities talking to the nursing profession.

The theme of the day was emphasized that nursing professionals are ought to provide nursing care that is in line with and is consistent with the realities and challenges in the healthcare of country. It was also encouraged that nurses should strive to empower themselves so as to identify what evidence to use, and how to identify whether the anticipated outcomes are sufficiently important to change the practice to the benefit of the patients. Importantly nurses were encouraged to generate evidence through research that will allow them to expand and deliver improved care to patients.

Part of the celebrations of the International Nurses Day at the hospital, nurses were encouraged to go back to the basics of nursing by wearing white regalia as was established by the Mother of the profession, Florence Nightingale. Because nurses play a critical role in the lives of the people, it was worth reviving themselves on their nurses pledge not to forget the ethical and moral requirements of the profession.

Speaking on the Day Chief Executive Officer of the Hospital Mrs. Thekiso encouraged nurses to take nursing as calling not as a profession. She said that nurses should at all times show a caring attitude and always smile to the patients.

# “Take Action; Inspire Change, Make Everyday a Mandela Day”



**W**hen the whole world was trying to fulfill the overarching objective of Mandela Day to inspire individuals to take action to help change the world for the better, the same was done for the community of Kokstad.

Teams from the KZN legislature, Sisonke Health District led by District Manager Mrs. Radebe and Greater Kokstad Municipality led by the Mayor Cllr Nosisa Jojozi joined E.G. and Usher Memorial

hospital to give their 67 minutes of community work for the benefit of Kokstad community . This was done on the 18th of July where both E.G. and Usher Hospital and Greater Kokstad Municipality benefited from the good cause.

The teams started their community building at the Hospital Gateway Clinic and proceeded to the Greater Kokstad Clinic where they face lifted by painting the clinic’s TB section.

Trees at the clinic were also planted as part of the day to remember.

Mandela day never starts or finishes without the birthday song to wish the father of nation the best wishes. The joined together to wish Tata Mandela many more years to come. Speaking on the day Mrs Thambo, the member of parliament said that it was a special day and everyone must make sure that she/he inspires and make change in our communities, not only on Mandela Day. She further said that people must learn to help each other to improve lives and make difference in the community.

## PATIENT SATISFACTION SURVEY SUMMARY

### POSITIVE COMMENTS IN-PATIENTS

Treated with respect and dignity. High care like a medical centre.  
Nurses are patient and the service I received was excellent. Prompt care for the baby and advise. Good food, clean ward, availability of medication.  
Nurses attend to patients promptly more especial bed ridden ones.

### POSITIVE COMMENTS: OUT-PATIENTS

Treated well, staff is friendly. The clinic is clean, they do care for us. Marked improvement noted. Few years back the clinic was always full and nurses get impatient. I will recommend others to this hospital because patients are helped.

### NEGATIVE COMMENTS: OUTPATIENTS

We do not like the way security treat the patients.  
Ambulances delay in collecting patients. Admitting officers do not care about patients, they lose our files. Bad attitude form nurses is not acceptable. They shout at us not giving information.

### NEGATIVE COMMENTS: IN-PATIENTS

Cleaning of toilets is not done regularly. The ward is cold on cold weather.  
Blood was not taken in due time. Nurses do not care for us at night & nurses disappear

# WHAT'S UP USHER



# NEWS IN FLASH



**LOC Chairperson Mayor Jojozi addressing the learners during HCT CAMPAIGN**



**OUTREACH PROGRAMS: The hospital is making sure that health services are taken to the communities.**



**HEAD OFFICE SUPPORT: KZN Department of Health DDG Dr. Dlamini and her team visited E.G. and Usher MEMORIAL Hospital as part of hospital outreach of her office. She was ecstatic of what she found while at the hospital.**



**Evidence based nurses during their Nurses' Day at EGUM Hospital**



**RECOGNITION: As the hospital cares, members of staff who have been with the Department for more than 20 years and 30 years of service were recognized. Above: these are some of the staff members who received their long service certificate flanked by Hospital CEO, HR Manager and Speaker of the Greater Kokstad Municipality.**

# EYABANTU



# NGEMIFANEKISO



Make everyday a Mandela Day: Hospital Management, Local Municipality KZN Legislature members during Mandela day in Kokstad.



### BACK TO YOUR ROOTS:

EGUM held a heritage day event to remind employees of their roots, culture. Mazibuye emasisweni

Your culture, my culture



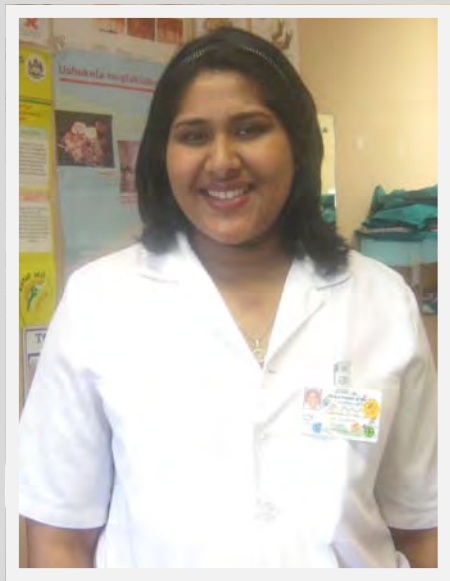
**A health worker is a productive worker: Staff members during the launch of staff wellness program at EGUM Hospital.**



# CAREER FOCUS

# MEET OUR DENTISTS

Career focus column is a special column dedicated to careers available in the department of health. It is aimed at educating the readers of this newsletter about all the opportunities available in the department. Clients who access the newsletter will have a better understanding of the of each field of career and a better understanding of what each career entails. This is aimed for both the staff (to give career choices to their children) and the clients (to know the pros and cons of the field). In this issue the office of the PRO had a chat with our dentist (Dr. Govender and Dr. Duplooy) to look at dentistry as a career.



**PRO : Where did you matriculated?**

DR, Govender (DRG): In Durban

**PRO: What subjects did you study in High School?**

DRG: Maths , Biology & Physics

**PRO : Why did you choose this career?**

DRG: My sister is a dentist so that is why I choose to be a dentist.

**PRO: Where did you study this dentistry & how long did it take?**

DRG: At University of Western Cape, 5 years

**PRO: What qualities does a person need to be a Dentist?**

DRG: You have to be confidence in what you are doing, critical of yourself, be patience, love people, be a people's person, always smiling.

**PRO : What are your duties?**

DRG: Treatment Option, Consultation, Education, and Community works such as going in rural areas to teach the community about cleaning of teeth.

**PRO: What do you enjoy about your career?**

DRG: Patient Satisfaction. For an example to see a patient happy after removing his or her tooth. To help someone in pain.

**PRO: What is your career progression?**

DRG: I can study again. Specialize maybe have a surgery.

**PRO: What challenges did you get in your career?**

DRG: At workplace, patients don't understand what we are doing for them. Hospital Management and the stores, when we ordered the equipment, we get it after a long time.

**PRO: Where do you see yourself in 10 years?**

DRG: Furthered my studies elsewhere. Further my developments.

... And Dr. Du Plooy had this to share

**PRO : Where did you matriculated?**

DRDP: Studied at Hermanus in Western Cape

**PRO: What subjects did you study in High School?**

DRDP: Maths, English, Afrikaans, Biology, Physics and Business Economics.

**PRO: Why did you choose this career?**

DRDP: I choose to be a Dentist because my sister inspired me.

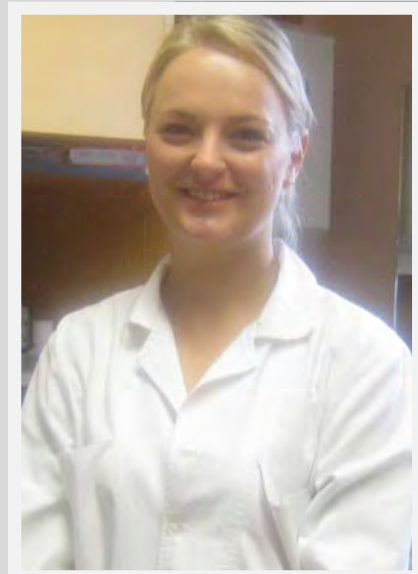
**PRO: Where did you study Dentistry & how long did it take?**

DRDP: At University of Western Cape, 5 years.

**PRO: What challenges did you get in while studying?**

DRDP: Studying, lots of tests and exams. You have to see a specific number of patients per year.

Dentist consulting room at OPD from  
07h30 to 16h00



# WELCOME TO E.G. & USHER HOSPITAL

**E**.G. and Usher memorial Hospital Management welcome you to the Hospital and wish you every success here. We also believe that each employee contributes directly to EGUM's growth and success in providing better health services, and we hope you will take pride in being members of

1. Mrs. G.L. Ramaota: Infection Prevention & Control; 2. Mr. E.K. Manyonkole: Operational Manager theatre; 3. Thandile Luqhide: Professional Nurse, 4. N.N Mdingwa : Professional Nurse.

**Matron N.V. Sejosengoe:**  
Nursing Manager. Matron Sejosengoe was working at St. Andrews. She joined EGUM hospital in June 2012.

5. N. Shabalala : Professional Nurse; 6. D.V. Mbola: Enrolled Nurse; 7. N.J Tshoba: Enrolled Nurse;

8. B.P. Dlamini: Enrolled Nursing Assistant 9. N.P. Gabela: Enrolled Nurse; 10. N. Gogela: Food Service Orderly, 11. Z. Ngcobo: Supply Chain Officer; 12. N. Dlamini: Supply Chain Officer; 13. A. Poncana: Supply Chain Management Officer.

14. N. Ntsele: Waste Management Officer; 15. S. Qwabe: Artisan;

16. M. Semane: F.S. Orderly; 17. Nkosiyaphantsi L: Lay Counselor, 18. N. Ndzalela: S.C. Officer; 19. M. Qhasha: F.S. Orderly; 20. H. Biyase: Pharmacy Assistant; 21. S. Hlophe: Lay Counselor; 22. S. Simelane: HR Intern; 23. L. Doko: Supply Chain Intern; 24. A. Dube: HR Intern.

**THE GRASS WAS GREENER ON THE OTHER SIDE:**

→ N.N. MADONDO: SUPPLY CHAIN OFFICER → V. NGOQWANA: ENROLLED NURSE → B.E. CELE: FSO → E.S. HADEBE: ENROLLED NURSE → M.D.C. KHUMALO : PROF NURSE → N.W. MHLONGO: ENROLED NURSE → S.Z. SUNDUZWAYO: PHYSIOTHERAPIST

**..... and the disavow**

→ N.N. DWEBE: P.N. → S.H. XHAYIYA: M.O → S.S. ABURA: M.O. → M.J. TAPULE: P.N. → N.S. MWEZULA: ENA

**KHUMU BAKWETHU!**

TUMPA: V.A.: DRIVER; N.T. MTSHIZANA: E.N. ; MSIPHA B.R. : P.N.

**RIP**

N.B. NGWABENI  
T. MABHENGU

# TIME OUT AND ABOUT



E.G. & Usher Memorial Hospital football team during the Sisonke games



HOSPITAL CHOIR PERFORMING DURING THE LONG SERVICE AWARDS EVENTS.



HR MANAGER BIDDING FAREWELL TO PRO MR. SABELO NCWANE



ABO GOGO NOMKHULU DURING ELDERLY DAY



ABOVE: MEMBERS OF THE HCF

RIGHT: EGUM NETBALL TEAM PERFORMING DURING SISONKE GAMES

RIGHT: LEADING BY EXAMPLE- MOVE FOR YOUR HEALTH





# EAST GRIQUALAND AND USHER MEMORIAL HOSPITAL

## Vision:

We strive to deliver Accessible, Optimal and Holistic Health Care to all who access our services.

## Mission:

To work together as an integrated health service to comprehensive care to all by adhering to Batho Pele principles.

## Core Values:

Our core values are based on respect, health, safety, duty conscience, positive attitude, quality and ongoing training.

# CONTACT THE HOSPITAL

### POSTAL ADDRESS:

P/BAG X 506

KOKSTAD

4700

TELL: 039 7978100

FAX: 039 727 2564

### COMPLIMENTS/COMPLAINTS

OFFICE OF THE PRO

MR. A. A. PANI

039 797 8112

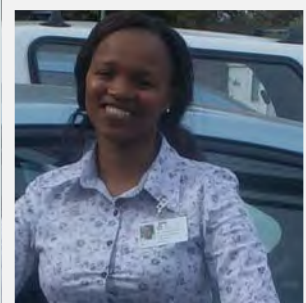
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This is the official newsletter of E.G. AND Usher Memorial Hospital produced by Public Relations department.

### Production team:



**ANDILE A. PANI**  
PUBLIC RELATIONS OFFICER



**BONISWA MANKANKU**  
INTERN: PUBLIC RELATIONS

Watch your thoughts; they become words. Watch your words; they become actions. Watch your actions; they become habits. Watch your habits; they become character. Watch your character; it becomes your destiny