



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

EMMAUS DISTRICT HOSPITAL

INFORMED COMMUNITY IS A HEALTHY COMMUNITY

MASAKHANE

THE OFFICIAL NEWSLETTER OF EMMAUS HOSPITAL



"Amanesi akhona akulapha engakakuniki nemijovo ngenxa yemfudumalo oyithola kubo ikakhulukazi ewodini lababelethayo."

MRS MTHIYA

Fighting Disease,
Fighting Poverty,
Giving Hope



TB AWARENESS DAY AT WINTERTON

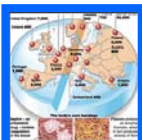
MMC IN PROGRESS

BABY FRIENDLY STATUS RETAINED

MEET OUR QUALITY ASSURANCE MANAGER

FEEDBACK FROM THE COMMUNITY





FROM THE CEO'S OFFICE

“Success does not come about by accident or chance-It is build up by good actions and a period of time”

Health is an unpredictable and a very labour intensive environment. It requires an individual employee and/or health worker to always be on the lookout for various kinds of health challenges and be in the appropriate position to face those health challenges.

Other than self-discipline one cannot be in an appropriate position to face health challenges. Most of the health challenges in our catchment population (oKhahlamba local municipality) are informed by the disease profile which include, but not limited to TB, HIV and AIDS, pneumonia, respiratory condition, diabetes, trauma injury gastro intestinal, cardio vascular, meningitis cancer, just to mention but a few.

Emmaus Hospital as a health institution together with the attached clinics have embarked on various health initiatives to promote holistic wellness of persons in our catchment areas.

Among other things, such as health campaigns around TB, HCT, cervical screenings, immunization and MMC were being held and sustained.

The launching and sustaining of the Integrated Wellness and Healthy Lifestyle Programme has been a very phenomenal endeavor towards promoting a long and Healthy Lifestyle for all people including our staff members to ensure that as health providers they themselves are

healthy so as to be able to produce healthy results.

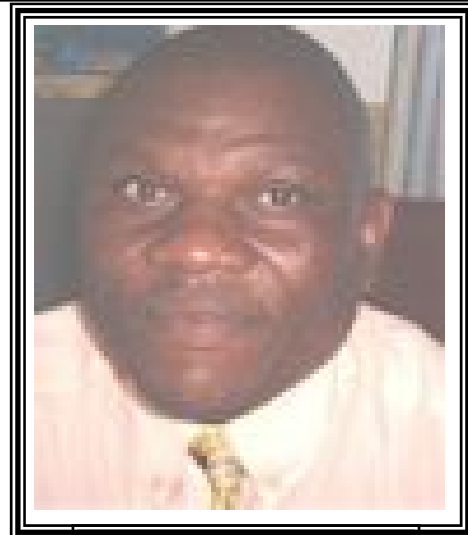
The recent recruitments of doctors, nurses, other health professionals and administrative support staff has made positive impact on patient care especially with regard to waiting times in some specific clinical service points e.g. ARV, OPD, and medical coverage in our fixed clinics

Although there are some areas of concern but the staff attitudes towards our clients and among staff themselves have positively improved this makes me want to extend the words of appreciation and a very big **“THANK YOU”** to all the staff including hospital management and the staff in clinics.

Finally I want to fully agree with the institutional Public Relations Officer when he said : “A inconvenience for a good cause”. Really the starting in March 2012 of the new OPD project is the herald of a different approach towards improving the quality of patient care. Truly the current nature of buildings is a nightmare to both clinical staff and the clients themselves.

In these current building especially in the OPD during peak hours patient are packed like sardines which is a very high risk particularly when it comes to infectious and contagious diseases.

Therefore the new OPD project is highly regarded as a long term



MR. L.T. MAZIBUKO
CEO
EMMAUS HOSPITAL

investment in terms of health infrastructure.

This newsletter intends to inform and educate all stakeholders about health related activities within sub-district.

The special message to all staff members is: Success does not come about by accident or chance-It is build up by good actions and a period of time.

These good actions require team approach.

As I mentioned in the opening paragraphs, self-discipline is a quality that is won only through practice.

In our quest to improved health service delivery it will be wise to note from the holy bible ,the book of Galatians chapter 6 verse 9 “and let us not grow weary while doing good, for in due season we shall reap if we do not loose heart”.

I THANK YOU

CEO: MR. L.T. MAZIBUKO

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**SPORT AND
LEISURE
AND
SMART CORNER**

UTHINI UMPHAKATHI

**AKE SIZWE UMPHAKATHI UKUTHI UTHINI NGEZINHLELO NANGENDLELA
ISIBHEDLELA ESISEBENZA NGAYO.**

The staff is very friendly towards everyone in the ward. But what I have noticed is that the Hospital needs more equipment to run the Hospital properly such as heaters, more beds, more blankets and as well more to be hired as I have seen the shortage of staff.

I salute you **Emmaus Hospital!**

Thanks,
Nomsa(Ladysmith, Steadville)

□□□□□

Kusetshenzwa kahle impela kulesibhedlela futhi banesin- eke neziguli. Inkinga engiyiqaphelayo njengesiguli esinokusebenzisa i-Emmaus, i- staff sakhona sincane ikakhulukazi odokotela. Uma kungandiswa bona inkinga ngabe iphelile.

Ngiyabonga
Celiwe Kubheka eDukuza

□□□□□

Kubaphathi besibhedlela

Sikhala ngama heater njen- goba sekungene ubusika nje ayasibulala. Sicela kwandiswe nezingubo zokulala siyafa ukugodola ikakhulukazi ebusuku. Siyobonga uma singaphumelela isicelo sethu

Ngiyabonga
S'bongile Sibaya

□□□□□

Ngianibingelela , ngibonga ithuba lokubhala ngiveze uvo lwami ngesibhedlela sethu. Sihle sihlanzekile, amanesi akhona akulapha engakaku- niki nemijovo ngenxa yem-

fudumalo oyithola kubo ikakhulukazi ewodini laba- belethayo. Qhubekani njalo zingane zakwethu ningayeki siphiliswa yikho lokho

Ngiyabonga (Mrs. Mthiya)

□□□□□

Onesi nodokotela bayashoda, sibaningi kakhulu siyiziguli okwenza kuhambe kancane ukusizakala ngamanye ama- langa. Uma kungalungiswa lapho kobe kuphelele okwamanje

Siyabonga (unknown)

□□□□□

Ngibonga impatho yabase- benzi bakulesibhedlela, bangi- phatha kahle ikakhulu osister base Maternity ward ave be- belethisa kahle. Yize owami umntwana edlulile kodwa ngi- bonile imizamo yabo yokuthi asinde kwala sona isikhathi ebesesifikile. Qhubekani nem- patho yenu Emmaus ni- yoqheliswa Ezulwini

Obhalile Ntombenhle Miya eNewstand

□□□□□

Sibonga Umxhumanisi wesibhedlela ngokusifakela i- Suggestion Box e-ARV Clinic. Lokhu kusibonisa ukuthi ba- zimisele kangakanani ukusisi- za lapho singanelisekanga khona. Noma zikhona izinkinga lapha nalaphaya kodwa bayazama.

NGIYABONGA
Osebenzisa i-ARV Clinic

Siyabonga ukuthi nilibonile futhi nalisebenzisa ibhokisi lemibono. Lena enye yezin-



**THIS IS HOW YOU LODGE
YOUR COMPLAINT**

dlela esizisebenzisayo ukux- humana neziguli zethu ukuze sizwe izikhalo nezincomo zenu. Qhubekani niyiseben- zise ukuze silungise masinya uma sekukhona eningasa- kuboni kahle ngoba imibono yenu ibalulekile kithi.

Public Relations Officer

□□□□□

Mina isikhalo sami sinye, si- yahlupheka thina esisuke siye kudokotela wamehlo. Ngezin- ye izinsuku siba baningi bese kuhamba kancane kanti udo- kotela uyedwa. Umuntu uze alambe ehleli. Besingajabula uma kungazanywa enye in- dlela okungenani kuqashwe omunye wesibili ozolekelela lo okhona. Lo okhona siyamthanda unesineke nathi futhi uthatha sonke isineke sakhe kwisiguli into nje sike sibe baningi ngokweqile kanti uyedwa, kuyasilimaza kwana- thi ukuhlala isikhathi eside sibe singabantu bamaphilisi abangafanele ukuhlala isikha- thi eside kungekho lutho em- lonyeni.

Ngiyabonga

HEALTH FOCUS... YAZI KANGCONO NGEMPILO YAKHO

T.B. AWARENESS CAMPAIGN



EMMAUS Hospital staff during the TB awareness campaign event.

The month of March is one of the highlights on the department's "health awareness calendar", and a huge effort were made to distribute information regarding the disease.

Emmaus Hospital was not left behind as they also embarked on TB awareness at an event held in Winterton, Khethani area

In-fact Emmaus hospital had already started the campaign by informing the public about the symptoms and the importance of finishing the prescribed medication.

The aim of the awareness campaign was twofold: to cure patients and also to prompt the public to know their TB status.

It was also the aim of the hospital to get the word out that TB could ruin people's lives if not treated. "People must know their TB status, and those who are infected must take their medication as prescribed.

The message of the campaign was clear to curb the number of people who are infected with the disease. Therefore, the public were also informed about ways the disease can be transferred between people.

The community was also encourage to

advise those they know they have in their neighborhood to visit clinics and hospital to have their TB STATUS checked.

Not only the day was about awareness and education, but Emmaus hospital staff had prepared themselves for TB screening.

Sputum Bottles were distributed to all patients for screenings.

Other health services were provided on the day such as chronic diseases screening, HCT, Cervical screenings and minor ailments.

Immunization for children also formed part of the day as our mobile teams were available.

Emmaus hospital management praised all staff who participated to make the day a success.

They mentioned that as per the hospital statistics Khethani area was one of the problem area in terms of defaulting.

The Event is hoped to have add efforts made by the TB tracers to curb all defaulters.

We have joined the masses who jointly say "STOP IN MY LIFETIME"

**WE WANT ZERO TB DEATHS AT
EMMAUS HOSPITAL**

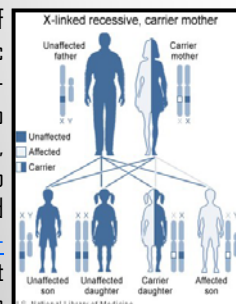


TB CAN BE CURED

WHAT IS HAEMOPHILIA

In our previous issues under Health focus we have looked at various health issues. In this issue we will focus on haemophilia as it falls under April in the Health Calendar.

It's a group of hereditary genetic disorder that impair the body's ability to control blood clotting, which is used to stop bleeding when a blood vessels is broken. [Haemophilia A](#) is the most common form of the disorder.



Signs and Symptoms

Characteristic symptoms vary with severity. In general symptoms are internal or external bleeding episodes, which are called "bleeds". Patients with more severe haemophilia suffer more severe and more frequent bleeds, while patients with mild haemophilia typically suffer more minor symptoms except after surgery or serious trauma. Moderate haemophiliacs have variable symptoms which manifest along a spectrum between severe and mild forms.

Prolonged bleeding and re-bleeding are the diagnostic symptoms of haemophilia. Internal bleeding is common in people with severe haemophilia and some individuals with moderate haemophilia. The most characteristic type of internal bleed is a joint bleed where blood enters into the joint spaces. This is most common with severe haemophiliacs and can occur spontaneously. If not treated promptly, joint bleeds can lead to permanent joint damage and disfigurement.

MANAGEMENT

Though there is no cure for haemophilia, it can be controlled with regular infusions of the deficient clotting factor, i.e. factor VIII in haemophilia A or factor IX in haemophilia B. Factor replacement can be either isolated from human [blood serum](#), [recombinant](#), or a combination of the two.



How to Prevent Hemophilia

People who have hemophilia should avoid situations that might cause bleeding. They should be careful about dental care so they won't need to have teeth extracted. People who have hemophilia should also avoid certain drugs that can aggravate bleeding problems:

- Aspirin

FROM QUALITY ASSURANCE DEPT.

BY RICHARD MNYANDU
QUALITY ASSURANCE MANAGER

"Excellent service delivery achieved through teamwork"

Quality refers to customer satisfaction with the service provided.

Customer satisfaction is a variable parameter as it is according to individual perception of customers, thus Quality practitioners enhance the implementation of quality standards as specified by the Department of Health, for example, the National Core Standards.

The Quality functional unit at Emmaus Hospital is responsible for ensuring that the ultimate users of our product, in this case, healthcare service, receive satisfaction if not delightfulness in the service that we render to them.

This is a very complex and huge process which comprises of, inter alia, change of quality culture, auditing, inspection, catalysis of quality improvement implementations, formation of the quality management system and its subsequent continuous improvement.

The primary goal of the Department of Health is to build a healthy society which will ensure a sustainable country, I am of the opinion that with teamwork and



synergistic approach to utilization of resources we can achieve a lot pertaining to service delivery improvements.

We all know that $2+2=4$, I think we can come up with a new mathematical formula where we say $2+2=5$.

This means that if our resources work together in a cooperative mode we will get better results than we would have if our resources were working separately, that is, when no teamwork is considered.

Being in quality management is a huge task indeed but who said an ant cannot kill an elephant, therefore optimism is the answer to organizational success.

"Together we can achieve more"
How is that?

MEET THE NEW PRO INTERN

My name is Khethiwe Ntuli. I joined Emmaus Hospital as a PRO intern this month.

I came here to learn more about Public Relations and obtain great experience.

I studied Business Management from University of Johannesburg.

When I arrived here I received a warm welcome from workers and the PRO Mr. AA Pani.

I will commit myself to my job, the job is challenging yet exciting.



FROM EAP DEPARTMENT

BY
NOKUBONGA POTHHELWA

WHAT IS EAP

EAP is the worksite based Programme

designed to assist in the early identification and resolution of productivity problems associated with employees impaired by personal concerns which may adversely affect employee job performance



WHAT IS THE AIM OF THE EAP

The EAP forms integral part of DOH initiative to assist employees with their social and emotional difficulties.

Life is unpredictable at some time in life we may be faced with problems, be it work related or home sometimes we are able to resolve these issues sometimes not so EAP is there to help us cope with our problems.

HOW CAN I ACCESS EAP ?

Your Supervisor/Manager can refer you to EAP, if your work performance declines or if you have personal problems.

You as employee can go to the EAP personally if you see that you have a problem.

Your friend /colleague can also suggest that you seek help from EAP.

WHO USES EAP ?

All Emmaus Hospital Employees, Managers/ Supervisors, their dependants and immediate family members provided they are the part of a problem.

PROBLEMS THAT COULD CAUSE POOR PERFORMANCE

Health problems Family Problems
 Finance budgeting problems
Alcohol and drug abuse Emotional problems Work related problems & conflicts Legal issues Issue relating to HIV/AIDS Marital difficulties.

BENEFITS OF USING EAP

All cases are strictly confidential. Employees will not be discriminated for using EAP. EAP is neutral and voluntary. Internal costs for EAP are free like referred to the social worker /Psychologists but if the employees is referred to the external service provider she/he should incur such costs like:

WHERE DO YOU FIND EAP

At Wellness Centre (Park-home next to stores) contact no: 036-488-8307

EAP IS ALWAYS THERE FOR YOU. DON'T RUN AWAY FROM YOUR PROBLEMS , BUT DEAL WITH THEM. EVERYONE IS TREATED WITH DIGNITY BECAUSE EVERY EMPLOYEE IS IMPORTANT

INCONVINIENCE FOR A GOOD CAUSE

“FINALLY THE CONSTRUCTION OF THE NEW OPD RESUMES”

After long anticipation for the extension of Emmaus Hospital the plan has finally come to reality.

The reality comes after the community, management and the entire staff witness the arrival of construction companies on site.

The construction of the new OPD at the hospital was long overdue as the hospital had serious challenges in terms of infrastructure.

The hospital was built by missionaries in the 1940's and there had been little infrastructural development since then. 2012 opened the new page for the community of Okhahlamba and the staff of the Hospital.

Management of the Hospital had on many occasions faced with space challenges due to the lack development at the hospital.

It was through their insight and team work that made the hospital kept running despite the challenges.

The new construction will now ease many of the infrastructure challenges. Not only the new structure will respond to the availability of space but also responding to some of the six priorities of the department.



CONSTRUCTION WORKERS ON SITE: NEW OPD STARTING TO TAKE SHAPE, INDEED INCONVINIENCE FOR A GOOD CAUSE

The new OPD as is already started is expected to be finished in March 2015. Although there will be much inconvenience , it is for good cause as the community will benefit at the end.

The project promises to be finished on time as the everything is seemingly pushed to finish.

The new building comprise of various components that will open space for new endeavors.

It has been suggested that the open space will enable the hospital to have fully fledged TB clinic.

The construction will also benefit the local community as employment opportunities will be opened. The community has welcomed the project with open arms.



How lucky we were to have some people that makes saying goodbye so hard.

INTERNATIONAL NURSING AWARD AT EMMAUS HOSPITAL



SUPPORT: THESE ARE THE NURSING PERSONNEL SHOWING SUPPORT TO MR. MHLOPE DURING HIS AWARD IN AN EVENT HELD JOINTLY AT EMMAUS HOSPITAL.

OUR NURSING MANAGER SHOWING APPRECIATION FOR MR MHLOPHE'S RECOGNITION : HOPING TO PLOUGH HIS EXPERTISE AT EMMAUS HOSPITAL.

EMMAUS HOSPITAL NURSING MANAGEMENT TEAM WERE THERE TO CELEBRATE THE SUCCESS OF THEIR MEMBER FOR THE JOB WELL DONE

Emmaus Hospital is one of luckiest Hospital in getting the cream of the crop in recruiting staff.

This is after recruiting Mr. David Sphamandla Mhlope who is 2011 International Council of Nursing Lilly award recipient.

The ICN Lilly award is received by best nurses who have performed extra-ordinary in TB/MDR-TB management. Our own Mr. Mhlope is among fifteen recipient internationally who is the only one representing South Africa.

This annual award supported by Lilly recognizes nursing expertise and aims to motivate nurses working with

those affected by TB and MDR-TB in countries included in the TB project.

It showcases the contribution made by nurses to TB prevention, care and treatment and offers the recipients an educational grant to continue their professional development along with a specially designed medal.

Recipients are selected by their national nurses association for their outstanding achievement in TB prevention, care and treatment.

Although Mr. Mhlope excelled in his duties while serving Thulasizwe Hospital His award was presented by Denosa at Emmaus Hospital.

Management were so excited that

one of the staff members is recognized for his efforts.

Mhlope together with management and staff accepted the award in an event that was specially organized to receive the award.

In accepting the award Mr. Mhlope emphasized that he could not have got the award if it was not though support of the team around him.

He said that it is also through his dedication and commitment to work that made him to excel.

He called Emmaus Hospital management to give support to junior staff at all times.



CEO SHOWED APPRECIATION AND DELIVERED WORDS OF GRATITUDE DURING THE FUNCTION.

INDABA SIYIXOXA NGEZITHOMBE



TEAM BUILDING SESSION IN PROGRESS

SIFISO KUHLE ECO-SCHOOL LAUNCH



EMMAUS HOSPITAL WELLNESS LAUNCH



PRIVATE PUBLIC PARTNERSHIP; DM AT ONE OF THE HEALTH PROMOTING SCHOOLS.



NEW OPD IN PROGRESS



TB AWARENESS CAMPAIGN



TELLING NEWS IN PICTURES



WELLNESS

WELLNESS LAUNCH: THESE ARE SOME OF THE PICTURES TAKEN DURING THE RECENT WELLNESS LAUNCH AT THE HOSPITAL. STAFF PARTICIPATED IN FULL TO MAKE SURE OF THE HEALTHY MIND IN A HEALTHY BODY

WELLNESS OF STAFF: STAFF ON AEROBICS SESSION



These are some of the pictures during the farewell functions of staff leaving Emmaus Hospital for greener pastures. It shows that they have been part of the Emmaus Hospital family. It was all wishes and hopes that one day they will come back to be part of the family once again.

EQUIPING COMPONENT SUPERVISORS-FINDING NEW STRATEGIES TO IMPROVE SERVICE DELIVERY

WRITES: ANDILE PANI

Senior Management of the Hospital and Component managers as well as supervisors have recently gathered in a team-building session to equip each other on various management and supervisory aspect that will better the provision of efficient services and good customer care.

The session was made possible by Human Resources Department of the Hospital in an effort to tighten working relationships between managers—so as to have one common goal.

During the sessions all challenges experienced by managers were interactively discussed and brainstorming of new improvement plan were tabled.

Successes were also shared among the team and advisory platform was created where one component can learn from one's achieved success. The team building was also a platform to equip all new managers and



Managers and supervisors of admin components during their team-building session to brainstorm service delivery improvements plans.

supervisors about their new roles as now managers and supervisors.

Various topics were shared incorporating, management of absenteeism, discipline, management of EPMDS, customer service, priorities of the department, goals of both the department and the institution as well as the

conduct of the manager/supervisor.

The outcome of the team-building proved successful as creative new ideas were tabled for implementation.

It was also fruitful even to managers and supervisors who have just joined the institution to know the new challenges.

It was then demanded to all managers that the outcomes of the team-building must be implemented and there must be seen improvement in each department.

The session according to Human Resources Department will also be extended to all other components who were not part of the second session; such as nursing and medical components.

The first session was held by senior management of the institution in the beginning of the year.

The goal is to have one common goal in giving patients quality health care services.



1



2



3

From left; Team building session in progress and ideas pouring in. 2. Eating together was part of showing unity and; 3 Executive Managers sharing their ideas to plans.

METHODIST CHURCH'S VISIT AT HOSPITAL

For I will restore health unto thee, and I will heal thee of thy wounds, saith the LORD.

This was the message given to Emmaus Hospital patients during the Methodist (Amawesile) visit to the hospital.

The purpose of the church's visit was

to give hope to the patients that believing in Christ any sickness can fade away. It was also to comfort patients through the word of God.

They visited all wards and assisted in the nursing care of patients. They also provided fruit for patients, something that was welcomed by our patients.



BABY FRIENDLY STATUS RETAINED

Once Again Emmaus Hospital has successfully achieved the Mother Baby friendly initiative status.

The initiative is a joint venture by Unicef and World Health Organisation as a strategy to protect, promote and support safe infant feeding practices.

Emmaus hospital employees made sure that they work tirelessly to maintain the status they achieve in the previous years.

Upon assessment the institution managed to prove that all ten steps on breastfeeding are practically complied with.

It was also proved that the institution has policies in place and all employees are abiding to those policies.

Continuous education and awareness to mothers, staff and to the community at large were among the tools

used in achieving the goal.

Not only did the hospital achieved and maintain the status but improvement in child survival is seen.

Celebrations:

Emmaus Hospital forms part of the 22 facilities that were assessed and re-assessed in KwaZulu Natal.

Out of the 22 facilities assessed Emmaus Hospital is one of the 15 facilities achieved and maintained the status.

The news of that the hospital has once again maintained the status was welcomed by all staff especially staff from maternity.

It was all ecstasy which was shared



NURSING MANAGER CELEBRATING WITH STAFF FOR RETAINING BABY FRIENDLY STATUS.

by all department, patients and the management of the hospital.

It was mentioned though that, this must not be the end of hard work but a motivation to further achieve many good things for the hospital.

The accolade is witnessed by the patients compliments from our suggestion boxes about the informative educational sessions given to mothers

MMC CAMPAIGN IN PROGRESS

Umkhankaso wokusokwa kwabesilisa usaqhubeka e-Emmaus esibhedlela futhi ubonakilisa impumelelo.

Lokhu kufakazelwa inani eliphezulu labesilisa abatheleka ukuzosoka.

Isibhedlela sase-Emmaus sibambisene nenhlangano ezimele i-SACTWU bahlela kusuka ngonyaka odlule ukuthi njalo ngolwesihlanu kube usuku lokusokwa kwabesilisa.

Lomkhankaso uthathelwe phezulu umphakathi wonkana wase MaNgwaneni ubambisene nabaholi bomphakathi kanye nezinhlangothi ezizimele.

Kusukela ngo January kuwo lonyaka balinganiselwa ngaphezulu kwenkulungwane namakhulu amabili namashumi ayisishiyagalombili nane abesilisa asebesokiwe.

Noba abasebenzi abasebenza ukusoka bekujabulela ukuba nenani eliphezu lasebesokile bathi

abakagculiseki basafuna ukubane-nani elingaphezulu kunaleli.

Ukuba bekuya ngokwezifiso zabo bangajabula kakhulu uma bengafinyelela enkulungwaneni njalo ngenyanga.

Abasebenzi bafisa ukuheha bonke abantu besilisa ikakhulukazi emphakathini ukuthi baphume ngobuningi ukuzosokwa. Leli nani esinalo liphakanyiswa kakhulu zingane zesikole.

Okunye okusezinhlelweni zesibhedlela kukwandisa insuku zokusoka, okwamanje lunye usuku lokuso evikini ngayinye.

Isibhedlela singaphinde sijabule uma kungandiswa odokotela bokusoka njengoba kukhe kwenzeka inani libengaphezudlwana kunodokotela.



MMC. YIBO LABA ABAFANA ABALINDELE UKUSOKWA

COMMITMENT AND TEAM WORK BEAR GOOD RESULTS

Emmaus Hospital management together with the entire team of staff embarked on turn around strategy in an effort to provide better health services to the community.

The aim was to recommit to the provision of quality health care services to the community of Okhahlamba.

Turn around strategy did not only prove successes but also advanced trust to the patients and community at large.

The success is proved by the positive comments extended by the community to our staff and especially to our nursing personnel.

Patient satisfaction survey also proved that our staff are committed to quality patient care.

As part of the improvement plan management focused mainly on six priorities of the department and the following are seen as evidence that the hospital is meaning business:

EQUIPMENT:

The hospital has managed to buy all necessary medical equipment. This is responding to the availability

of medical equipment priority.

We had previously been in the bad books of the MEC for not having ECG machine which when he visited the hospital it was on repairs.

The hospital can now boast that, when it comes to equipment little or no challenges we experienced.

Among the equipment bought we can mention ECG machines, Dopplers, Ivac pumps, cot beds, defibrillators, Fluid warmers, NIBP monitors, CTG, machines, and many required equipment needed in the health care. The list is endless.

REVIVAL OF CLINICAL MEETINGS:

Clinical meetings are now sitting frequently where all clinical issues are analyzed.

APPOINTMENT OF DOCTORS:

Towards the end of 2011 most of the complaints from the clients were related to shortage of doctors. Complaints have since faded because of the appointment of doctors. Patients are not having any complaints about waiting times at our OPD.

The hospital has employed satisfactory number doctors to cater for the

community of Okhahlamba. Currently the hospital has more than 09 doctors including sesional doctors and community service doctors.

ARV AND PHC:

Lot of improvement has been done to both ARV Clinic and PHC.

ARV clinic is fully operational and Clinical Manager Dr. Seekane is fully dedicated to the clinic.

ARV clinic patients are no more spending time waiting the doctor to attend to them as she is readily available at the clinic.

SUPPORT SERVICES:

Support Services was previously a challenge at the institution, but it is now something of the past.

Pottering services have been overhauled. Potters have been appointed and the service is bearing good results.

There are many other achievement the hospital can boast about, the above were the ones that had many challenges before.

CAREER FOCUS.....CAREER FOCUS.....CAREER FOCUS.....

Career Focus is our new feature and will appear in all our next editions. The aim of this feature is to market all careers that are available in Department of health. It will also give students a direction to career choices. In this edition we will have **FACE TO FACE INTERVIEW WITH OUR PHYSIOTHERAPIST!!!!!!**



ZANDILE MLANGENI

PRO: Where did you complete your Degree?

ZANDILE: I studied at University of KwaZulu Natal also known as UKZN Westville Campus, I finished in the year 2009.

PRO: Why did you choose to be Physiotherapy?

ZANDILE: I love working with people, helping them and improve their quality of life help them to be independent in their ADL's (Activities of daily living)

PRO: What are your duties as Physio?

ZANDILE: Attend different Wards, currently I'm working in the TB& Female ward. Give Treatments for Neuro, Ortho, GBM, Surgical pts & musculoskeletal conditions. Conduct classes for chronic disease OA and all conditions Associate and musculoskeletal system. Attend Departmental meetings, District for peer reviews. However Physio also do pediatric treatment chest Physio, exercise program for fitness and weight control.

PRO: So far what achievement have you seen since you came at the hospital?

ZANDILE: Home visits a success.

We are the ONLY Hospital/ Therapy team that conduct home visit in our District.. More staff for 2011. Attending Clinic Monthly. Screening in Maternity wards for new born to detect

Early, signs of physical impairment. Playing therapy for pediatricians, stimulate their mental function.

PRO: What are the main challenges you facing and how do you over come them?

Zndile: Home Visits: Some patients are unreachable because of poor roads leading to their houses. Wheelchair Shortage.

Lack of Resource: we trying to use the available resources and we try to improvise with one few/ little resources we have.

PRO:If you have to advice someone who want to be Physiotherapy one day what would be your advice?

ZANDILE: Study hard at High school level which doesn't end there be friend with your books Love you Physics, English, Biology/ physiology and When you at Varsity- there is no time for being Party Animal/ Clubbing "LOL"(Laugh Out Loud)You've got to give it all!!!

Lastly you have to be a person who love people and patient humble but Enthusiastic Like Me... *Colgate smile*

PRO: So Last but not list when are you Planning to be Mrs...

ZANDILE: Ngesikhathi sokushicicela akatholakalanga uMiss Mlangeni ukuba ephawule!!!! :-)

NEW APPOINTMENT 2012



From Left: Ms G.T. Nene newly appointed as Human Resources Manager. , Ms. Nene was previously the Chief Human Resources Officer. Mr. L.L. Makhaye was appointed as Systems Manager from being a Laundry Manager. Dr. S. Base was appointed Medical Manager from Richmond Hospital.



**ALL WELCOME
TO
EMMAUS
HOSPITAL**



...ALL 2012 NEW EMPLOYEES

FERREIRA B. MEDICAL OFFICER; MTHABELA V.P MEDICAL OFFICER(SESSION); GAMA P.T.L MEDICAL OFFICER; DUBAZANA T.T DENTAL ASSISTANT; GUMBI S.E PROF NURSE; MAZIBUKO S.E ENROLLED NURSE; SHONGWE S.N STAFF NURSE; MDAKANE L.P STAFF NURSE; NDLOVU K.R OPERATIOAL MANAGER; ZUMA B.R LAUNDRY MANAGER; HLATSHWAYO S.T STAFF NURSE; XABA N.L ENROLLED NURSE; MSIBI N.P STAFF NURSE; NZIMANDE Z.Q NURSING ASSISTANT; MDUNGE L.S.L FINANCE SERVICE OFGICER; CHONCO N.N FINANCE SERVICE OF-FICER; HLONGWANE M.P ENROLLED NURSE; NKABINDE Z.P PROF NURSE; DLAMINI T.J FINANCE SERVICE OFFICER; MBHELE M.T NURSING ASSISTANT; MTHEMBU F.S NURSING ASSIS-TANT; GWAMANDA K.P NURSING ASSISTANT; MAKHAZA T.C.N FINANCE SERVICE OFFICER; NKABINDE V.G FINANCE SERVICE OFFICER; MKHOMA J.N PROF NURSE; HADEBE Z.C STAFF NURSE; SHABALALA NURSING ASSISTANT; NKALA F.M PRINCIPAL FOOD SUPERVISOR; HLONGWANE M.P NURSING ASSISTANT; BUTHELEZI S.H WASTE MANAGEMENT OFFICER XABA B.H FINANCE SERVICE OFFICER; MAZIBUKO L.J STAFF NURSE; MAPHUMULO N.P PROF NURSE; ZONDO B. LINEN ORDERLY; NKABINDE T.E LINEN ORDERLY; DLADLA M.S GEN-ERALLY ; ORDERLY(PORTER); HADEBE D.M GENERAL ORDERLY(PORTER); DLAMINI Z.T LINEN ORDERLY; NDLOVU M.G GENERAL ORDERLY(PORTER); MPULO M.J GENERAL ORDERLY (PORTER); MIYA S.P GENERAL ORDERLY(PORTER); NENE L.E GENERAL ORDRELY(PORTER); NENE E.T LINEN ORDERLY; HADEBE B.P RADIOGRAPHER (SENIOR); MHLOPHE D.B.S ASSIS-TANT NURSING MANAGER; BASE S. MEDICAL MANAGER; KHUMALO X.P PHARMACIST; MAKHAYE L.L SYSTEMS MANAGER ; JOHNSON V.P DIETICIAN; BALKARAN N. DENTIST; BRIGGS P.M SPEECH THERAPIST(COMM SERVE); JOHANNES R.J MEDICAL OFFICER(COMM SERVE); SOLOMON A. PHYSIOTHERAPIST; PRETORIUS L.C OCCUPATIPNAL THERAPIST(COMM SERVE); SAYED N. RADIOGRAPHER(COMM SERVE); KHESWA H.Y PROF NURSE (COMM SERVE); SEEKANE P.R MEDICAL OFFICER; VEZI W.N MEDICAL OFFICER SESSIONAL; STROH G. MEDICAL OFFICER SESSIONAL; MLODI D. PROF NURSE(SPECIALITY); NYAWO S.B PROF NURSE, DLADLA S.R PRINCIPAL SECURITYOFFICER; ZWANE W.G FOOD SERVICE AID; GOBA H.C FOOD SERVICE AID ; ZIKODE N.W FOOD SERVICE AID; MSANI B. SECURITY GUARD; MLOTSHWA S.P SECURITY GUARD; ZIKODE B.H LAY COUNSELLOR; MAVUNDLA B.N LAY COUNSELLOR; KUBHEKA N.C ; GENERAL ORDERLY(PORTER); BUTHELEZI M.K ; MEDICAL OFFICER(SESSIONAL; BHENGU N.H PROF NURSE; BARRET S.P MEDICAL OFFICER..

.....AND GRASS WAS GREENER ON THE OTHER SIDE OF THE FIELD: ALL THE DISCHARGES

SIKHAKHANE B. FINANCE SERVICE OFFICER; MDLULI Z.O FINANCE SERVICE OFFICER;BUTHELEZI M.K MEDICAL OFFICER(SESSION);BUTHELEZI N.J HANDYMAN;KHANYILE F.N STAFF NURSE;MANYANYA N.S HEALTHY AND SAFETY OFFICER;DLAMINI S.M ARBISAN CARPENTER;MLANGENI N.M OPERATIONAL MANAGER(SPECIALITY);JOHNSON V.P DIETICIAN;SHABALALA N.L E.N.A;MBUYAZI K.K STAFF NURSE; MPANTSHA N.I OPERATIONAL MANAGER;KHANYILE M.Q HIMAN RESOURCE MANAGER, MHLOPHE D.B.S ASSISTANT MANAGER NURSING; KABEYA M.A MEDICAL OFFICER

WE WISH YOU ALL THE BEST

DENOSA KZN COMMEMORATES INTERNATIONAL NURSES DAY

WRITES: SAMKELO NTSHANGASE
DENOSA LOCAL SHOP

"Together we can make lives of the people better"

Democratic Nursing Organization of South Africa KZN province will commemorate the International Nurses Day (IND) on Friday the 11th of May 2012 in Mosvold Hospital at Mkhanyakude region.

The theme of this year's event "closing the gap from evidence to action".

It is intended to empower Nurses to identify what evidence to use, how to interpret the evidence, how to put that knowledge into everyday use and how to identify whether the anticipated outcomes are sufficiently important to change practice and use precious resources that may be needed elsewhere.

Nurses are encouraged to do research so that important evidence can be turned to establish best practices in the workplace either the hospitals or clinics.

Government has published a plan for NHI, as DENOSA we have pronounced our support to this initiative. We do so, because we believe that promoting and protecting health is essential to human welfare and sustained economic and social development.

This was recognized more than 30 years ago by the Alma-atar declaration signatories who noted that health for all would contribute both to better quality of life and also to global peace and security.

Further we have welcomed the announcement by the Minister of Health Dr Aaron Motsoaledi of the NHI pilot sites of which are UMgungundlovu District, Majuba District and UMzinyathi District.

We call upon all South Africans to also celebrate our first Black Nurse Cecilia Makiwane.

South African Nursing Council has been named after her. In short the Council will now be known as Cecilia Makiwane Nursing Council and other stalwarts such as Albertina Sisulu, Adelaide Tambo and many other Nurses for their esteemed contribu-



tion towards saving lives under the different oppressions of apartheid.

Local now we all know that the fight is still on, we have been on the newspapers for the bad behavior to our clients, we therefore call management to do something about that.

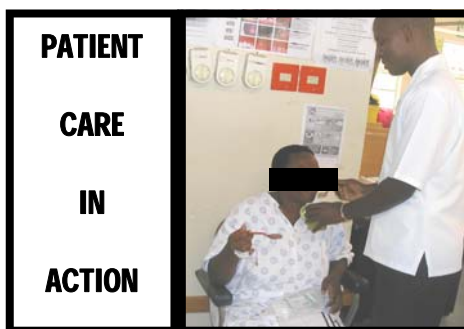
Lastly We call other structures within hospitals to support the Nursing profession because we believe "together we can make lives of the people better".

We once again call the Hospital Board to intervene in the attitude of lately by community members where they attack employees after work, four (4) people were attacked and three (3) of them were nurses who knocked off at 17h00 and their cars were damaged.

Lastly as DENOSA locally we must thank the opportunity of passing this message to employees.

United we Share and Care

AMANDLA!!!!!!



NEHAWU IN ACTION

WRITES: N.P. JELE
NEHAWU LOCAL SHOPSTEWARD



As National Education, Health and Allied Workers Union, we have a fighting instinct in terms of dealing with issues pertaining workers, i.e. ensuring fair labour practice, discrimination at a working environment.

We are following the mandate from the COSATU our umbrella body, mainly to watch corruption.

All NEHAWU members have a task to report any irregularity that is jeopardizing the services delivery.

We support the NHI initiated by the government, that will create equity in terms of access to proper health care and the pilot sites.

As the strongest Union in this institution, with highest membership nearly 50+1, in the IMLC meetings, the management is co-operative in terms of improving service delivery to the community i.e. (our patients) and the good welfare to the working force.

I wish to announce that we have a good relationship with our sister union DENOSA and work hand in hand to deal with institutional issues.

As NEHAWU we kindly appreciate this opportunity to air this message to the employees.

AMANDLA!!! ALUTA CONTINUA.

If you don't like something change it; if you can't change it, change the way you think about it.

WELLNESS CENTRE LAUNCH

UTHUKELA HEALTH DISTRICT MANAGER MRS. THANDEKA ZULU ON THE WELLNESS LAUNCH AT EMMAUS HOSPITAL (Shortened)



UTHUKELA
DISTRICT
MANAGER

MRS.
T. ZULU

Service Delivery Agreement which reflects the 4 key outputs, namely:

- Increasing life Expectancy
- Decreasing Maternal and Child Mortalit
- Combating HIV and AIDS and decreasing the burden of disease from TB
- Strengthening Health Systems effectiveness and Combating Non Communicable Disease

The MEC leads by example e.g., completed the 53 km Chatsworth Comrade Marathon on 22 April 2012. Let's all lead by example.

We have adopted certain behaviors that contribute to the development of non-communicable disease. Contributory factors include among others the following:

- Lack of physical Activity
- Unhealthy Diet. **Obesity is high in KZN (57.1% women and highest of all provinces and 38.4% in men)**
- Smoking (**kills (3) times more than Motor Vehicle Accidents**)

Alcohol Abuse (Accounts for more motor vehicle accidents Mental Illness)

You are advised on the following good practices.

Healthy Living, Lead by example, Healthy Eating, Balanced Nutritional Diet, Plenty water, Less salt and oil, Early to bed and early to,

Good hygiene, Healthy Life Style Evaluation and Medical check-ups (Healthy Screening) for early diagnosis and treatment. Basic and regular physical activity; Our Facilities need the Wellness Centers; Management must always support and ensure their full functionality. **Work Performance is related to one's well-being.**

As a district let's increase the following indicators in 2012/2013 onwards:

- Number of accredited Health Promoting Clinics (new)
- Number of Health Promoting Hospitals (new)
- Number of Health Promoting Homes

Health is a basic human Right

As the district let's intensify community-based programs; increase community participation using structures like Operation Sukuma Sakhe-Behavioral Change Campaigns; Addressing social ills among the Youth and vulnerable groups.

"Well done Emmaus Hospital" for taking the lead. The DOH Policy Framework on "INTERGRATED WELLNESS AND HEALTHY LIFESTYLE PROGRAMME" will always be your guide. We are hoping that other hospitals will follow suit.

Healthy Mind in a Healthy Body"

It gives me pleasure to be invited by Emmaus Hospital Management in their most critical event to launch the wellness centre.

May I assure all our staff that management at all levels does care for staff wellness; hence the Employee Wellness Programme. Emmaus must pride itself for being the first in the district to launch this centre.

Our MEC Dr SM Dhlomo launched the "INTERGRATED WELLNESS AND HEALTHY LIFESTYLE PROGRAMME" on 07 February 2012 at Grey's Hospital and districts are expected to do the same.

This event today is in line with the DOH Vision (Optimal Health Status for all citizens of Kwa-Zulu-Natal and the National Outcome i.e. "A long Healthy Life for all South Africans" our MEC like all other MEC's signed the Negotiated



Emmaus Hospital had once again took a further step in ensuring that employees are living a healthy lifestyle.

This comes after the hospital launched its first wellness centre on the 25th of April 2012.

The launch was a response to the call by the MEC Dr. Sibongiseni after launching intergrated wellness and healthy lifestyle aimed at improving a long and healthy life for all South Africans.

Emmaus Hospital had an idea that; in

order to give efficient services to the community, let the employees be in the good state of health.

It was for this reason that employees took to the 6km walk to exercise as the beginning of the healthy lifestyle.

The day proceeded to the hospital hall where all participants joined aerobics and health talks were given.

The day proved a success with the support of the Head Office Wellness Department led by Mr. D. Dumisa; Our District Manager Mrs. T. Zulu, Hospital management led by Mr. Linda Mazibuko as well as our social

partners.

It is now expected from all Emmaus hospital employees that living a healthy lifestyle will be everyone's daily responsibility.





THE MENTORS BEAT

By
Lucky "Njinji" Magwaza

"I just like to encourage each and everyone of us to use this opportunity because its a lifetime opportunity to go there to support this event for the benefit of our country"

Hey Fellows what's up!!

Hope everyone is doing fine out there, well name I'm coping under those circumstances.

I've got no reason to complain, but hey...one thing that can make even *inkukhu* spend sleepless nights these days. You know whats that?(*Ama-khaza Skhokho*) Asivumile ..Cha aninankani .

Anyway fellows, the previous quarter was not an easy road for the Mentorship team due to many things on our plate however we will discuss that more later if i space sivuma.

Guys I'd like to commend all VCT Departments in the District of uThukela on the Sterling performance especially on the previous quarters. They managed to sustain the HCT program since its inception and reached the required targets though it was no bed of roses.

Participating in the HCT campaign in a form of community outreach, because the idea behind was to take the services to the community as the call from National Department of Health and the Presidency. All the services must be carried out on a "non negotiable"basis thanks a lot Beluleki bami your effort, energy and spirits.

Your.....nokunye nokunye contributed immensely to the success of this project, and also not forgetting Management with the support in terms of resources and not again forgetting Roving team because HCT and MMC are within you guys as you are still holding on this badge, keep up the good work guyz, kube beniseduze bengizothi manqa nje lapha..... (*ekhomba*).

I mentioned earlier that our mentorship program was a bit tighter on the last couple of Quarters. Firstly, it was HIV/AIDS couple counseling and Testing (CHCT). Secondly, being engaged in the in the sustaining of the new programe called Integrated Access To Care and Treatment (I ACT).

However, fellows I won't go deeper to both of those programs except the CHCT.

As part of the capacity building, the provincial HAST unity called on the Mentorship components in the Province to Train all the counselors in the districts because couples were the missing part in the VCT/HCT .

I therefore make an appeal to all the colleagues within our facilities that as these services are now available, lets utilize them to benefit ourselves especially couples in order to benefit on the life-long treatment if necessary.

In conclusion folks, I'd like to thank each and everyone of you for the feedback on the past columns and looking forward also to hear from you anytime, because your input can make me grow and help in pointing areas of development.

Thanks also to the Editor in Chief Andile Pani for the space he provided for this column, thanks bro. You can direct your comments to Andile (the PRO), andile.pani@kznhealth.gov.za or else you can follow on Facebook Njinji.magwaza@facebook.3

Enjoy and take care

Lucky aka "Njinji Magwaza"

Failure teaches success.
Japanese Saying

HOW TO CONTACT THE HOSPITAL

WHETHER YOU HAVE A COMPLIMENT, COMPLAINT OR ANY SUGGESTION ABOUT THE HOSPITAL, YOU ARE WELCOME

CONTACT THE OFFICE OF THE PRO

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WE ARE AT YOUR SERVICE



“Coming together is a beginning. Keeping together is progress. Working together is success.”

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SMART CORNER FOR SMART STAFF

DRESS SMART THIS YEAR, SMART CAMERA IS EVERY WHERE IN THE HOSPITAL LOOKING ALL SMART STAFF. IN THIS ISSUE SMART CAMERA CAUGHT LONDIWE MAHLOBO

Fashion Experts choose one or two fashion trends to follow at a time. Wearing all of the fashion trends at once looks overdone. Wearing just one or two of the trendiest items, on the other hand, makes you look fashion forward. Lets find out what our Smart Staff think.

PRO: How important is fashion to you?

Londiwe: Looking good and being comfortable

PRO: What is the worst fashion trend you have ever seen?

Londiwe: lol(Laughing out loud) the lady GAGA style

PRO: What color do you never wear?

Londiwe: Actually I wear all colors because there is this new fashion called color blocking (mixing bright colors)



PRO: Is there anyone whose fashion choice you have always loved?

Londiwe: Yes, she is simple but nice Bonang Matheba

PRO: How can one look as stylish as you?

Londiwe: Fashion is not all about expensive clothes, it is about how it looks and how it suits you.

PRO: Do you have any specific colors for different seasons?

Londiwe: Yes, in summer I do only bright colors "color blocking" and in winter I wear dim colors

SPORT AND LEISURE

PAGE COMING ON OUR NEXT ISSUE

BUT WE HAVE DECIDED TO PUT THE SPORT PICTURES OF THE YEAR



PREVIOUS ON SMART CORNER



WHO'S NEXT?

MAYBE YOU!!

DRESS SMART

THANK YOU