



# EMMAUS HOSPITAL

INFORMED COMMUNITY IS A HEALTHY COMMUNITY

# MASAKHANE

THE OFFICIAL NEWSLETTER OF EMMAUS HOSPITAL



CALL THE HOSPITAL @ 036 488 1570

JANUARY  
2008  
TO  
APRIL  
2008

ISSUE 2  
VOLUME 1

## INSIDE THIS ISSUE...

**THE CEO'S NOTE, PRO'S DESK, MENTOR MOTHERS,  
TB&PEADS SWAP, NEW EMPLOYEES AND MORE....**



### TEAM-WORK

**"When two people meet, there are really six people present.  
There is each man as he sees himself, each man as he wants to  
be seen, and each man as he really is."**

**INSIDE THIS ISSUE...****PAGE**

- 2. From the CEO's desk
- 3. Uthini Umphakathi
- 4. From the Dietician
- 5. Health focus
- 6. New TB & Peads ward
- 7. Staff commended
- 8. From the Therapy Department
- 9. U.S. Visit Okhahlamba
- 10. Vitamin A Campaign report
- 11. Who is born in April
- 12. Sport & Leisure

***FROM EDITORIAL***

I WOULD LIKE TO THANK ALL STAFF WHO HAVE CONTRIBUTED TO THIS NEWSLETTER. EVEN IF YOUR CONTRIBUTION DOES NOT APPEAR IN THIS ISSUE, THERE IS THE NEXT ISSUE COMING. "ANDILE PANI"

**MASAKHANE IS THE OFFICIAL NEWSLETTER OF EMMAUS HOSPITAL AND IS PRODUCED BY THE PUBLIC RELATIONS OFFICE.**

**SHOULD YOU WISH TO CONTRIBUTE TO THE NEWSLETTER PLEASE FEEL FREE TO CONTACT THE OFFICE. WE SOLELY RESERVE THE RIGHT TO EDIT ANY INPUT FORWARDED.**

**CONTACT MASAKHANE  
TELL: 036 488 8224  
FAX: 036 488 1330**

**E-mail:**

**andile.pani@kznhealth.gov.za**

**POSTAL ADDRESS  
EMMAUS HOSPITAL  
P/BAG X 16  
WINTERTON**

## FROM THE DESK OF THE CEO'S MR. L.T. MAZIBUKO



It is hard to believe that the financial year 2007/08 has drawn to a close and with it, the institutional and all clinics achievements

The purpose of this newsletter is to give employees, clients and all stakeholders an understanding and the information to continue to improve on feedback.

In the first place I would like to extend my words of appreciation to all staff members of Emmaus Hospital and clinics for their tremendous efforts in ensuring the delivery of health care services to the people of Ukhahlamba Health Sub-District.

I clearly understand the frustrations the staff are going through including but not limited to non-legally compliant buildings, office space equipment, very finite budget etc.

With regard to the context within which staff are functioning especially at OPD and some wards and offices I would like to sincerely send across the following words: Be diligent so that every one may see you progress (1 Timothy 4:15).

### EMMAUS COMMENDED FOR COMMUNITY INVOLVEMENT

In December 2007 Uthukela District management team led by District manager Mrs. B. Brysiewicz held an end year function at Emmaus hospital. The Purpose of the function was to acknowledge the district achievements and those of individuals. It was the day for all the institutions within the district to outline their institutional achievements. Emmaus hospital effort never went unnoticed as the Hospital received a certificate for being the only

Hospital in the district that has excelled in the community involvement project.

Try to understand this: God sees the end from the beginning and He has already mapped out your journey.

He knows that if you rise too quickly there are dangers. Gods plan can not be rushed. When you try to move too quickly you end up in a tug-of-war with Him. And you lose every time.

We still hope that our new OPD, Trauma, maternity and other selected facilities for Emmaus hospital are to be built.

People have been appointed to run the units (Operational Managers) I would therefore safely assume that the financial year 2008/09 will be crammed with meaningful milestones including the looks of our wards, modern equipment (stretches, wall mounted oxygen, beds etc.

Yes it is true that we have experienced failures but one should not be afraid of failure: In every failure there is both a step towards success and a step on the journey of knowledge.

Let us now welcome the new financial year 2008/09 as a team that is looking forward for the outstanding breakthrough in the name of "The Road to service delivery"



**Emmaus Hospital Manager Mr. Linda Mazibuko receiving a certificate from the Uthukela District Manager for the hospital community involvement**

# UTHINI UMPHAKATHI

**AKE SIVE UMPHAKATHI UKUTHI UTHINI NGEZINHLELO NANGENDLELA  
ISIBHEDLELA ESISEBENZA NGAYO.**

## ULWAZI SIYALUTHOLA KONESI

**N**gincoma onesi basi-phathakahle ngokuthi bayasinaka futhi ngibonge uma ubuza noma yini ongayazi basilayela kahle ngesineke futhi abasilwisi. Ngifisa ukuthi baqhubeka nomoya wabo omuhle. Ngibonga nolwazi abasifundisa lona ukuthi kumele sibakuhlise kanjani abantwana

## BONGIWE KHUMALO NGOBA



Ngihlalile esibhedlela e-Emmaus cha abanye onesi baphathana kahle kakhulu bakhululekile bayabazi abantu kodwa hhayi bonke futhi into endichazile esibhedlela bakwazile ukuthi bangisize ngempilo yam ngoba bengingazi ukuthi ngiyobuya ngihlangane nomndeni wamikodwa bakwazile ukungisisa sengizizwa ngiphilile manje, cha bayasebenza esibhedlela sase Emmaus Hospital ngiyabancoma abasebenzi

## HLENGIWE MOLABA ZWELISHA



I am very happy with the way we go while on the line (queue). I wish you could have put special person who will be looking for people who are going in and out from the line or else you have to get special tickets, for example include numbers 1,2,3,4 and so on. I am saying this because there are people who just go straight in front of others which is wrong; remember first come first serve.

## GOODWIN RASHID ACTION HOMES

Thank you for your suggestion. The Hospital has indeed managed

to control the queue at our reception and as result we have someone who is looking after the queue. The queue at the reception is now going faster than before, that means, it is suggestion like yours that can make us improve.

## PRO



Ngincoma amanesi ase Emmaus ngokusiphatha kahle e-Ward loku-tetisa

## NTOMBIKHONA HLOMBE EMAMFEMFETHENI



Nginbonga kakhulu ukuphatha kahle ku nesi Hlongwane obelethisayo e-maternity, unomusa unobubele engathi unkulunkulu anagmandisela insuku zakhe zokuphila emhlabeni abandile onesi abenza njengaye uyakulalela noma ucelani asho ukuthi ngenze. Good luck Mrs. Hlongwane obelethisa ebusuku ube ngumama oqotho kimi

## Yimi

### Samkelisiwe Maphumulo



Usister Hadebe unempatho enhle ezigulini bekungakuhle uma nabanye bengabonela kuyena



Ngithi mangidlulise okukhulu ukubonga kwenikwenzayo okuhle. Kodwa okukodwa okungangiculisane neze futhi kungemina ngedwa balingi nabanye. Ukuthi uma uyisigulu uze kudokotela kumele uqale e clinic uzogcina e OPD kudokotela, bese ngezimo ezinhle esingazazi thina ugcine khona e clinic ekugcineni ugasizakali noma kungalapheki okusuke ukuzele esibhedlela.

**Mbali Hlongwane  
EMMAUS MISSION**



Siyabonga Ngencwadi yakho, nama kungacacile ukuthi yiphi inkiga ohlangabezane nayo esibhedlela, kodwa kungumgomo wesibhedlela ukuthi wonke umuntu ozofuna usizo aluthole. Uma ungaqondi kahle noma ungazi ukuthi wenze njani buza noma wubani osebenza esibhedlela ukuze uthole ulwazi olwanele.

## PRO



Mina owami umbono bengicela ukuthi uma kufika umntwana wesikole egqhoke imfaniswano yesikole efika la ngesikhathi sesikole asheshiselwe ngoba usuka eshiyeka ezifundweni zesukole ngoba nani nilapho nje kungenxa yesikole, manaje ngicela ningazibukeli phansi izingane zesikole mayelana nokuzibezela

## UMFUNDI

### SABELO VILAKAZI



Umbono wakho uyezwakala, kodwa nabo abafundi mabaphathe izincwadi ezibhalwe othisha eziqinisekisa ukuthi uyaziwa ukuthi ngempela usuke esikoleni

## PRO



**NAWE UNGAFAKA OWAKHO  
UMBONO NJENGALABA ABABHALILE.  
FAKA UMBONO WAKHO EBHOKISINI. AKHONA  
ENZELWE WENA**

**NOMA USIBHALELE  
KULELIKHELI  
EMMAUS HOSPITAL  
P/BAG X 16 WINTERTON 3340**

**FAX: 036 488 1570**

**andile.pani@kznhealth.gov.za**

# Emmaus Hospital: Baby Friendly Hospital Initiative

WRITES JULIE THOMAS

**W**e are due to be re-assessed on our Baby Friendly Hospital Initiative (BFHI) early in May.

It therefore seems necessary to mention why maintaining our accreditation is so important.

The BFHI basically means that our hospital promotes, protects and supports exclusive breastfeeding for 6 months.

The way that we do this is by the following 10 Steps:

1. Have a written breastfeeding policy that is routinely communicated to all health care staff.
2. Train all health care staff in skills necessary to implement this policy.
3. Inform all pregnant women about the benefits and management of breastfeeding.
4. Help mothers initiate breastfeeding within half an hour of birth.
5. Show mothers how to breastfeed, and how to maintain lactation even if they should be separated

from their infants.

6. Give newborn infants no food or drink other than breast milk, unless medically indicated.
7. Practise rooming-in - that is, allow mothers and infants to remain together - 24 hours a day.
8. Encourage breastfeeding on demand.
9. Give no artificial teats or pacifiers (also called dummies or soothers) to breastfeeding infants.
- 10 Foster the establishment of breastfeeding support groups and refer mothers to them on discharge from the hospital or clinic.

Staff need to be very familiar with these 10 Steps and it is also important for patients to understand what they mean.

We wish to maintain our status because exclusive breastfeeding for 6 months guarantees babies in our community get the best possible start in life and will grow healthy and strong.



There are many risks to formula feeding and mothers need to be aware of these risks and then make an informed choice regarding feeding.

Our Infant and Young Child Feeding committee members would greatly appreciate your assistance in keeping Emmaus Baby Friendly.

Training will be commencing in March and **all** staff members need to arrange time away from work to attend these sessions.

## Weight Loss Program for Emmaus Staff Members

**A**ny member of staff at Emmaus Hospital who wants to loose weight is welcomed to join the Weigh-less Group.

We are focused on ensuring that participants eat a healthy diet and combine it with some exercise ensures effective weight loss.

The group meets twice a

month to be weighed and measured and also to have a small talk to help motivate the group for the next 2 weeks.

Anyone interested in joining should contact Julie (Dietician) on ext 8301 for more details as to when the group will next be meeting.



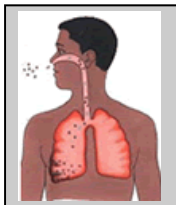
### EXPAND YOUR KNOWLEDGE

**Lack of activity destroys the good condition of every human being, while movement and methodical physical exercise save it and preserve it.**

# HEALTH FOCUS... YAZI KANGCONO NGEMPILO

**K**wiphepha bhuku (newsletter) eledlule besikulethele ulwazi olubalulekile mayelana negciwane lengculaza.

Kuleli sikuphathele okunye okubalulekile ngempilo yakho, isifo sofuba, TB.



## SIYINI ISIFO SO-FUBA/TB

I-TB yisifo esihlasela kakhulu amaphaphu, kodwa ingatholakala futhi nakwezinye izicubu zomzimba. Ibangelwa yigciwane elibizwa ngokuthi yi-MYCOBACTERIUM TUBERCULOSIS. Amagciwane abasematheni, akhwehlelela yilabo abanaleligciwane le TB yamaphaphu.

Lamagciwane ngokujwayelekile ahlaselela isicubu sephaphu kudaleke izimbobo emaphashini okubangela ubulukhuni bokuphefumula, kanti kungenzeka ukhwehlele igazi uma ingalashwa I TB UNGAFA NOKUFA.

## ITHOLAKALA KANJANI I-TB?

Lesisifo sitholaka ngokuthelana phakathi komuntu nomuntu. Uma umuntu one-TB ekhwehlele, ethimula, noma ethimisela amagciwane asabalala nomoya ebese ephefumuleka.

Ngenhlala akusibo bonke abahabule leligciwane elibagulisayo, ezikhathini eziningi igciwane liyavaleleka emzimbeni lingakwazi ukwanda.

Kepha uma ukuzivikela komzimba kwemvelo kungakwazi ukulwa nalamaqciwane ayanda ebese umuntu ephathwe yi TB.

## NGOBANI ABASENCUPHENI?

Abasondelene nabaguliswa yi TB Yizingane ezingaphansi kweminyaka emihlanu, abantu abanezifo esifana nesikashukela ne gciwane lengculaza, abaphuza ngokweqile, abasebenzisa izidakamizwa, abangadli ukudla okunomsoco, abahlushwa yingcindezi (stress), abantu abahlala ezindlini ezingangenwa ngumoya owanele zibe zigwele abantu.

## YIZIPHI IZINKOMBA ZE- TB

- Ukukhwehlele okungaphezu kwamasono amabili.

- Ubuhlunu besifuba.
- Ukukhathala nokuphelelwa ngamandla komzimba .
- Ukungabinothando lokudla nokwehla emzimbeni.
- Ukujuluka ebusuku yize kunamakhaza
- Ukukhwehlele igazi

## IHLOLWA KANJANI I-TB

Noma yiziphi izinkomba esezibalwe ngenhla zingakhomba ukuba unaso lesisifo.

Yana emtholampilo noma esibhedlela uma unalezizinkomba. Ukuhlolwa i-TB nokuyelapha kumahala.

Amagciwane atholakala eskhwehleleni ngokuwathimisela

uma ehlolwa e-l a b o r a t o r y . Isithombe se X-RAY esishaywa eklinik noma esibhedlela singakhombisa ukubakhona kwezimbobshana noma



Isithombe esibonisa ukuhlolwa nge X-RAY



Abonakala kanjena amaphaphu omuntu one TB

umahluko emaphashini. Ukuhlolwa kwesikhuma okwenziwa ezinganeni kungaba inkomba. Uma umuntuntu esetholwe enalo leligciwane zonke izingane ezingaphantsi kweminyaka emihlanu

kumele nazo ziyohlolwa, ukuze kuthi uma kunesidingo nazo zithole ukwelashwa.

## UKWELASHELWA I-TB

*I-TB ingelapheka ngaphandle kwezinkinga noma ke zibe ncane*

Imithi kumele iqalwe ukuphuzwa ngokushesha ithathwe njalo njengokulayela kweklinik. Kuthatha izinyanga eziyisithupha ukuze yelapheke iphele nya. Kepha emasontweni amabili nje vo umuntu eqale ukwelashwa uyobe engeke esayisakaza.

Isikhathi sokudla amaphilisi amaningi okuba ngamaphilisi amabili kuya kwamahlanu ngelanga kuthatha izinyanga zikuqala ezimbini kanti aphuzwa kusukela kumsombuluko kuya kuLwesihlanu. Ukuwadla

ngokuqhubeka kona kuthatha izinyanga ezine ezilandelayo kube amaphilisi amabili noma amathathu aphinde nawo aphuzwe kuMsobuluko kuya kuLwesihlanu.

## AMAPHILISI KUMELE AQEDWE

Kuliphutha ukuma ukuthatha amaphilisi uma nje uzizwa usungcono. Wonke amaphilisi nemithi kumele kuthathwe inyanga eziyisithupha ezigwele.

Uma imithi ibuye ikweqe uba sengcupheni yokuba ube negciwane eselingawazweli amaphilisi nemithi. Loluhlobo lwe TB akulula nakancane ukwelapheka, ludinga izinyanga ezingaphezu kwezinyishumi nesishiyagalombili usesibhedlela. Kuthatha isikhathi eside ukuba amagciwane e TB aphele. Uma imithi iyekwa ngokushesha ngaphandle kokuyalwa ngineso noma udokotela isifo singaqala phansi futhi.

## UKUHLANGANA KWE TB ne HIV

I-HIV yandisa amathuba okuphatwa yi TB. Akusho bonke abantu abane HIV abaguliswa yi-TB akusibobonke abantu abaguliswa yi- TB abane HIV. I-HIV/AIDS yandile emiphakathini enhlalo yayo intekenteke, yona futhi lemiphakathi isengcupheni ye TB.

## UNGAYIVIKELA KANJANI I-TB

Kungaba wukwelashwa kwalabo esbahaqwe yileligciwane ukuze singandi lesisifo.

Mboza umlomo uma ukhwehlele Ukugonywa wazo zonke izingane eklinik zingakabi nonyaka.

Ukudla ukudla okunomsoco, okunjenge nyama. Inhlanzi, amaqanda,

ubhontshisi, ubisi, inkwa esimnyama, impuphu yombila, amaveji, izithelo.

Utshwala kumele kugwenye ngoba kubangela ukwehla kwamandla omzimba ekuzivikeleni kwemvelo kanti kuphazamisa ukulashwa.

Ukubhema kuyakuqedela emaphashini kanti kungadala isifo senhiziyo nomdlavuza wamaphaphu.

Ukuthola ilanga, umoya ohlanzekile, ukunyakazisa umzimba nokuhlala endaweni ehlanzekile.



UKUDLA UKUDLA OKUNOMSOCO KUNGEZA ULAPHEKE KALULA

# PROGRESS ON THE SWAP OF TB WARD AND PEADS WARD

Emmaus Hospital is making all efforts to ensure that the patients are looked after and thus making sure that high quality health care services are fully rendered.

This has been proven by the hospital initiative to swap the two wards (TB and PEADS Wards), in order to accommodate the patients' needs.

Due to space constraints in the hospital and high increase of patients with TB it was difficult to accommodate those patients, and especially that the hospital had XDR patients of which needed isolation rooms.

It was the hospital management strategic plan that, because the Pediatric ward has more space than the TB ward.

Again, the pediatric ward, because of its building structure can have isolation rooms for those special TB patients.

In the past few months renovations were taking place at the wards and TB was (ex-peads) is almost finished.

The patients have already been accommodated at the ward.

The new TB ward is now boasting of the well ventilated rooms, enough space, isolated rooms.

Unlike at the old TB ward, where there were no ventilations and beds were not isolated, now the initiative has brought new life for TB patients and even staff.

Wall mounted oxygen also forms part of this initiative, but is also extended to all wards.

Renovations are now continuing at the Pediatric (formally TB ward).

The initiative is indeed one of the successful project to improve quality in service delivery.

Management should be commended for the good commitment to quality improvement as this will assist our patients.

## BEFORE .....



## DURING.....



## AFTER.....



THE PICTURES SHOW THE WARDS BEFORE THEY WERE RENOVATED, AND DURING THE PROCESS OF RENOVATIONS. THE COMPLETED WORK IS ALSO SHOWN. STAFF AT THE NEWLY RENOVATED TB WARD SAYING HOLA 6





# BATHO PELE: RECEPTION STAFF

**A**baphathi besibhedlela s a s e - E m m a u s bawuthakazele kakhulu umsebenzi oncomekayo owenziwe ngabasebenzi base-ndaweni yokwamukela/Reception. Lokhu kulandela ukuthi abasebenzi babenombono wokusiza umphakathi ngokusondeza ihovisi lokwamukela maduze ne OPD. Lokhu kusosiza umphakathi ukuthi ungathathi isikhathi eside ukuthola usizo lwehovisi yokwamukela, kukwasiza neziguli ezifikiswa nge am-

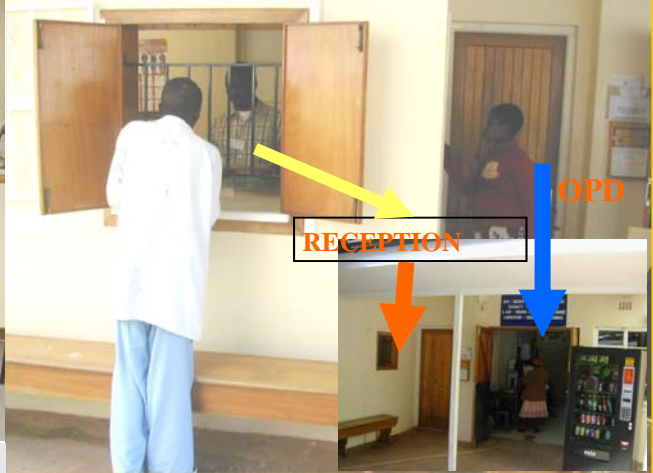
bulance ukuthi usizo lubeseduze. Kuzokhumbuleka ukuthi ngaphambilini ukuthi uma ufika esibhedlela kudingakala ukuthi uqale e-Reception nethande ukuqhela ne-OPD. Lokho bekuye kwenze kubenzima kwiziguli ezigula kakhulu ukuhamba lelobanga-kodwa lokho sekushintshile. Usungasho manje ukuthi sekungu zonke bonke. Loku kubonakalisa ngokusobala ukuthi wonke umuntu osebenza kulesisibhedlela unenhloso

eyodwa: ukusiza umphakathi. Singasho nje ngokungafihlisiyo ukuthi ngokomgaqo we Batho Pele, lelihovisi lizeka mzekweni. Asikona okokuqala lelihovisi libonakalisa ukunakekelwa kweziguli noma umphakathi. Phambilini like lathola izincomo ngendlela abashintshe ngakhona ukulawula umugqa wokubhalisa okumanje umphakathi esewuthi uyashesha. Kubo bonke abasebenzi base Reception sithi akwande.

Left: Yibo laba abasebenzi base-Reception ababonaka bezimisele ngomsebenzi wabo wokunakekela umphakathi.



Right: Libonakala kanjena i-ofisi eliseduze ne-OPD elenzelwe ukuthi izinsiza sibesendaweni oyodwa "ZONKE BONKE"



KEEP THE GOOD WORK: THUMBS UP

# MATERNITY WARD EXALTED BY PATIENTS

When you are doing a good job you must be commended. By so doing you will definitely improve what you are doing and start to know that the work you are doing is of value and is helping someone somewhere. It is for that reason that, in order to make sure that people are motivated, they should know of their work. As a person responsible for the hospital suggestion boxes, I found it necessary to let maternity staff of what the patients say about their work. So far it is the only section that has received so many compliment about their high quality care to patients. It is not that other section do not receive compliment but, they do, but maternity ward is leading .

All these compliments are not coming from me neither management but the patients you are serving. They even mention individuals for their good care. I would undoubtedly say that you are good example in the practice of BATHO PELE. Emmaus Hospital staff are proving to be very cautious about high quality service.



Laba ngabanye abasebenza kuyona i-ward laseMaternity

**WISE WORD**  
**Always behave like a duck...keep calm and unruffled on the surface but paddle like the devil underneath**  
 □□□□□□□□  
**ATTITUDE IS CONTAGIOUS. IS YOURS WORTH CATCHING?**



## FROM THE THERAPY SIDE

**"WE ARE EXCITED ABOUT THIS YEAR, FOR WHAT WE ARE GOING TO LEARN, EXPERIENCE AND CONTRIBUTE TO EMMAUS HOSPITAL"**

**Linda Hitchman and Ruth Sherry**



Over our first two (and a bit) months working at Emmaus, we (Linda and Ruth) have settled into running our department and treating those of you familiar with how the department looked before will have noticed that it has been re-organized to maximize our use of space and to improve privacy for the patients.

*Those of you familiar with how the department looked before will have noticed that it has been re-organized to maximize our use of space and to improve privacy for the patients.*

We are planning to start running CP clinics at the department once a month, which will give caregivers of CP children a chance to share ideas and experiences, and will be an opportunity for group education and stimulation for the children.

We are also getting ideas flowing for our community projects for this year, which we intend to be a sheltered workshop for some of many

people in the area who do not qualify for DG'S but find working in the open labour market too difficult. This project is still in the very early planning stage.

We are also continuing with Growing Hopes: Community project from last year

Growing Hopes is a support group for people affected by HIV. We are currently trying to help set up their vegetable gardens and get water supplied by the mayor.

Those of you familiar with how the department looked before will have noticed that it has been re-

organized to maximize our use of space and to improve privacy for the patients.

We are planning to paint it too soon to make it a brighter, more interesting and positive environment.

When we are not busy in the wards or departments treating patients (and re-arranging furniture), we visit five clinics and a community-run centre.

There we treat many patients with the help of our CRF's, Thami, Abel and Jabu.

The clinics are generally very busy, but there is always time to admire the spectacular scenery around us!

We are excited about this year, for what we're going to learn, experience and contribute to Emmaus Hospital.

## ANOTHER INITIATIVE BY EMMAUS HOSPITAL

It should be practiced that, not people should go to services, but services should go to the people.

That is exactly what Emmaus Hospital has initiated.

Recently Emmaus Hospital management and clinic heads gathered at the Bergville PHC to discuss the ways to make health services near to the community.

The initiative comes after it has been sought that, people from the areas of Dukuza, Oliviershoek and surrounding areas are traveling long distances and spending a lot of money to get to Emmaus Hospital.

The initiative also arose from the fact that many people are coming from these areas and their surrounding, which meant that a plan to give services to the nearest

points should be devised.

It was then that Bergville was decided that it should be a central point to cater for health services at a convenience.

Although it is still at its infancy stage the plan is sought to assist many of the Hospital clients in many ways: such as getting services at a central point, saving money and time.

As part of the plan some of the hospital services will be based at the PHC. The

Initiative will not only assist our community, but will impact conveniently to the mobile staff who keep the mobile vehicles at the police station.

Before, the staff had to live their private cars at the PHC and walk to

fetch the mobile cars, that has impacted badly in terms of rendering their services on time.

That is about to change now as all the departments' cars will be parked within the premises of the facility.

Most of the facility revamping is put to the hands of the District office and has promised to fast track the whole process.

Although the space is still a challenge but provision will be made to NPA for the space in-front of the PHC to be utilized for extension of the facility.

The PHC. Will at the moment utilize available resources and all other requirements will be included along the process.



# US AMBASSADOR'S VISIT AT OKHAHLAMBA



Emmaus Hospital Management and Uthukela Health District Manager were present to welcome the US Ambassador and his team. Here they were taken photograph at one of the Emmaus hospital clinics, Oliviershoek clinic. Community volunteers honored the visit and were shown how to make a garden trench in order to make their own community gardens.

**E**fforts to fight diseases and improve the lives of poor community in the Okhahlamba area are not going unnoticed.

That was proved by the recent visit by the United State Ambassador Eric M. Bost who, on the day was visiting various areas in the Okhahlamba Municipality Area.

Bost visit is forming part of the US Government "revisit" to all US government funded projects. THAT'S IT, a project run by the World Vision in collaboration with the Department of Health and is also funded by the US government mainly focusing in the eradication of TB and HIV&Aids. Among the projects that United

states has funded include Bergville Child Survival Project which was rolled out through al Uthukela Municipalities, HIV/MED Grant Amendment, Health Mngement Information System, /HIV/Micro Development which envisaged home based carers.

Through the funding of the US Government, training of 90 volunteers as Home Based Carers, HBC supplies through Department of Health, 420 people trained in starting their own business are among the achievements that were presented to the Ambassador. The importance of the day was also honored by the presence of the Uthukela Health District Manager Mrs Brysevich and Emmaus Hospi-

tal Management.

As part of the day, the Ambassador commenced is trip by visiting Bergville PHC, where the Sputum Microscopy Lab oratory if based.

And from there, there second point was Philakahle Offices and THAT'S IT offices to meet the team.

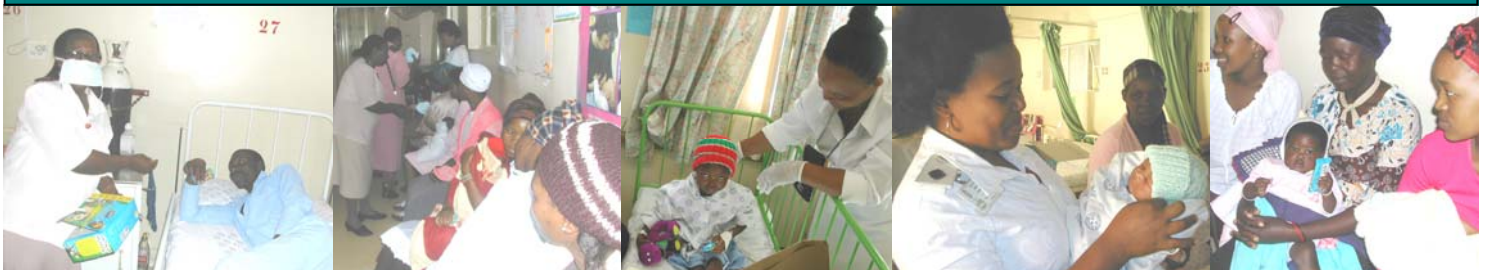
He ended at one of Emmaus Hospital clinics: Oliviershoek clinic, where volunteers were present and gave him and his team a warm welcome.

At Oliviershoek clinic The ambassador showed satisfaction about the projects run at Uthukela and promised more support.

**If we fall, we don't need self-recrimination or blame or anger - we need a reawakening of our intention and a willingness to recommit, to be whole-hearted once again.**

## EASTER EGGS AND GOODIES FOR OUR PATIENTS

THEY MIGHT BE IN HOSPITAL DURING EASTER HOLIDAYS, BUT THEIR PAINS WERE FORGOTTEN FOR A MOMENT. SACRED HEART PEOPLE IN THE NAME OF WOMEN'S AUXILLARY, LADYSMITH METHODIST CHURCH OPENED THEIR HEARTS AND GIVE DONATION IN THE FORM OF CLOTHING, EASTER EGGS. We there fore as the hospital extend our greatest pleasure for the joy you brought to the patients. Atleast they all know that there are people who are caring for them. Blessed is the hand that is giving than the one that is taking.....thank you.



# VITAMIN A CAMPAIGN REPORT 03-03-08 TO 14-03 08

**BY MRS. MAPHALALA**

## TARGET GROUP

12 to 59 months were targeted for this campaign but 6 to 11 months that were in the queues were also given Vitamin A.

## TEAMS

Five teams were formed, each having a professional nurse as a post coordinator, then the two other staff members, community health workers and volunteers helped during the campaign. All clinics and mobile clinics participated in the campaign including Emmaus Hospital and Winterton Pharmacy.

## COMMUNITY MOBILIZATION

This was done by Community Health

Workers, School Teams, PRO, Mobile clinics using pamphlets and posters.

Key community figures at the whole Okhahlamba aea were notified prior the start of the campaign.

## SUPPLIES

Scissors, stamps, stamp pads, ink pads, loud hailers were distributed from the district office.

Vitamin A capsules from our pharmacy were enough no shortages were experienced and transport was also enough.

## CHALLENGES

Two areas Magangangozi and Mhlwazini could not be reached because of the faction fights that were happening.

On the 12th and 13th it was raining and the attendance was very poor in some areas, and the vehicles could not reach certain areas because of poor roads.

Mablesini area could not be reached because there is no road and full rivers.

Some of these areas had to be revisited the following week outside the campaign dates.

## DATA MANAGEMENT

Previous day's work was summarized in the morning and faxed to DIO before 12 o'clock every day.

According to the calculations we managed to reach 63 per cent of the target group 12 to 59 months.

## MANAGEMENT VISIT TO ST. ANNES PRIVATE HOSPITAL

As part of quality improvement approach Emmaus Hospital Management Team had on 01 April 2008 visited St. Annes Hospital which operates within the ambits of Netcare Group.

The main reason for the visit was to share the best practice. That in itself gave Emmaus Hospital a chance to be exposed in a private health sector setting

One other thing that was picked up by management in their visit was the Patient Listening Forum. We hope this forum would much assist in making us clearly understand our patient's preferences and perceptions about our performances.

## UPDATE ON THE NEW OPD, TRUAMA, MATERNITY THEATRE AND CSSD

The letter dated 05 March 2008 from Infrastructure Development regarding the new OPD reads as follows:

Kindly note, the only matter delaying this project is that of funding.

The current estimated cost for this project is R72 million

This office will only be in a position to make decision on this matter once budgets are finalized and carry through commitments are known.

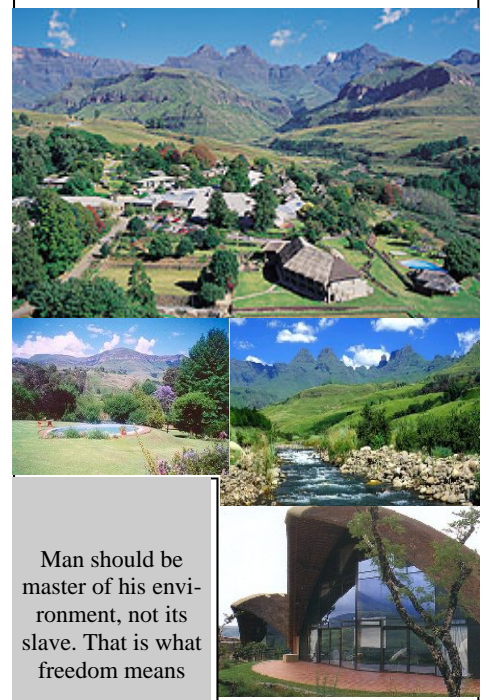


**SUPRISE VISIT**  
Mrs. Mdlalose She used to work at Emmaus Hospital and is now a retiree. She paid a visit at the hospital last months

## CONSIDER WORKING AT EMMAUS CONTEMPLATING TO WORK AT EMMAUS?

If you are the kind of person who loves outdoors, indeed Emmaus Hospital is for you. Just after work you can enjoy the mountainous landscape which is the attraction to many local and international tourists.

Here are some of the attraction most of our workers enjoy when they are not at work.



Man should be master of his environment, not its slave. That is what freedom means

# HEALTHY LIFESTYLE IN PICTURES



1. SIFISOKUHLE HAS DONE IT AGAIN: KIDS SWOWN LISTENING TO THE MESSAGES ABOUT HEATHY LIFESTYLE
2. Soccer match among staff: Systems dept vs Medical
3. Kids from Sifisokuhle showing their sport regalia and community member sowing garden implements
4. Whether you sing or dance; that a healthy living
5. Emmaus, District and other departments honored the launch of a healthy lifestyle at Sifisokuhle
6. LEADING BY EXAMPLE: Our own hospital manager took the tie off to wear a goal-keeper jersey
7. Ungabadeli omama: buka nje uZanele no Nelly bedlala i-netball
8. Eish siyabonga ngohlelo lwe Healthy lifestyle Izoncipha imikhaba yase HR
9. Bayadlala abafana base Emmaus buka nje benzani oo Siya.



## WHEN LAST DID YOU LAUGH?

TAKE A BREAK, READ SOME OF THE BEST JOKES OUR WACKY WORLD CAN HAVE.

**THIS IS JUST A JOKE...**

**Question: Why is divorce so expensive?**

**Answer: Because it's worth it.**

**Yet Another New Law:\**

With the high rate of attacks on women in secluded parking lots, especially during evening hours, the Durban City Council has established a "Women Only" parking lot at the Pavilion Mall in Westville. Even the parking lot attendants are exclusively female so that a comfortable and safe environment is created for patrons.

Below is the first picture available of this world-first women-only parking lot in South Africa.



### Gynecologists

1. A young woman had severe PMS, so she asked a friend to recommend a gynecologist. "I know a great one," the friend said, "but he's very expensive. He charges R500 for the first visit and R150 for each visit after that." The woman went to see the gynecologist. Trying to save money, she greeted the doctor with a loud, "I'm back!" He then proceeded to examine her. "Very good," he said when he was finished. "Just continue the treatment I prescribed last time."

**Why do only 10% of men make it to heaven?**

Because if they all went, it would be Hell.

**Man:** I could go to the end of the world for you.

**Woman:** Yes, but would you stay there?

**Man:** I offer myself.

**Woman:** I am sorry I never accept cheap gifts.

**Man:** I want to share everything with you.

**Woman:** Let's start from your bank account

## STAFF BIRTHDAY

### APRIL

**MS. V. CHINSAMY**  
STORES

**MS. T. MAKHWABASA**  
SOCIAL WORKER

**P.G. NKOSI**  
DEPUTY NURSING MANAGER

**MS G.T. NENE**  
HR

**MS P. MADONSELA**  
REVENUE

**MS. Z. MDLULI**  
REVENUE

**MR. L. VIJJOEN**  
WORKSHOP

**MR. M. MLOTSHWA**  
TRANSPORT

**MS. K. MLOTSHWA**  
SECRETARY

**MS. P. MAVUNDLA**  
HR



**MS. J.J. DUBAZANA**  
KITCHEN DEPARTMENT

### BIBLE VERSE

BEHOLD, I STAND AT THE DOOR AND AM KNOCKING; IF ANYONE HEAR MY VOICE AND OPEN THE DOOR, I WILL COME IN UNTO HIM AND SUP WITH HIM, AND HE WITH ME  
REVELATIONS 3: 20

### QUOTABLE QUOTE

"In the confrontation between the stream and the rock, the stream always wins - not through strength, but through persistence"

**TRUST PINK.....FIGHT SPREAD OF HIV**  
**OUR LAY CONSELLORS ARE ALWAYS THERE**  
**TO GIVE YOU ADVICE ON HIV/AIDS**



## WELCOME TO EMMAUS



From left: Benedict Jude Govender-XRAY; Linda Hitchman, Ruth Sherry both form Therapy Department Julie Thomas-Dietician; Joy Jele- pharmacist; Insert: Dr. Mbona

## FAREWELL



Dr. Zondo living Emmaus Hospital To Kwamagwaza. Waze wanzima lomthwalo. Mr. M.P. ZWANE WAVING GOODBYE WITH HIS GIFT FROM SECURITY COLIGUES, HE HAS TAKEN PENSION.

## DID YOU KNOW?

Babies are born with 300 bones, but by the time we reach adulthood we only have 206

## ME AND MY CAR

We see staff driving the cars they are driving and seemingly they love their cars, is there a specific reason. We want to know....maybe it is so affordable or it cost less in petrol, Please tell us. In our next issue we will seek advise from one of our Staff to give all he/she knows about his/her car.

# SPORT AND LEISURE

## NOT A GOOD START FOR THE SEASON BUT.....

It was not a good start for the sport season at Emmaus Hospital as we bow down to Madadeni Hospital in February.

Both the football and netball teams never tasted any success against the well-oiled machine of Madadeni, teams but our boys and girls did not go down very easy as they lost 4-2.

Although we don't want to sound as having excuses when we loose, but the sun on that day was unbearable and our teams could not cope with the above 35 degrees Celsius temperatures.

A compliment though, to the Madadeni football team, you guys displayed a wonderful performance and with your young team, you are going places especially that you managed to beat the football powerhouse Emmaus Hospital.

A word of warning though, never judge us by that game as it was our first game of the season.

Even to other hospitals, we are now coughing blood, and any opponent will feel our presence. In-fact it was just a game to see how our guys are shaping up after long December holidays. Now that we are getting to shape I personally don't think you can beat us again.

To the boys and girls of Emmaus the performance was marvelous, and the team spirit you showed there is so appreciated. Lets get to the drawing board and correct our mistakes.

**“Character cannot be developed in ease and quiet. Only through experience of trial and suffering can the soul be strengthened, vision cleared, ambition inspired, and success achieved”**



Emmaus Hospital netball team ready to play against Madadeni Hospital

### NEW SPORT COMMITTEE FOR 2008

**Mr. S. Ntshangase:**  
Chairperson  
**Mr. M.R. Dladla:**  
Dep. Chairperson  
**Ms. N. Mzila:**  
Treasurer  
**Mr. G.A. Ndaba:**  
Secretary  
**Mr. B.A. Jele:**  
Advisor  
**Mr. A.A. Pani:**  
PRO/Coordinator

### SMART CORNER



**DRESS SMART THIS YEAR, SMART CAMERA IS EVERY WHERE IN THE HOSPITAL LOOKING ALL SMART STAFF. IN THIS ISSUE SMART CAMERA CAUGHT MS. NONDUMISO MZILA (FIO). YOU LOOK SMART SISI CONGRATULATIONS FOR BEING THE FIRST FOR THIS EXCLUSIVE CONNER. WHO IS NEXT!**