

# E.G.U.M.HOSPITAL AT LARGE

MAY 2007

## BABY FRIENDLY CELEBRATION

CLIMATE CHANGE	2
IZIMBIZO	3
HOSPITAL BOARD VISIT	3
FOOD GARDENS	4
SOUP KITCHEN	4
POLIO CAMPAIGN	4
NURSES HOME	5
NEW APPOINTMENTS	5



*Mrs N Ndlela from Nutrition Directorate; Ms P Phungula, MCWH Coordinator Sisonke District; Matron Mdolomba; Ms LN Mate, Hospital Manager and Support Group Members*



*Mothers with a ritual dance "ukuxhensa"*



*Left: Mrs N Ndlela, Assistant Manager, Nutrition Directorate giving a keynote address*

The hospital has breastfeeding support groups in greater Kokstad where challenges and ideas that promote sustainable breastfeeding are shared; it is gratifying to learn that fathers are also members of these support groups. "I am very happy to be a member of the support group you can see my son is healthy I must say we really need to encourage and support initiatives like these especially us as fathers" said Mr Mpendulo Gogela, support group member.



*Matron Mdolomba handing over a token of appreciation to a support group member*

Certificates were handed over to support group members and the nurses who are the custodians of the Baby Friendly Initiative in the Hospital.

As the first hospital in Sisonke District to be accredited Baby Friendly, this monumental achievement sets a benchmark for other hospitals to follow in our footsteps concluded Ms LN Mate, Hospital Chief Executive Officer.



*Community members came in numbers*

**E**ast Griqualand and Usher Memorial Hospital celebrated the Baby Friendly Hospital Initiative Award on Friday, 09 March 2007.

The award was handed over to the hospital in 2006 for diligent work done in promoting proper breastfeeding for infants and young children.

Speaking at the celebration Assistant Manager, Nutrition Directorate KZN Department of Health, Mrs N Ndlela stressed that babies must eat only breast milk from birth up to six months. "Breast milk provides babies with vital nutrients which prevent many infections that target infants due to their vulnerability" said Mrs Ndlela

## CLIMATE CHANGE



### THIS IS A SNOW FALL IN KOKSTAD RECENTLY

On Tuesday, 08 May 2007 Kokstad was blanketed by snow.

What I observed was that the snow wasn't the same as in the previous years (its winter but you can still feel the summer warmth) which brought my attention into climate change and global warming. I then tried to find answers as to what really is Global Warming.

In my quest I discovered that it is the increase in the average temperature of the Earth's near surface air and oceans in recent decades and its projected continuation.

The increase in global temperature can be likely attributed to increase in greenhouse gas (water vapor, carbon dioxide, methane, nitrous acid and ozone) concentration. Carbon dioxide is the major cause of Global Warming and Coal burning plants are the largest source of carbon dioxide pollution. Cars are the second largest.

Experts think average Global temperature is accelerating, the ten hottest years on record have all occurred since 1990. Scientists say unless we curb Global warming

emissions, average temperatures could increase by 1,1° C between now and 2100.

It is causing damage in many parts of the world resulting in wildfires, floods, a decline in snow accumulation and winter seasons shortened.

It makes hurricanes stronger (Katherine) and more dangerous, because the ocean is getting warmer tropical storms can pick up more energy and become more powerful.

What will happen if we don't change our trends

- Early snow melt and severe draughts will cause more dramatic water shortages
- Rising sea levels will lead to coastal flooding (Tsunami)
- Forests, farms and cities will face troublesome new pests and more water borne diseases like cholera and typhoid fever which may result in pressing issues for the department of Health
- Disruption of habitats such as coral reefs and alpine meadows could drive

many plants and animal species to extinction

What can we do to help fight Global Warming

- Keep your car tyres and your engine tuned up by so doing you will use less petrol and there will be less air pollution (carbon dioxide)
- Minimise coal burning
- Avoid using gas stoves because gas produces more Carbon Monoxide, rather use an energy efficient electrical appliance like a heater with an energy star endorsed logo.
- Each time we buy globes we must choose the energy efficient globes because the ordinary ones produce more emission, you will also save money and they even last longer
- Quit smoking tobacco

Www.who.int

**IMBIZO**



**1** Isithombe 1: From Left: Nkk B Mtsi, Cllr J Mhlongo amalungu esigungu sesibhedlela, Nkk V Tambo, (ilunga lesishayamthetho), Nksz LN Mate (Umphathi wesibhedlela) kanye no Nkk DT Miya (Umphathi wabahlengikazi)

**2** kanye no **3**: Umphakathi ubuza kabanzi ngezinhlelo zesibhedlela

Ngolwesihlanu, zingu 16 March 2007 isibhedlela sibe nembizo obekuhloswe ngayo ukupha abantu ulwazi oluzonkwenza ngcono izimpilo zabo.

Umphathi wesibhedlela uNksz LN Mate, iziphathimadla zesibhedlela kanye nesigungu sesibhedlela bezizimase lomcimbi.

Okuphawulekile ngaleziMbizo ukuthi abantu abanalo ulwazi olwanele ngezinhlelo zesibhedlela.

Phakathi kwezinhlelo ebezizokwethulwa yisibhedlela bekuyimifundaze ekhiswa uMnyango kubafundi abenza umatikuletsheni (ukuze bafundele ubuDokotela, ubuSokhemesi, Radiography njll), uhlelo lokufukula umphakathi waseGreater Kokstad ngokuwenikeza imisebenzi efana nokuhlaza isibhedlela ngaphandle nangaphakathi, ukuqashwa kwenkam-

pani yonogada kanye nokuqashwa kwabasebenzi ke nje esibhedlela.

Iyakhuthaza indlela abantu ababezibandakanya ngayo ngezethulo zeziphathamandla nemibuzo ebuziwe ikhombisa kona ukuthi abantu bazimisele ukuzifukula ukuze balwe nobubha kanye nokuswela imisebenzi.



**AMALUNGU ESIGUNGU SESIBHEDLELA (HOSPITAL BOARD VISIT)**



uMhlengikazi Tom echaza ngegumbi-J aliphethe



uNkk Mtsi ilungu lesiGungu e-”Networker”



Silwa Nezifo, Sinika ithemba



Umphathi wesibhedlela azisa amalungu esigungu ku Sr Tom

Amalungu esigungu sesiBhedlela (Hospital Board) eholwa usihlalo, uK-hansela J Mhlongo avakashele isiBhedlela ukuzohlola nokuzijwayeza izimo okusetshenzwa ngaphansi kwazo. Enye yalezinhloso bekuwukugququzela ubudlelwano obakhayo phakathi kwe-siGungu kanye nabasebenzi, konke lokhu kwenzeka Ngolwesibili zingu-20 March 2007.

Umphathi wesibhedlela uNksz LN Mate usukumele phezulu waphelazela amalungu esiGungu lapho bevakashele amagumbi ahlukene esibhedlela kanye naseMtholampilo (O.P.D).

Bathole ukuthi indlela okugcwala ngayo ixaka usathane. Umphathi wesibhedlela ubalulile belu imbangela yalokhu, “isiBhedlela siphakathi komngcele wase Mpumalanga Koloni kanye naKwaZulu Natali, futhi abantu bashiya imitholampilo eseduze nabo beze ngqo esibhedlela ngethemba lokuthi bazothola usizo oluhlukile kanti akunjalo basazoqala khona emtholampilo (Gateway Clinic) lo abawushiya ngasemakhaya, sibe singeke ke sibagxoshe abantu uma sebefikile” kusho uNksz LN Mate.

Ube esegcizelela ukuba kufanele sincome ukusebenza ngokuzimisela kwabahlengikazi nokuzama ngazo zonke

izindlela ukubona zonke iziguli yize isimo sinzima.

Kube sekudlulelwa nasemagumbini abalalisiwe, lapho befike baqinisa idolu, banika nethemba nokululama okusheshayo kwabagulayo. Iziguli zidlulise imibono, izincomo kanye nezimvo zazo ase eyathembisa amalungu esiGungu ukuthatha izinyathelo.

Lokhu kuvakasha kungenye yemigwaqo yokusebenza kwesigungu lapho sibheka amagebe ukuze benze izincomo ezizonyusa izinga lokunikezelwa kwezeMpilo esibhedlela.

**FOOD GARDENS**



*Community Health Workers with the new garden equipment*

On Friday, 01 December 2007 vegetable gardens were erected to avail food at a minimal cost for the needy people.

On .....The Nutrition Directorate in Sisonke District issued spades, overalls, rakes and garden forks to the Community Health

Workers who will distribute the vegetables to people in their respective areas. This initiative encourages people to start their own home gardens where they grow their own food and can generate an income from that. This not only ensures that people eat healthy but also help those who are

terminally ill to take their tablets with something to eat.

“This is one of the most sustainable projects that will alleviate poverty in our area” said Mrs Z Duma, Sr Lesuthu and Mrs Silevu who are the drivers of this initiative in Greater Kokstad.

**SOUP KITCHEN**

EG and Usher Hospital Soup kitchen was launched on Friday, 13 April 2007.



*Ms M Ndodonina and Support Group Members preparing to dish out*

This initiative focuses on ARV Clinic Patients. It is important that ARV Clinic patients eat before they take

their medication, here they get food that provides basic

nourishment for them.

The commitment of ARV II Staff should be acknowledged as they try by all means to ensure that this initiative is a success.

“we appeal to everyone to support this project “ said Ms M Ndodonina, Coordinator

For further details she can be contacted on 039 797 8219

The Soup Kitchen serve an average of 100 patients per day .



**POLIO CAMPAIGN**

East Griqualand and Usher Memorial Hospital kicked off the polio immunization campaign on Saturday, 05 May 2007 to Sunday, 13 May 2007.



*A child is vaccinated against polio in KwaParkies by Sr Macfarlane, I Xesha and L Qakaza*

Health Care Workers dispersed across

Greater Kokstad aiming to vaccinate thousands of children in farms, townships and remote areas like (kwa Parkies, Franklin and Swartbeg)

zation prior to the launch and people understand what polio is and what deficiencies it can cause” said Mr Ndlebe PHC Supervisor

A total of 6351 children were vaccinated. “the campaign was very successful, this can be owed to vigorous social mobili-

South Africa is declared polio free but that doesn't mean we must sit back and relax, as they say prevention is indeed better than cure.

**NURSES HOME CONSTRUCTION**



THIS IS A SITE WHERE A STATE OF THE ART NURSES HOME IS UNDER CONSTRUCTION WITHIN THE HOSPITAL PREMISES. CONSTRUCTION STARTED ON 1 MAY 2007 AND WILL BE COMPLETED IN OCTOBER 2008. THIS NURSES HOME BOASTS 64 ROOMS.

**NEW APPOINTMENTS**

**MEDICAL MANAGEMENT**

- De Jager AJ, Dentist
- Fannin SG, Occupational Therapist
- Stanford SL, Physiotherapist
- Horgfall LF, Physiotherapist
- Driemeyer FK, Dietician
- Singh S, Pharmacist
- O' Grady SA, Clinical Psychologist
- Mbebe DT, Medical Officer
- Ellis M, Medical Officer
- Moonsamy P, Medical Officer
- Pillay L, Medical Officer
- Makhongwana NT, Medical Officer
- Lazarus MB, Radiography Manager
- K Masiza, Chief Radiographer
- Z Marende, X-ray Clerk

**NURSING MANAGEMENT**

- Magagasa N, Nursing
- Dukuza NG, Nursing
- Zondo MP, Nursing
- Myoyo NN, Nursing
- Mdladla SR, Nursing
- Mdadane BNG, Nursing
- Madlala PH, Nursing
- Khuluse T, Nursing
- Wetshe JN, Nursing
- Sigwili BA, Nursing
- Marais CT, Nursing
- Lerumo NG, Nursing
- Xapa NN, Nursing
- Tiyo PM, Nursing
- Gqoboka RN, Nursing
- Gcolotela P, Nursing
- Kalipa N, Nursing
- Lugongolo ZO, Nursing
- Tutshana NNP, Nursing

**SYSTEMS MANAGEMENT**

- Ngxongo, Nursing
- Lamane N, Telecom Operator
- Sizane NM, Food Service Manager
- Lingani NC, Food Service Aid
- Mankai L, Food Service Aid
- Nqoyi Z, Food Service Aid
- Mtakatye BT, General Orderly
- Kobo B, General Orderly
- Memela TW, Food Service Aid

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