



**health**

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

**EMMAUS DISTRICT  
HOSPITAL**

# MASAKHANE NEWS

STAY INFORMED

MARCH 2017

## CEO'S DESK



The financial year 2016/2017 has come to a close. It has been a year of adjusting to changes in the Department of Health which has affected us all.

All staff are thanked for their willingness to adapt despite shortage of staff and constraints. Patient care has been given to all within our resources.

Thank you

Mrs Y. Nunes

*Chief Executive Officer*



MMC -READ MORE ON PAGE 4



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# WELLNESS DAY

On the 07 December 2016 Emmaus hospital including the clinics had their wellness day. This day is to promote healthy lifestyle within the work place.

The day started with the fun walk of 6kms from the Sappi T-junction to Emmaus hospital. Staff members were so dedicated walk and they also had fun. Information placards were worn on the day to show motorists the importance of healthy lifestyle.

GEMS was also invited to do health screening and other stakeholders were present .

Different categories within the institution including Dietician Mrs Driemeyer, spoke about a healthy diet in order to prevent certain diseases. HR manager also emphasized the importance of utilizing the time granted by the Department of health to exercise as an output of NSD increasing the life expectancy. He made mention of the sexual harassment policy and encouraged staff to report such cases.

Miss Mathenjwa social worker made a powerful speech on 16 days of activism. Encouraging staff members to report domestic violence and spread the word how to report and try to stop it.





# WELLNESS DAY CONT...





# GEPF

EAP practitioner Mrs Phothelwa organized the Government Employee Pension Fund (GEPF) training for staff members including the already retired staff. The training was conducted by Mr Senzo Sikhosana who is the client liaison officer for GEPF.

Two sessions were conducted on the 09th of November 2016. The sessions were conducted in IsiZulu and English .

The main topics for the training was the resignation benefit, retirement benefit , medical subsidy, death benefits, nomination of beneficiaries and other related legislative changes e.g. clean break principle.

This training enlighten a lot of concerns that were raised by staff members.

Thank you to the GEPF team KZN

1. Mr. S Sikhosana –CLO from GEPF. 2. Mrs Phothellwa– EAP Practitioner 3-6. Attendees



# PREGNANCY WEEK



## Expecting mothers receiving their gifts

On 10 February 2017 Oliviershoek clinic celebrated pregnancy week . Awareness was done on how to care for yourself and the baby. Exercises where done so the mothers can stay healthy whilst pregnant.

Oliviershoek serves a large community which is in the deep rural area and the importance of expectant mothers to use the waiting mothers lodge was highly promoted to prevent baby Born Before Arrival( BBA), maternal and prenatal death.

The day was a huge success as the expectant mothers were asked questions based on how to take care of themselves whilst pregnant.

Thank you to our partners for the donations

# CAREER GUIDANCE



**Grade12 learners from Mavumbuka high school**

Once again Emmaus Hospital, HRD Office participated in career guidance . Grade 12 learners from Mavumbuka high school in UKhahlamba were invited to visit the hospital.

The aim of the career guidance is to market all fields of study that are available in the Department of Health. It also gives learners to make wise career choices for future.

Human Resource Department gave learners all the necessary information about bursaries available in the department and all requirements needed to qualify for those bursaries.

Among the careers that learners were exposed through the presentation by our experts include Medicine, Pharmacy, therapy, Radiography, Nursing, Social Work, Dietetics and Dental therapy.

The most exciting part was when learners were taken to visit various components to get exposure on work performed in a real situation. That is where they were able to decide whether they made a right career choice or not.



# MEDICAL MALE CIRCUMSITION



**1. Sister K.D. Mazibuko doing vital signs. 2. Our clients 3 & 4. Circumcision in progress**

Emmaus hospital is encouraging all males in Okhahlamba to be circumcised. The MMC team is working hard in mobilising not only boys but men to come and be circumcised. Here are the facts that you need to know before coming.

Advantages why men need to be circumcised:

- Reduce HIV –if used with a condom
- Personal hygiene purposes
- Reducing exposure to sexual transmitted diseases and cervix cancer–if used with a condom

Procedure to follow:

- Start with having your Hiv status checked as well as Blood pressure, pulse, TB screening and haemoglobin
- If you test positive you must have a CD4

count above 500 this will ensure that you heal properly.

Health education is done prior surgery , during and after surgery care.

Post operation review is done after 48 hours, 7 days, 21 days and 28 days

618 clients were circumcised In the 4th quarter of 2016/2017

# TB AWARENESS



1. Mpiloyethu clinic staff
- 2&3 Community members of Khethani
4. HASTin progress
5. Sir from mobile clinic

On 27 March 2017 Mpiloyethu clinic was involved in the TB awareness programme that was held at Khethani community hall in Winterton in recognition of TB awareness month.

We as Mpiloyethu clinic offered the following services to clients:

- Cervical screening (Pap-smears)
- Vital screening (blood pressure, glucometer checking, temperature and pulse).
- TB screening
- PICT
- Health education
- Condom distribution
  
- cervical screen on a total of 4 clients.
- vital screening on a total of 65 clients.
- 6 clients. took sputum specimens
- PICT on a total of 17 clients.
- health education to 109 clients that were in the community hall about TB awareness and signs of TB. As well as distributed a total of 100 female condoms and 3400 male condoms.

We were also joined by HST and Mobile clinic 2.



# HPV CAMPAIGN



1. Children

from Maduluza primary school lined up for their injection 2&3 Sister Nkandi , Nondumiso Sithole and Enrolled nurse Dube from Gateway school health team. 3. Sister Nkandi giving the vaccine 4. Group of Grade 4 girls that received immunization

From the 21 till 28th of February 2017 the school health teams went out on a provincial Human papillomavirus (HPV) campaign. This campaign aims at reducing the chances of girls of getting cervical cancer.

The vaccine is given to young girls in grade 4 which are nine(9) years and older because it has been identified that the vaccine is mostly affective between this age.

Emmaus hospital school health teams managed to vaccinate most of the girls. The ones that were not vaccinated did not qualify as the parents had not signed the consent form

Parents are encouraged to sign the consent forms for the next HPV campaign which will run from the 22-27 September 2017



protect now  
for the future

# HR MATTERS

## January 2017– Appointments

Initials and surname	rank
Sibisi XCO	Professional nurse
Nkandi ZNL	Professional nurse
Fihlani KS	Professional Nurse
Mbele NP	Professional nurse
Dlamini S	Radiographer– Bursary Holder
Mkhize LT	Medical Officer-Bursary Holder
Bux A	Radiographer– Community service
Rule RE	Medical Officer—Community service
Wilson AP	Occupational therapist-Community service
Khumalo NB	Speech Therapist-Community service
Munsamy TL	Physiotherapy– Community service
Van Zyl EA	Occupational therapist-Community service
Durr PC	Medical Officer-Community services
Suleman M	Pharmacist– Community services
Wager TL	Physiotherapist– Community service
Duma N	Professional Nurse-Community service
Ngcobo S	Professional Nurse-community service
Shabangu T	Professional nurse– Community service
Mkhize NS	Professional nurse-community service
Potgieter ST	Speech therapist-Community service
Skosana MS	Professional nurse
Paulsen MC	Medical Officer– Community service
Farrington SM	Dietician-Community service
Neuhoff MB	Medical officer-community service
Naidoo S	Pharmacist-community service
Ndlovu NA	Professional nurse-Community service



# HR MATTERS

March 2017-appointments

Initials and surnames

Rank

Vilakazi BP

Optometrist-bursary holder

Mabaso PKL

Medical Officer- bursary holder

Banza B

Pharmacist

## UTHUKELA CCMDD AWARDS



Congratulations to Mpiloyethu clinic for scoping 2nd place in the Uthukela awards for the best roll-out on CCMDD for 2016. The awards were held at Uthukela district office on the 30th of March 2017. Continue making the life's of our patients better.

# ACKNOWLEDGEMENTS



**Dumisile Mkhonza**  
**Public Relations Officer**  
WRITER , DESIGNER &  
PHOTOGRAPHER



**Yvette Nunes**  
**Chief Executive Officer**  
EDITOR

Thank you to everyone who made valuable contributions towards the completion of this newsletter



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Department:  
Health  
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## CONTACT DETAILS

**Physical Address:**

Emmaus Hospital , Cathedral Peak  
Road, Winterton, 3340

**Postal Address:**

Private bag x 16

Winterton, 3340

**SWITCHBOARD:**

036 488 1570

**SWITCHBOARD FAX NUMBER:**

036 488 1330