



**KWAZULU-NATAL PROVINCE**  
HEALTH  
REPUBLIC OF SOUTH AFRICA

# EMMAUS DISTRICT HOSPITAL

# MASAKHANE

# NEWS

STAY INFORMED

MARCH 2023

## QUALITY DAY—CELEBRATION



Facility CEO Ms M.A.N Mzizi and Uthukela District Quality Assurance Mrs V Hadebe handing over an award to Professional Nurse Melisa Govender for having received most compliments.

### “QUALITY CONSCIENCE— doing the right thing even when no one is watching

Building staff morale is key as staff members tend to work very hard when they know that their efforts are recognized and they are appreciated for going an extra mile in assisting patients.

Emmaus hospital on the 22nd of November 2023 celebrated staff members who have excelled in different categories. The theme for this event was “quality conscience– doing the

right thing even when no one is watching”. The CEO Ms M.A.N Mzizi in her welcoming of guest speech said that the theme speaks volumes as the public sees us as people with

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# Quality Day ....continuation

No conscience, so such an event will celebrate those that are going an extra mile in making sure that the people of Okhahlamba receive quality services and at the same time revive the same spirit in those who are doing the opposite . The guest speaker Ms LS Phungula from Uthukela Health District, spoke about the importance of being accountable and acknowledging when you have done wrong and then working on yourself to do better next time. She requested health workers to go back to basics, work as a team and make sure that patients do tag along with the department especially in decision making processes. The Hospital Board members were also awarded with certificates of appreciation for participating in Clinical Governance, in his speech the former Chairperson Mr T Hlongwane said the much needed change in handling of complaints by the public has brought back trust as people are voicing out their joy as feedback is consistently given to complainants.



Mr T Hlongwane - Hospital Board Chairperson did a dance after receiving a token of appreciation from the District Director ( Uthukela) Ms N . Ndhlovu.



Uthukela district was well represented as in the above picture you can see the representatives from the District Office and other facilities.



OPD receiving an award for excellent services.



Trophies and certificates display .





# WORLD PREMATURETY DAY

Since 2011, November 17 has been recognized as World Prematurity Day in order to give visibility to this problem, raise awareness of the needs and rights of premature babies and their families, raise awareness of the importance of experience and quality care from the health system and, thus, advance policies that guarantee the full rights of both babies and families. Emmaus Hospital on this day took time to celebrate this day with Moms who were admitted with their premature babies.

Dr Dunn in her speech said skin-to-skin contact has proven to be an extremely beneficial and effective practice, especially important in the case of premature babies. It is initiated immediately after birth, its practice contributes to the initiation and sustaining of breastfeeding, favors the stabilization of vital parameters such as heart rate and blood glucose levels, and helps the establishment of a healthy micro biota, aspects of importance both in the process of adaptation to extra uterine life after birth and in the medium and long term. It also aids relaxation and deep sleep. As long as clinical stability allows, skin-to-skin contact in premature infants is essential for a healthy and sensitive experience. Dr Dunn thanked the mothers for co operating with the health care team as this also needs dedication from the mother.

One of the Mothers in her speech said she had never thought that her child who was 0.17 kg would survive and be a fully fleshed baby who is now weighing 3.9 KG and is ready to go home. She



Dr Dunn and the Nursery team who organised this lovely event.



Mother's listening to different speakers encouraging them to take good care of their small but mighty babies.

thanked all the staff members in Nursery for all the hard work they put in, in making sure that the babies do pick up on weight.



# WORLD ANTIMICROBIAL WEEK

“Keeping antimicrobials effective is everybody’s responsibility”

The World Antimicrobial Awareness Week (WAAW) campaign is held annually between 18-24 November, with the aim of :

- increasing awareness of global antimicrobial resistance (AMR), and encouraging best practices among the public, health workers, farmers, animal health professionals and policy makers, in order to prevent further resistance and the spread of drug-resistant infections. The theme of the 2022 campaign was: **PREVENTING ANTIMICROBIAL RESISTANCE TOGETHER.**

Between 18-24 November 2022, Emmaus Hospital Pharmacy held the following activities to promote the above aims: :

- Patient education talks
  - Presentations to health professionals, focusing on the nurses role in Antimicrobial Stewardship.
  - An Antimicrobial Resistance Quiz for staff members
  - A skit performed on Quality Day, highlighting the misuse of antibiotics
- Antimicrobial Resistance parade through the hospital teaching clients the following:

## Antimicrobial resistance:

- occurs when an organism mutates / changes and therefore can no longer be treated by an antimicrobial that should inhibit or destroy it, thus reducing the effectiveness of antimicrobials to treat infections; and is resulting in multi-drug resistant infections e.g. MDR-TB & XDR-TB

**The misuse, overuse, and inappropriate use of antimicrobials** contributes to antimicrobial resistance. Often this is due to INCORRECT use of antibiotics, using antibiotics when not needed, using the wrong



Pharmacy team embarking on a antimicrobial resistance parade around the hospital.



Ms Khanya Mazibuko and team educating clients and staff members on the impact of antimicrobial resistant infections.



antibiotic for infection, or using it for the wrong amount of time.

## Patient impact of antimicrobial resistant infections

Treatment failures, recurring infections, longer hospital stays, longer recovery times, a higher risk of mortality or long term implications, significant financial cost of treatment

## What is your role in fighting

## Antimicrobial Resistance?

- Encouraging people to :
  - wash their hands regularly,
  - prepare food hygienically, avoid close contact with sick people, and keep vaccinations up to date, all of which can affect the control or spread of AMR at home, at the workplace or in health care setting.





# WELLNESS DAY

A healthy body = healthy mind

Emmaus District Hospital held Wellness Day on the 07th of December 2022. The purpose of the day was to engage employees directly on issues regarding their health and to encourage a culture of healthy living even outside the work place. Mrs N.P Phothelwa EAP in her opening remarks welcomed all present and said employee wellness programme aim to develop, maintain a healthy, dedicated, responsive and productive employees within the public service who can add value to the department. In closing she said physical activities play an important role in keeping employees healthy. Miss Elian Stapelberg (Physiotherapist) talked about the importance of physical activities. She said regular physical activities are important as being physically active can improve your brain health, help manage weight, reduce the risk of diseases, strengthen bones and muscles and improve your ability to do your daily tasks with enthusiasm . As the number of gender based violence cases increase on a daily basis this event also created awareness on Gender based violence. The key note address of the day was done by Miss T. Mthembu ( Social Worker, Life Coach & Motivational Speaker) talked about 16 Days Of Activism against Gender Based Violence on women and children. In her opening remarks she said she was very happy to be invited to



Pictures below and above—Emmaus staff members engage in Wellness day and GBV awareness.



a program like this and to see staff members engaging themselves in wellness activities. She referred to Gender Based Violence as a very serious violation of human rights . She urged everyone to

not be silent when they see acts of violence as silence gives the perpetrator power to continue hurting more people. There was also financial advisors who were on site and were given a chance to engage with employees.





# KEEP OKHAHLAMBA CLEAN CAMPAIGN

On the 08th of December 2022 DR Mochaoa's vision came to life, this is because she visited the PRO's Office requesting that a clean Okhahlamba drive be organized as she would say that "it is our responsibility as the hospital to teach people about living in a clean environment". Her main target group were children as she said if we teach them at the young age about littering, as they grow to be adults we won't see piles of dirt being thrown everywhere. The PRO's Office bought the idea and started communicating with the stakeholders who were identified as key role players for this drive e.g ward councilor, municipality (waste management) and the nearby schools. Dr M. Machaoa in her opening speeches thanked all community, children, EPWP workers, for being part of the campaign. She continued to thank the residents (parents) for allowing their children to participate in the campaign and the Mayor of Okhahlamba Mr V. R Mlotshwa for allowing Emmaus Hospital to do this campaign. She then talked about the importance of cleaning the environment as she said clean up actions has a way of bringing communities together and enhances the social bonds, make people more appreciative of their environment and to get people thinking about changing their behavior regarding waste that brings pollution in our communities and it can help teaching residents about



Dr M. Machaoa together with children's from the community before participated in the clean up campaign.



Miss P. Gwala (PR Councillor) and children from the community after collecting trash as part of the clean up campaign.

recycling, as there is a high number of unemployed residents in our country. This could help them financially and also protect them from diseases. EPWP workers, local children and learners from Mlimeleni Primary School picked dirt from Emmaus hospital to the T-junction which

is about 9km. The children showed enthusiasm as they were in a hurry to fill bags with litter. They had no idea how bad littering was in their community but after having collected all the dirt they realized that their community is clean and they vouched to always keep it clean.

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**GROWING  
KWAZULU-NATAL  
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# THANKS GIVING PRAYER

Emmaus District Hospital held a Thanks Giving Prayer on the 14th of December 2022. The aim of the event was to pray for staff and patients. The CEO of Emmaus hospital Ms M.A.N Mzizi in her opening remarks thanked all staff members for facing Covid 19 head on as when Covid 19 started in 2020 everyone was shaken by the pandemic. However the health care workers had to provide the needed service for the safety of the communities, this then meant that the health care workers had to put their lives at stake especially Nurses who pledged themselves to the service of humanity. We are all aware that the health care workers were in the fore front and many of them lost their lives in the fight against Covid 19 . Today we look back and marvel at the grace of God that has kept us thus far. This is the reason we called Pastors to assist in giving thanks to the Lord Almighty for protecting staff through out the years and to pray that the Lord continues to protect our patients and that we pray for protection during the festive season. In closing CEO Ms M.A.N Mzizi said staff should continue working hard and wished them a blessed festive season with their families and requested those that are going on leave to come back rejuvenated as the communities health needs focused staff members.

Mrs N.P Phothelwa ( EAP) had invited local pastors to pray for 5 different items which were led by the local pastors.



Rev. N. F Madonsela (Lutheran Church) during his sermon .



Emmaus Hospital staff members who attended the Thanks giving Prayer.

- Prayer item number 1– Covid 19 by Mr Gabela (EMS).
- Prayer item number 2-All Staff Members & Management by Rev N.F Madonsela
- Prayer item number 3– Patient Recovery by Rev Nkabinde
- Prayer item number 4-KZN Province by Pastor N. Nkutha
- Prayer item number 5– Safety During Festive Season and Floods by Mrs T.R Mthembu

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# PHOTO GALLERY



PRO Mrs Slie Mhlukani together with the learners from Mamfetheni Primary School. During the clean up campaign.



DR M Mochaoa picking up litter with the learners from Mamfetheni Primary School. During the clean up campaign.



Children were picking up dirt as part of teaching them to not litter during the school holidays and to also remind parents the correct way of discarding waste.



Ms K Mazibuko (Pharmacy Intern) receiving an award for being active as she organised pharmacy events.



AMN Maphumolo receiving an award for Peads as the ward received most compliments and the cake was for the staff to share as a token of appreciation.



A cake donated by Spar Winterton .





# PHOTO GALLERY



Staff members who attended the Quality Day event , clearly enjoying the proceedings



Mr Mfuphi (Finance Manager) answered a question and was presented with a gift by Matron Dunn ( M&E Manager and Mrs N. Makuyi Quality Assurance Co-ordinator)



Abasebenzi bezivocavoca ngelanga le Wellness Day.



A walk against women and children abuse.



Abasebenzi belungiselela ukuphuma bamashe ukuqwashisa abantu ngokuvikela abaesifazane nabantwana.



Goodies issued to patients by Pharmacy.





# FEEDBACK IS KEY

UKUZWA UVO LWAKHO NGENDLELA OPHATHEKE NGAYO NGESIKHATHI UVA-KASHELE ISIKHUNGO SETHU KUBALULEKE KAKHULU KITHINI. SIYAKUKHUTHAZA UKUTHI UNGAPHUMI UNGALUTHOLANGA USIZO, BIKA KUMPHATHI WAKULEYO NDAWO (department noma eWodini) UKUZE UZOSIZAKALA.

AMABHOKISI ETHU ENISIBHALELA KUWO IZIKHALAZO, IZINCOMO KANYE NEMI-BONO, AYAVULWA NJALO NGOMSOMBULUKO NGEHORA LESISHIYAGALOLUNYE (9 AM), SIYAQINISEKISA FUTHI UKUTHI SIYABUYELA KULABO ABASISHIYELILE IMINININGWANE YABO. SIYAKUKHUTHAZA UKUTHI ULIGCWALISE KAHLE I FOMU UFAKE YONKE IMINININGWANE YAKHO UKUZE SIZOKWAZI UKUBUYELA KUWE.

IHHOVISI LOMXHUMANISI LISE OPD KANTI FUTHI UNGAMTHINTA KULEMI-NININGWANE ENGEZANSI :



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