



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

**EMMAUS DISTRICT
HOSPITAL**

MASAKHANE NEWS

STAY INFORMED

December-2017

CEO'S DESK



Emmaus Hospital had a variety of events from September 2017 to end of December 2017 from community events to revamping of Paediatric ward play area.

Thank you to everyone who contributed to make these events a success, as a team we can achieve great things,

Thank you,
Mrs. Y. Nunes



Upgrade of play area -READ MORE ON PAGE 4



Zazi Camp- READ MORE ON PAGE 5



World AIDS Day- READ MORE ON PAGE 8

BATHO PELE TRAINING

From the 6 to 8 September 2017 Miss Kwanele Mpanza from the KZN provincial Training Academy came to Emmaus hospital to conduct the Customer care: the Batho Pele way training . People from all departments and clinics were identified to attend the training in order to improve and decrease the number of complains received. The aim of the training was for the staff members to have an in-depth knowledge of how to treat clients and avoid unnecessary complaints from the community. At the end of day three the staff members understood the importance of customer care and how the Batho Pele principles are inline with their specific job. The training was fruitful.

The attendees listening attentively to Miss Mpanza and engaging.



WOMENS DAY CELEBRATION

Women's day with the theme of “We make change for women” in conjunction with “The women's helping hand initiative “ event was held at Emmaus Hospital on the 11th of August 2017. 30 women from the lower category (General orderly, Kitchen staff, EPWP,) including the clinics were identified. The dress code for the day was traditional attire with doek to symbolize their strength and roles that they play not only in their homes but in the work-place too.

The event started with the Human resource development team teaching the women the correct way of writing a detailed CV and filling in the Z83. This will not only help the women but their children at home still seeking for employment. This day was meant to teach and pamper the women. They were shown how to make toys out of recycled material, and how to make a meal on a budget and how to make body scrubs.

1. Therapy department teaching the women how to make toys with recyclables 2. The women who attended 3. Mrs Nunes(CEO) showing the women easy recipes within a tight budget 4. Refreshments



SUPPORT GROUP LAUNCH

On the 20th of September 2017 Emmaus Gate clinic launched their support group for clients on chronic medication.

The day was filled with clients on chronic medication. Miss Xolilie who has been living with HIV/AIDS for 12 years gave a powerful speech. She encouraged people to take their medication on time everyday and eat healthy. Miss Xolilie also encouraged people that if they want a baby they must go to the clinic first and it is possible that the child will not be positive.

Miss Toni Dietician was also present where she emphasized the importance of early booking for Ante-natal and that HIV positive women can breastfeed. The launched was welcomed by the community and it will save lives and encourage a lot of people on chronic medication to maintain regular health talks.

Speakers and attendees of the launch



UPGRADE OF PAEDS PLAY AREA

Emmaus hospital is truly grateful for the sponsor from Berg & Bush for the upgrade of the Paeds Play area, Chanla and Pawel Stempowski, Deneys Reitz Commodities and Witerton/Bergville community for the Books for the library . A special thank you goes to Dr Donald on the idea who was the brainstorm behind the upgrade. The children will now have a place to play and forget about the pain they are in.

Thank you

1 & 8. The play area. 2. Staff members 3. DR Donald & staff 4. The sponsors 5. The library 6. Mothers and children 7. The Sponsors from Berg & Bush, Deneys Reitz with Management 9. Paeds ward staff members



ZAZI CAMP

From the 27 to 29th of September 2017 the school health teams saw a gap and the decided to host the Zazi “Know your strength” camp which was held at The Ledges Lodge. This decision came after the teams identified a high teenage pregnancy rate in the schools. The main aim of the Zazi camp is to teach the girl child the importance of knowing her strength and the role they play in the community.

Five schools were identified to take part in the camp namely Amazizi High School, Amaphisa High School, Bulinga High School, Bangani High School and Tholithemba High School. Simphiwe from Philakahle taught the young women on Women after Gods on heart on day one of the camp. Day two Mr Skhakhane from Department of education gave career guidance to the young women and the importance of Education to improve ones future. Amongst the speakers was a social worker to help the young women with any problems that they encounter .

A warm appreciation goes to the sponsors that made the camp a successful one and we hope that the girl child that attended will go back to her school and make a difference.

1. The young women receiving their parcels. 2. Mrs Ndebele addressing the children 3. The group of girls after receiving the certificates 4. Games 5. Mr Skhakhane from DOE 6. Dining time 7. The teachers and the school health team



WOMENS FORUM LAUNCH

On the 25th of October 2017 Emmaus Hospital launched the women's forum . The event was very informative as this was the first event of this kind at Emmaus. The women were singing songs in commemorating Women's month too.

The theme was "Black and a touch of pink " since the launch happened in October which is Breast cancer month. The Women's Forum Committee was first introduced to all staff members. Sister Nzimande gave a very detailed speech on breast cancer.

Amongst the guests was Mrs M.Q. Khanyile and Mrs C.K. Hadebe from Ladysmith hospital and district office came to support the forum.

1&2 The attendees 3. Mrs C.K. Hadebe, Mrs M.Q. Khanyile and Mrs N.P. Phothelwa 4&7 Refreshments 5. Mrs Khanyile & Mrs Hadebe 6. Mrs Z. Zulu 8. Chairperson Dr. E.M. Kekana addressing the Women



WELLNESS DAY

The 8th of November was wellness day at Emmaus Hospital which was organised by the EAP. The day started with a 6km walk from interception the hospital Barcelona where the rest of the day events will be commenced

Aerobics were conducted by the physiotherapists and the importance of regular exercise stressed. The dietetics department ran the biggest loser competition and the winners were announced. They were also promoted the re-think your drink theme to show the importance of knowing what you drink.

Financial literacy was provided by Old Mutual, Capitec and Sanlam. GEMS was also there providing health screening, neck and shoulder massages were provided.

The event was a huge success.

1. Dietician - Mrs Driemeyer 2. Aerobics 3, 6 & 9 The walk 4. Physiotherapist conducting aerobics 5 & 7 Final lap 8. The start



WORLD AIDS DAY

World AIDS day build up

During the month of November 2017 we held a World Aids day build up towards the World Aids day on the 1st December. Every Friday at Emmaus Hospital we set up a station at the gate of the hospital and offered services such as Screening of Tuberculosis, hypertensive screening, diabetes screening, vital sign observation monitoring, counselling and testing “KNOW YOUR HIV STATUS” on site initiation of ART. Family planning, condom distribution, initiation of TB treatment and health education. We also had counsellors in the wards that offered counselling and testing to all visitors to the wards.

We were also joined by assisting NGO's such as Health systems trust and LGBTI Ladysmith who also assisted in counselling and testing to give support to the build up towards World AIDS day.

The total number of clients that were seen are as follows:

Total clients tested	: 33	Positive= 03
		Negative= 30

On the 1st December 2017 we had a short prayer and health talks to the clients that attended the Mpiyoyethu clinic to acknowledge World Aids day. It was emphasized that people Know their HIV status and start treatment as soon as possible. How and where testing is done in the hospital and the process of testing, screening and initiation was explained. It was greatly appreciated by both the clients and staff. Refreshments were served to clients afterwards. Thanks to the generous donations given by the staff of Emmaus hospital.



GALLERY



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Dumisile Mkhonza
Public Relations Officer
WRITER , DESIGNER &
PHOTOGRAPHER



Yvette Nunes
Chief Executive Officer
EDITOR

Thank you to everyone who made valuable contributions towards the completion of this newsletter



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

CONTACT DETAILS

Physical Address:

Emmaus Hospital , Cathedral Peak
Road, Winterton, 3340

Postal Address:

Private bag x 16

Winterton, 3340

SWITCHBOARD:

036 488 1570

SWITCHBOARD FAX NUMBER:

036 488 1330