



EMMAUS HOSPITAL

INFORMED COMMUNITY IS A HEALTHY COMMUNITY

MASAKHANE

THE OFFICIAL NEWSLETTER OF EMMAUS HOSPITAL



*"I am Responsible, We are Responsible,
South Africa taking Responsibility"*



MAY/JUNE
ISSUE

2010

ISSUE NO.5

VOLUME NO. 1

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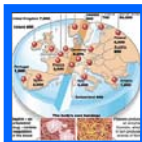
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MEC DR, DLOMO'S VISIT AT EMMAUS HOSPITAL



FEELING HIS PRESENCE: MEC AT OPD

The MEC of KwaZulu Natal Department of Health Dr. Sibongiseni Dlomo paid a



FROM THE CEO'S OFFICE

As leaders in the place of work we happen just to forget "THANK YOU" to workers.

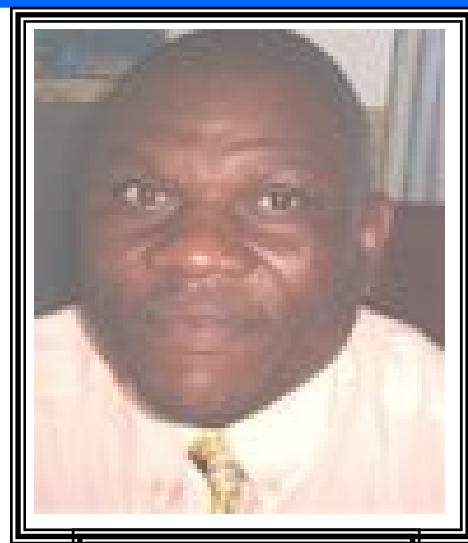
I would like to take this opportunity try extending my words of appreciation and say "THANK YOU" to all staff members of Emmaus Hospital and Clinics.

The tremendous work related contributions made by workers from all walks of health services delivery in our catchment areas did not go unnoticed. Surely there are service delivery challenges but together we did manage to face those challenges and rose above them.

I did find the recent visit by MEC to be way much supportive and motivational to staff, especially the general verbal comments made by MEC about Emmaus Hospital, yes with the exclusion an ECG machine in an OPD but that has promptly been acted upon.

We all know that the shortage of staff is another nightmare, but hopes are high on that . For the financial year 2010 /2011 we would be able to fill some of the very critical parts.

The World Soccer Tournament is here already. I would therefore humbly appeal to all health workers that we enjoy the tournament responsibly not at the expense of pa-



MR. L.T. MAZIBUKO
CEO
EMMAUS HOSPITAL

tient care.

We need to be able to effectively work on each Emotion Intelligences in the work place based on reasons that

our beloved teams including but not limited to Bafana Bafana may at times not meet our expectations during the tournament, so therefore that does mean that one should go astray losing focus to you core functions at work.

"Fighting Diseases, Fighting Poverty, Giving Hope"

ALL THE BEST!

surprise visit at Emmaus Hospital on the 05th of may 2010.

The MEC's visit according to him is part of the program mandated by the Premier to visit all the institutions in the province; and he was visiting the entire Uthukela District.

The MEC was not disappointed as reported with other institutions.

He was so excited about the general aspect of the hospital. He mentioned that Emmaus Hospital really "LOOK LIKE A HOSPITAL".

He was referring to aspects such as cleanliness, waiting times (at both patient admin and Phar-

macy), accessibility and so fourth. On the clinical side Dr. Dlomo was ecstatic about the Hospital ARV roll out which has already met the 2011 target, and what he saw at the labour ward. "I am so happy with the patient admin section, the labour ward and cleanliness of the hospital", he said.

To the challenges he discovered, he made himself clear to everyone that when he comes back everything should be in order. He requested management that all critical posts should be advertised and filled as a matter of urgency.

UTHINI UMPHAKATHI

AKE SIZWE UMPHAKATHI UKUTHI UTHINI NGEZINHLELO NANGENDLELA ISIBHEDLELA ESISEBENZA NGAYO.

AMANESI AYASHODA

Sikhala ngonesi ababelithi-sayo bayashoda, uthola ukuthi abantu abazoteta bawu 20 kodwa unesi obelethi-sayo uyedwa nibe nidinga ukubeletha nonke. Besingajabula uma ningasifakela abantu ababili noma abathathu.

Phakamile Nzimande Mamfemfetheni

□□□□□

Ngibona kungakuhle isibhedlela sithi ukwandisa amanesi, asebenza kanzima umsebenzi ungaphezu kwabo. Okunye banempatho, banothando bayanakekela futhi bayabekezela ngokukhulu ukuhlonipha.

Lindiwe Tshelembe Emlimeleni

□□□□□

Ngikhala ngesibhedlela sethu asithuthukile, amanesi ayashoda kakhulu kulaba abateti-sayo sicela basi-edele abe mathathu okungenani sibaningi kakhulu. Amawodi mancane sicela nisandisele.

Zanele Hadebe Emmaus

□□□□□

Siyabonga kakhulu ngemibono yenu, siyethembisa futhi ukuthi isibhedlela sizozama ukusiza umphekathi wasoKhahlamba njen-goba sivele sisezinhlelweni zokuqasha onesi njengemibono yenu.

Siyabonga kakhulu

PRO

□□□□□

Baretsoere hantle ha bana mathata ka rona hangoana alla akula baeatsotella bamofa

merieana liso le litiripi. Leena osa kule ba utloela bahloko katsohle tseo oli hloka. Bahloko-meli ba sepetelele sa Emmaus ba nketse litse ntho ekholo kabophelo ba ngoanaka ke ea le boha.

Lieketsa Motaung willifote

□□□□□

Mina ngiphatheke kahle ewodini yabantwana. Ngibonga impilo yengane nokudla. Amanesi asizayo ave esiphathe kahle futhi anesineke Nothando Iwabantu. Ngicela angashintshi, bathatha izinkinga zabo bazishiye emakhaya. Ingathi bangafundisa nabanye kwezinye izindawo.

Ncamsile Mduba Potshini

□□□□□

I thank you very much through my illness that a treatment I did receive was excellent at the male ward especially sister Hlatshwayo, she is excellent, kind and healing the bodies of the patients compare to the other nurses especially the youngsters, they are not in the right job of being nurses. Please somebody from the top management have to put a lecture to them not in strong words but politely. My suggestion also is of Sister Hlatshwayo, if she can be promoted to be the head of the night shift staff members as whole, I think this will be the best smallest hospital. I was admitted on the 26-03-2010.

Mr Hlatshwayo

We appreciate every commendation from our clients and it is more appreciated when our staff members are specifically mentioned for a positive contribution. This is indeed in the name of Batho Pele

spirit.—**PRO**

□□□□□

Ngibonga kakhulu amanesi ase-sibhedlela ngendlela angisize ngayo ngathi ngizobeletha anginika i-nightdress, kwathi uma sengitetile angisiza ngingakwazi ukuhamba, anginesa ngokunginika ukudla. Ngibonga kakhulu aqhubeke nokunakekela iziguli.

Nombuso Hadebe Honiball

□□□□□

Ngiyaningelela egameni lenkosi amen. Ngibonga umsebenzi oncomekayo esibhedlela konesi, omabhalane nakonompilo. Bazimisele ngomsebenzi wabo okukhulu bazithobile. Isibhedlela sihlanzekile, kuyasetshenzwa lapha ngiyabonga ngithi phambili.

Mrs Mlotshwa Diepsloot

□□□□□

Ngibonga UM.M Madondo ngokubelethisa kahle nesineke anaso benoBongi Mazibuko

Delisile Mntambo Woodford

□□□□□

Ngibonga bonke onesi nosista abase Maternity ward, beben-giphethe kahle banesineke, umsebenzi wabo bawenza kahle ngoba ngilokhu ngifike ngolwesithathu batetise kahle, bonke abantwana abazalwe ngikhona baphile bonke, noma mina ngihambe ngingatetile kodwa uyancomeka umsebenzi wabo. Qhubekani njalo nomsebenzi wenu omuhle.

Welile Miya Newstand

SIYABONGA NEMIBONO YENU

HEALTH FOCUS... YAZI KANGCONO NGEMPILO

In our previous health focus we looked at Diabetes. In this issue lets look at hypertension

Hypertension is a chronic medical condition in which the blood pressure is elevated. It is also referred to as **high blood pressure** or shortened to **HT, HTN or HPN**.

Hypertension can be classified as either **essential** (primary) or **secondary**.

Essential or primary hypertension means that no medical cause can be found to explain the raised blood pressure and represents about 90-95% of hypertension cases.

Secondary Hypertension indicates that the high blood pressure is a result of (*i.e.*, secondary to) another condition, such as kidney disease or tumors.

Persistent hypertension is one of the risk factors for strokes, heart attacks, heart failure and arterial aneurysm, and is a leading cause of chronic renal failure.

Even moderate elevation of arterial blood pressure leads to shortened life expectancy

Signs and symptoms

Mild to moderate essential hypertension is usually asymptomatic. Accelerated hypertension is associated with headache, somnolence, confusion, visual disturbances, and nausea and vomiting (hypertensive encephalopathy).

Retinas are affected with narrowing of arterial diameter to less than 50% of venous diameter, copper or silver wire appearance, exudates, hemorrhages or papilledema. Some signs and symptoms are especially important in infants and neonates such as failure to thrive, seizure irritate or lethargy, and respiratory distress. In children, hypertension may cause headache fatigue, blurred vision, epistaxis, and bell palsy.

Some signs and symptoms are especially important in suggesting a secondary medical cause of chronic hypertension, such as centripetal obesity.

Hypertension due to other secondary endocrine diseases such as hyperthyroidism, hypothyroidism or growth hormone excess show symptoms specific to these disease such as in hyperthyroidism there may be weight loss, tremor tachycardia or atrial arrhythmia,

palmer erythema and sweating. Signs and symptoms associated with growth hormone excess such as coarsening of facial features, pragmatism, macroglossia, hypertrichosis.

Causes

Essential hypertension

Essential hypertension is the most prevalent hypertension type, affecting 90-95% of hypertensive patients. Although no direct cause has identified itself, there are many factors such as sedentary lifestyle, stress, visceral obesity, potassium deficiency (hypokalemia), obesity (more than 85% of cases occur in those with a body mass index greater than 25), salt (sodium) sensitivity, alcohol intake and vitamin D deficiency. Risk also increases with aging, some inherited genetic mutation and family history. Recent studies have implicated low birth weight as a risk factor for adult essential hypertension

Secondary hypertension

Secondary hypertension by definition results from an identifiable cause. This type is important to recognize since it's treated differently than essential type by treating the underlying cause.

Many secondary causes can cause hypertension, some are common and well recognized secondary causes such as Cushing's syndrome, which is a condition where both adrenal glands can overproduce the hormone cortisol. Hypertension results from the interplay of several path physiological mechanisms regulating plasma volume, peripheral vascular resistance and cardiac output, all of which may be increased.

More than 80% of patients with Cushing's syndrome have hypertension. Another important cause is the congenital abnormality coarctation of the aorta.

The differential diagnosis of a renal tumor in a young patient with hypertension includes Juxtaglomerular cell tumor, Wilm's tumor, and renal cell carcinoma, all of which may produce rennin.

Neuroendocrine tumors are also a well known cause of secondary hypertension.

Pheochromocytoma increases secretion of catecholamines such as epinephrine and nor epinephrine, causing excessive stimulation of adrenergic receptors, which results in peripheral

vasoconstriction and cardiac stimulation. This diagnosis is confirmed by demonstrating increased urinary excretion of epinephrine and nor epinephrine and/or their metabolite (vanillylmandelic)
Kidney

Other well known causes include diseases of the kidney. This includes diseases such as polycystic kidney disease which is a cystic genetic disorder of the kidneys, PKD is characterized by the presence of multiple cyst (hence, "polycystic") in both kidneys, can also damage the liver, pancreas, and rarely, the heart and brain. Pregnancy

Few women of childbearing age have high blood pressure, up to 11% develop hypertension of pregnancy, while generally benign, it may herald three complications of pregnancy: pre-eclampsia, HELLP syndrome and eclampsia. Follow-up and control with medication is therefore often necessary.

Sleep disturbances

Another common and under-recognized sign of hypertension is sleep apnea, which is often best treated with nocturnal nasal continuous positive airway pressure (CPAP). Another cause is an exceptionally rare neurological disease called Binswanger disease, causing dementia; it is a rare form of multi-infarct dementia, and is one of the neurological syndromes associated with hypertension.

Diagnosis

Initial assessment of the hypertensive patient should include a complete history and physical examination to confirm a diagnosis of hypertension.

Although popularly considered a symptom of elevated arterial pressure, headache generally occurs only in patients with severe hypertension.

Characteristically, a "hypertensive headache" occurs in the morning and is localized to the occipital region.

Other nonspecific symptoms that may be related to elevated blood pressure include dizziness, palpitation, easy fatigability, and importance.

MEET OUR NEW PRO (INTERN)

Let me formally introduce myself, my name is Siziwe Mtshali, I am from Est-court. I completed my diploma in Marketing at Mangosuthu Technikon which is now known as Mangosuthu university of technology.

I started as an intern for PRO at Emmaus Hospital on the 1st of April 2010.

This is a great opportunity for me to be here, for the experience of course, and the service I will deliver.

The P.R.O, my mentor Mr. Pani has already given me so much experience in terms of improving on my communication skills, writing skills and media relations, how to behave in the work place and how to handle and solve complaints.

At this short time Sengingasho ukuthi sengiwuqweqwe lomhleli zindaba because of Newsletter

(joking). But seriously it's because of you Pani, thanks brother!!!

I have also discovered that to work in the organization like hospital has so many challenges, but I have seen all staff manage it so well. Actually the department has so much of good things that I didn't know.

Last but not least, I'll like to thank all the staff, they treat us as permanent staff not as interns. It hurts that I will not stay here for a long time but I'm happy that the department has given me this opportunity.

I wish all the best for 2010 to all the Emmaus Hospital staff and as well as for BAFANA BAFANA and I am sure we will win this cup.

SIZIWE MTSHALI



ALL NEW INTERNS



1. Nomusa Chonco (Finance Intern) she studied at Majuba FET College and obtained a Diploma in Business Management.
2. Hlengiwe Mabaso (Finance Intern) studied at UKZN and obtained a degree in Bachelor of Commerce
3. Nelisiwe Khumalo (SCM) studied BBA from CIDA campus
4. Samkelisiwe Zondo: Studied from Thekwini FET and was doing Human Resources management



MEASLES AND POLIO CAMPAIGN

Ukugoma kwengane zigomela isimungumungwane kanye novendle sekufike kwadlula.

Abasebenzi bomyango wezempilo baphinde babonisa ukuzinikela kanye nogqozi ezimpilweni zomphakathi.

Kuthe ngomhla ka 12 kwinyanga kaMbasa amathimba abasebenzi bomyango bangenela emiphakathini nasezikoleni zonke ukuyogoma. Kubeyimpumelelo enkulu kuwona lonyaka nakuba bezikhona izingqinmba.

Kwezinye zezingqinamba esingazibalula singabala ukushoda kwabasebenzi nanjengoba iminyaka yengane ebezigoma ithe ukwandiswa.

Uzokumbula phela ukuthi bekugoma zonke izingane kusukela kwesanda kuzalwa ukuya kwezineminyaka engu 15.

Noma kunjalo iqhaza elibanjwe yizikole libe likhulu kakhulu ukwenza lemigomo yabayimpumelelo. Abasebeni sebemi ngomumo belindele umjikelo olandelayo.



HEALTH PROMOTION: PSYCHIATRIC DAY



1. Mr. Mazibuko Emmaus Hospital CEO during his address. 2 & 3 Patients who were called for their special day

The role of public servants have a greater responsibility in ensuring that all citizens of the country receive quality services regardless of their conditions. It was for this reason Emmaus Hospital Gate Clinic endeavored to have a special day for the psychiatric patients. On the 16th of march all the Ok-

hahlamba sub district psychiatric patients with their families were invited to the hospital for their special day to be treated like kings. Themed "abantu abagula ngengqondo mabanakekelwe" the day was to make awareness even to their families that they should look after the patient.

The patients themselves were encouraged about the importance of taking medication regularly. It turned out that psychiatric patients, when taking their medication they become very better to their conditions. Speaking on the day, Operational Manager of the clinic



4. Table manners: All patients were treated as if they were at the hotel. 5. Ingoma of Emmaus entertained the guests. 6. Capaccinos and ginyables.

emphasized to the relatives of the patients that they must look after the patients. She said the patients are as capable as everyone. They can do the things we all do, its just that we don't give

them opportunities and support they deserve. Part of the activities of the day the patients were also educated about oral hygiene. The day as important as it was,

CEO of the hospital was present and appreciated the initiative by the staff. He thanked the staff for making their efforts to making a day a success. "Despite the financial



7. The day was also blessed. 8. Thatha Matron thatha. 9. The patients also entertained themselves. 10. The team behind the day

challenges you managed to make the day a success", he said. The success of the day was

made possible by the possible by staff contributions, donations from Isibane and other manage-

ment members. Word of thanks is extended to all of them

DEBT COUNSELLING FOR STAFF

Emmaus Hospital staff was so lucky to be visited by the debt counselor to give advice on debts. The debt counselor was organized by our EAP section in an effort to make awareness to all staff members about debts.

The following were shared to the lucky staff who attended.

Six Practical steps to clearing debts and living a Debt Free life

- Request your Credit Profile in September or otherwise in your birthday month, do this once a year.
- You'll then be able to identify your Creditors and your current status and whether there are any judgments against your name.
- Make arrangements to settle, request them.
- Once they are settled, request a consent letter from your Creditors.
- It's a company's duty to remove your name from the Credit Bureau once a debt has been settled.
- If they don't update your information on the Credit Bureau, it then becomes your duty.
- You then appoint an Attorney to rescind that judgment against

your name from Court of Law. The Attorney will then update your information to all Credit Bureaus.

DEBT COUNSELLING

- A Consumer may apply for Debt Review by form 16.
- A Debt Counselor may then evaluate the Consumer's financial status.
- A Debt Counselor may reject an application if the consumer is not over indebted.
- A Debt Counselor may declare a consumer as over-indebted.
- A Debt counselor may then issue form 17.1 to all the Creditors informing them that the consumer has applied for Debt review.
- A Debt Counselor will then negotiate with Creditors on behalf of a customer that they reduce the monthly installments and extend the repayment period while interest is capped.
- The client will then be legally protected from any form of Legal Action that might be instituted by the Creditors.

Fees :

- Application for Debt Review costs R50.00

- Debt counselor's fee costs R3000.00
- Rejection fee is R300.00
- After care fee is 15%

UNDERSTANDING CREDIT BUREAU

There are a sources of information where all the Credit Providers list their information regarding their Debtors. The Credit Bureau is where information is supplied to all those with particular interest and who are registered to receive that information when making enquiries.

Credit Bureau subscribe to Credit Bureau in order to list their debtors and their current status in respect of whether judgments have been taken against them or not.

When a period of 30 days has passed without a consumer paying a creditor, a creditor may bring it to the consumer's attention that they have defaulted and refer them to the Ombudsman, Consumer Tribunal.

After 10 days without a credit receiving a letter from the Consumer's representative, he may then issue summons and if there is no response, then they may take a judgment against a consumer and list you as a slow payer.

STAFF WELLNESS—GEMS



It goes like this: a healthy employee is a productive employee. It is the responsibility of the institution to make sure that employees are in the right state of health to have favorable results of work. The same happened at Emmaus Hospital when the Government employee medical Scheme to-

gether with our Human Resources Department organized a health awareness day for the Emmaus employees.

Among the activities during the day include checking of vital signs : Diabetes, High Blood Pressure Cholesterol and massaging.

This really shows that Emmaus Hospital is taking care of its committed staff.



NIGHT DUTY STAFF APPLAUDED



This is the team that sister Mbongwa believes commitment and dedication is their daily life

Go though any management literature and you will find that the source of motivation to staff is through appreciation.

It was for this reason that the Operational Manager Sister Mbongwa gathered all night duty staff to extend her gratitude to all her team.

Although there was no gift but the words were just enough to show appreciation to the commitment and dedication of the night duty staff.

Sister Mbongwa's appreciation of dedication and commitment is echoed by the huge number of commendation from the public as whole.

She further appreciated that in her team she hardly experiences absenteeism.

She revealed that staff puts all efforts to make sure that work is done efficiently. "The spirit among the workers is very high", she said.

Sister Mbongwa revealed that communication and participative decision making is her secret in motivating staff. "Talk to the staff, discuss problems with them and make decisions together", she lamented.

Sister Mbongwa did not condone the challenges they are facing. She mentioned that there are many challenges they come

across which at times are frustrating.

"Shortage of staff especially at medical wards, support from the top should be dealt with as matter of urgency", she said. As a nurse who has been in the service for more than 30 years, she revealed that the system that is used today is not as good as the one used before.

She said that yester years nurses were not having so many rights. It was also for this reason that she wanted to appreciate her night duty team, they have the qualities of the old nurses- respect, dedication and are working hard.

Sister had the following recommendation, rather a request to the management of the hospital and the Department at large: Increase equipment, employ more staff and show appreciation when staff are doing the good job.

She said the managers must learn to appreciate staff not on leaving appreciation to the public or clients.

Even staff were so ecstatic about the appreciation. They thanked the sister for her guts to show them that their work is being recognize by someone, somewhere.

Keep up the good work

BIDDING FAREWELL TO THE HEALTH CADRES



Hospital management members bid farewell to Dr. Nyombayire (Circled) who is now the Medical Manager at Newcastle Hospital. We miss you "Nyombs"



In her last days at Emmaus: Matron P.G. Nkosi also left Emmaus hospital for Mahatma Gandhi Hospital. She is with the Human Resources Manager Mrs. Khanyile. All the best sis'Gugu.

MEET SAMSON MASENGEMU

Sam as he is affectionately known to Emmaus Hospital Staff is the longest serving staff member.

He works at Transport Department as the Transport Officer. Sam has been working in the hospital for the past 32 years as he started to work in 1978.

Most of the staff working now were not even born.



MESSAGE FOR NURSES

FROM:
SAMKELO NTSHANGASE
CHAIRPERSON: DENOSA (EMMAUS)



I want to remind you colleagues about how important you are in the communities of S.A. As we are on this month as it was named the workers month.

In the middle of the month there is a special day for our profession which is known as Nurse's day. We will be celebrating our heroes of the past. To name: Florence Nightingale the first nurse in the world and Cecil Makiwane the first black nurse.

In this month I want to remind you that you are the backbone of the hospital; and there is no hospital can function without a nurse, there is no doctor can perform any procedure to the patient without you guys, so I want you to be proud of this gift from Heaven of being the patients advocate even if there are challenges but doesn't mean we must forget to know their rights and respect them as human being.

I want to say we are the mirror of the hospitals. If nurses are failing patients, patients will run away from that

hospital. If someone (doctor or a pharmacist) failing the patient, the blame will go to nurses; why?, because you are the leaders of the hospitals.

So guys you must know that wherever you go as a nurse, you are the image of your institution

Service at its best: Here are the people that are making our communities get the best health service.



ANDILE
PANI
P R O

CONTACT US
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HOW TO CONTACT THE HOSPITAL

WHETHER YOU HAVE A COMPLIMENT, COMPLAINT OR ANY SUGGESTION ABOUT THE HOSPITAL, YOU ARE WELCOME

CONTACT THE OFFICE OF THE PRO

036 488 1570 EXT 8224
WE ARE AT YOUR SERVICE



L. MAGWAZA

THE MENTORS BEAT

By
Lucky "Njinji" Magwaza

"I just like to encourage each and everyone of us to use this opportunity because its a lifetime opportunity to go there to support this event for the benefit of our country"

Again this is the beginning of the year 2010, sesfikile ngempela kulonyaka, *O my word!!*

I wonder what is in store for me whilst it is the beginning of it, eehhh, wait, wait let me think da.....da...da.... (ngiyacabanga njalo please ungang-phazamisi)..... Yes!!

I find the answer , It's an umakoti ja sure, however I must be honest folks, I haven't seen the lucky girl, I don't know why, maybe its because ubugwadi (*inkunzi kavukuvale phela leyo*), Naa!!

Not me I don't know what else could be the reason, but please guys I beg, find me one and I promise you, if unglethele umuntu omuhle njengami he!! he!! you'll walk away home smiling wedwa ngzoksetha.

Eesh!! Guys why didn't you remind me that some of our fellows don't understand isiZulu whereas I need everyone's help especially in the makoti issue, damn man!! ('what am I going to do? Should I start all over again?..... no ways impossible!') Ok, guys, lets do it this way, each and everyone of you will help those who don't understand by interpreting and translating for those who cant fica ilanguage bakithi if anyone has a problem, no matter where you stay or what you do be it ulele, or uyadla, noma ugibele ihhashi anything you do, noma ngabe uhlala kuphi be it emfuleni, overseas, estulweni please! I'll be happy to solve any type of problem because you'll be doing it for the good course angithi bangani, ja.... Ngfunana kanjaloke.

Wena what does this 2010 brings for you? I know nonke nizothi iFifa world Cup Yes its Im asking your resolution anyway, you know better than I do Okay, fellows jokes aside.

I'm writing this column with greatest enthusiasm why? Because this is one period or one moment our beloved country South Africa is standing one more good chance to prove labo perezile abazitshela ukuthi South Africa can't host the world Cup because of nywee, nywee,nywee,...nonsense man, I'm sorry folks I know the language is unacceptable but this is very

disgusting especially because we showed several times that we are capable of hosting major events, world events i.e. cricket World cup, Rugby, World Summit on Sustainable Development, and recently Fifa Confed Cup etc.

Bakithi kanti basfunani labantu? But we'll make them eat their humble pie, we will show them that this is Africa time.

Guys like I said before that this another year with so many expectations especially with the World Cup coming to our shores of uMzansi, I just like to encourage each and everyone of us to use this opportunity because its a lifetime opportunity to go there to support this event for the benefit of our country and I'd like to suggest that lets also give to those who cant afford to buy tickets due to financial constraints.

I know how expensive they are, but all I'm saying is that can't we make a plan to raise osheleninyana bakithi so that others also will benefit it was just a suggestion and God will give you more uyosho ukuthi ngasho bese ujike unghalazelela

Lastly, I haven't received any feedback from the previous column but that doesn't stop me to keep communicating with you, please as soon as you get a chance you can email them to my P.A (Pani) andile.pani@kznhealth.gov.za. *O!!!sorry* PRO not P.A Gosh, he's going to kill me but please ningamtsheleli ukuthi ngithe he is my P.A I know you guys wont let me down another alternative, you can call his office at he Hospital number which is 036 4881570 or fax @ 0364881330 and ask for the PRO's Office he will pass your comments to me.

Guyz. I have to go nanka amahhashi akithi asekhona it was nice chatting to you. Have yourself some beautiful time and enjoy your 2010 please, play safe akhona amkhondomu bafwethu e VCT asiwadayisi Enjoy,

Sharp.

Lucky Magwaza (Yengwaaaayo, Njiiiiinjii, Manqondo) Inkosi ayiqedwa

CONGRATULATIONS:

To patient admin staff for the compliment from the MEC Dr. Dlomo. The MEC applauded that at Eleven there were no patient waiting for their files.



MEET OUR COMMUNITY SERVICE STAFF THE PLEDGE



MS. E. JOANS
PHARMACY



MS. C.D.
FITZJOHN
X-RAY DEPT



DR. A. SINGARAM
DENTISTRY



MS L. TOSOLARI
THERAPY



EMMAUS HOSPITAL LANGUAGE POLICY.

Staff , members of the public and everyone who uses Emmaus Hospital services is made aware of the new hospital language policy.

Rationale:

To ensure that foreign patients attending Emmaus Hospital have access to an interpreter in language they can understand

POLICY

The hospital and clinics have a

list with names and language spoken and contact details available at all time: OPD/ Casualty, clinics to ensure that patients speaking a foreign language can be assisted.

PROCEDURE:

List with names, contact details and language spoken to be available.

Contact Person	Occupation	Language	Contact Details
Ms. Lara Tosalar	Therapist	Italian	084 7600 658
Dr. N. Abid	Doctor	French & Arabic	072 3038 980
Dr. S. Abid	Doctor	French & Arabic	036 488 1570
Dr. P. Kangalongo	Doctor	French	036 488 1570
Dr. A. Kabeya	Doctor	Swaheli	036 488 1570
Mr. Tshabalala	Operational Manager	Sotho	072 2680 963
Ms. Rooi	ENA	Sotho	036 488 1570
Ms. Ngubeni	ENA	Sotho.	036 488 1570
Sister Molapisi	Operational Manager	Isiwati/Isindebele	082 0922 565
Dr. B. Gaede	Medical Manager (Act)	German	036 488 1570
Mr. U. Pachkowdie	Stores Manager	Hindi	073 508 3700
Mr. A. Pani	PRO	Basic Sign Language	072 9194 328

Community members that will assist

Mr. A. Vassilas	Community Member	Greek	036 448 1034
Mr. C. Perrira	Community member	Portuguese	036 488 1003

UP-COMING EVENTS

JUNE

- National Youth Health Indaba
- SANCA Drug Awareness Week
- International Day against Drug Abuse and Illicit Drug Trafficking

HIV Counseling and Testing (HCT) campaign is gaining momentum.

BY
DR. B. GAEDE
ACTING MEDICAL MANAGER

The president of South Africa and the National Minister of Health have launched the HCT campaign in an effort to reach the targets that have been formulated in the HIV National Strategic Plan (2007-11).

According to these targets, 50% of the population of South Africa should know their HIV status but June 2011. Furthermore, 80% of those in need , should be receiving ARV's by this time.

For OKhahlamba these figures translate into a massive task. We have to test approximately 3000 people every month from now to June2011 to reach this target.

Currently we are testing approximately 800 people a month—and it is clear that we need to radically increase the testing. In order to achieve this, a HCT task team has been set up at Emmaus to plan and implement the HCT policies.

Besides encouraging every staff member to test, every patient that is seen at our facilities should be offered a test .

We will also hold campaigns in the community (particularly schools)to increase the number of people that have access to testing .

We are also engaging with community structures and NGO's to support the campaign and even to develop community-level HCT.

Regarding the targets that have been set for numbers of people starting on ARV's as part of the campaign, for the past few years (since about 2008) we have not only consistently met the target but in many months exceeded the target.

We usually initiate well over 120 people each month, with some months reaching 200!

The hard work and dedication of the staff at the clinics and the hospital is making these successes possible.

1. "The only way to keep your health is to eat what you don't want,

SPORT AND LEISURE



EMMAUS HOSPITAL SOCCER TEAM (B-TEAM) THAT RECENTLY VISITED GREY TOWN HOSPITAL. UNFORTUNATELY FOR OUR TEAM THINGS DID NOT GO WELL. MAYBE IT WAS BECAUSE WE UNDERESTIMATED GREYTOWN AND WE TOOK OUR B-TEAM TO GREYTOWN.

FEEL IT IT'S HERE

THE WHOLE SOUTH AFRICA FEEL IT, SAME AS EMMAUS HOSPITAL STAFF CAN FEEL AND WE REALLY FEEL IT, IT IS HERE!
 Sbongiseni Dlamini, Nelly Nene, GA. NDABA, KHOMBI
 MLOTSHWA, KC. KHUMALO
 AND SPHA NTUMBA CAN FEEL IT



SMART CORNER

SMART STAFF

DRESS SMART THIS YEAR, SMART CAMERA IS EVERYWHERE IN THE HOSPITAL LOOKING ALL SMART STAFF. IN THIS ISSUE SMART CAMERA CAUGHT Ms. BONAKELE

Fashion Experts choose one or two fashion trends to follow at a time. Wearing all of the fashion trends at once looks overdone. Wearing just one or two of the trendiest items, on the other hand, makes you look fashion forward. Lets find out what our Smart Staff think.

PRO: How Important is Fashion to you?

BONAKELE: It's about feeling comfortable in what you wear, it says a lot especially about your personality.



PRO: What's the worst fashion trend you've ever seen?

BONAKELE: Clothes that expose our bodies as Women, we need to embrace and respect our bodies.

PRO: What color do you never wear and Why?

BONAKELE: Bright colors like Bright lemon and other bright citrus colors. I think as I have a dark skin I must be able to coordinate my skin with what I am wearing.

PRO: Is there anyone whose fashion choices you always love?

BONAKELE: Of course I admire a fully figured woman like me who can represent themselves in a stylish manner and look good.

PRO: How can one look as stylish as you on what is probably a lower budget?

BONAKELE: Being stylish does not cost a think. It's all about coordinating.

PRO: Do you have any specific colors for different seasons, and why?

BONAKELE: I love nude colors. It can be chocolate nude, nude Pink. Because they fit in all 4 seasoning

Lets see who will be our next SMART STAFF in our next issue



Our last issues Smart staff: NONDU AND XOLANI

