



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

EZASEMTSHEZI

ESTCOURT DISTRICT HOSPITAL NEWSLETTER: OCTOBER 2013

GOING BACK TO THE BASICS



NURSING STAFF PICTURED
WITH THE CEO AND MRS
MABASO, COSH PRINCIPAL
(page 4)



On the cover
Launch of wearing of white uniform on nurses day

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OUR VISION

To achieve quality holistic health for all within local municipalities of Estcourt

OUR MISSION

To provide an efficient, effective integrated and sustainable health service utilizing available resources

OUR CORE VALUES

Mutual Respect

Compassion

Responsibility

Client Satisfaction

Honesty

Openness and transparency

Team Spirit

Commitment

Innovation.

Your contribution to EZASEMTSHEZI is welcome. Kindly send your article and photos or your opinion of how this publication can improve going forward to the Office of the PRO.

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MY PROFESSION, MY PRIDE, MY ATTITUDE !

Estcourt district hospital hosted a successful Nurses Day on the 10 July 2013. The aim of this ceremony was to celebrate the selfless work that nurses do on a daily basis. This day marked the official launch of the white uniform: **“Going back to Basics”**

History has it that in 1953, a proposal was sent to President Eisenhower by Dorothy Sutherland to proclaim an official Nurse’s Day to be held in the month October . Despite the efforts of Dorothy Sutherland, President Eisenhower never acknowledged the proclamation. Progress was only made in 1974 when the International Council of Nurses officially proclaimed the birthday of Florence Nightingale, May 12 as International Nurse Day; these were the words of Dr. Madlala in his welcoming address.

Nursing is one of the most important components within any health facility hence nursing manager, Matron Hlongwa urged all those nurses who felt that the light was slowly losing its flame to be revived for them to collectively beat the drum for better service delivery. Our guest speaker Mrs. Mabaso COSH Principal relayed that Estcourt District hospital as a whole is the light of the world. “It does not matter the position you hold within the institution but the role you play is important because without you this institution would not function. Therefore hold your head up

high.” These were the words uttered by Mrs. Mabaso as she motivated staff. She was the Guest Speaker of the day.

Monitoring and Evaluation, Matron SB Zondi gave the meaning of the word NURSE: Nurture, Unity, Responsible and Respect, Sympathy, Empathy. These are all qualities that all nursing personnel persecute. Matron Heeralall read out the meaning of the lighting of the lamp and the Nurses Pledge as nurses stood up and lit their candles.

In closing Mr. B.J. Vilakazi, CEO thanked all staff for the hard work they portray each and every day to ensure that the hospital functions accordingly. He emphasized the importance of co-operation as there is no I in a team.



Nursing staff in their white uniform with Management



WOMENS PARLIAMENT: PHANGWENI SPORTS GROUND

The month of August is remembered as a women's month and celebrated largely in SA in remembrance of South African women who marched to the Union Building against the Pass Laws. This year Estcourt was abuzz with activities as we were honored by the KwaZulu-Natal Parliament to host the 2013 Women's Parliament as well as the Women's Day Celebration on the 9 August 2013. The Women's Parliament was a two day event that started on the 7 extending to the 8th August 2013, where women issues were addressed and we got to rub shoulders with almost all the KwaZulu-Natal Provincial MEC's.

Provincial Departments shared with the people of Ephangweni their programs aimed at enriching women and empowering them for the future. It was indeed an honor that women of Loskop especially

UNITY IN ACTION FOR WOMEN SOCIO ECONOMIC FREEDOM

Ephangweni Area in Estcourt witnessed democracy in action when they shared their challenges with these department especially the Provincial Speaker, the Honorable Miss Peggy Nkonyeni "Isphalaphala" as she was fondly referred to by the MC of the day.

The Women's Day, 9th August 2013 was the day to remember when we saw mostly all women in attendance dressed in their organizational colours. They celebrated the achievements of "the woman" of today in a song that resonated and shook a 5000 capacity marquee which was filled to the brim. Our Premier Dr Zweli Mkhize was the main speaker of the day and he addressed the celebration thus concluding an

event that will remain engraved in the minds of most people at Estcourt.

This Women's Day celebration as well as the Women's Parliament proved that indeed we are not too small a sub-district. The Provincial spot light was shining on us once more on such a momentous occasion of celebrating the rural woman in her daily struggle for survival. As Umtshezi (Estcourt) we will continue saying "Phambili with the struggle of Women Liberation Phambili" as we braved a terrible weather to be part of such an important occasion.

PHILA MNTWANA FORUM

The targets for the achievement of the Millennium Goals are ever drawing closer. The Province of KwaZulu-Natal is still too far from achieving the required reduction in maternal and children mortality by 2015. It is no surprise that the focus of the Department of Health has now shifted to achieving these targets if not coming as close as possible to their achievement. This is possible only if we work together as Department of Health, social partners e.g. NGO's, other governmental departments, political leaders as well as traditional leaders. It is because of this understanding that our PHC leadership lead by Matron JB Ntuli came up with an idea of a Phila Mntwana Forum.

The Forum held its meeting on the 20th September 2013 where all the stakeholders in they were invited and attended in numbers. Church leadership, ward councilors, NGO's,

local Municipality, Umtshezi and Imbabazane Clinics, PHC management and Traditional leadership all set in one room and were briefed on the need to protect our babies for day one to 5 years of age and beyond. Issues pertaining to the issues affecting children from pregnant women attending clinic before they are 20 weeks pregnant to child immunization, PMTCT, IMCI, Sexual Assaults of children were all addressed. This forum was a huge success and the participants were later separated into commissions and addressed strategies they were to embark on in ensuring that the Phila Mntwana Campaign is strengthen and successful.

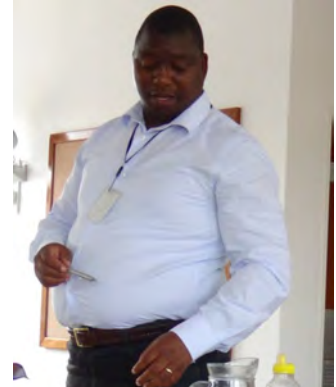
This will be seen by a reduction the death of children of 5 years and below. This will thus strengthen the resolve to have the death of children in this age group. We look forward to the Phila Ma Forum that will look at maternal issues to reduce maternal mortality. Al big thank you to our social partners especially Health Systems Trust and the District Management Team for their continued support.



Attendees from clinics during group discussions



Attendees listening attentively to speeches made on the day.



Dr. Madlala gave a way forward.

GETTING TO KNOW OUR FINANCE MANAGER



MR S.G. NKABINDE
FINANCE MANAGER

WHO IS MR NKABINDE?

I am Sakhile Goodwill Nkabinde, born in Newcastle on 17 June 1974. I grew up and studied in Johannesburg. I studied Bcom Accounting at Vista University (Soweto campus) now known as University of Johannesburg. I am currently studying Finance Management at UNISA.

WHAT IS THE FUNCTION OF A FINANCE MANGER?

- Mangle the finance of the institution
- Control expenditure
- Raise revenue for the institution
- To ensure that financial transcripts are being followed
- To ensure that the budget is being utilized effectively and efficiently and not compromising service delivery.

WHAT WILL YOU DO TO ENSURE THAT THE HOSPITAL DOES NOT OVERSPEND?

Getting clear specification from those requesting items so as to ensure correct items are bought preventing wasteful expenditure

HOW DO YOU DEAL WITH CHALLENGES?

Firstly I investigate where the challenge or problem originates From so that I can be able to resolve it. Lastly by having the correct support system and the right structures.

WHAT MOTIVATES YOU?

Working with people who are motivated, who have a positive attitude and a desire to achieve more. Most importantly having necessary support from my colleagues.



Mkhize family with Estcourt Hospital staff and CCG;s

Instead of being recipients this year Estcourt Hospital staff sacrificed their time to do good in the community they serve.

Bearing gifts they took to eMabhalonini area where food parcels and blankets which were donated by hospital staff were given to the two families identified. Matron Adams advised families on how best to cook food to ensure they get all nutrients. Both families showed great appreciation for efforts made by the hospital in trying to make a difference in their lives.



Gumede family received gifts from Estcourt Hospital staff and CCG;s

MANDELA DAY

Estcourt Hospital management would like to thank community care givers who assisted social workers in identifying families who needed help and all staff who were self-less and donated

what they could to make this initiative a success. The little that they gave will definitely go a long way in helping those families.

ANM: MONITORING AND EVALUATION



MATRON ZONDI
ANM: M & E

I am Sbongile Bongive Zondi, I was born and bred in Pietermaritzburg Imbali township.

QUALIFICATIONS I HAVE OBTAINED:

- Diploma in General Nursing in 1998 from Edendale Nursing College
- Diploma in Human Resource Development and training in 2002
- One year certificate in Monitoring and Evaluation

I currently registered with the University of Potchefstroom doing B-cur Degree in Nursing.

- ◆ I started working as a Professional nurse at Edendale Hospital in 1999 by the time I left in 2004 I had advanced to an Operational Manager.
- ◆ From 2004-2006 I worked as a Professional Nurse at Greys Hospital
- ◆ I then joined Songonzima Clinic for 6 months as a PHC Nurse.
- ◆ From 2006-2007 I worked at Montebello Hospital as Acting Quality Assurance Manager
- ◆ In 2007 I worked Mngeni Hospital as a Quality Assurance Manager till 2011.
- ◆ In 2012-2013 I worked at Greytown Hospital as a Quality Assurance Manager.
- ◆ In 2013 March I was appointed ANM: Monitoring and Evaluation at Estcourt Hospital.

ANM: PHC MANAGER

MATRON NTULI
ANM: PHC MANAGER



I am Joyce Busisiwe Ntuli I grew up in Estcourt. I studied General Nursing at Livingstone Hospital in Port Elizabeth.

I TRAINED AT:

- King Edward VIII for midwifery
- Emadadeni Hospital for Clinical Nursing Science Health Assessment Treatment and care
- Iris Marwick College (Town hill Hospital) for Psychiatry

I am about to finish my Degree in Nursing which I am studying for through UNISA

I started working at Ntabamhlophe Clinic as a Professional Nurse. I gained my skill for PHC whilst I was at Emadadeni Hospital where my tutor noticed I could be good as a Facilitator and he clearly stated this in my report. When there was amalgamation of ZG and NPA I was then chosen to be a PHC Trainer. I worked as a PHC Trainer from 1998-2012.

I then joined Estcourt Hospital as ANM: PHC Manager in August 2012