



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

EMMAUS DISTRICT HOSPITAL

MASAKHANE NEWS

STAY INFORMED

December 2018



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CEO'S DESK



Let me introduce myself and the vision I have for the community of Emmaus Hospital.

Greetings all,

I am M.A.N. Mzizi who is a Nurse by profession, have worked for the Kwa-Zulu Natal Department of Health for 28 years. With this 28 years I will strive for excellence through my experience to drive Emmaus hospital as well as the clinics to the next level.

It is an honor to be part of the Emmaus team and wish to assure the team that I believe that together we will make Emmaus Hospital the best hospital in Kwa-Zulu Natal. Challenges will forever be there but if we work together we will overcome them and give the community the best service delivery.

As a collective I am making an undertaking to the following expectations :

Employees– I am committing myself to support you daily in problem solving for the benefit of patient care experience and building mutual relations.

Patients– I am committing that the sole purpose of our existence as employees is to serve you with mutual respect and dignity for the betterment of your health .

Community– I intend on representing the Kwa-Zulu Natal health department well and boost your confidence in government institutions. My motto in life is Do things right at first attempt as patients lives depend on us, and I am also a person who love seeing all employees fulfilling their expectations according to standard operating procedures and policies. I am a person who also adheres to employ qualifying competent participative management, I have an open door policy focusing on productive progress through I will endeavor to achieve the objective of the Kwa-Zulu Natal Health by reinforcing Batho Pele principles, Patients rights charter and all other programmes.

I am also committing myself to strive for improvement of the institution and the clinics image, therefore employees need to be mindful that whatever they do reflects the image of the institution and the clinics either positive or negative.

As I close I plea with the strong team of Emmaus Hospital that we familiarize ourselves with the document "Code of Conduct for Public Service" to remind ourselves of what is expected of us appeal to all stakeholders to work jointly in improving work in the field. Always remember the Kwa-Zulu Natal Department of health Slogan: Fighting Disease, Fighting poverty, Giving Hope

I Thank You all,

Mrs M.A. N. Mzizi

Chief Executive Officer

MENTAL HEALTH

On the 31 July 2018 Emmaus Gate clinic held the Mental health Awareness day.

It has been discovered that the Emmaus and surrounding areas has a large number of people with mental disorder. The clinic decided to have an event whereby the condition will be explained and share ways of caring for mentally ill people.

Mr Gumede- social worker shared on how to take care of clients living with Mental health at home and in the community.

The disadvantages of consuming alcohol whilst on the treatment and the importance of taking the treatment in the correct way was explained in-depth.

The day was a huge success thanks to the positive support and generous donations from our partners.

It is very important to show love and care towards people with mental health as they are as important as the next person.



OUTREACH

It is very important that the department of Health together with other stakeholders play a role in improving the lives of South Africans. On the 16th of August 2018 the CCG's along side with Operation Sukuma Sake came together to help two families in the area of Mafefthetheni. The living conditions of the two families touched the CCG's and they took a stand in ensure that the lives of the two families are changed.

Toilets were built for the families and the war room together with Gateway clinic committee were present on the day to assist in helping with cleaning and washing.

1.



WOMEN'S DAY CELEBRATION

Drakensberg Sun hotel was the venue for this years women's day celebration, which was held on the 28th Of August 2018 . Emmaus Women's forum organized the Women's day celebration event to celebrate and honor Women in the workplace on Women's month.celebrating Women's day is a way of gratitude to each other and every women in ones life be it professional or personal life.

It is all about making women realize their worth and giving them a boost to achieve their full potential and specifically seek to celebrate women in society. The women of South Africa have contributed a lot in achieving freedom in South Africa and to commemorate the actions in 1956 .

The day was opened by the programme director (Miss P.P. Langa) and Matron Maphumulo welcomed all the guest. Mrs Phothelwa spoke on the

issue of gender based violence and spoke on the #Menaretrash that has been doing the rounds on social media platforms. She emphasized the importance of raising boys the same way we raise our girls so that they also feel special.

“ Love yourself enough as a women and women must support one another “ those were the words spoken by the keynote address Sister Zamazulu .

It was a great eye opener to hear Mr Mzi Msibi from Old Mutual speaking from a men's perspective on how women should be treated .

The day was ended by Miss Gopaul and then it was lunch and seeing the beauty of the Berg.



WOMEN'S DAY CELEBRATION CONT....



HERITAGE DAY CELEBRATION

Emmaus Hospital celebrated Heritage day under the theme “ The year of Nelson Mandela: Advancing transformation of South Africa’s Heritage landscape”. On the 26th of September 2018 the celebrations were held staff members dressed in their attire of choice to show the diversity of the country.

The day was full of dance and different food was prepared by the departments.



HEALTHY LIFESTYLE

Physical activity/fitness is one of the most important key to a healthy body . It is the basis of creative artistic activity.

Physical fitness means the condition of being physically healthy especially exercise and proper nutrition and mental health. It is not just bending our bodies but also cardiovascular endurance and strength.

The above mentioned reasons made Emmaus staff to embark on a fun walk of 6 kilometers on the 21st of November 2018.

EMS and traffic department were also there to escort the staff and ensure their safety.

Different external stakeholders were present namely GEMS, Old Mutual, Sanlam Sky and Avbob. Physiotherapists and dietician gave awareness on the importance of exercising and nutrition. The importance of having breakfast was mentioned by the dietician and prizes for the biggest loser were given.

District Wellness co-coordinator sister Molwane encouraged the staff on screening for TB.

The day was filled with a lot of motivation towards health physically and mentally.



HEALTHY LIFESTYLE CONT...



PROFESSIONALISM

On the 14th November 2018, the staff members of the Nursing Management co-conducted activities to celebrate Professionalism. The nursing management members went to all the wards to promote the Professionalism them” WALK LIKE A Nurse, TALK LIKE A NURSE and MIND YOUR LANGUAGE’. IEC material and health education was given to the staff members and the community.

After the walk about in the wards the team embarked onto 3 km walk. During the walk the team conducted health promotion outreach-engagement with the community by distributing health education pamphlets.

The main purpose of this activities was to identify and address gaps within the nursing component.



CP CHRISTMAS PARTY

The Therapy Department has been involved and providing rehabilitation to children with special needs monthly, MDT treatment session held at the clinic and hospital

Our services are attended by mainly children with Cerebral palsy, down syndrome, Autism, Neuroregression and many others.

14 December 2018 the therapy department hosted a special needs party. After months of planning we received 100 gift boxes and refreshments.

The Okhahlamba municipality also donated to making the party extra special for the children and their caregivers. Cllr S.A. Zulu who is the speaker for Okhahlamba Municipality delivered a heart warming speech to the caregivers.

The main aim of the party which was hosted for 120 children and their caregivers was to show support and love to the families living with children with special needs this Christmas.

The collaborated efforts of the therapy department together with the social services

1. Miss Simphiwe Dlame—Health and Safety Officer. Mr Sifiso Malinga-Inspector from Department of Labour conducting training



CP CHRISTMAS PARTY



YEAR END PRAYER

The year end prayer service was held on the 13th of December 2018. The aim of the prayer is for the institution to thank God for everything he has done for us and to uplift the spiritual wellness.

Samual 7verse 12 “ Then *Samuel* took a stone and set it up between Mizpah and Shen, and called its name Ebenezer, saying, “Thus far the Lord has helped us.” . That was the theme for the service

Staff members attended the service in big numbers and different pastors/chaplains around Bergville from different ministries, churches and congregation attended.

Mrs Mzizi (CEO) welcomed all the guests and staff

members. The word of God was given by all the pastors present

Staff members were given the opportunity to testify and give motivation to each other.

Pastor Nkutha (Chaplain) gave a powerful motivation sermon to the staff.

The day was ended with praise and worship



YEAR END PRAYER CONT...



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Thank you to everyone who made valuable contributions towards the completion of this newsletter



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FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE