



health

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

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# MASAKHANE EMMAUS HOSPITAL NEWSLETTER



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**Vision:** Achieve holistic wellness for all persons in Okhahlamba local municipality.

**Mission:** Emmaus functions as a district hospital and is committed to providing seamless quality district health care services in collaboration with other role players through the district health systems approach.

# WORDS FROM OUR CEO



## **WE NEED TO CHANGE (FOCUS ON PATIENTS)**

The management literatures usually refer to management approaches as generic, but with the Department of Health especially in a hospital and clinic setting it will not be the same.. In a hospital and clinic environment you can not manage in a straight line pattern.

It is for very reson , hence I say “ WE NEED TO CHANGE AND FOCUS ON PATIENT:”. Our positive attitude towards patient care can make us go an extra mile towards Quality improvement initiatives.

The team approach should be the name of our service delivery game. My expectations are that as health workers we must be a stumbling block to health worker.

If you do not observe the Health Agenda’s which inter alie relate to:

Six building blocks (WHO), Millenium Development Goals (UN), Ten point plan (NDOH), negotiated service delivery agreement, National core standards and six core priorities, CARMMA etc, then you are in a wrong location.

Again that is why I say “We need to change and focus on patient”



# OPERATION CLEAN UP CAMPAIGN

**On the 25 –26th of March 2013 the Emmaus hospital cleaning committee planned an operation clean up campaign. This campaign aimed at cleaning the hospital as per the six priorities of government which is facility cleanliness. The whole management got involved and most of the staff members were present to get down and dirty on that day. The campaign was a huge success and now the hospital plans to maintain the cleanliness of the hospital. Emmaus hospital striving for excellence!!!!**





# OPERATION CLEAN UP CONT...



# TB AWARENESS



## What Is Tuberculosis?

**Tuberculosis (TB)** is an infectious disease that is caused by a bacterium called *Mycobacterium tuberculosis*. TB primarily affects the lungs, but it can also affect organs in the central nervous system, lymphatic system, and circulatory system among others. .

## What causes tuberculosis?

Tuberculosis is ultimately caused by the *Mycobacterium tuberculosis* that is spread from person to person through airborne particles. It is not guaranteed, though, that you will become infected with TB if you inhale the infected particles. Some people have strong enough immune systems that quickly destroy the bacteria once they enter the body. Others will develop latent TB infection and will carry the bacteria but will not be contagious and will not present symptoms. Still others will become immediately sick and will also be contagious.

## What are the symptoms of tuberculosis?

Most people who become infected with the bacteria that cause tuberculosis actually do not present symptoms of the disease. However, when symptoms are present, they include unexplained weight loss, [tiredness](#), fatigue, shortness of breath, [fever](#), night sweats, chills, and a loss of appetite. Symptoms specific to the lungs include coughing that lasts for 3 or more weeks, coughing up blood, chest pain, and pain with breathing or coughing.

## Who gets tuberculosis?

Tuberculosis is spread from person to person through tiny droplets of infected sputum that travel through the air. If an infected person coughs, sneezes, shouts, or spits, bacteria can enter the air and come into contact with uninfected people who breathe the bacteria into their lungs.

Although anyone can become infected with TB, some people are at a higher risk, such as:

- Those who live with others who have active TB infections
- Poor or homeless people
- Foreign-born people who come from countries with endemic TB
- Older people, nursing home residents, and prison inmates
- Alcoholics and intravenous drug users
- Those who suffer from [malnutrition](#)
- Diabetics, cancer patients, and those with HIV/AIDS or other immune system problems
- Health-care workers

## How is tuberculosis treated?

Treatment for TB depends on whether the disease is active or latent. If TB is in an inactive state, an [antibiotic](#) called isoniazid (INH) is prescribed for six to twelve months

Active TB is treated with INH as well as drugs such as rifampin, ethambutol, and pyrazinamide. It is also not uncommon for TB patients to receive streptomycin if the disease is extensive. Drug therapies for TB may last many months or even years.

If a patient has a drug-resistant strain of TB, several drugs in addition to the main four are usually required. In addition, treatment is generally much longer and can require surgery to remove damaged lung tissue.

## How can tuberculosis be prevented?

There is a vaccine available for tuberculosis. Better methods of preventing tuberculosis include eating a healthful diet that takes care of your immune system, getting a TB test regularly if you work or live in a high risk environment, and finishing TB medications. To prevent transmitting the disease to others if you are infected, stay home, cover your mouth, and ensure proper ventilation.



# NURSE'S IN WHITE UNIFORM



BUSINGATHA CLINIC STAFF IN WHAT UNIFORM



EMMAUS HOSPITAL STAFF



# NEW APPOINTMENTS

## JANUARY

MAZIBUKO Z.S	RADIOGRAPHER COMM SERVE
NDLOVU S.	MEDICAL OFFICER
O'GORMAN T.E	DIETICIAN COM SERVE
DALLIAH N.O	PHARMACIST COM SERVE
MDLOLO N.Z	PHARMACIST
MANYONI N.M.M	DENTAK THERAPIST
HADEBE L.P	PROF. NURSE
MBHELE E.P	CLINICAL NURSE PRACTITIONER
MAZIBUKO G.B	PROF. NURSE
MKHWANAZI P.J	CLINICAL NURSE PRACTITIONER
GREENE R.J	SPEECH AND AUDIO THERAPIST
MANOGARAM L.	PHYSIOTHERAPIST COM SERVE
LANGE J.L	OCCUPATIONAL THERAPIST COM
TSHABALALA T.S	DATA CAPTURER

## FEBRUARY

SEMENYA S.V	CHIEF HRO
THUSI M.N	OPERATIONAL MANAGER
GREENSHIELDS N.P	MEDICAL OFFICER
MORRISON C.M.T	MEDICAL OFFICER
MHEMBERE N.M	PHARMACIST INTERN
NDABA S.M	MEDICAL OFFICER COM SERVE
BUTHELEZI N.P	NURSING ASSISTANT
MAZIBUKO M.B	NURSING ASSISTANT



# NEW APPOINTMENTS

## FEBUARY CONT...

ZIQUBU S.P ENA

KHUMALO L. ENA

MAZIBUKO T.N. ENA

MKHONZA L.N STAFF NURSE

MTHEMBU N.R STAFF NURSE

NDABA N.B. STAFF NURSE

## APRIL

XABA T.P PROF NURSE

HLATSHWAYO N.P HOUSEKEEPER

HLONGWANE M.V LINEN ORDERLY

HADEBE D. DRIVER

WELCOME TO THE FAMILY OF EMMAUS HOSPITAL



# FAREWELL



Laundry staff farewell party held for Mr . Hlongwane and Mrs Zwane who are retiring from the service.



Mr. Hlongwane and Mrs Zwane



Therapy department farewell to Miss Zandile who is leaving for Newcastle.

# PICTURES



Our soccer team.  
King Dingizulu hospital VS  
Emmaus hospital at Durban



Netball team  
King Dingizulu Hospital vs  
Emmaus Hospital



Maternity twins  
Four set of twins in one day!





# NEW FACE AT THE PR OFFICE

I want to introduce my self as a new member at Emmaus Hospital ,Who I am and where I come from?

My name is Nqobile Dlodlo and I was born on 1988 September 29 and I have two sister'S and one brother and I am 4th at home.

I come from at Durban Computer College

I have a National Diploma for Public Relations so I am here to get experience in Public Relations



If you have any comments or input please contact the public relations office on 036 488 1570 ext 8224.

You will find us at the management block..

Editor: Miss D.P Mkhonza (PRO)

In-service trainee( Miss N.F. Dlodlo)

