



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

Umthombo WasEkombe Newsletter



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Vision

Provision of health care services
that enable the people of Ekombe
area

Mission

Ekombe hospital is committed to providing
effective and efficient Health care service
that promote Health, prevent illness and
restore dignity, based on primary health
approach through the District Health
System

Core Values

- Trust built on common understanding
- Respect and dignity
- Courage to challenge and change
- Open communication and transparency
- Commitment to perform



Khwehlela Msebenzi Campaign

The campaign was held within the hospital premises from 13 - 15 May and at KwaMahlathi on 28 May 2015. The purpose of the campaign was to prevent TB transmission from health care workers to our patients. The campaign was led by Mrs. Z.H. Buthelezi, Tholithemba Clinic Operational Manager and her team.

The team gave health education on TB and importance of HIV testing. The employees were done vital signs like blood pressure, blood glucose, weight and also taken sputum's for further tests to 45 employees both in the hospital and Kwamahlathi. We would like to extend our gratitude's to hospital and Kwamahlathi staff for their co-operation



Staff members showing their commitment



Sr. Z.H. Buthelezi Tholithemba Clinic Operational Manager Nursing checking KwaMahlathi employee BP



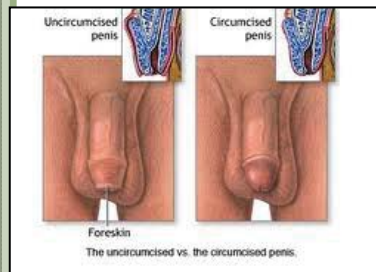
Kwamahlathi staff members listening to health talks by HAST team during the campaign

Medical Male Circumcision

The MMC Camp was conducted jointly by the hospital HAST team and our partners in the name of service delivery SACTWU on the 30 May 2015. Initiates were recruited by our MMC Co-ordinator, Mr. S. Hlongwa, school health team and others recruited when visiting the hospital. The school principals from Ntingwe Primary School, Mvutshini, S.J. Baloyi and Ngwekazi High Schools also played a vital role in the recruitment of initiates. Health talks based on HIV prevention were given to initiates and HIV testing was also done. HAST team together with SACTWU managed to see 46 initiates.



Sr. Z.H. Buthelezi on the left hand side, Staff Nurse P.T. Ntuli and Sr. N.J. Sibiya on far right hand side doing vital signs to initiates.



Medical Male Circumcision
Cut your risk of HIV by 60%!

Additional benefits

- ✓ reduced risk of sexually-transmitted infections
- ✓ makes penis easier to clean
- ✓ reduced risk of penile cancer
- ✓ reduced risk of cervical cancer for female partners

FREE health service
For more info, call or send a text message to 082 907 2373



HAST Team together with SACTWU hard at work performing MMC

Take A Girl Child To Work Initiative

Take a girl child to work initiative is held on the 28 May yearly. The purpose of this initiative is to expose young girls to a working environment. Provide girls with career information and empower them in terms of making informed decisions career wise. Ekombe Hospital is in a remote area and needs to pay special attention on critical clinical skills, such career awareness capacitates young girls in terms of career choices. The learners were from S.J. Balyoi and Ngwekazi High Schools.



Ms. M. Naidoo, Pharmacist orientating learners about Pharmacy

They were taken to different units namely: Medical, Pharmacy, X-Ray, Out Patient Department and Laboratory. They got an opportunity to see what is happening in those units and also got a chance to ask questions. Thank you to hospital management and school principals for the above mentioned schools for their co-operations in order for this initiative to take place.



Dr. N.L. Mkhize showing learners what she does on daily basis



Sr. F.F. Mchunu showing casing her profession to learners at OPD



Mr. S.E. Dlodla Chief Radiographer showing learners X-Ray machines



Ms. N. Khumalo, Laboratory Manager showing learners how laboratory machines works



Dr. N. Khanyile advising learners on subjects that they must focus on if they inspire to be doctors



June 16 Commemoration

The day has a significant history in our country, since the youth of 1976 fought against the use Afrikaans language as a medium of instruction in schools. Ekombe Hospital staff and management were dressed in school uniform in remembrance of the day. We salute them for fighting the injustice of the past, they paved the way for the youth of South Africa.

The current youth of the country must ensure that efforts of the class of 1976 are not in vain by taking education seriously and use opportunities given by the government responsible and in a profitable manner. Do not forget that the struggle of fighting unemployment and other social ills continues. SALUTE THE CLASS OF 1976.



06.2015

17.06.2015

Fire and Evacuation Drill



Staff members evacuating the building rushing to assembly point

The drill was conducted at OPD on the 10th June 2015. The purpose of the fire drill was to ensure that all ward and departments have safe and effective procedure for the protection of patients and staff members in the event of fire. To maintain a safe environment for all persons whilst present on hospital property. To ensure the protection against hazards which may lead to fire from the workplace and associated activities.

To alert the institutional members about the activities designed to reduce the risk of and potential damage due to an emergency. To ensure the response to activities the hospital undertakes to respond to disruptive events.

The drill was successfully conducted credit must go to the team and Health and Safety Officer, Miss P.S. Ngobese for facilitating it.



Miss P.S. Ngobese, Health and Safety Officer arranging the queues for staff and patients



Mr. Z. Dlamini doing head count



Staff members listening to instruction from Health and Safety Officer

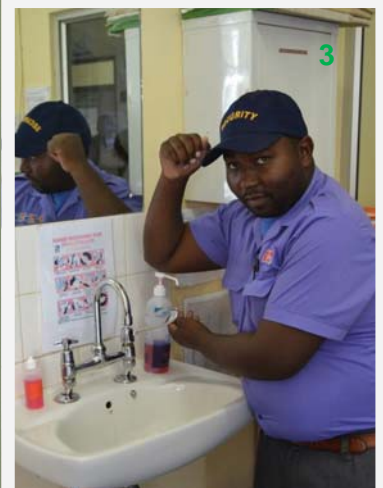


Official from Kwamahlathi giving clarity on other matters related to fire drill

Hand Washing Campaign



The Campaign was conducted on the 09 July where staff members were given in-service training on hand washing. The hand washing team visited all wards and departments demonstrating what is expected of them in terms of hand hygiene.



The team consisted of staff members and student nurses. We would like to thank our Infection Prevention and Control Practitioner, Ms. B.D. Ngcobo for coordinating the campaign.

1. Miss N. Mchunu, student nurse washing hands
2. Ms. B.D. Ngcobo, IPCP leading by example
3. Mr. S.W. Mdletshe demonstrating during the campaign



4. The team singing hand washing song, "gezizandla"



Diabetes Awareness

The awareness took place at Mfongosi Clinic on the 22 July 2015. The awareness emanates from the number of cases for diabetes that were identified by the clinic. The members of the community came in numbers despite of the rainy weather. Ms. J.T. Gumede gave presentation on diabetes. Diabetes is described as a group of metabolic diseases in which the person has high blood glucose (blood sugar), either because insulin production is inadequate, or because the body's cells do not respond properly to insulin, or both.

The symptoms of diabetes are as following, itchy skin, frequent urination, disproportionate thirst, intense hunger, unusual weight loss, increased fatigue, blurred vision and irritability. The speaker encouraged audience to eat healthy food like vegetables, brown bread, low fat margarine, beans and porridge just to mention a few. She also mentioned how to treat and manage diabetes like stop smoking, do adequate exercise, balance insulin intake with food and lifestyle and checking your blood glucose levels periodically.

Miss D.Z. Nkomo also gave health education on importance of deworming. Coughing, losing appetite and weight loss are some of the symptoms for worm infestation. Proper washing of hands and cutting of nails can also reduce worm infestation from kids. The audience was entertained through music and traditional dance from Ngono and Mfongosi High Schools. We would like to thank UBhaqa Business Chamber led by Mr. P.R. Myeza for sponsoring the event and also



Mrs. V.N. Ndlovu - AMN : M&E on the left and Mr. L.P. Mlangeni, Clinic Chairperson in blue jacket among dignitaries



From left Ms. T.P. Mkhwanazi, OMN : Mfongosi Clinic giving the purposed of the day & Ms. J.T. Gumede giving health education on diabetes



Mfongosi and Ngono High Schools entertaining guests and audience during the awareness

Mandela Day

This day is celebrated worldwide where we remember the all the wonderful work done by our late father of the nation, the Stalwart, Isithwalandwe, President Nelson Rholihlahla Mandela. We remember President Mandela's selfless which goes hand in hand with the spirit of giving and kindness. During Public Service Voluntary Week Ekombe Hospital team and other hospitals identified very needy families in our catchment from the following areas Mfongosi and Manyane. We found a family which is child-headed in Manyane and the second family in Mfongosi stays in a one room house which is not in a good condition.

What also made matters worse is that in both families, they do not have identity documents and birth certificates. After profiling those families the matter was escalated to Operation Sukuma Sakhe platform where relevant Departments were engaged to tackle those problems identified. As part of celebrating the day Ekombe Hospital donated groceries and clothes to poverty stricken families. The hospital management would like to extend its warm gratitude's to staff members for their contribution in ensuring that Mandela Day become a great success.



Hospital management handing grocery and clothes to Nxumalo family in Manyane area



One of the households that was identified during Public Service Voluntary Week



Hospital management handing grocery and clothes to Ngcobo family in Mfongosi area



Matron Mbatha, Mr. N. Shabane– Nkandla Hospital CEO, Matron Ntuli - Ekombe ACEO, Matron Ndlovu and CDW profiling a homestead in Mfongosi

Hepatitis Campaign in Photos



Patients listening to different speakers during Hepatitis Campaign



Mr. S.S. Majozi giving health education on types of hepatitis



Ms. B.D. Ngcobo, IPCP giving health education on mode of transmission of Hepatitis



Miss P.S. Ngobese, Health & Safety Officer giving health talk on symptoms of hepatitis



Miss P.C. Khomo, Waste Management Officer speaking about segregation of waste



Staff members waiting patiently to be taken vital signs and others



Matron V.N. Mbatha recording the number of staff that was screened on the day



Mr. S.S. Majozi checking Matron V.N. Ndlovu BP



Sr. Z.H. Buthlezi screening Miss N.A. Fakude during the campaign



Miss D.Z. Nkomo vaccinating Miss H.P.N. Luthuli



The team signing after successfully conducting the campaign

Birthdays

April

W.Z. Makhoba
J.Z. Xulu
Z.S. Ngubane
T.N. Nzuzo
V.S. Langa
G.T. Mthembu
B.N. Ntombela
D.P. Magubane
B.I. Ngcobo
B.I. Shezi
N.C. Khanyile
N.G. Sangweni
P.S. Miya
P.L. Shezi
J.S.N. Sibiyi
T.C. Mfuphi

May

H.N.P. Luthuli
P.S. Ngobese

June

Mkhize S.Q.
D.Z. Ndebele
C.N. Zuke
P.N. Dhladhla
T.E. Khanyile
B.S. Mkhize
M.P. Letsoara
M.S. Linda
W. Zungu
C.E. Mchunu
T.P. Shange
K.V. Mnomiya
N.J. Dladla

July

Z.M. Mbambo
S.Z. Manqele
N.R. Xulu
T.D. Makhoba
J.J. Msezane
B.P. Makhoba
P.Z. Xulu
B. Ngema
T.N. Mchunu
M.F. Mdletshe
N.G. Maphumulo
S.I. Ntshona
J.T. Gumede
D.A. Gama
P.S. Mthethwa
M.Z. Dlamini
B.S. Ntuli

New Appointees

April - May

P.L. Ntuli - Nurse Manager
T.E. Masondo - Artisan Foreman
Z.H. Buthelezi - Operational Manager Nursing - HAST
P.P.L. Mazula - Clinical Manager
K.P. Radebe - Social Worker
D.B. Ngcobo - Infection Prevention Control Practitioner
S.M. Shabangu - Pharmacy Manager
S.M. Madi - Radiographer

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June - July

P.P.L. Nkala - Assistant Manager Nursing
V.E.Z. Khuzwayo - Assistant Manager Nursing
E.S. Khumalo - Operational Manager Nursing
N.P. Nene - Enrolled Nurse
E. Ndlovu - Enrolled Nurse
N.F. Radebe - Enrolled Nurse
P.N. Ngobese - Enrolled Nurse
N.A. Fakude - Finance Clerk
N.G. Shezi - Data Capturer
N.N. Shange - Data Capturer
N.N. Dladla - Data Capturer

Compiled & designed by Mr. P.D. Mhlungu -
Public Relations Officer