



# MASAKHANE NEWS

STAY INFORMED

SEPTEMBER 2016

## CEO'S DESK

Emmaus hospital has made strides to improve quality of care for our patients. The opening of the new building comprising of OPD, casualty, X-ray, dental care, eye clinic, pharmacy and 2 maternity wards has had a big impact on quality of services. The additional space and conducive working environment has contributed to improved staff moral despite not having adequate staff. The 3 clinical associates have been a great assistance to doctors.

As we near the end of the year, we need to reflect on what we have achieved so far this year. Two clinics Dukuza and Amazizi have

achieved ideal clinic gold status.

- Therapy department has moved to the previous pharmacy giving the various disciplines more space.
- Previous therapy department is currently being renovated to become the MMC unit
- Male ward will be undergoing renovation soon
- PHC Gate clinic is also going to be painted and filing area made for them

All staff are reminded about the 6 non-negotiable areas



which all of us must adhere to.

The last couple of months have been extremely busy with many challenges and changes. Many thanks to all the staff who worked very hard towards achieving our some of our goals.

Your positive team spirit is valued.

Thank You.

Mrs Y. Nunes

Chief Executive Officer



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New Building READ MORE ON PAGE 09

#### **ANTI-ABORTION CAMPAIGN**



1. Winterton 2. Bergville taxi rank 3. Testing in progress 4. Sir Phalo showing clients how to use a condom 5. Winterton clients asking questions 6. Winterton

On the 7th of April 2016 the TOP nurse Vuyo Phalo , Lizzie Zondo (Lay counsellor) and the Dumisile Mkhonza (PRO) embarked on the National campaign against illegal abortion . This campaign saw the staff members going around Winterton and Bergville where they gave information about the importance of Choice in Termination of Pregnancy (CTOP), HIV testing and family planning.

At this awareness the community where informed about the types/methods that are available at the Hospital and the importance of the dangers of back street abortion.

The main dangers of street abortion is that it is performed with unsterilized equipment and there is a high chance of infection and severe bleeding which can cause death.

For more information Sir Vuyo Phalo can be found at our Out-patient department

### **BREASTFEEDING WEEK**



According to the Department of Health calendar, week 1-7 August 2016 is recognized as a World Breastfeeding Week. Emmaus Hospital commemorated Breastfeeding Week on the 3<sup>rd</sup> of August 2016.

The purpose of breastfeeding week was to encourage mothers to breastfeed their babies exclusively for six months starting from the first hour after birth and to continue breastfeeding for two years and beyond. They were taught about the advantages of breastfeeding, benefits to the mother and family and positioning and attachment.

A question and answer session was done and mothers who answered correctly were rewarded with lovely gifts.

All mothers and pregnant women who attended the event were showered with gifts.

1. Clients breastfeeding the correct way 2. Maternity staff singing for the clients. 3 Clients received gifts







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PREGNANCY WEEK







1. OM Sr Nkabinde and Sr Xaba giving gifts to the mothers. 2. Pregnant women listening. 3. Outside maternity ward

The Department of Health uses Pregnancy Awareness Week to strengthen pregnancy education and stress important issues that promote healthy pregnancy and safe motherhood.

On 10<sup>th</sup> February 2016 Emmaus Hospital Maternity Ward embarked on educating clients and patients during the High Risk Clinic day. They were educated on PMTCT programme, fetal kick counts, importance of ANC visits ,early recognition of danger signs in pregnancy and importance of taking medication as prescribed especially Calcium Carbonate.

Question session was done and clients were rewarded with gifts.

A special thanks for their donation of gifts for the event to be a success.

### CENTRAL CHRONIC MEDICATION DISPENSING AND DISTRIBUTION



1. Emmaus hospital OPD. 2. Management and hospital board chairperson. 3. Launch at Bergville clinic. 4. Clients at Bergville. 5.

The central chronic medication and dispensing and distribution launches happened in all the clinics. This program aims at decreasing patients who are stable and on chronic medication who only come to collect their treatment every month. For 5 months then return to clinic on the 6th month for new prescription.

There are pick up points that have been identified so that the clients do not need to come to the hospital hence decreasing travel distance and large number of patients at the facilities. Thank you to Al Imdaad foundation for the fruit packs that were distributed to clients. The programme was welcomed by at the stakeholders.

For clients to be on the CCMDD program they need to go via the clinic

#### **MPILOYETHU CLINC OUTREACH PROGRAMS**







1.Cervical screening. 2. LGBTI testing station. 3. Hypertension and diabetes screening. 4. Tents for screening. 5. Group of clients

On the 22 June 2016 Emmaus Hospitals Mpiloyethu clinic conducted an Outreach programme in the Stulwane area of Emmaus. Joined by Health systems trust (HST) UThukela District and LGBT Ladysmith, the following services were rendered:

- HIV testing with a total of 34 clients tested.
- Cervical screening with a total of 28 clients screened.
- Tuberculosis screening with a total of 14 clients screened.

Hypertension and diabetes screening with total of 25 clients screened.

There was health education given by a Professional nurse to the Stulwane community on Condom use both male and female condoms.

There were also a total of 400 male condoms and 50 female condoms distributed to the community

#### **MPILOYETHU CLINC CONDOM DRIVE**



1. Condoms distributed at Winterton. 2. Mr Mbatha and Mr Magwaza distributing condoms at Didima compound. 3. Mhlwazini area

Many areas were visited in one day: Winterton, Khetani, Vimbukhalo, Mhlwazini, Diepsloot, Thunzini, Magangangozi and Cathedral peak compounds.

All together there was a total of 20 000 male and 300 female condoms distributed in the community. There were approximately 450 expired male condoms retrieved.

Distribution of condoms in the community is helpful to the community by it being easily accessible to them, as well as the health care system to identify if condoms are being used in the communities, giving health education to the community about risks and how to use the condoms as well as by doing so reducing the transmission of HIV, STI's and unwanted pregnancies in the surrounding community.

#### **NEW BUILDING**



1. Entrance to OPD. 2. Reception. 3. Security department. 4. Main entrance . 5. Casualty department. 6. Pharmacy and maternity department. 7. OPD waiting area

From the 1st of October 2015 the new building at Emmaus Hospital was opened to the public. It stared with the OPD and Casuality department then pharmacy, x-ray and maternity also operated. This building has brought relief to congestion in the old OPD/causality as it was one department. The building has been welcomed by the community with positive results and lots of change.

## LESBIAN, GAY, BISEXUAL, TRANSGENDER, INTERSEX (LGBTI) WORKSHOP



1. Nomcebo from LGBTI welcomes all. 2. Attendees. 3. Sbu from LGBTI Durban presenting. 4.&5 Attendees

Emmaus hospital was visited by LGBTI Ladysmith center on the 30 and 31 August 2016. There was a total of 38 staff members who attended the workshop on both the days combined. Emmaus staff where educated on understanding the LGBTI community, how to handle such clients and how to get help and refer such clients for further education and assistance. The workshop was very informative, beneficial, and the staff seemed to have gained new and valuable information for the future. As well as for staff to educate their communities on this LGBTI community.

Many thanks to SR Gabi Ngwane, and Nomcebo Thungo from the LGBTI Ladysmith center as well as Sbo Khumalo from LGBTI Durban.

#### **FAREWELL**



It was indeed a sad day for Emmaus hospital when we bid farewell to our M& E manager Mrs B.J. Mchunu.

Mrs B.J. Mchunu has been with Emmaus Hospital for many years as her journey started in 2001 when she worked as a Professional Nurse, in 2007 she then became a Clinical Nurse Practitioner from there in 2009 she was appointed as the Operational Manager for Dukuza Clinic. In 2013 she was appointed as the M&E Manager for Emmaus Hospital.

It was coincidental that we celebrated her farewell on the same day as her birthday. She has truly shown that determination and hard work pays off.

We as the family of Emmaus wish her all the best for her new journey . Siyabonga mama wethu.

#### **HERITAGE DAY CELEBRATION**



1. Song and dance. 2. Sphe performing. 3. Performers 4. Our InNkosi for the day Phumlani. 5 Finance Department. 6. HR Department. HR departments cuisine surely deserved winning. 7.&8. 2016 Winners

The 24th of September is National heritage day Emmaus celebrated this day on the 28th of September 2016. The day was filled with lots of diverse song and dance. This year for the food competition HR took the title for being the best department to show case their culture.

X-ray departments Sphamandla Dlamini gave us a piece with a Maskhandi song. Celebrations like this are part of our team building were everyone comes together. "Reclaiming, restoring and celebrating our living heritage "

#### **GALLERY**



Masakhane

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#### **ACKNOWLEDGEMENTS**



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Thank you to all the staff members that contributed to the newsletter!



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