



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

EMMAUS DISTRICT HOSPITAL

MASAKHANE NEWS

STAY INFORMED

June 2019



Mothers day celebration-READ
MORE ON PAGE 6



She conquers campaign- READ
MORE ON PAGE 9



Disability awareness day-READ
MORE ON PAGE 10

PREGNANCY WEEK CAMPAIGN

According to the Department of Health calendar, 11-15 February 2019 is recognized as Pregnancy Awareness Week. Emmaus conducted this awareness on the 13th February 2019 in High Risk Clinic. The audience consisted of pregnant women in High Risk Clinic and those who were admitted in the ward.

Exercises were done and health education on importance of attending ANC Clinic, danger signs in pregnancy, true signs of labour, family planning, PMTCT, nutrition and importance of taking the prescribed medication.

Questions were asked during the ses-

sions. Gifts were given to all our clients. Sister Nkabinde (Maternity ward OM) thanked all the clients for their participation. Refreshments were given to all the clients. So all in all, the event was a success and the attendance was excellent.



TB AWARENESS MONTH

On the 13th & 25th of March 2019 Emmaus hospital held the Tuberculosis Awareness month.

This awareness was part of support to the World Health Organization and United Nation Strategy, calling to do more in ensuring that TB is eradicated. The TB committee of Emmaus Hospital was out to provide awareness and ensuring community support in ***Fighting Disease, Fighting Poverty, and Giving Hope.***

The event took place in the morning and the main focus was too screen as many clients as possible.

86 clients were seen and 57 were females and 29 were males.

The day was a huge success those who tested were recorded in the TB suspect register and advised to come for their results



MAESA WARDS

MEC's Annual Services Excellence Awards were hosted at PMB Royal Show Grounds on the 26th April 2019. Emmaus Hospital was one of the hospitals that attended the event and received a Gold Award and Certificate of Achievement for the 1st position in the Category of Best Improvement in Mortality/Consistently Low Maternal Mortality in Hospitals with District Level Maternity Services conducting between 1500 and 3000 delivery per year.

The Emmaus Hospital Management is very proud of the Maternity staff who worked so hard to receive this award and they encouraged the staff to continue working hard and maintain this position.



HAND HYGIENE CAMPAIGN

On Thursday 16th May 2019, Emmaus Hospital participated in the World Hand Hygiene celebration by performing hand hygiene activities in all departments.

The IPC Coordinator (Sister K. Dunne) planned hand washing activities to be conducted by the clinical and non-clinical departments. The Operational Managers were tasked to ensure that the hand hygiene activities were conducted on the World Hand Hygiene Day in their relevant departments.

All wards and Departments participated and conducted in-service training on the importance of the hand hygiene practice and the utilization of the alcohol hand spray to prevent the transmission of micro-organisms, that contribute to cross infections and responsible for Health Care Associated Infections (HCAI's).

The activities planned for the World Hygiene Day 16th May 2019 were as follows:

1. Conduct in-service training for hand washing and hand rub demonstration to all Health Care Workers in every department.
2. Conduct in-service training for hand washing and hand rub demonstration (public hand wash) to all patients/clients and visitors in all the clinical areas.
3. Hand Hygiene Audit done using the Hand Hygiene.
4. Pledge of Commitment– each and every Health Care Worker to sign a Pledge of Commitment to Hand Hygiene.

Number of Health Care Workers trained including Clinics were 306, number of Pledges signed by Health Care Workers: 306 and the number of patients/clients and visitors trained were: 421.

Thank you to all the Hospital Wards and Departments, Clinics and community members who participated in making this campaign a huge success.



MOTHER'S DAY CELEBRATION

On the 22th of May 2019 Emmaus Hospital Women's Forum Committee organized celebration of Mothers Day for all female employees in the Hospital.

The event was opened with a prayer by Mrs. M.G Shongwe(Pharmacy Assistant) and Mrs. Mzizi (CEO) welcomed and thanked everyone who came to celebrate this day and made it a success.

Miss PPJ Van der Plank said the purpose of the day was for all the mothers to feel special and pampered and have fun. She also said that some of the things may not be noticed now but as mothers, they are doing their level best in nurturing their families and she also encouraged women to focus more on positive things than negative things.

Miss D.E Nkosi (Quality Assurance Manager) shared her story about Gender-Based Violence and encouraged women to report the incidents and not keep quiet, she also mentioned the different types abuse.

Miss Molwane (District Clinical Programme Coordinator) did an awareness about TB Screening, Cervical Screening and also all other Occupational Diseases and also encouraged women to do checkups regularly for detection of diseases. Guest Speaker of the day Mr Mfuphi (Finance Manager) focused more on relationships, single parenting and parenting. He also encouraged women to have confidence, high self-esteem and also love themselves first before they can love or be loved by anyone else.

There were prizes won in a lucky draw done by Miss Gopaul(Therapy Manager/Audiologist). Clicks Representative as of the stakeholders/sponsors of the event gave women tips about Skin & Beauty care and pampered them with gifts .

Miss N.P Phothelwa EAP gave the Vote of Thanks to all the sponsors (Old mutual and Clicks), Management, Guests and all the staff who made the event to be a huge success. Event was sealed with the refreshments.



OPENING PRAYER SERVICE

On the 23rd of May 2019 Emmaus Hospital Wellness Team together with HCF Healthcare Workers Fellowship organized an Opening Prayer for the Spiritual being of the employee under the theme Proverbs 3:5 *“lean to thy Lord with al thy heart and not lean to thy own understanding”*.

Pastors from different Denomination and congregation were invited and Institutional Chaplain Rev J Nkutha. The institutional chaplain introduced all the pastors who were present and gave them an opportunity to share the word of God.

Pastor M Dladla from Life Ministries is the one who blessed the event with the power-

ful sermon. Testimony and purpose of the day was given by Mr. S.P Ntumba (HR) and Mrs. Phothelwa (EAP) gave the Vote of Thanks to all the guest pastors. Programme Director Mr. B Nqubuka from Mpiloyethu Clinic thanked all the Management, HCF, Wellness Team, Worship Team, Keyboard Player and all the Hospital Staff who contributed in making this service to be a success.



IMBIZO YAMADODA

Busingatha and Amazizi Clinic identified a gap in the attendance of male patients in the clinics. Research was done and it was found that the number of males who do attend the clinics is very low.

On the 24th and 25th of May all male clients were called to attend the Imbizo dialogue to find the core issues that prevent males from attending the clinic. The males stated various reasons that stop them from attending clinic. Namely, the long waiting hours and they also want to be serviced by male nurses.

As agreed upon in the dialogue the first Men's Health Clinic was held on the 21st of June 2019 at Obonjaneni area. Services rendered were as follows: MMC, VCT, Cancer Screening, TB Screening and most of the services rendered were rendered by male nurses. We would like to thank our supporting partners (BSSP, HST and JHPIEGO) who made the programme a success and we wish to extend the programme to the whole of Ukhahlamba Municipality.



SHE CONQUERS CAMPAIGN

On the 28th May 2019 the office of the premier held the “she conquers” campaign at Emamfemfetheni Community hall under the theme “*if she conquers we conquer*”. The aim of this campaign is to tackle the high levels of HIV infection, provide increased access to sexual and reproductive health information and services through adolescent and youth-friendly facilities.

There were learners from Bambazi and Mavimbela High School who took part in the dialogue between the youth and adults of Emamfemfetheni. The dialogue was aimed at the above mentioned issues and coming up with possible solutions. During this programme, parents were also taught on how to talk to their teenage girls and boys about their sexuality. “Our parents are afraid of us that is why they fail in talking to us about sex, pregnancy and

drugs, they only say boys will get you pregnant and never explain to us in details the disadvantages and also what are the precautions of pregnancy and other diseases we can contract during sexual intercourse” said a learner of Bambazi High School. Various officials of Okhahlamba Municipality and Uthukela Districts were present.

The event was a great success and highly educational for all the youth and adults of Emamfemfetheni community.



DISABILITY AWARENESS DAY

On the 5th of June 2019 Therapy department staff of Emmaus Hospital hosted a disability day event for the hospital staff in order to build awareness regarding individuals with disabilities to allow an increase in empathy, therefore an improvement in service delivery.

Each station enabled staff members to become more aware as to the challenges individuals with disabilities face on a daily basis such as individuals with hearing loss, cerebral palsy, CVA, down syndrome or any limb related injuries.

Various stations were present namely, Speech Therapy-for feed disorders, Audiology-for auditory disorders, Occupational Therapy-for hand related injuries and Physiotherapy-for walking/mobility disabilities.

The day was a great success and highly enjoyable where staff members who participated receive snacks and other refreshments.



YOUTH CELEBRATION EVENT

Emmaus Hospital celebrated Youth Day under the theme “ The year of OR Tambo: Advancing youth economic participation”. On the 19th of June 2019 the celebrations were held and staff members dressed in school uniforms to commemorate the youth of 1976 who took part in the march.

Staff Members from different departments said their piece to the youth staff of Emmaus Hospital, they motivated them and gave them a summary of what was happening during 1976. Miss Dudu Nkosi(Quality Assurance of Emmaus Hospital) shared a mind-opening speech with the men and women.

Mr Msibi from Old Mutual gave an educational speech about money saving and budgeting.

The event was a huge success and an eye opener for the youth staff of Emmaus and the day was sealed with refreshments.



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Thank you to everyone who made valuable contributions towards the completion of this newsletter



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