

## health

Department: Health

### PROVINCE OF KWAZULU-NATAL

**AUGUST-DECEMBER 2012** 

Volume 1, Issue 1

## MASAKHANE EMMAUS HOSPITAL NEWSLETTER



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Vision: To achieve holistic wellness for all persons in Emmaus Hospital service delivery area

Mission: Emmaus functions as a district hospital and is committed to providing seamless quality district health care services in collaboration with other role players through the district health systems approach.



Mental health care user's day was held at Emmaus PHC shelter on the 9<sup>th</sup> of October 2012. The event started at 9h00 and was opened by Mrs N Zikode. Dr Donald is a dedicated doctor when it comes to seeing mental health patients at OPD. The purpose of the whole event was presented by Sr R.B Mkhize.

### Causes of mental health.

- In Pregnancy: Young girls who fall pregnant with no intention of having a baby, incorrect diet and STI like Syphilis
- Delivery: Difficult deliveries causes head injury especially in hose young mopors leading to epilepsy, the use of isihlambezo that cause precipitated labour with low appars.
- Young age-Failure to thrive, kwashiorkor causes mental growth retardation-Neglected children due to grandmultipanty young mothers can not be able to care for e.g. 7 children, husband and in-laws- trauma can also cause mental illness
- Natural disasters: Imagine one day you wake up all your kraals of 38 cows were strike by lightning.

Abuse- Drug abuse, physical, emotional mental and sexual abuse.

## Conditions that are common amongst the community

Pathological lies – To be assisted they can go for therapy.
 They cannot stop themselves from lying.

 Cleplomania-They steal everything everyday and night they can also be referred for therapy

Narcistic- Always think about themselves at work very difficult control them.



Sr. R.B Ndlovu addressing the patients

## **Helpful tips**

- Use drugs correctly
- Do exercises
- Vuka uzenzele
- Sukuma sakhe

A member of the community thanked the phc staff for helping her with her child as she sees a difference in her child's life since she started taking medication from the PHC. She also said that mental health can be controlled as long as you take the medication.



The patients listening to the messages.



S. Hlathwayo handing over a gift to a patient

The day was ended by song and dance by both the staff and patients



A patient dancing

## **OUR NEW TB CLINIC**

On the first of October 2012 Even thou there are a the new TB dots clinic was officially opened. The clinic TB clinic tries to over is based at the Emmaus gate clinic. The clinic was opened for several reasons livery is given to the namely:

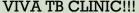
- Outreaching T.B,
- Injecting patients their homes,
- tracing defaulters,
- Management of all TB patients as well as MDR/XDR,
- to conquer TB and reach the biological coverage that is wanted nationally.
- To do road shows around our subdistrict, to continue with the research of TB
- To fast track patients with TB and HIV irrespective of their cd4 count.

The TB clinic is responsible for all TB patients who are coming from all over the sub-district (Ukhahlamba) including the clinics and hospital as well as patients from ngo's that are referred.

few challenges the come them to make sure that service depatients.

On the 15th of November the TB team went out to Khetani to conduct TB awareness and it was a huge success. The people responded positively and you can see that the TB clinic is making a difference in the lives of the patients.

The TB staff is dedicated in all aspects of providing quality service to the people.







THE TEAM....



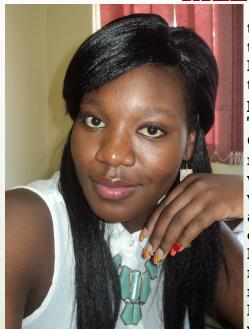
## <u>SENIOR GIMIZENSAND DISABILIDY GAMPAIGN</u>

The Emmaus hospital therapy team Mr. Mngomezulu and Mr. Hlatshwayo and the ophthalmic team went out to Khethani area to conduct the Sukuma Sakhe project. The event was aimed at senior citizens and people living with disability. People turned up in a huge amount to get the services that where offered by different stakeholders of Sukuma Sakhe. 14 Patients where assessed for wheelchairs and only two managed to get wheelchair through the help of alimdaad foundation. 50 walking sticks, two walking frames and 14 elbow crutches were issued by Emmaus hospital. Our ophthalmic nurse assessed a number of patients and issued reading glasses. Health education was given to the senior citizens. The ward councilor talked about living with disability as he is also disable himself. The area social worker, SASSA representative, economic representative were also there to render their services. Al-imdaad foundation gave out blankets to the needy. The day ended with song and refreshments for the senior citizens and people living with disability.



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# MEET OUR PRO



It is a great honor to introduce myself to the family of Ukhahlamba district as the new Public Relations Officer (PRO) of Emmaus hospital. My name is Dumisile P. Mkhonza born and bred at Zululand district in a small town of Paulpietersburg. I obtained my national diploma in public relations management at the Durban University of Technology (Riverside campus). Having started on the 1<sup>st</sup> of October 2012 I can truly say that I feel at home. The management and staff really made me part of the Emmaus family. I would like to say thank you to the management for the extra warm welcome and giving me the platform to give it my all as a public relations officer. Mr Hlomuka( District Communications Officer) and Mr Pani (PRO of EG and Usher Memoral Hospital) thank you for the assistance and guidance. I will make sure that I make a difference in the lives of patients and make sure that they get the quality of service that Emmaus hospital strives for. I will obtain this by striking a balance with all my clinics and the surrounding areas making sure

that we bring service delivery to the people. I look forward to a fruitful and enjoyable time under the humble hands of my supervisor and mentor Mr. L.T Mazibuko hospital CEO. Working together to improve the lives of our community and staff.

From the humble land of Emmaus Thandolwethu Hlongwane is going to Cuban. Thandolwethu an ex student from Mavumbuka high school has been chosen to fly the Emmaus flag high in Cuba as part of the doctor Cuban program. The program is aimed at giving disadvantaged students the platform to go to Cuba to study medicine and improve their community. Ukhahlamba municipality, Department of Health and Department of Education organised a farewell party for the humble lady. The hon. Mayor was one of the delegates that attended the event. Thandolwethu's parents thanked the school teachers and principal for a great job done to their daughter. Strong words of encouragement were given out the young lady. Uhambe kahle Thandolwethu( our love). Do us proud in Cuba.



FRONT left:..., Matron Nunes, Thandolwethu, Mrs Hlongwane. Back left: The Principal, Mr Hlongwane, Hor mayor



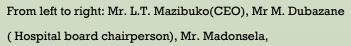
The principal



The community

On the 27th of November 2012 Emmaus hospital celebrated quality day to give special thanks to the departments that has gone a extra mile to make the lives of people better. Quality is not an individual achievement but a collection of efforts from different individuals with a similar grand strategic plan. Quality has a beginning but does not have an end as we say there is no process that is good to such an extent that no quality improvement is possible. Emmaus Hospital management members deserve to be thanked and appreciated because of the support that they give to quality management. The focal point of management always become the focal point of all staff members, that is, where management puts more attention staff members will also put more attention on that. The unfavorable incidence happens when management ignores quality thus staff members as well distance their focus away from quality, fortunately Emmaus Hospital management is always in support of quality initiatives. I would also like to thank all Emmaus Hospital employees for their commitment to change, we all know that quality management and its paperwork can possibly cause resilience to change, even though this is the case, Emmaus staff have persevered in striving for better performance. Four departments excelled namely: Transport department, Mortuary department, ARV clinic and Dukuza clinic. The rest of the departments received certificates.

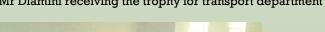




Mr Dlamini receiving the trophy for transport department



From left to right: Mr. L.T. Mazibuko, Mr. M. Dubazane & Mr. B.G. Hlongwane receiving a trophy for the Mortuary department.





B.J. Mchunu (OM) @ Dukuza clinic giving a presentation

From left to right: Mr. L.T. Mazibuko, Mr. M. Dubazane and Miss N.P. Hlongwane receiving the trophy for ARV Clinic

Article by: Quality Assurance Manager



Mr. L.T. Mazibuko hospital CEO



Mr. R.M. Mnyandu Quality Assurance Manager



Mr. M. Dubazane Hospital board chairperson



Mrs T. R Ngwenya Quality Assurance manager District office



Entertainment



Entertainment



Hospital board members that attended the function.



Staff members

From left: Dr. Base(Medical manager), Matron Nunes (Nursing Manager), Escourt hospital CEO & **Emmaus hospital CEO** 

On the 6th of December the Emmaus gate clinic staff went out to Celimfundo primary school to celebrate world aids day. The event did not only focus on aids alone but other services that surround the epidemic. Immunization, TB programme, papsmears Chronic patients, Minor ailments and discussions around the 16 days of activistim were just a few of the services that were rendered on that day. Miss B Buthelezi (rape counselor opened the day by talking about child abuse and the process people are suppose to follow when lodging complains. She also emphasis that elder citizens must also report if they are being mistreated at home by their children or any person. Health education was also given to the community one home one garden to prevent diseases like maramus and kwashiorkor. To commemorate world aids day 20 patients tested for hiv/aids of which 18 tested negative and 2 positive, the patients were taught on how to live a healthy lifestyle and how to take care of themselves. Their were different consulting rooms were the different services took place. The people from the area responded positively to the event and they thanked the Emmaus hospital staff for the hard work they put in to make the their lives easier. A special thank you goes to the Celimfundo primary school for offering us classrooms to make our event a huge success. Together we can do more!

Statistics of the services rendered:

Immunization: 25 patients

Papsmears: Cervical screening 19

Minor ailments: 56

Family planning: 2





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## HERITAGE DAY GELEBRATION

24 September was heritage day at Emmaus hospital. Heritage is about celebrating were you come from and embracing the beauty of your culture.. All departments within the institution celebrated the event with song and dance and of cause tasting different kinds of food. Cross-cultural diversity is something that is there within all institutions therefore heritage day closes the gap to the phrase and it makes us understand the kind of lifestyle our colleague live.



## LADIES TRIP TO REB

We as Emmaus hospital ladies used to have trip to Durban yearly but this year we decided to change Durban to Richards Bay (Heritage Site). The reason for this trip as ladies is to be united and form a ladies support group at Emmaus Hospital. We drove from Emmaus Hospital on the 30 November 2012 early in the morning round about 07H00 am via Durban and arrived in Richards Bay at 20H00 and checked in at Seagull Lodge where we arranged our accommodation for the whole weekend. On Saturday on 1st of December 2012 we went to Hluhluwe Game Reserve the largest (Siqiwi) in south Africa where we have seen all different types of animals from there we went to ST Lucia at Simgaliso for Cruising. Whilst on the Cruise we saw the biggest different families of Hippo's in South Africa from there we went to St Lucia Beach to swim. On Sunday we went to Richards Bay Mall for shopping from there went back to Emmaus Hospital via Durban. We spent time in Durban as we went to north beach and UShaka marine where we had all the funny and from there went to last mall Pavilion from there we drove to Emmaus Hospital. Next year we are also planning the ladies trip to Sun City in Rustenburg. Lastly we would like to thank God for our successful trip and keeping us safe in our journey. WALALA WASALA WAVUKA

### **WAZISOLA LETS DO IT AGAIN NEXT YEAR!**



Ladies @ St Lucia beach



Siboniso Sikhosane the transporter



Simphiwe Dlame @ simangaliso WETLAND PARK (st Lucia)



Front: Nompilo and Ncane

Back left: Nontobenko, Nonkwanda, gugu, Simphiwe, Hlengiwe, Philswa @ Hluhluwe Game reservice



Nontobeko, Nonkwanda, thando, mpilo on the cruise

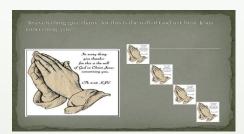


Gugu, nontobeko,nonkwanda, hlengiwe, ncane, simphiwe, thando @ Seagull lodge





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### "EBENEZER THIXO WAMAZULU KUDE KWALANA UNATHI"

The purpose of this event was to give praise and worship to the Almighty God for being with us throughout the year. Invitations were given even to local churches that really responded well. God in his word stated clearly that we in everything we should give thanks for this is the will of God in Christ Jesus concerning you





### JULY

INITAILS AND SURNAME RANK

1.DLAME S.P— HEALTH AND SAFTEY OFFICER

NDABA B.D PROF. NURSE SIBISI B.L PROF. NURSE PROF. NURSE NYATHI E.N DUMAKUDE N.-PROF. NURES NENE N.N PROF. NURSE MZINYANE T.P PROF. NURSE MCHUNU Z.P PROF. NURSE SIBIYA N.T. PROF. NURSE

MOFEKENG K.C. OPERATIONAL MANGER
MALAKI S.M PHARMACIST COMM SERV

YEATMAN T. DIETICAN
NDABA N.N.Z STAFF NURSE

**AUGUST** 

MATHENJWA P.S SOCIAL WORKER

NDIMANDE M.J OPERATIONAL MANGER

MAGWAZA P.M. OPERATIONAL MANAGER

MKHIZE N. PRINCIPAL LAUNDRY SUPERVISOR

MPOSULA T.V. LAUNDRY SUPERVISOR

MPULO M.J LINEN ORDERLY

MAKUYI M. HEALTH AND SAFETY MANGER

### **SEPTEMBER**

KHUMALO M.L. ENA

SHABALALA M.G. SUPPORT OFFICER

HLONGWANE N.M ENA

MALINGA N.Z ENA

MTHABELA N.F. STAFF NURSE

MAHLOBO N.N ENA

XOLO P.W STAFF NURSE

NGUBANE S.I STAFF NURSE

NENE N.Y STAFF NURSE

NGOBESE S.Q TB ASSISTANT

MAHLOBO S.G. LAY COUNSELLOR

NTSHALINTSHALI K.C LAY COUNSELLOR

MOTAUNG F.S LAY COUNSELLOR

MAZIBUKO S.S ENA

SITHOLE N.E ENA

MAZIBUKO T.D.Z ENA

MZOLO S.J TB ASSISTANT

KHUMALO K.L ENA

DLAMINI A.J. STAFF NURSE

MAZIBUKO K.D PROF. NURSE

HADEBE S.P STAFF NURSE

KHANYILE N.W PROF NURSE

SHABALALA N.N PROF NURSE

**OCTOBER** 

MLAMBO N.B STAFF NURSE

MFUSI P.B PROF. NURSE

HLONGWANE S STAFF NURSE

MACU M.N PROF. NURSE

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## CHRISMAS MESSAGE FROM THE DESK OF THE GEO



The year 2012 is drawing to a close. Surely it will not go through without its achievements and challenges. My fellow Hospital Board Members, Clinic Committees, Hospital Executive Management Members, Extended Management Members, all Hospital and Clinics Staff and Organised Labour it gives me pleasure to send you this greetings for the Christmas Season 2012 and New Year 2013. There is much to reflect on but even more to look forward to. The measure of our achievements is based on the dedication, the expertise, the commitment and the strengths of the health workers who steer the health service delivery programmes on a daily basis. Some of you are the first in and last out at their work stations on most days. Some of you do more than is required and go much further than is expected. At times your dedication is at the expense of your own times, family, friends and loved ones.

Please do not for a moment think it goes unnoticed. Without you as health workers EMMAUS HOSPITAL and CLINICS would not be where they are today. I highly appreciate and praise your contributions and in this Christmas Season, send you and your families my heartfelt gratitudes. The New Year 2013 will see our Capital Project in the form of NEW OPD taking the next stage of development (Siyethemba Inkosi izosisiza).

As you enjoy the festivities with families and friends, as you give and receive presents, as you celebrate, please do so responsibly and again please

# PIETURES

