



MASAKHANE

NEWS

DECEMBER 2021

WORLD AIDS DAY AWARENESS



Ms M.A.N Mzizi (CEO) addressing attendee's during the world AIDS day event in EMMAUS hospital.

Emmaus hospital HAST team organized a World AIDS day awareness on the 1st of December 2021. The CEO Ms M.A.N Mzizi said that as much as COVID 19 has taken center stage and demanded change in

how services are provided but Emmaus Hospital hast team has made sure that the HAST programme continues to provide holistic services to all its client. She urged those that are on treatment to continue

adhering to medication and attending on given dates as this is the responsibility of the client. Ms N Ndaba—Lay Counsellor also emphasized on the importance of adherence and meeting each other half way as

Continuation

From front page.

Patients also have an important role to play in taking good care of themselves as well as practicing what the health workers have advised them to do at home. Matron T.M Nkabinde emphasized the importance of a support structure at home as HAST patients really do need all the support they can get from other family members and the community at large.

Candles were lit to remember those who had passed on because of HIV and AIDS and also to keep the fire burning inside all of us so that we are always ready to assist our fellow brothers and sisters in the journey.

Our HAST team led by OM A.J Mtshali identified a family that they felt needed some assistance and bought the family groceries. The Management would like to say thank you to the HAST team for organizing such an event as well as going an extra mile in making sure that at least one family will not go to bed hungry.



Matron T.M Nkabinde giving a speech to the attendees.



Patients listening to different speakers on the day of the event .



OM F.Z.N Magubane and our Chaplain Rev Mbili holding candles in memory of those who passed on due to HIV/AIDS.



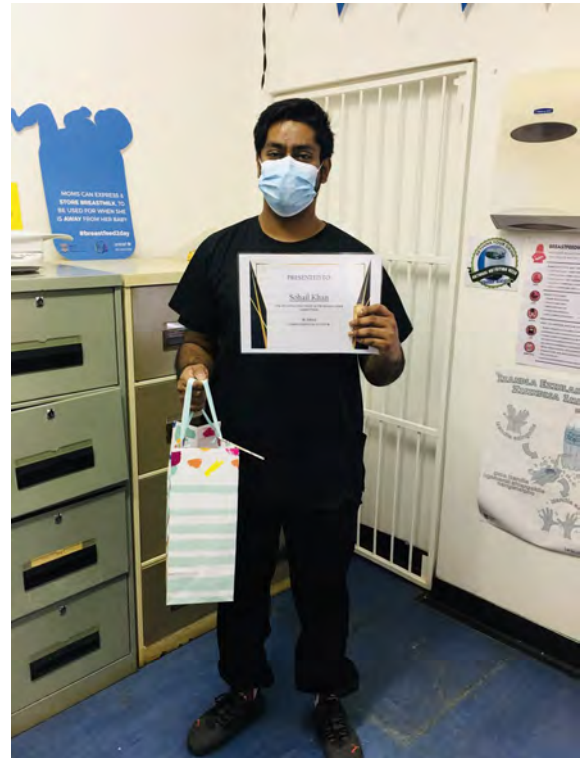
Ms N Ndaba giving a talk on adherence .



BIGGEST LOOSER WINNERS

The Biggest Loser Competition 2021 started in the month of June and the main aim for this competition was to help staff members live a healthier life style and in the process to loose weight . We all know that living a healthy lifestyle helps in preventing non communicable diseases such as overweight, obesity, diabetes etc. All the competitors were given guidelines in healthy eating for weight loss as well as diet plans to help them on losing weight in a healthy way. Competitors had to come for weigh ins every month in order to monitor their progress. The month of October was the last month for weighing in and the winners were announced in December 2021. In the first place it was Sohail Khan (Dentist) second prize; Ms Frida Nkala (Food Service Manager) and third prize; Mrs Slindile Mhlukani (PRO).

We as the Dietetics department would like to thank everyone who participated in this competition and we encourage staff to make healthy eating and exercising a lifestyle as this has a lots of benefits



1st place Mr Sohail Khan -Dentist



2nd place Ms Frida Nkala Food Service Manager



3rd place Mrs Slindile Mhlukani (PRO) receiving her prize from Ms Snkho Ndlovu Community Service Dietitian who was in charge of the programme.

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LEGISLATURE VISIT

Over sight visit—Covid 19

On the 26th of August 2021 Emmaus hospital was visited by a delegation from the KwaZulu Natal Legislature as part of their oversight role in ensuring that the experiences of people most marginalized in our society are taken into account in planning and implementation during the Covid -19 period. The facility Management team was requested to do a presentation on everything concerning Covid -19 as it had taken center stage and it was important for the Legislature team to be brought into speed on the ins and out of the everyday operations relating to Covid-19.

A walk about was also conducted to put theory into practice and the site that was visited was the Vaccination site within the facility and the external sight in Bergville (Sport Complex). Staff working in the vaccination sight took the delegation through the different stations that one goes through when coming to be vaccinated. Mobilization strategies as well as data collection and verification were the main topics as it was emphasized that a demand needs to be created as people are reluctant to come and vaccinate as the social media has negative stories about vaccination so a turn around strategy should be devised so that more and more people will make their way to vaccination site. The Budget was also discussed as a large portion of the budget had to go



CEO MS M.A.N Mzizi doing a presentation on the status of Covid -19 in Ukhahlamba Sub- District..



CEO and the delegation from the Legislature visited the facility vaccination site.

to Covid -19 so that the hospitals are ready to provide holistic services to clients. The Legislature team also emphasized that the Management team must also make sure that staff members are working under safe conditions and making sure that protective clothing is provided for all staff members at all given times, that is the role of the

management team. The infrastructure challenges were discussed and the Legislature team said they will communicate these challenges with the relevant high offices so that plans which are in place for infrastructure are implemented within the prescribed time frames.

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NUTRITION WEEK

Nutrition Week Activities

Nutrition Week was from the 9- 19th October 2021. The dieticians ran a nutrition week competition (Recipe competition) All participants and winners received gifts and certificates. There were display areas put up around Emmaus Hospital to spread awareness of National Nutrition Week. Posters, badges and pamphlets were made to promote nutrition education. A school and crèche visit was also conducted to re- enforce our National Nutrition Week theme which was: **“Eat More Vegetables and Fruits Everyday”**. We would like to thank all of those who participated in the competitions that we were running.



Display on the Pharmacy wall



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World Hand Hygiene Day

Seconds save lives—clean your hands!

World hand hygiene day is celebrated annually and it aims to maintain global promotion, visibility and sustainability of hand hygiene in health care and to “bring people together” in support of hand hygiene improvement around the world and during the pandemic.

Okhahlamba sub-District (Hospital and Clinics) celebrated International hand hygiene on the 15th of October 2021. All staff members, clinical and non clinical as well as our patients participated in the celebration. The facility Infection and Prevention Control Nurse Miss Dlamini visited different departments where staff and patients were asked to demonstrate the correct way of washing hands and those who did well were given gifts. The IPC Nurse also made sure that she reminds everyone the steps of proper hand washing.



Staff members from MpiLOYethu Clinic demonstrating the steps for hand washing .



Patients and staff members from Burgville Clinic were also visited and reminded on the importance of washing hands. Below are pictures that show that washing of hands is everyone's business.



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HERITAGE DAY

in pictures was held on the 30th of September 2021



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MEMORIAL SERVICE FOR OUR SIX STAFF MEMBERS

A combined memorial service for all our departed staff members was held on the 2nd of December 2021, this was due to the Covid – 19 restrictions which prohibited gatherings. When the restrictions were relaxed the bereavement committee together with management saw it fit to call the families of staff members who passed on and share in the memories they have left us with.

All six families came and gathered with staff members and Rev Mbili gave the word to strengthen both staff and families.

We all joined in song and each family representative was given a chance to speak on behalf of their family and all of them were thanking the staff members for the support they were given during their time of grief.

Matron T Vilakazi on behalf of the management team thanked the families for co –operation and said the space the staff members left will never be filled by anyone as they were uniquely made and had different roles they played in the work place. She encouraged the families and staff members to hold on the memories of our friends and colleagues.

In closing she thanked the bereavement committee for organizing the memorial service even though the funerals had been held already.



Staff members attending the memorial service for the departed soldiers.



Rev Mbili sharing the word with the staff and family members reminding us that we have a heavenly home .



Representatives of families who were given a chance to speak during the memorial service.



PHOTO GALLERY



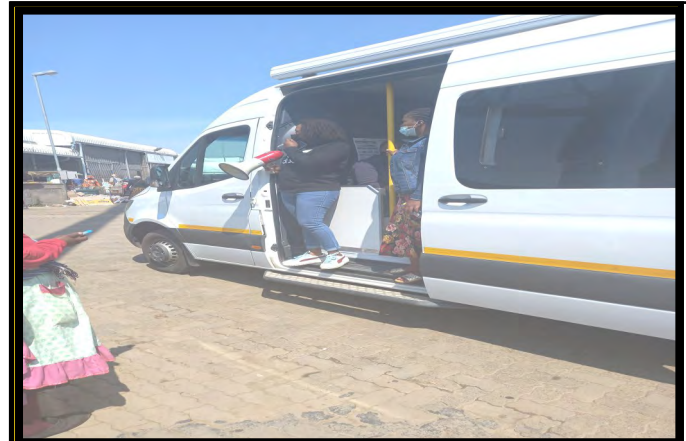
Pele box fully functioning as a client is assisted to get her medication.



Managers checking the project of renovating staff residencies as part of staff re tainment .



People at one of our Covid -19 vaccination site, after having received the vaccine.



PRO and FIO doing community mobilization for Covid -19 vaccination in Bergville



16 days of activism display done by Ms Zanele Nkabinde .



Gateway clinic doing the hand washing steps .

